

SEPTEMBER 2022



**THE UNITED BENEFICE OF LORTON AND
LOWESWATER WITH BUTTERMERE**

Letter from the Editor

Dear Link Readers

July and August seem to have passed in a flash and here I am back at the trusty computer writing my latest letter. In my last one I asked for all subs to be paid as our costs have increased. The Link Committee has asked me to ensure that each edition of the Link does not exceed 28 pages (to keep print costs down) so it will not always be possible to display as many full page event advertisements as we have in the past. Advance notices for following months will be the most likely ones to be downsized.

Lorton Notes is a little different this month as it has been used to celebrate presentations to two loyal members of the church community who have recently retired from their roles.

The Eco Church update is also a little different as it publicises the swap shop that will take place in tandem with the Coffee and Cakes morning hosted by the Benefice of Lorton and Loweswater with Buttermere. Please read the

poster on page 15 to learn more about the Swap Shop.

This month there are notices about our two harvest celebrations at Loweswater and Lorton - both in October - a reminder that Summer is drawing to a close. Details of the new season for the Lorton Film nights can be found on page 23 and there is a lot of news from The Melbreak Communities on page 26.

You will find a couple of mentions (in the Vicar's Letter and St Bartholomew's Church notes) of a new departure - the service on the day of Loweswater Show will be held on the show ground itself rather than at Loweswater church - all welcome.

Rosemary
07885 360353

Mockerkin Educational Foundation invites applications for financial grants in line with its aims in "promoting the education (including social and physical training) of persons under the age of 25 years who are resident in Loweswater Parishhave been resident for not less than 2 years and are in need of financial assistance."
Applications, with a short explanation, can be submitted by email to graeme.sparke@talk21.com or by letter to Graeme Sparke, Mockerkin Educational Foundation, Tarn View, Mockerkin, Cockermouth, CA130ST.

Our cover picture this month of a Herdwick 'Ready for Loweswater Show' was submitted by Roger Hiley.



Two Special Services for September

Some people think that church is 'boring' – well, not in these parts! The changing seasons bring with them all kinds of opportunities for special services, both solemn and joyful. During September we'll be holding two special services which you may like to put in your diary.

On Sunday 4 September it is of course the Loweswater Show – eagerly awaited this year as it has had to be cancelled for several years in a row due to bad weather and then to covid. Our morning service is always at Loweswater on first Sundays and in the past we have moved it from the usual time of 1030 to an earlier time to release those who will be busy with the Show and also avoid adding to the traffic jam. This year Grasmoor Mission Community will have a tent at the show with an Eco Church display about the various things the churches are doing to combat climate change and ways in which we can partner with the wider community to reduce carbon emissions. We'll also be holding our Morning Service at the tent at midday – a short service of praise with well known hymns, prayers for the community and a blessing of the Show.

On Thursday 29 September the Church keeps the feast of St Michael and All Angels, to whom St Michael's 'The Fell Church' Mosser is dedicated. For those who haven't yet found the Fell Church it's a tiny church perched on the fell just above Mosser with panoramic views. You can park on the road and it's a short walk up, taking a couple of minutes, stout shoes advised. Tiny it may be but last year we managed to fit in 50 people for a service of BCP Sung Evensong and prayers for protection against evil. The battle against evil is the particular ministry of St Michael the Archangel and you'll often see him in Christian art fighting the powers of evil with his sword in his hand. Read all about it in Revelation 12 verse 7 onwards. Did you know that St Michael is also the patron saint of Kyiv in Ukraine? A pretty good saint to have on our side in these troubled times.

We warmly invite you to join us at either or both of these special services and of course at our weekly worship, details of which can be found on the back page of the Link.

With God's blessing.

Jane Charman
Grasmoor Mission Community Leader

Would you like to help with hedgehog fostering and release?

If you are interested in learning more about how you can help with the rehabilitation or overwintering of hedgehogs before releasing them back in the wild, please come along to a meeting and short presentation about what the process involves.

Working closely with local vets and rescue centres, Melbreak Wildlife Group would like to set up a small network of fosterers across the area.

Thursday 15 September 7.30pm-8.30pm
Yew Tree Hall, Lorton

Simply turn up on the night, if you do wish to book, please contact: tanyaestp@gmail.com
In the meantime, if you find an injured hedgehog please take it to your local vets or rescue centre, who will be able to provide the most appropriate and immediate care that it may need.



DASHING HOUNDS MOBILE DOG GROOMING



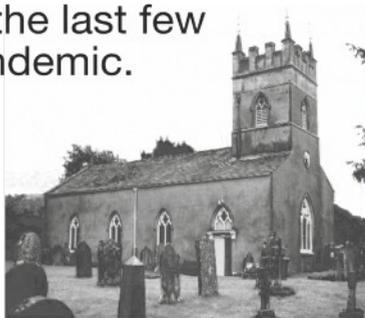
WE COME TO YOU!
Contact **Zoe** on **07436053993**

Your Church Needs Your Help

St Cuthbert's, Lorton Parochial Church Council

Lorton PCC will shortly be launching a campaign to raise funds to offset the deficit in the running costs of St Cuthbert's that has been building up over the last few years, partly due to the pandemic.

The PCC is seeking the help of everyone in the community to overcome this problem, as the church's income is being outstripped by day-to-day expenditure.



If the church is to continue its important role in Lorton and its neighbourhood, we need to increase our income from planned giving.

Please look out for our invitation to help which will shortly be delivered to households of all those living in the Lorton community.

We shall be very grateful for whatever help you are able to give.

Thank you
Lorton Parochial Church Council

Lorton &
Derwent Fells Local History Society

Brackenthwaite Buttermere Embleton Loweswater Mockerkin Pardshaw Wythop

www.derwentfells.com

Harriet Martineau: Resident of Ambleside, Citizen of the World

by Dr Christopher Donaldson

Yew Tree Hall, High Lorton, on Thursday 8th September, at 7.30pm

This talk will consider the influential life and career of the Victorian journalist and author, Harriet Martineau. Martineau moved to Ambleside in the mid-1840s, and she made her mark on the region. Her 'Complete Guide' to the Lakes became a best-seller. Even more than this, though, Martineau's writings and relationships reveal links between the Lake District and the wider world, including many of the social and political upheavals that shaped her age.

Christopher Donaldson is Lecturer in Cultural History at Lancaster University, where he is an affiliate of the Regional Heritage Centre and the Victoria County History of Cumbria project. A good deal of his writing focuses on the history of the Lake District. He is also the editor of the CWAAS 'News'.



Portrait by George Richmond, 1849

This meeting will be held at the Yew Tree Hall. Visitors are welcome at £3.00, refreshments included. The talk will also be live-streamed to members of the Society

Next talk 10th November, Dr Jean Turnbull will speak on motor transport 1900-39



Harvest Festival Supper
St Cuthbert's, Lorton

Tatie Pot Supper & Auction
Bar selling wines and beer

Monday 10th October 2022
Yew Tree Hall 7.00 pm

For catering purposes we need to know numbers please. To reserve your place please ring Carole Baird on 01900 85343

Proceeds in aid of the Bishop's Harvest Appeal and a local charity

The Harvest Festival Service takes place on Sunday 9th October

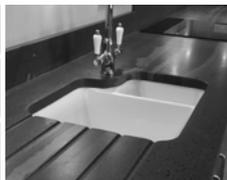
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Penny's Piece

I think I've got it! Next time someone tries to abandon their car in a gateway and they are still around it, we should try asking if they would think it was ok for us to come to their place of work and block the doors, especially the fire exits. It could also be said, when they kick off because a tractor is dragging a vehicle out of the way, that this the rural equivalent of them getting security to escort us from the building. They might understand it then. . . I am still unsure how we solve the 15mph 'nature' pointers. You know, the ones who creep along in the middle of the road and look to be pointing out every tree, stream and mountain that comes into view but fail to notice traffic in front or behind them, then stop on the crest of the hill to look at the map. Perhaps driving like they do in India and parts of Europe might work- lay on the horn. But that would mean it would get noisy in the wrong way. Maybe we need to fill our glove-boxes with novelty disguises that you put on and off randomly. One time they look up and you are normal, next you have Groucho Marx glasses with the fake nose or deeley boppers. You just need to keep whipping them on and off to keep them looking and alert. If all locals did this, yes visitors would think we were bonkers, but it would keep them sharp. Why is it that tidying up never works? The actual task usually descends into just moving stuff from one place to another but never actually getting all of it stored anywhere or disposed of. Once I moved the same pile of papers- bank stuff that needed dealt with before being filed- 3 times in one session and then realised they'd ended up where they had started.

Well, the hot weather actually kicked me into motion rather than slowing me down. I have started to repaint the outside windows and

doors. How does the heat help with that? It makes me get up so that I can do the white or black on all the garden side windows while they are still in the shade- gives you until 12 ish. Then you either sit inside with the curtains shut or jump in the lake, by which time- around 4, you can start on the other side. Some people are all about how it looks and I agree it looks better but the main aim with old houses- as far as I'm concerned- isn't to make it look good but to keep it water tight. The main issue I find isn't the heat it is the ladder. Not the height, I'm not fussed about that but I am aware that the moderate ladders we have are not really long enough. Extending them makes them wobble and you begin to feel like a jelly on a plate. For this reason, don't look at the gutters, I haven't had the courage to attempt those yet. That, and they are a pain as you have to keep getting up and down to move the ladder as you can only reach so far in either direction. I have tried to combat this by having a go with my left hand too. By the time I have finished them I'm sure I will have done the equivalent of a half marathon up and down ladders. Speaking of water-tight. I have an unexpected leak. Not sure how long it's been leaking either as it is dripping into the bathroom sink and doesn't do it every time it rains. Fun times. Hope to see you all at the Show on the 4th and then at the teas on October 8th.

Penny



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LORTON NOTES

Roger Peck officially relinquished his duties as Church Warden at St Cuthbert's early in July. It was felt appropriate to mark the occasion and so at the end of the service on 10th July a presentation was made to him. Keith McNeil heaped thanks and praise on Roger's head for his long and distinguished service and Rosemary Riley presented him with a framed montage of photographs of the church. All of the photographs were taken by John and Rosamund Macfarlane and they kindly donated them and compiled the montage.



Roger confessed that he had enjoyed his time as Church Warden but reminded us that he was a reluctant candidate - given that when he moved to Lorton from his previous church in London (where he had been Sacristan for many years) he thought he had also escaped being asked to be Church Warden there. How lucky for us that he could not escape the request of Pat Williams. Roger has also very kindly agreed to continue as Sacristan for St Cuthbert's.

LORTON NOTES CONT

Keith also presented a bottle of the single malt whisky from the Lakes Distillery



The APCM held in April also saw another resignation - that of Gill McNeil as a member of PCC. Gill has been a member of the PCC since January 2004. In her time she has been Secretary, biscuit and cake maker, and took a large part of the responsibility for organising major church events such as the very successful flower festivals. At the same service on 10th July Mark Elliott thanked her for her many years of dedicated service and presented her with a rose plant as a leaving gift.



LORTON VALE GARDENING CLUB

What an excellent day we had back on August 9th, visiting Middle Blakebank, near Underbarrow....which always sounds like something out of "The Hobbit". Middle Blakebank is tucked away down incredibly narrow roads which are flanked by unforgiving stone walls. Sat Nav got us there and back, but whenever we arrived with some relief at a slightly wider bit of road, our Sat Nav lady firmly posted us off down another tiny track. It's only 6 miles from Kendal, but feels very remote and rural. The garden is on a steep hillside where the rock outcrops here and there. You look across Underbarrow and right over the wide valley to the limestone scar on the other side. Brian and Hilary Crowe have been developing the garden over the past 6 years, making many flights of stone steps, broad and narrow, steep and shallow, to cope with the steep site. There are lots of exotic and unusual plants, taking advantage of the sheltered corners created by the design. On the flatter sections, they operate a differential mowing system - ie some long, some short. Whatever they do, it certainly benefits the insect population - it was absolutely buzzing. I saw the first brimstone butterfly I've seen since I was a child in Wiltshire a great many years ago. The weather was perfect and the tea splendid - I think they are used to catering for NGS Open Days. Sitting comfortably in the sun with cups of tea and cake, we found it quite hard to get to our feet and start our journey home. Many thanks to Brian and Hilary, and to Catherine for arranging the visit.

Our next trip on Tuesday 30th September will be to Prospect Hill Aboretum, Kirkoswald, Penrith CA10 1ER, starting at 2.30. Information to Gardening Club members to follow.

Interested non members should contact Fiona on 01900 85710

fionalambrick@btinternet.com or Nicola on 01687 76483. lawses@btinternet.com



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The Bernard Bradbury Memorial Lecture, 2022

Cumbrian Artists: Mists, Fells, and Waterfalls

by **Dr David A Cross**, art historian

Saturday, 17 September, at 7.30 pm
The Kirkgate Centre, Cockermouth



This illustrated talk celebrates many artists inspired by Lakeland from the 1750s to the 20th century. Some were famous in their lifetimes, others championed after death, or almost forgotten. Also marking the bi-centenary of the Painting House created by Joseph Sutton of the Cockermouth School of Painters.

Tickets £6 from The Kirkgate Centre or:
<https://thekirkgate.ticketsolve.com/shows/873634292>
Presented by Lorton & Derwent Fells Local History Society
in association with the Cockermouth Civic Trust

Hosted by the United Benefice of Lorton
and Loweswater with Buttermere

Yew Tree Hall
10.30 - 12.00noon

Saturday
24th
September

COFFEE MORNING ^{£3}



AND SWAP SHOP

Bring stuff along and/or take stuff away - all for free. You're welcome to take items even if you don't bring any. We reserve the right to refuse any item considered unsuitable.

HOW DOES IT WORK?
see notice on facing page
for full details



Eco-Church/ Melbreak Communities Event



WHAT'S A SWAP SHOP?

Yew Tree Hall
10.30 - 12.00noon

Saturday
24th
September

It is a free and local exchange where members of the public can pass on things they no longer want, in exchange for something they need. Many people describe it as a kind of cashless bring-and-buy sale, or bring-and-take. Participants do not need to bring anything in order to take away goods, and vice versa.

Swap shops recognise that things no longer wanted by someone, might be another person's treasure. By reusing things we cut down on the amount of waste that goes into landfill and reduce the amount of resources that we use in manufacturing of new products. And it saves money!

Items suitable to bring to a swap shop, most household items-

(items should be of good quality and suitable for reuse, thanks)

- Books • DVDs and CDs
- Kitchenware • Pictures,
- Tools, • Gardening items,
- Curtains and other soft furnishings,
- Children's toys • Baby items.
- Ornaments
- Clothes • Shoes
- Small items of furniture
- Large items of furniture can be shown on a photo-board rather than brought along.
- Unopened cosmetic items

Items not suitable to bring to a swap shop

- Electrical items
- Paints and any other hazardous materials

Swap shops are great fun!

Everyone enjoys getting something for nothing as well as doing their bit for the environment. Enjoy the day and let as many people as possible know why you are doing it



Rosemary Riley - email:
riley@rileysolutions.co.uk

Loweswater Village Hall News

Advance warning of upcoming events.

Loweswater Village Hall will be hosting the October Melbreak Communities Coffee Morning on Saturday 8th between 10 and 12. At this same event John and Rosamund MacFarlane will have their excellent photographs/ prints, cards and calendars available to buy. Further details from John are in this edition of the Link.

On Friday the 25th November we will be hosting comedic poet Rob Barratt with Arts Out West. Details in next month's Link, but get the date on your calendars!

The hall itself has continued to have updates and we now have blackout blinds on all windows so we can still have speakers with slideshows/ presentations in the light of a summer evening and shut out the dark to feel cosy in the winter.

We hope to see you at the teas.

P. Leck

Visitor Management in The Lake District.

As we are aware there are many summer visitors to the valley, some hoping to enjoy a swim in Crummock or Buttermere, others to walk the fells and have a family picnic.

The Lake District National Park is trying to manage the many visitors who arrive.

Sadly not everyone is considerate, parking on double yellow lines, compromising access for emergency vehicles, fly camping and leaving rubbish.

The Safer Lakes Officers work late into the evenings trying to deal with issues reported to them. They have already had over 1500 request for assistance .

If you want to report a problem, contact the team on: help@lakedistrict.gov.uk and they will respond.



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NOTES FROM ST. BARTHOLOMEW'S AND ST JAMES'S

On writing these notes I am finding it hard to believe that Summer is nearly over and we are soon due to celebrate our Harvest Festival. In my view, we have been extremely fortunate to escape the extreme heat in the South, though it has still been lovely and vegetables are growing well. Our Harvest Festival Service is at St. Bartholomew's Loweswater on Sunday October 2nd followed by the Auction and supper the next evening October 3rd at Loweswater Village Hall at 7.00 pm. All are welcome, for catering purposes, we need to know numbers, so please reserve your place by ringing PCC members or me on 01900 85609. It will be a great evening and a chance to meet friends and meet new. Profits will be divided between the Bishop Harvest appeal and a local Charity.

As we go to print, I am looking forward to the Loweswater & Brackenthwaite Agricultural Show, on the 4th September.

Let's hope and pray the weather is kind. The Church Service for the day will be in a church tent at the Show with an Eco Church display. The service will be a short midday service of praise on a creation-tide theme, with well-known hymns, prayers for the community and a blessing of the Show. Please join us if you can for this act of witness – all welcome.

The Valley is sad at the passing of Betty Smith who will be much missed. Her funeral service on the 17th August at Buttermere was attended by friends and family. She and her husband George were strong stalwarts of the valley and were always willing to share their memories of hill walks they had enjoyed. May her family be comforted in the knowledge their sadness is shared by all their friends in the valley.

Jan Collins-Webb
(in Eleanor Ella's absence)



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Walkers Way No 215

Looking back I can see quite clearly that my constant interest in wildlife was developing by the time I was ten years old, and was being encouraged by my parents, and in particular, my maternal Grandfather. In fact I still have four of my original pre-war books on birds and biology. Over the years I have naturally gleaned a few wrinkles under the heading of “fieldcraft”, tips of one sort and another to improve ones’ chances of face to face encounters. One of the earliest was the value of looking under stones, rocks and similar potential hiding places for insects, amphibians, reptiles and other items of interest. I well remember one such occasion when having cycled from Taunton to the Quantock Hills, I turned over a slab of stone in an old pit, only to find a large toad returning my inquisitive stare with those jewel-like gold and black eyes. Accordingly I make it a habit to have a small square of corrugated iron flat down in a suitable corner of the garden – under which I have found two toads and a field mouse in the last few days!

I was interested to see a report in the press recently, that while checking cavities in trees for bats and dormice, observers were surprised to find toads concealed there, even as high as ten feet from the ground. Just why they would climb to such heights when there is surely ample food and “accommodation” available with much less effort, is as yet unknown.

It was also reported recently that pine martens are to be reintroduced in the South-West, after disappearing some 150 years ago, and that this “may help to boost the red squirrel population”. This tentative approach surprised me, because it has been well known for a long time that the presence of pine martens positively encourages red squirrels at the expense of grey. The simple fact is that pine martens are omnivorous and will attack small mammals, and while they can and will reduce grey squirrel numbers, the red squirrel is so fast and agile that it can outpace the pine marten in the chase through the treetops. The introduction of pine martens is thus a highly efficient means of selective control and I am very surprised it has not been adopted more widely.

Some fresh parts of the Cumbrian Coast have recently been designated as protected areas, at least in part because of particular species, in order to protect them from dredging and trawling. One such is the Honeycomb Worm (*Sabellaria alviolata*). As the name suggests and is illustrated here,



colonies of these worms which have established themselves along the Western coast of England, appear distinctly like honeycombs. The worms form masses of these comb-like structures, even small reefs, half buried in the sand. They are declining, and efforts are being made to identify and protect them under the law. Inside the tiny tubes live colonies of worms, usually between the tide marks. As the tide goes out, the worms retreat into their protective tubes and seal the entrances against drying out. As the tide returns, the tubes are reopened and the worms extend their tentacles into the water to trap prey. The “honeycombs” can be found locally simply by walking down rocky shores towards the low tide mark.

Alan Gane.

Loweswater Ladies July 2022

Our summer outing this July was to Dalemain House and Historic Gardens. It was a glorious summer day and a group 24 of us enjoyed a wonderful day exploring the gardens and learning more about the house and its occupants over the last four centuries. Eleven generations of the Hasell family have made the house their home. From Sir Edward Hasell, who purchased the house in 1679, to the current incumbents Mrs Jane Hasell-McCosh and her family. The rooms in the house reflect the different architectural styles and influences as the house evolved over the generations and the furnishings and artifacts contained in its rooms provide a social history of its occupants and the country at large over the centuries. The gardens are extensive and a joy to behold. We strolled through them in the sunshine enjoying the colourful displays arranged in separate garden 'rooms' to delight us at every turn. Glimpses of the wider estate and surrounding countryside could be seen from the frequent seating areas provided. Whether you were a keen gardener or simply content to sit in peaceful surroundings and admire the beauty of this well kept garden it was easy to pass a pleasant hour or so outdoors. The house has become known in recent years for its annual Marmalade Festival and its production of several varieties of its own distinctive and award-winning marmalade, several jars of which were purchased as souvenirs of the day from the shop in the Great Barn Tea Room. It was here that we enjoyed a light lunch. All in all, a very successful outing and we were delighted to share the day with our former President Alison Greer who travelled up from Yorkshire to be with us. Our next meeting will be **Wed 14 September at 7.15pm in LVH**. Our guest speaker will be Amanda Lynnes who will talk to us about her time in Antarctica.

Doreen Robertson



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AND PHOTOGRAPHIC EXHIBITION

enjoy the pop up display
by Rosamund and John
Macfarlane, with their
superb selection of
landscape, underwater
and wildlife photographs.

*(see separate notice in
Link for full details)*



Saturday 8th October
Loweswater Village Hall
10.30-12.30



A Melbreak Communities Event



NSPCC

We look forward to seeing you all at Loweswater Show this year. After 3 years of “no show”, due to weather or covid, we will hopefully be in the show field, opposite New House this year, on Sunday September 4th. We will have our usual stall, selling jams, pickles, cakes and garden produce. Any donations for the stall will be very much appreciated. Let’s hope we get a fine day, so we can all support our local show once more.

Ann Hayton



DATE FOR YOUR DIARY!

Saturday 10.30-12.30 October 8th 2022

'LAKE DISTRICT REFLECTIONS'

Pop-Up Exhibition by Rosamund and John Macfarlane

LOWESWATER VILLAGE HALL

In conjunction with a **COFFEE and CAKES** morning hosted by LVH
Committee [A Melbreak Communities Event]

Enjoy delicious cakes, whilst viewing landscape, underwater and
wildlife photographs and videos, many from this part of the
Lakes, and some as featured at the
2022 Brockhole Exhibition and in *Cumbria Life*

Get ready for **Christmas** early! Framed and mounted prints and
our high quality 2023 calendar will be available for sale, together
with Red Squirrel calendars and cards suitable for *Christmas* and
as general greeting cards.

[Profits from our sales to *West Lakes Squirrel Initiative* and *Friends of the
Lake District*]

More details in October LINK and on Parish Noticeboards



Our final event of the previous season was a trip in June to the Alhambra Cinema in Keswick for a private showing of *Murder on the Orient Express*, followed by High Tea in the train at Bassenthwaite Lake station. All those who participated very much enjoyed the day. Roger Hiley took this photo from the day;



The new season will commence on **Thursday October 20** with a meeting in Loweswater Village Hall at 7.30pm. Membership subscriptions will be collected (still £10). Club membership is open to anyone who lives in the *Link* distribution area or has a connection with Loweswater or the surrounding district (and you don't have to be 77 years old!). Raffle tickets will be on sale, and the meeting will commence with an AGM, after which we will have a talk from Derek Tunstall on *Walking the Laugavegar Trail in Iceland*. Derek, who lives in Arlecdon, is a member of Cockermouth Mountain Rescue Team and a voluntary Ranger for the National Park.

The Club was founded in 1977, so 2022 marks its 45th anniversary, and we are hoping this year will be the best yet. Further details of forthcoming events will appear in the October *Link*.

John Hudson



LORTON FILM SEASON AT YTH

Oct 11th - Phantom of the Open

Nov 1st - Top Gun

Dec 6th - Elvis

Jan 24th - Brian & Charles

**Feb 11th Sing-a-long
Mama Mia & Moussaka**



Lorton Parish Council vacancy.

There is, due to a recent resignation, a vacancy on the Lorton Parish Council, which can be filled by co-option. If you are over 18, a full time resident of Lorton and on the electoral role, or in full time employment in the parish even if not a resident, then if you would like to consider filling the vacancy, or like further details of your commitment too the role please contact the clerk, Mike Milner by email lortonparishclerk@gmail.com or one of the current councillors.



Harvest Festival

*St Bartholomew's Loweswater
with St James's Buttermere*

Tatie Pot Supper & Auction

*Monday October 3rd October 2022
Loweswater Village Hall 7.00 pm
Admission £8.00 Children £4.00*

*For catering we need to know numbers please.
To reserve your place please ring
Jan Collins-Webb on 01900 85609*



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Loweswater with Buttermere PCC
100 Challenge Club

The prizewinners for the draw held on 1st July 2022

1st prize of £25 No 16 Loes van Cappellen
2nd prize of £10 No 62 Judith Hope
3rd prize of £5 No 92 Beth Kerslake

The prizewinners for the draw held on 1st August 2022

1st prize of £25 No 66 Mrs M Jessop
2nd prize of £10 No 13 Elaine Beard
3rd prize of £5 No 82 Alex Harper

Congratulations to the winners and thanks to all our supporters.



Lakes Wood Fuel

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SEPTEMBER NEWS FROM THE MELBREAK COMMUNITIES

From Carolyn Davis (Secretary) carolynmarydavis@gmail.com

2022 AGM

Our AGM will be held at Yew Tree Hall at 7.30pm on Thursday 29th September. Everyone is welcome to attend. Email me if you'd like to come along and I'll send you the papers.

BOOK NOW TO HOST COFFEE AND CAKES IN 2023!

Coffee and Cakes has been running for over 10 years now and is a local institution. Monthly events are booked for the remainder of 2022. Would your local group like to host a coffee morning at Yew Tree Hall or Loweswater Village Hall in 2023? The coffee mornings are usually held on the second Saturday of the month, but you can choose a different date. If you are interested pick your preferred month and venue and send me an email. As usual, the proceeds will be yours to keep...

OUR POETRY TRAIL IS LIVE!

You'll remember Melissa Davies asked for your thoughts, words, phrases etc for the poem she planned to write on behalf of our community. She eventually received over 100 responses to her prompt question "How do you feel when you walk in the woods" which she has compiled in the poem you can read as you stroll through Lanthwaite Wood on your way to Crummock, from now till mid-October. The project was made possible by a grant from Allerdale Festivals and Events Fund, as well as permissions and logistical support from the National Trust.

Melissa invites your feedback on the project: contact@melissadavies.co.uk

ECO READING GROUP

Interest has been building for this group which will meet once a month from September. Cumbria County Libraries will have multiple copies of a variety of books around climate and ecology, both serious and more entertaining. Please contact Debbie Watson at beech.lane35@yahoo.co.uk or on 01900 85317 if you'd like to join in.

FOR MORE INFORMATION ABOUT THE MELBREAK COMMUNITIES GO TO:

www.melbreakcommunities.wordpress.com

DIARY DATES

SEP

- 4 Sun Loweswater and Brackenthwaite Show
- 7 Wed Lorton Parish Council meeting 7.30pm YTH
- 8 Thu Harriet Martineau, Writer and Abolitionist, Dr Christopher Donaldson, LDFLS, 7.30 YTH and on Zoom
- 14 Wed Loweswater Ladies 7.15pm LVH, Antarctica Talk
- 15 Thu Temples and Treasures: in Search of the Queen of Sheba, by Louise Schofield, archaeologist, the Arts Society Cumbria lecture, Hundith Hill, 2 pm
- 15 Thu Hedgehog fostering talk YTH 7.30-8.30pm hosted by Melbreak Wildlife Group
- 16 Fri Arts Out West show "No Hit Wonders", Kirkstile Community Centre, Dean, 7p.m. Email thaliasparke@gmail.com for tickets
- 17 Sat Bradbury Memorial Lecture on Cumbrian Artists, Dr David A Cox, LDFLS, Kirkgate Centre, Cockermouth, 7.30 pm, Tickets £6 from Kirkgate.
- 24 Sat Coffee and Cakes at YTH 10.30am to 12 noon. Hosted by St Cuthbert's Lorton
- 29 Thu The Melbreak Communities AGM YTH 7.30pm All are welcome!

OCT

- 3 Mon Loweswater & Buttermere Harvest Supper, LVH 7p.m
- 8 Sat Coffee and Cakes at LVH 1030-1230 hosted by LVH Committee plus pop up photographic exhibition by John and Rosamund Macfarlane
- 10 Mon Lorton Harvest Supper, YTH 7p.m
- 12 Wed Loweswater Ladies, 7.15pm LVH , Talk by local producer - Soap from Goats Milk
- 20 Thu 77 Club AGM and talk by Derek Tunstall: Walking the Laugavegar Trail in Iceland. 7.30, LVH
- 21 Fri Arts Out West show "The Syrian Baker" Ullock VH at 7.30pm

Please note that Indoor Bowling takes place every Monday in YTH from 7-9p.m, with Table Tennis in the same venue every Wednesday from 7-9p.m apart from when there is a Parish Council Meeting, when Table Tennis will be on the Tuesday. There are Keep Fit sessions in LVH every Monday 9.30-10.30a.m and every Friday 5.30-6.30p.m. These will not be listed every month in Diary Dates but can be found on the Melbreak Communities diary page - <https://melbreakcommunities.wordpress.com/diary-of-events/local-events/>

The United Benefice of Lorton and Loweswater with Buttermere

Church Services September 2022

4th September **St Cuthbert**

12.00 Noon Service of Praise
and Blessing of the Show Loweswater Showground
6.00pm Holy Communion Buttermere CW

11th September **13th Sunday after Trinity**

10.30am Holy Communion Lorton CW

18th September **14th Sunday after Trinity**

10.30am Morning Service Loweswater SoW
6.00pm Holy Communion Buttermere CW

25th September **15th Sunday after Trinity**

10.30am Holy Communion Lorton CW

29th September (Thursday) **St Michael and All Angels**

6.00pm Sung Evensong St Michael's 'The Fell Church' Mosser
with blessing for protection against evil

Service information for the Grasmoor Mission Community and news of other events is published weekly on a Friday in our Staying Connected news sheet. The sheet is available on the GMC website or if you would like it sent directly to your inbox please email Sue Lake on gmcoffice@grasmoormc.church with your request.

Don't forget to use the **Little Lending Library** to be found in St Cuthbert's Church, Lorton. It has a great selection of books, I've been borrowing up to 3 per week! Ed

Deadline for October is Friday 23rd September, all articles, photos, funny stories to lortonvalelink@gmail.com by this date. Thank you