

OCTOBER 2023



**THE UNITED BENEFICE OF LORTON AND
LOWESWATER WITH BUTTERMERE**

Letter from the Editor

Dear Link Readers

Every month I worry that all the material I've been sent won't fit into the 28 pages of the magazine, and somehow every month it all gets squeezed in. Apologies to those whose posters have been reduced in size - there is no favouritism I promise - if you had a large poster last month you're more likely to have a smaller one in the subsequent month and vice versa. Following a quick count I think we have 12 posters or articles advertising various events in the Valley - you certainly can't complain about nothing ever happening in the Lorton Vale! These vary from a wine tasting, the usual coffee mornings, a quiz night and concerts to dark sky walks and other events, opportunities for making music and a collage workshop. Surely something for everyone.

My garden is starting to slow down for the autumn with sweet peas finally at an end - this year I am letting them die down completely so that I can harvest some of the seeds. My cucumber plants have had a new lease of life but the last few tomatoes are desperate for some sunshine.

I do hope many of you will be able to attend the re-scheduled Buttermere Camino on 7th October - see the Eco church/Eco Community update on page 24 for further details.

We have other environmental updates this month - a further article on the Crummock Water Project, a piece from Les Webb about reducing our energy usage and an article about Barn owls.

Many thanks to Nev Mills who has created a wonderful centre spread montage of photos from Loweswater Show and thanks also to the Loweswater Show Committee who have generously paid for the insert - see page 13 for more details.

As we head into Autumn we have Harvest celebrations to look forward to and don't forget the clocks change at the end of the month

Rosemary Riley
07885 360353



Business card for Tim Irlam Electrical. The card is blue and features a list of services on the left, the company name and logo on the right, and contact information at the bottom. The logo is a yellow and red lightning bolt. The NAPIT logo is also present in the bottom right corner.

- ⚡ EV charger installations
- ⚡ Testing & Certification (EICRs)
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Our cover picture contributor this month is John Macfarlane - a seasonal scene - cutting the meadows



'You don't know what you've got til it's gone'

'Don't it always seem to go
That you don't know what you've got 'til
it's gone
They paved paradise, put up a parking lot.'

Fans of Canadian singer-songwriter Joni Mitchell will recognise these lines from her hit record 'Big Yellow Taxi'. The song was inspired by a trip Mitchell made to Hawaii. 'I took a taxi to the hotel and when I woke up the next morning, I threw back the curtains and saw these beautiful green mountains in the distance,' she told a journalist. 'Then I looked down and there was a parking lot as far as the eye could see, and it broke my heart, this blight on paradise. That's when I sat down and wrote the song.' The line 'They took all the trees and put 'em in a tree museum / And charged the people a dollar and a half just to see 'em' refers to Foster Botanical Garden in Honolulu, which is a living museum of rare and endangered tropical plants.

Well, here we are over 50 years after 'Big Yellow Taxi' first hit the charts and our environmental concerns now seem to loom even larger than they did back then. The UK has pledged to reduce its greenhouse gas emissions to net zero by 2050. Net zero means a country takes as much of these planet-warming gases – such as carbon dioxide – out of the atmosphere as it puts in. Recent forecasts have shown that we

were not on target to meet this vital goal yet only this week the government has announced that it is rowing back from some of the measures it had put in place to achieve it. This includes delaying the ban of new diesel and petrol vehicles to 2035 and scrapping energy efficiency targets on homes. The move has been severely criticised by scientists and politicians from all parties.

As churches in Grasmoor Mission Community we are committed to caring responsibly for God's creation and protecting our planet for our children and grandchildren. There are three things that all of us can do. The first is to raise our voices in different ways to oppose any weakening of key green policies. The second is to remain committed to greener lifestyles ourselves, doing all we can as individuals to reduce our own carbon footprint. This may seem like a drop in the ocean and we may even be tempted to feel that it's pointless but every little change we make will help to shift the dial. And thirdly, if you do, please continue to pray that the human race may yet learn to value what we've got before it is gone for ever.

With God's blessing.

Jane Charman
Grasmoor Mission Community Leader

Ullock Village Hall



In Association with Arts Out West

‘Auf Wiedersehen, Me Duck’ ***Friday 24 November 2023 at 7.30pm***

With “two grand voices – individually and in harmony” the Anglo-German duo ***Paul Walker & Karen Pfeiffer*** offer in their concert of ‘Auf Wiedersehen, Me Duck’ a versatile miscellany of self-penned and imaginatively arranged songs, delivered with guitar and woodwind instrumentation. ***‘Auf Wiedersehen, Me Duck’*** is by no means a concept show, but there is certainly an unmissable thread that goes through the songs and banter linking the two cultures in an entertaining way.

The duo has toured its shows extensively taking in New Zealand, Australia, Germany, Ireland and most corners of the UK, wooing audiences with Karen’s southern German accent tinged with an ‘oatcake induced’ North Staffordshire dialect from Paul’s heritage.

A memorable performance of great music, fun and the odd German ‘joke’. Not to be missed!

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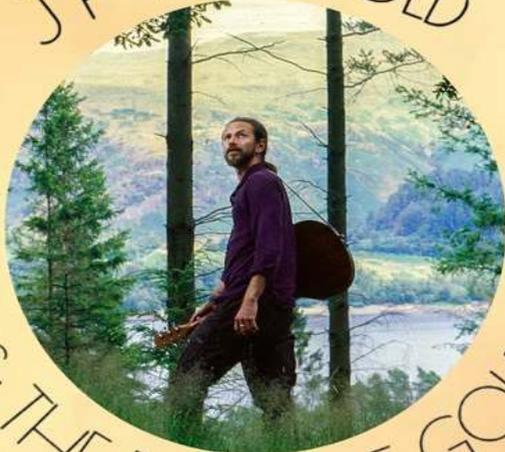
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Friday 6th October in Association with Arts Out West:

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jpworsfoldmusic.com

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Prices: £12 for adults, £6 for children and £25 for family. The Ploughman's Plate for £6 with tea or coffee- booking essential for ploughmans.

Tickets from loweswaterevents@gmail.com or
vikairkgateartsandheritage.org.uk/whats-on/

Autumn Season for Cine North in Lorton

Films nights in Yew Tree Hall have become an important part of the fabric of valley life and are highly valued by the community. For those who haven't yet been to one, usually the doors open at 7 and we have a bar. It's £6 per person, an absolute bargain! The film starts at 7.30. Usually (but not always, depending on the film and also on what media we have received) we display subtitles which many audience members find useful.

This autumn season starts with *The Fabelmans* on Thursday October 19th. This is Steven Spielberg's most autobiographical film to date, charting the growth to adulthood of young Sammy Fabelman, his adventures in home movie making and his complex relationship with his mother (Michelle Williams).

Our November film, on Thursday 16th, is *Barbie* – say no more! Come along in pink (or any other colour!) or bring out your inner Barbie or Ken. This film is for those who played with Barbie and those who didn't. So cast aside your preconceptions and come and have a fun evening.

Then in January we are having a double bill of Scottish classics in celebration of (slightly belated) Burns night. So on Friday 26th January we have *Whisky Galore* (the 1940 black and white version), a Burns-themed interval (details to follow) and then *Local Hero*. Come and embrace your Scottishness (real or imagined).

The films are supplied by Eden Arts, under the banner Cine North. We use a big screen which is stored in the hall and sound system and projector which are kept in Ullock village hall. We would very much welcome help with collection or return of the kit.

Films are chosen by a small collective of organisers, Eleanor, Polly, Pip. We welcome film title suggestions. And we would also be very happy to enlarge our collective. If anyone is interested in helping out (you do get a say in what we watch!) we'd love to have you.

Contact Eleanor on 07497618364. We like a team of 6 people to set up the screen on the afternoon of the showing. This only takes 30-40 minutes, and, again, we'd love to have a bigger pool of volunteers to call on.

Crummock Water works project – September update

Although they may have already taken place by the time you read this, a reminder that United Utilities have drop in sessions about their Crummock Water plans on Wednesday 27 September between 1pm and 7pm in Loweswater Village Hall, and the same times the previous day at the Kirkgate Centre, Cockermouth. We understand that there is likely to be updated information available, and that it will also be on UU's website after those sessions.

Many have queried the extent to which water levels will be dropped by. UU have produced a PowerPoint containing their explanation which can be accessed on their website www.unitedutilities.com/crummock under "Are you taking Crummock back to historical levels".

The three parish councils (Buttermere, Loweswater and Lorton) continue to work together to consider information from UU, ask questions, and are liaising with other involved organisations and agencies.

Harriet Davies

Penny's Piece

Since the wall at Paddle School has been smashed through again, and as we approach frosty/ ice times, I suggest an alternative for the rebuild. True, the stone wall does look good but given it gets re modified around two or three times a year, perhaps they need to think racing circuit and erect a tyre wall instead. Not actually sure if that would make it better or worse for crashing as the vehicle would rebound back into the road but it would be easier to put the wall back up.

I went to Crete in the holidays. A lovely island if you've not been. Unfortunately, it was a little too hot for me. I only really do beige otherwise I'm burnt. Thankfully the sea was lovely, so I swam, snorkelled or just stood in it- up to my neck. I ate so much salad and fruit and only had one coffee in a week- on the first morning. (Now I'm back to several teas and one coffee a day with the compulsory biscuits.) We went on a boat trip to a leper colony. The success there was I was not sick. It was so hot I was pleased we were not on an organised tour. We had a quick wander and then went and found a bush to sit under. The highlight of Knossos was not the place but our guide who was funny and spotted people pushing in lines metres ahead. We queued to get into the throne room (out in the heat). She went and chivvied the line on as she said people get in there and dawdle about as it is cooler. She put a rocket up them. In town she gave advice to avoid being swindled, recommended places to eat and then left us alone. Guided tours have also changed in another way. Everyone on a tour at Knossos had an ear bud and a receiver, so you could hear your guide even if you were stood in a massive, long line next to another

tour. The final tour we went on was a safari tour up into the mountains. The clue for me is in the name- safari and mountains. Cue people in flip flops trying to get up to a cave and then down inside it. It was a great day. I learnt a lot. Mainly about the occupation of Crete during the war. I haven't watched the film *Ill Met by Moonlight* (Dirk Bogarde) yet, but I have bought the book of the true story it is based on: *The Abduction of a General* by Patrick Leigh Fermor. It's not often you come home from a holiday with a book recommendation. I'll let you know what I think of that once I have time to read it.

If you haven't seen *Mission Impossible: Dead Reckoning Part 1* yet, (spoiler alert) the Buttermere bit is right near the end. The film does have something in common with *Fast X*. Both have car chase sequences in Rome. Given the popularity of Rome I was wondering if they were filming in and around at the same time to reduce the road closures. I was watching *Fast X* (suspend your disbelief and knowledge of physics) and a chase went down a street also used in *Mission Impossible*. I half expected to see Cruise zoom past in the opposite direction. If you believe what you're seeing the poor Spanish Steps have had every vehicle from a Fiat 500 to a tank and an armoured vehicle down them this summer. All very ridiculous but great fun and an escape from normality.

Anyone wanting tickets for JP Worsfold and the Band of Gold at LVH on the 6th, email: loweswaterevents@gmail.com please. My landline is being temperamental. Penny

Loweswater with Buttermere PCC
100 Challenge Club

The prizewinners for the draw held on 1st September 2023

1st prize of £25 No 98 David Brindle
2nd prize of £10 No 58 Margie Mawson
3rd prize of £5 No 6 Hilary Hope

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Saturday 14th October
Yew Tree Hall, Lorton

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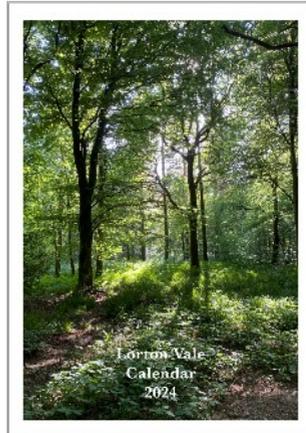
Tickets: Dave Hulme 07976665674
and Chris Edmunds 07740865147

LORTON NOTES

Looking back to last month we enjoyed a well-attended service celebrating the life of St Cuthbert in Lorton. Look out next month for a comprehensive article about this and the kneeler we have in Church illustrating his life.

Willing helpers were in church on Saturday 23rd September to decorate the Church for our Harvest Festival on Sunday. This too was well attended and we listened to an interesting address about the importance of the Bread of Life from Mike Hislop. Many thanks for the donations which were auctioned at our Harvest Supper.

The Church of England has now stated use of the Common Cup for eucharist should be re-introduced. Lorton PCC will do this at our next Service on 8th October. However, we have agreed that communicants will have the option of receiving by intinction (performed by celebrant), those so opting to come first to the alter rail followed by those willing to accept common cup. Individuals will not be allowed to dip their own wafer in the cup.



The Lorton Vale Calendar is now available to pre-order, as usual we have some wonderful photographs from local contributors. Please contact Rosemary to reserve your copy(ies).

I'm sorry to announce that we had two deaths on Friday 22nd September. Kathy (Alan Johnson's wife) died in her care home and Diana Johnson, wife of Roger and mother of Richard, died at home in Lorton. Tributes will follow in the November Link.

Rosemary Riley

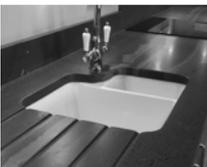
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YEW TREE HALL

MONDAY **OCTOBER**
9
7.00-9.00pm



**Lorton Vale
Gardening Club**



Bonsai

All you need to know!

a talk by

Tony Robinson



Thursday
5th October

at 7.30pm

preceded by short AGM

YEW TREE HALL

Non members welcomed-£4 including refreshments

LORTON VALE GARDENING CLUB

The final garden visit of the season was to Lawson Park, near Coniston - just down the road from Brantwood. Actually, it was once owned by Ruskin, and I'm sure that the way it's gardened now would have very much appealed to him! It's part of the Grizedale Arts project and many residential arts events are held there. It's also open under the NGS yellow book scheme. We had an excellent tour of the gardens by Karen Guthrie, the live-in warden at the site and a brilliant gardener. Lawson Park extends to 12 acres, of which 4 to 5 acres are gardened. It has a fantastic position high on the hillside, looking across the lake to the Coniston fells. It did take a bit of finding - an unmarked turn off the little lakeside road, followed by a couple of miles of steep gravel road. The ethos is no dig, organic, let the wood wide web do its stuff. Karen is also keen to experiment - basically it's wet, there's almost no soil - you try plants out, and if they can't cope, you ditch them and try something different. Trees seem to grow remarkably well, many grown from seed by Karen. There's a Japanese look to the planting - and also a deer fenced area known as 'the paddy', landscaped by a group of Japanese rice farmers on a visit! It doesn't grow rice, but some splendid rows of fruit trees, including Westmorland damsons. There are 2 orchards and several flourishing vegetable areas, providing food for residents as well as for the nearby Farmers Arms. On the meadow behind the house is what looks like the Bowder Stone - but it's a falsy- there's a little door at the base which reveals a sauna! It was a perfect day and a very memorable visit.

Our AGM is on Thursday 5th October at 7.30 in the Yew Tree Hall and you will be able to collect your Winter Programme cards. Following the (brief) AGM, the talk is by Tony Robinson - All you need to know about Bonsai.

This is my last Link contribution for the Gardening Club as I'm retiring from the committee - along with Lois and Dorothy. We are lucky to have some new (and younger) committee members, though there's always room for more! It will be interesting to have some new ideas for the Link too.

Elly



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Loweswater Ladies September 2023

Our autumn/winter programme started with a very special evening. Jenny Tremble of Fell Falconry joined us with Bobbin her 4yr old Barn Owl. Jenny's talk was a fascinating description of the barn owl's unique features which help with their hunting, their digestion and even their grooming. Jenny also talked about her other birds of prey and gave us an insight into falconry in general. Many words and phrases, such as "under the thumb" can be traced back to the days when falconry was common practice. We also learned about the care of these amazing birds and how there are no regulations in place to ensure owners know how to care properly for these amazing birds before acquiring them. All in all it was a very interesting and informative evening which was enjoyed by all. Bobbin appeared to take it all in her stride and behaved impeccably.

Raffle was won by Lyn Furniss

In a change to the programme we will be joined in October by Ann Lackie Lingard who will share her knowledge of the Solway with us. The meeting will be on Wednesday 11th October at 7.15pm in Loweswater Village Hall.

Doreen Robertson and Jenny Burr

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NSPCC

Many thanks to everyone who came to visit our little stall at Loweswater Show. With your support, we sold everything we had on offer!
We raised a grand total of £643, which was fantastic.
It was such a beautiful day and lovely to see so many people there. Let's hope we are as lucky next year!

Ann Hayton

Loweswater Show

As you will see from this month's colour centrepiece (overleaf), Loweswater Show enjoyed glorious weather and achieved one of the best attendances for many years. Many thanks to everyone who attended and supported the Show. The continued success of the Show is, in no small measure, the result of the hard work of the Industrial and Agricultural Committees, who plan, prepare and present the Show. As the Show continues to develop, the Committees are keen to welcome new members, with fresh ideas and enthusiasm for one of the best agricultural shows in the county. If you would like to join either committee or would like to know more, please contact Catherine Armstrong, Industrial Committee Secretary, at catherine@terracefarm.co.uk or Rachel Moore, Agricultural Committee Secretary, at rachel@beech-hill.eu. We look forward to hearing from you.

Rachel Moore and Catherine Armstrong

Many thanks to the photographers who contributed to the montage including John and Rosamund Macfarlane, Roger Hiley (see also http://www.loweswatercam.co.uk/230903_Loweswater_Show_2023.htm), Angela Jackson and Steve Breen (a friend of the Editor who travelled up from Southport specially to visit the show for the first time). Apologies to anyone we may have missed.

P.S: "Found - On Sunday September 3rd, (Loweswater Show Day), on the roadside between Lorton and the Loweswater Show field, a small pocket camera, containing photographs taken at the show. Please contact Andy Burr 01900 85980."

The Loweswater and Brackenthwaite Show - Limericks

The recent Loweswater show was a fabulous day. The sun shone, the setting is unparalleled with such a fantastic backdrop, and the hundreds of entries across the Agricultural and Industrial sections along with the various attractions provided something for everyone. One of the categories in the Industrial section was to pen a limerick themed on the Coronation, the three winning entries were:



*The Big Day as we all know
Had many trumpets having a blow
But next year just for a change
Why don't we try to arrange
King Charles to open our Show!*

John Hudson



*A pal got crowned near chap wi' a pike
'Ad t'gaan t'Lundun t'was bit o'a hike
Th'archbishop did anoint 'im
King Charles t'me pointin'
'Awreet marra, ar' yer gran' fettle like?!'*

Adam Baker



*We held our breaths in anticipation
It was the day of the King's coronation
The marching bands played
As the crowds lined the way
A wonderfully regal celebration*

Chrissie Baker

Reproduced with kind permission of Loweswater & Brackenthwaite Show Limited.

The Loweswatercam Calendar 2024 is now in stock and available to buy, for yourself or as presents for friends and family.

Full details at :- www.loweswatercam.co.uk/2024_Calendar_Offer.htm

A3 size full colour local photos plus space for appointments. Copies can be posted from here or purchased at Lorton Shop.

“If you go down to the woods tonight...”

A local activity linked to



Friends of the Lake District Dark Skies Festival 2023
Wednesday 1st November 2023 - 19.15pm to 21.30pm



An evening walk around Holme Wood, Loweswater to savour the sounds, sensations and sights in the wood under a dark night sky. If we are lucky, we will watch the stars reflected in the lake, spot sources of light pollution and hopefully see bats.

Learn about the wood from **NT rangers**, and facts about bats, with poetry by **Stuart Medland** and songs by the wonderful **QUICKBEAM** singers. Enjoy a warming drink and tray bake at the Goblin Glade. Rough stone-surfaced forest tracks. Slight inclines. Supervised children \geq 8yrs welcome. Sorry, limited numbers and no dogs. Booking (essential) opens from Wed 4th October: John Macfarlane jtmacfarlane@gmail.com

Milky Way over Loweswater



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Nature Notes – Barn Owls



I once read a book about owls which said that the northern parts of this country are “too cold, too wet and too blowy to be comfortable for the delicate, warmth-loving Barn Owl”. Fortunately, this doesn’t seem to include the Melbreak Communities area – I’ve been happy to learn of five successful breeding pairs locally this year, three of which had a clutch of five owlets. Something must be right, but there’s also more we can do, and we have a Melbreak Barn Owl Group working together on this.

Seeing a hunting barn owl, flying ghost-like over the grass, is a magical thing. Despite appearances they are very slight under their feathers; most adults weigh only about 300-360g. My book was right - barn owls’ feathers, specially adapted so they can fly silently, are not particularly waterproof and barn owls cannot store a lot of fat.

Their diet is mainly field voles, but also shrews and mice. An adult will usually eat 3-4 prey items a night, so during the breeding season a pair needs to find this amount for

themselves, as well as for their offspring. For our local clutches of five owlets, that was 21-28 rodents a night. Rough grassland is where small mammals thrive; we have an abundance of that already, but any opportunities to provide more will always help.

Barn owls have a large ‘home range’ – they are very site faithful and will stay in their own range all their lives; ranges can overlap with that of other barn owls. Outside the breeding season the range is about a 4km radius around their nest (5,000 hectares) but this shrinks when there are more mouths to feed, to about 1km. Within that home range a pair will generally use one or two nest sites, 1-3 roost sites, and other sites which they visit occasionally. At least one owl I know of in the area continued to use the nesting box throughout last winter. Loss of nesting sites is a problem for the species, but can be mitigated by erecting a nestbox, although it’s important to build and site it correctly. Between August and the end of November (i.e. now), juvenile barn owls disperse, usually away from their parents’ home range.

Sadly, most barn owls die young, with starvation being the main cause of mortality. The average life expectancy of an owl which reaches 5 weeks old (many die before even leaving the nest) is just 18 months. With sufficient food and no disasters, a barn owl could usually be expected to live to about 4 years old. Particular hazards include drowning in cattle water troughs, eating prey which has been poisoned, flying into overhead wires, and being hit by road vehicles (unfortunately they are designed to fly low, and often hunt on road verges).

The Barn Owl Trust website is an excellent resource for more information. If you’d like to help with or learn more about the Melbreak Barn Owl Group, or if you have information about local owls you can share with me, my email address is hfdrann@gmail.com

NOTES FROM ST. BARTHOLOMEW'S AND ST JAMES'S

My words last month proved prophetic as summer really did arrive the first week of September. Subsequently more seasonal weather followed and sadly the extreme overnight wind last week flattened my sweet peas which were still flowering strongly.

The Loweswater Show took place on a lovely sunny day. The service of Blessing for the show went well. Our thanks to the Mechanics Band for their support .

As we go to print St.Bartholomew's is about to celebrate Harvest on 1st October followed by Harvest Supper on Monday. We will be decorating the church on Saturday morning and will be grateful for any offerings of fruit,veg, preserves and non perishables for the Food Bank. Proceeds to be shared between the church and the Bishop's Appeal.

A reminder that Buttermere services will change to 3pm on 29th October. We will be holding our Allsouls service on 29th at 3pm;

an occasion when we remember our loved ones departed.

We were sad to learn of the death of April Falcon this month in her home county of Norfolk. Her family have a long association with Loweswater over several generations. April was a country women at heart enjoying walking and fishing both here and in Scotland. They were regulars at Loweswater church. We extend our sympathy to her family who continue to enjoy our church and beautiful surroundings on their regular visits.

Finally, our thanks to all who baked and helped out at the August teas in Loweswater Village Hall where a record sum was made in aid of the church.

Eleanor Ella

From St.James's register
Baptism
9th September Edward William Branthwaite



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If you haven't belonged to the Club in the past why not give it a try this year? It has been going since 1977 (hence the name), and you don't have to live in Loweswater - membership is open all. We have a monthly programme of talks and activities from October to June, and the membership fee for the year is £10. Non-members can attend the talks for £2.50, but we charge £15 for non-members to attend the Christmas Party (free for members). At other meetings where food is provided (Burns Supper and Spring lunch party), a charge is made for all.

This year's programme starts on Tuesday October 24 at 7.30pm in Loweswater Village Hall. We shall collect annual subscriptions so please come early. After a brief AGM we shall hear a presentation from Sally Phillips with the intriguing title *Chimney Sheep*. Doubtless Sally will explain all during her talk. On Tuesday 14 November our guest will be Mark Lee, who has established a very successful cheese making business at Torpenhow. He was due to come last year, but was defeated by a snowstorm on one occasion and was unable to come on another date because he had been summoned to 10 Downing Street - we couldn't compete with that! He has won a Silver Medal at an international competition in Norway, and before we hear him in November he will have competed in Norway again, so let's hope he's brought home Gold this time. The Christmas Party on December 16 (3pm) will as usual include visiting entertainers, and the first event of the New Year will be a Burns Supper on the evening of 23 January. Events are currently being planned for February-June, but are expected to include a lunch party in April and a summer outing.

We look forward to launching the new season on October 24, so please come along and renew your subscriptions, and if you haven't been a member in the past, come along and give us a try! At our meetings, donations of raffle prizes are always very welcome.

Carolyn and John

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Melbreak Wildlife Group Open Meeting

Tuesday 17 October

7.30pm-9pm

Loweswater Village Hall

Our perfect pollinators



Join us for an evening of wildlife!

A talk on *'Our perfect pollinators'* by local resident Tanya St. Pierre will be followed by an open discussion and updates on new and existing projects.

Come along, share your ideas – and find out how you can get involved.

Tea/coffee and biscuits provided. Donations welcome.



www.melbreakcommunities.wordpress.com



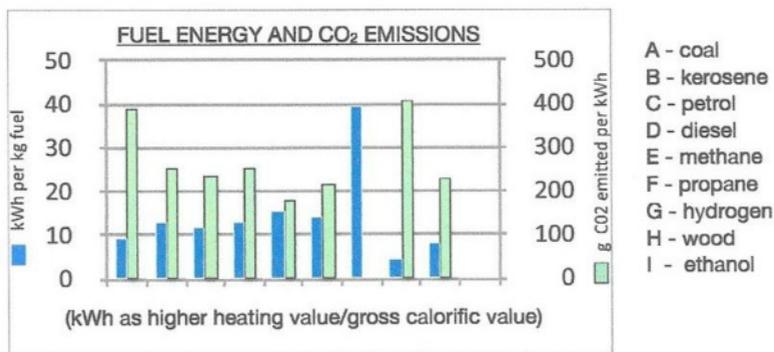
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THE VALLEY'S GETTING COOLER?



As we head into Autumn, it's a good time of year to think about our energy use. For domestic use in the valley, this is probably either oil (kerosene) or LPG (propane) plus electricity from the grid or solar panels. The bar chart above shows a couple of interesting parameters - how much energy (kilowatt-hours, kWh) we get from 1 kg of fuel and the CO₂ emissions from 1 kWh of fuel. For the latter, a useful reference is the level from grid electricity - this is now about 225g per kWh at the point of use, which contrasts with 500g per kWh in 2008.

The biggest CO₂ emitters (per unit mass) are the solid fuels, coal and wood, although the latter is often counted as zero as it's a renewable material, albeit over quite long timescales for most trees (this is a big topic and would take another page to go into fully). Natural gas (methane) is usually the fossil fuel of choice (if you can get it). One way of looking at methane (CH₄) is as a halfway house to using hydrogen as 50% of its energy comes from the hydrogen component, although this only accounts for 25% of its mass. All other hydrocarbons have higher CO₂ emissions than methane (as they contain less hydrogen) and kerosene is the worst. Ethanol is incorporated in standard petrol (10% in the E10 grade), but its CO₂ emissions are discounted if, as normal, it's produced biologically (as bio-ethanol).

We've probably all got heat pumps (HPs) at home in the form of fridge-freezers, but, along with quite a few others in the valley before me, I've just installed one for heating, in my case an air-source HP using propane (a hydrocarbon) as the working fluid/gas. Containing less than 1 kg propane in a sealed system, this is so much more efficient than burning the stuff (LPG) in a conventional boiler, even including the grid electricity to turn the HP's fan and compress the gas. Having said that, I do also have two cylinders of LPG to fuel the hobs on the Range cooker, but this use is relatively small.

And the title of this piece - it has to be caused by all the energy being sucked out of the local atmosphere by all these heat pumps?

Leslie Webb, Damson Ghyll, Loweswater (les@damsonghyll.co.uk).

Loweswater Village Hall

Coffee Morning

Saturday October 14th - 10.00 'till 12.00

Coffee/Tea & Cakes

and an opportunity to catch up with friends & neighbours

Plus

Sale of Calendars and Seasonal Cards

by Rosamund & John Macfarlane



A Melbreak Communities Event

Proceeds in aid of Village Hall Funds



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ECO CHURCH/ECO COMMUNITY UPDATE

We are pleased to announce that we've been able to re-schedule the Buttermere Camino on 7th October, praying for better weather than the original July date! Slightly amended details below:

Calling all pilgrims. We are holding a mini camino (pilgrimage) from St Cuthbert's in Lorton, to St James', Buttermere, via St. Bartholomew's in Loweswater on Saturday, 7th October, leaving Lorton church at 10am. There will be times for prayer and reflection as well as fellowship whilst we walk, finishing our time together with a reflection at St James' church. The walk is about 10 1/2 miles and we hope to arrive in Buttermere at around 4pm. There will be opportunities to join or leave the walk at Loweswater at around 1pm. We recommend sharing lifts, arranging pickups from Buttermere or leaving cars there, as the buses finish at 5.00pm and are likely to be busy. Please bring a packed lunch.

<https://www.poiema.community/buttermere-camino/>

With her Eco Champion hat on Rosemary has now joined the Diocesan Advisory Committee - the body that reviews applications (faculty) to make alterations to churches.

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 Friday 3 November 2023, 7pm

 Yew Tree Hall, High Lorton,
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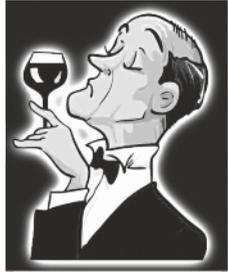
*Brought to you in partnership with the Melbreak Communities,
Bridgefoot and Little Clifton Energy Hub, Greysouthen
Changing for Climate and the Eaglesfield community*

 **Book your FREE place** and find out
more using the QR code, or visit:
www.cafs.org.uk/events

This project is funded through the Energy Redress Voluntary Redress Scheme.

Wine Tasting

Hosted by Sommelier Peter Jaques-Walker



**Yew Tree Hall
Saturday 4 November
at 7.30pm**

*An evening
of indulgence
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**with cheeses
to accompany**



Bar with wine/soft drinks

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Tickets £16 tel: 07827 338834
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**Fundraising for
Yew Tree Hall**





LORTON FILM NIGHT AT YTH

THURSDAY 19th October

"The Fablemans"

Steven Spielberg's personal drama of his childhood and discovering film.

Doors and Bar open 7pm

Film starts 730pm

£6 Entry

Organisers

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Polly 07793 495659

Fin 07729 004943



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DIARY DATES

OCT

- 2 Mon Harvest Supper, LVH, 7.00pm
- 5 Thu Lorton Vale Garden Club AGM and 1st winter talk
- 6 Fri AoW: JP Worsfold and the Band of Gold. LVH 7:30pm start. Details in Link
- 7 Sat Buttermere Camino, leaves St Cuthbert's Lorton at 10am
- 7 Sat SING WITH THE HARP workshop, led by Dave Camlin (voice) and Gareth Wilkinson (Celtic harp) . Fun and inclusive! 1.30 - 4.30, YTH*
- 9 Mon Helen's Community Lunch at Lorton School. 1.15pm
- 9 Mon Melbreak Makers YTH 7-9pm Chrissie Baker's Collage Workshop. Please book - details Link
- 11 Wed Loweswater Ladies, The Solway - a talk by Ann Lackie Lingard, 7.15pm LVH
- 14 Sat Coffee Morning- LVH, 10-12
- 14 Sat Quiz & Games Night at YTH. Lorton Tennis Club. Doors open 7pm for 7.30pm. See poster
- 16 Mon Loweswater Farmers Discussion Group restarts. 8pm Kirkstile Inn. New members welcome.
- 17 Tue 'Our Perfect Pollinators' talk by Tanya St Pierre & Open Meeting. Melbreak Wildlife Group. All welcome. LVH 7.30. See poster
- 19 Thu The Great Exhibition of 1851 and the Establishment of the V&A Museum, The Arts Society Cumbria talk, Hundith Hill Hotel, Anna Warrilow, visitors £8
- 19 Thu Film Night, The Fabelmans, YTH. Doors at 7, film starts 7.30
- 24 Tue Loweswater 77 Club LVH 7.30 pm Talk by Sally Phillips "Chimney Sheep"

NOV

- 1 Wed "Dark Skies Evening" in Loweswater's Holme Wood. FOLD Event. 7.15pm.
- 1 Wed Lorton Parish Council meeting 7.30pm YTH
- 3 Fri Retrofit made Easy, Renovation for a warm and healthy home; Melbreak Communities' Zero Carbon Project, with Cumbria Action for Sustainability, YTH 7pm. <https://cafs.org.uk/events/>
- 4 Sat DARK SKIES singing workshop, led by Dave Camlin. No singing experience necessary! 1.30 - 4, YTH*
- 4 Sat Whinlatter Forest Park Enchanting evening of music with floor spots, guests and session - part of the DARK SKIES Festival. 7pm Cafe Ambio*
- 4 Sat Wine Tasting Evening YTH 7.30pm. Tickets from Nigel Lee/Village Shop - details In Link
- 8 Wed Loweswater Ladies, Fused Glass Demo, 7.15pm LVH
- 9 Thu Mitchells - Auctioneers for 150 years, illustrated talk by John Marr, Lorton & DF Local History Society, 7.30 pm. Visitors welcome (£4), YTH
- 13 Mon Helen's Community Lunch at Lorton School, 1.15pm
- 16 Thu The Urban Geology of the City of London, The Arts Society Cumbria, Hundith Hill Hotel, 2 pm, £8
- 20 Mon 'Conserving Curlews: A Tale of Dedication and Hope' talk by Susannah Bleakley. Melbreak Wildlife Group. All welcome. YTH 7.30

*For booking details see <http://www.davecamlin.com/folk-forest>

Please note that Table Tennis takes place in YTH every Wednesday from 7-9p.m. unless otherwise notified. There are Keep Fit sessions in LVH every Monday 9.00-10.00a.m and every Friday 5.30-6.30p.m. These will not be listed every month in Diary Dates but can be found on the Melbreak Communities diary page - <https://melbreakcommunities.wordpress.com/diary-of-events/local-events/>

The United Benefice of Lorton and Loweswater with Buttermere

Church Services October 2023

Oct 1st 10.30am	Trinity 17 Holy Communion & Harvest Festival	Loweswater
Oct 8th 10.30am 6.00pm	Trinity 18 Morning Worship Holy Communion	Lorton Buttermere
Oct 15th 10.30am	Trinity 19 Holy Communion	Loweswater
Oct 22nd 10.30am	Trinity 20 Holy Communion	Lorton
Oct 29th 10.30am 3.00pm	All Saints Holy Communion All Souls Service	Lorton Buttermere



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Service information for the Grasmoor Mission Community and news of other events is published weekly on a Friday in our Staying Connected news sheet. The sheet is available on the GMC website or if you would like it sent directly to your inbox please email Sue Lake on gmcoffice@grasmoormc.church with your request.

Deadline for November is Friday 20th October - all articles, photos, funny stories to lortonvalelink@gmail.com by this date. Thank you