

# SEPTEMBER 2021



**THE UNITED BENEFICE OF LORTON AND  
LOWESWATER WITH BUTTERMERE**

# Letter from the Editor

Dear Link readers,

I do hope you all had an enjoyable July and August and were able to get out and about a little more while avoiding the hordes of tourists. I'm afraid the weather has not been clement - let's hope for better things in September.

Our number of pre-covid regular articles continues to grow, with submissions from the W.I, Loweswater Ladies, 77 Club and Loweswater Village Hall to name a few. Paul Cowling has now submitted his final instalment about his trip through India - many thanks for his contributions over the last year or so.

Mockerkin Mob, Table Tennis and Film nights are starting again. On 28<sup>th</sup> September the film being shown is Supernova - many of the scenes were

filmed locally so you can have fun trying to spot places you recognise.

Do take a look at the poster detailing the parish walk in aid of COP26 and put your name down with me - we need at least 10 people and so far I have 3! That means a lot of extra circuits for me.

By way of marking their 50<sup>th</sup> Wedding Anniversary John and Rosamund Macfarlane have contributed an article about their unusual 1<sup>st</sup> anniversary. They thought their photos would add more interest if they were in colour, so they kindly covered the extra printing cost.

Rosemary  
07885 360353

## LORTON VALE CALENDAR

It's that time of year when we ask for submissions of photos for the Lorton Vale Calendar. Given the lack of social interaction over the last year or so we thought it would be great to have photos of the village events & get togethers we did manage to have (e.g. Christmas walk about, Easter Bonnet Parade, Village Shop anniversary) as well as the usual scenic pictures. Please send full size JPEGs to the usual email address (on the back cover) ASAP. Portrait is best for the front cover, landscape to go above the calendar layouts.

Our cover picture this month shows a guest finding an unusual way of dropping in at The Kirkstile Inn. Thanks to Roger Hiley for the photo.



### A miniature parable

As early Autumn arrives with cooler nights and heavier dews we will see more cobwebs, suspended in the angle of a doorway or ornamenting the hedgerows. Often, we just brush them aside but next time you come across one, stop and take a closer look and you will see not just an everyday miracle of nature but a miniature parable.

The word 'cobweb' is derived from the Old English 'coppe' meaning spider'. Love them or hate them, spiders have scuttled this earth for over 100 million years. They have outlasted the dinosaurs and may well outlast that comparative newcomer homo sapiens. Using silk spun from their own spinneret glands, spiders build ornate webs to trap and catch their prey. The different glands even produce different kinds of silk – sticky silk to intercept unwary flying insects, non-sticky silk for the edges of the web where the spider lurks (no spider wants to get stuck to its own web!) and fine silk for wrapping and preserving a titbit for later enjoyment. These silks are incredibly strong, five times stronger than a steel rod of the same diameter and able to stretch to double their own length without snapping. Spiders can survive extremes of temperature that would kill a human being. There are around 30 species that can deliver a fatal bite although thankfully none of them are native to this country. These tiny creatures that can be dispatched with one swat of a slipper are actually some of the most intrepid survivors on the planet.

By contrast we human beings like to think of ourselves as all conquering and invincible. We

are stronger, smarter, more cunning and more ruthless than any other species. Whatever else perishes on this earth because of us and our activities it will not be us who come to grief – or so we seem to believe. Our recent experience with Covid has taught us some much-needed humility. Who would have thought that a microbe so small that 500 million of them could fit on the head of a pin could appear out of the blue and claim so many lives?

It's as if we are having to re learn what our forebears in the Christian faith understood. St James in his epistle reminds us of the fragility of human life. 'Come now, you who say, 'Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit'—yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes'.

We human beings are ephemeral creatures of an ephemeral species. We are like the dew that sparkles briefly on the cobwebs at dawn and then evaporates as the sun rises and grows stronger. Our future is with God in eternity, it is not here on this planet. Only if we acknowledge and accept this truth will we live our earthly lives wisely and fruitfully.

With God's blessing.

**Jane Charman**  
**Grasmoor Mission Community Leader**

LORTON WOMEN'S INSTITUTE  
JULY & AUGUST 2021



There have been two W.I. meetings since the last Link. The first was when 11 of us visited 3 of our members' gardens on a glorious July day. All 3 gardens were beautiful and with their own charms – from a perfectly manicured small garden in the village, with a waterfall and beds burgeoning with colourful planting belonging to Liz, to Elly's larger garden by the river, with wild areas and tumbles of fragrant flowers and bushes. Finally, Sheila's garden was larger still, up on the fell, to which several people walked. The garden wound up the fell in a series of terraces, sheltered by trees and bushes – a different garden at every turn of the path. The variety of flowers, both wild and cultivated, was outstanding and was appreciated by a myriad of bees and butterflies. All 3 gardens were set against the backdrop of our lovely fells. The afternoon concluded with tea, scones, strawberries and cake in Sheila's garden – a perfect Summer afternoon.

The August meeting was the first open evening meeting since the beginning of the pandemic. 9 members were delighted to welcome 24 guests to a talk by Peter Armstrong and Steve Tyson, founding members of The West Lakes Squirrel Initiative. Before the talk the latest Federation Newsletter was referred to and W.I. calendars were offered for sale. Peter explained with a Powerpoint presentation that the woodlands of Western Lakeland are being invaded by

grey squirrels, leaving the indigenous red short of food and prone to the deadly parapox virus carried by the grey. In 2011 they were contacted by a landowner concerned that grey squirrels had become established in woodland occupied by indigenous red squirrels. It was decided to try to limit this invasion. 17 active volunteers help with culling activities, monitoring squirrel activity, topping up feeders and reporting sightings of both red and grey squirrels. We were encouraged to report any sightings of both species seen in our own gardens.

Following this interesting presentation there was a question and answer session. Ann P thanked our speakers. The committee had decided not to provide refreshments but members and guests enjoyed a short time of chat. We were able to make a £70 donation to WLSI: £30 from W.I. and £40 from visitors. The WLSI were able to increase this amount with their donation bucket. The next meeting will be at 7.15 on the 14<sup>th</sup> September, at the Yew Tree Hall. The theme for the night will be Climate Change – an opportunity to think about and discuss this very topical subject along with a quiz and some fun. All are welcome. Stay Linked!

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## NOTES FROM ST. BARTHOLOMEW'S AND ST JAMES'S

Having recently returned from a lovely holiday in the north west Highlands, the first for two years, I hope others have been able to enjoy a summer's break. The weather has been a mixed affair, a sweltering few days at the end of July where the best place to be was swimming in Crummock followed by a damp, cooler August. The Olympics were memorable with some great successes from the British team.

Both our churches are now fully open. In line with the national relaxation in Covid restrictions we have new guidelines for public worship in the Benefice following a careful risk assessment and the recommendations of the Church of England. These will be made available for everyone to read. The legal responsibility lies with the PCC and the Church Wardens in the absence of an incumbent.

Our church architect Chloe Granger has started work on the Quinquennial Inspection at Loweswater. She will produce a staged plan for measures required to remedy the damp problems and work needed to improve the west end. Buttermere's QI will follow shortly after. Paul Livesey has started his work on managing the trees in the churchyard, initially felling the large Cypress which was in poor condition following

loosing a bough in the high winds last autumn.

September sees some changes in services with the re-introduction of Mattins once a month alternating between Loweswater and Lorton. Many will be pleased we are planning to resume services at Buttermere again, the first being Holy Communion on 19th September at 6pm. Further services will be listed in October's Link. Since St.James opened exactly a month ago I have been struck by the numbers of entries in the visitors book, over 120, bearing in mind the majority of visitors don't write anything and also the gratitude expressed at "the hope it offers the passers-by". Loweswater's Harvest Festival will take place on 3rd October, more details in next month's Link.

We have had a welcome return of weddings at Loweswater over the summer with two local families. We wish both couples much happiness in their marriages and hope to see them in the future.

From St. Bartholomew's registers

Weddings

26th June - Anna Humphries and Stefan

Stephonou

31st July - Louisa Rigby and James Payne

Eleanor Ella

## Walkers Way No 209

One of the many ways in which this year has been unusual is the marked shortage of insects. As we all know, world insect biomass has declined by no less than 75% in the last 50 years, so of course we must expect to notice it, but even so it does seem to have been particularly marked this year, even on the domestic front. The pond, for example, has been particularly devoid of dragonflies. In the early stages there were just one or two common blue and red, but they seem to have disappeared; the one outstanding occasion was the sudden arrival of a fine pair of golden-ringed dragonflies, which are spectacularly large and have one of the longest bodies of any insect in Europe, but even this visit was very brief and was not repeated. There are some back swimmers in the pond, both the true water boatmen and other species which are distinctly different to the boatmen when viewed side by side and in the manner of their swimming, but which are decidedly difficult to identify specifically.

Butterflies too have been in very short supply. The migrant painted lady, which sometimes appears in veritable clouds, failed to appear at all, except the home-produced ones, that is. We raised six in captivity through the metamorphosis of caterpillars, chrysalides, and adults, which were released into the garden and which, typically of the species, soared immediately to the treetops. We have had large and small whites around quite frequently, but only two sightings of a peacock despite the presence of plenty of flowers including seven buddleias in full bloom. One bird box which was very successfully leased to blue tits last year was left unattended this Spring, so was promptly commandeered by wasps! They built a nest, half inside the box and half overflowing outside like a massive carbuncle. A recent walk included a very steady amble through an area densely surrounded by hemp agrimony- a popular plant for a number of butterfly species, being rich in nectar. Despite the extent of the area and that the visit was at the height of the butterfly season, it revealed only four small whites, one small brown individual too far off to identify, and one male common blue. Not a single painted lady, tortoiseshell, red

admiral or peacock. However, the male common blue is a beautiful example, of course, with its delicate upper wings of pale blue with a white fringe, while the underside is grey-brown with orange and black ringed spots. It commonly feeds on bird's foot trefoil, which also abounds in the area. Another walk among sand dunes this time, was rather more productive in that there were a number of gate keepers and a six-spot burnet



moth, the latter perched on a carline thistle.



One gate keeper and the moth were kind enough to stay put long enough to have their pictures taken. One or two cinnabar moth caterpillars have been spotted on ragwort as usual, but nothing like the numbers seen in some years.

Generally speaking, bird activity has been good, full advantage being taken of the food and water on offer here. There have been a substantial number of sparrows and good numbers of blue tits and great tits, a steady group of goldfinches, a number of very regular greenfinches and an equally regular and even more spectacular pair of bullfinches. Up to three blackbirds at a time, though infrequently, and a song thrush occasionally which was sometimes in remarkable voice atop one of the trees. We also have a pair of collared doves and three wood pigeons, rarely there is a visit from a great spotted woodpecker and similarly from a nuthatch.

On the animal front, a great event recently when a red squirrel appeared, not only uncommon here these days, but a prolonged visit too, furiously devouring the hazelnuts which are always on offer, but hungrily downing the bird food too.

Alan Gane.

## *Penny's Piece*

So, the camping holiday in the Highlands. Sleeping on 2 air mattresses and one foam thing worked in that I did not have a bad back but the surfaces acted like opposing poles of magnets at times. This meant I'd lie down only to find one of them had shot off to the side. On the last morning I too shot off on the top layer and was pretty much inside my holdall.

In going to the Highlands and Skye, I thought I knew what I was going to. I did not. To say the roads are erratic is putting it mildly- and I don't mean the bends. You pootle along on something akin to the A66 when suddenly you see a sign and it becomes a single track road with passing places. Tarmac is seemingly optional at any given moment on any width of road. The route to our campsite was like Whinlatter, crossed with Honister and twice the length. Driving a car up it was hairy enough- we both agreed that if we suddenly heard Adrian Dunbar's voice (World's Most Dangerous Roads programme) we were in trouble. I'm glad I wasn't trying to get anything larger over it.

The views, (weather permitting) were spectacular. We spent most of our time over on Skye. Each valley seemed to have its own climate so a journey could show you all available weathers between the start and end points. Being from here, we naturally went with full wet gear, boots, wellies and spare waterproof coats. See us barrelling past the white trainer crew. One place we visited was the Fairy Pools which was by a river. A river which runs through peat bogs- messy. We were in full kit so could ford the river instead

of joining the queue to wobble across the barely visible stones. When we got about two thirds of the way up, we discovered a wedding. Bride in full, huge white frock, men in kilts, bridesmaids in pale blue and both mothers in cream. They seemed to get up there relatively clean, not sure if they made it back the same.

The most noticeable thing about the whole visit was the number of campervans. The best way to explain it is to get you to picture all the cyclists we get and convert them to campervans. There were thousands of all sizes. But to be fair, the Scottish have catered for them. The roads are idiot proof with the signs tell you it is single track, each passing place has a sign, exits from major attractions and carparks have a reminder in many different languages to drive on the left. Everybody pulls over as relevant and waves in thanks- miraculous. All the carparks and main places of interest are pay and display and have contactless paying. Most village halls have a foyer at the front with toilets and some have showers for tourists to use. Our campsite was lovely but the water proved too unusual for some. The recent rain meant that the water was particularly brown and peaty. We filled our water container and it looked like we'd got iron-bru on tap!

The 1000 mile+ round trip was worth it because we saw seals, otters and eagles! Highly recommend if you've not done it. Penny.



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## LORTON NOTES

We are step by step returning to how things used to be. The church is unlocked except for the three days before a service, we are singing hymns inside again, albeit with face masks, we are not insisting on face masks when folk are seated in the pews and we are kneeling at the altar rail when making communion. There is still no offertory or coffee after the service but hopefully it won't be long before it is agreed that the remaining restrictions can be lifted. It is my experience that in most places the atmosphere is becoming increasingly more relaxed as an ever increasing proportion of the population has been double vaccinated and unless it is intended to keep the remaining restrictions indefinitely the time is surely near when we shall be fully returning to how things used to be. I do hope that only a very small number will be apprehensive about taking this step.

It is a pity that we no longer have a priest in charge of our benefice, but a consolation is that we do experience different priests celebrating Holy Communion and we can enjoy their individualistic approaches. We rejoice that recently we have been able to

welcome Gill Davidson, a recently ordained priest, who has added to the richness of our worship.

The return to normality means that we shall be celebrating Harvest Festival on 26 September with Harvest Supper at The Yew Tree Hall at 7.00pm on Monday 27. This is always a joyous affair with tatie pots followed by apple tart and tea. All the village is welcome and many very irregular churchgoers regularly attend. We have yet to run out of table space or food so do come along. The evening ends with the auction of the harvest gifts. We shall be decorating the church on Saturday 25 at 10.00, which is a social occasion in itself. Harvest gifts can be brought on Saturday, to the service on Sunday or to the supper on Monday. I do hope I shall be seeing you on at least one of these occasions.

Roger Peck.



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### **The Queens Platinum Jubilee.**

This event will be celebrated nation wide over 3rd/4th/5th/6th June 2022.

Discussions to consider Ideas for local celebrations will be on the Agenda at Lorton Parish Council's meeting on Wednesday 1st September 2021, so please come along to share ideas.

Plenty of time for planning ahead !

Chris Poate

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# LORTON VALE GARDENING CLUB

The Gardening Club summer season has been doing well, despite this damp and dull weather. The outing to Gayle Syke in Wasdale was in the beautiful weather phase... fabulous setting, and well attended. We agreed that it would be even more wonderful in spring, when azaleas etc. would be doing their thing. The Summer Social - picnic at Fiona's - didn't do so well for weather - cool and windy - but 35 to 40 club members bravely turned up. Lovely to meet face to face, albeit socially distanced. We are looking forward to the trip to Hazel Cottage as the Link goes to press - always excellent cake provided at this extensive and interesting garden. The September coach trip to the Harrogate Flower Show, held this year at Newby Hall, takes place on the 17th Sept. - contact Fiona if you would like to go on the waiting list. There will be an Autumn Newsletter coming out shortly, setting out the winter programme of talks. Happy gardening....consisting here of attempting to keep the encroaching jungle under control!

## **The Melbreak Communities group**

This has been a bit quiet in recent months. We had to cancel our 'pop-up' coffee morning due to Covid restrictions which was a shame. We have managed to progress the installation of Swift boxes. We have sold quite a few of the RSPB basic box and we also have three very smart new design boxes on the Yew Tree Hall. We will pick-up on this project early 2022 and try to have more boxes installed good and early ready for the return of our Swifts.

In November we will be holding three events focussed around the Friends of the Lake District's Dark Skies initiative. We are finalising things now and will let everyone know asap.

Our next meeting will be in September. I have a mailing list and will contact everyone. If you would like to be included just email me your address. I am not sure yet if it will be face to face or Zoom.

Have you had a look at our NEW...Facebook page? Do take a look - <https://www.facebook.com/groups/296873498738197>. We need to populate it more but it is a start. Our website is also there - <https://melbreakcommunities.wordpress.com/>.

Do you have any ideas for community projects that you would like to get involved with? Contact me if you do.

[glenis@borderhydro.co.uk](mailto:glenis@borderhydro.co.uk) or 01900 85958

...and on a separate note – I am gauging the interest in Community Allotment Gardens. Is very early days but a few people have registered their interested and there are a couple of landowners also interested. If there is sufficient interest it would have to be decided who would be responsible for overseeing such an idea. For example, many Parish Councils run Allotments but there are also many that are private arrangements between landowner and 'allotmenteer'! An allotment can be more than just growing vegetables. They can help keep you fit and be a space to meet others plus lots of other benefits.

In the first instance I would just like to know who is interested. Either email or telephone me for a chat

turbance, labor, or affectation;  
quiet; repose; facility: *v.t.* to free  
from pain, anxiety, or trouble: give

easily.  
**Easy Street** (strēt), a position of  
financial comfort. [Colloq.]

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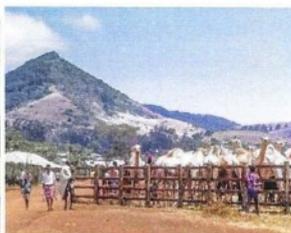
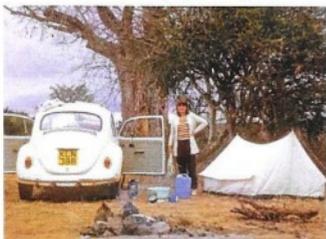


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## Journey to the Jade Sea – ‘Going for Gold’

Our first wedding anniversary did not go to plan. The telegram came through the afternoon before to the small hospital office...” Pregnant woman bleeding. Help needed.” Forty-nine years ago, last month, we were on a medical student attachment at the one-doctor government hospital in Marsabit, a small town set on the forested side of an old volcano, Mount Marsabit, rising 5,500 ft above the vast deserts of Kenya’s Northern Frontier District. It was an attractive oasis with its pristine hill lakes, wildlife and elephants - the home of Ahmed, then the largest tusker in East Africa - and a large camel market. We had planned an evening anniversary meal at the tented camp by Lake Paradise.

Brought up on Biggles, Tintin and Flying Doctor tales, we had learnt to parachute at an RAF station before going to Africa, but fortunately we never had to use those skills. Thus, we travelled to Marsabit from Nairobi over two days with the *Quick* Bus Service, after a month working at the Kenyatta National Hospital, spending the weekends in a hired old VW Beetle, camping round the game



reserves (often with sleepless nights from lions roaring, hippos rumbling and elephants padding past our little tent).

On the second day, the *Quick* bus broke down on a lonely gravel road north of Archer’s Point, the driver running off with the fare money and the water. It was hot but fortunately some passengers had seen elephant digging in a dry river bed, signposting where we too could find water. Hours later a truck appeared and we all piled in on top of the sacks in the open back. My only memory of that long journey to Marsabit was dust, heat, bumping and an evangelist who, failing to convert us, tried to sell us *hash*.

The SOS call had come from the small health centre at Loiyangalani on the SE banks of Lake Rudolf (now called Turkana – John Hillaby called it the Jade Sea) in Kenya’s NW frontier, bordering Ethiopia, Uganda and Sudan, about 250 kms away across rough ground. By sunset, we had loaded the old hospital Toyota Land Cruiser with medical equipment, fuel, water and food and set off, arriving in the dark at North Horr Catholic Mission for a bed with the hospitable and lonely Father Rocar. I tried my hand at driving but found it difficult as the vehicle wallowed in the soft sand and salt surface of the trackless Chalbi desert, particularly as it was now overloaded with locals who had caded a lift.

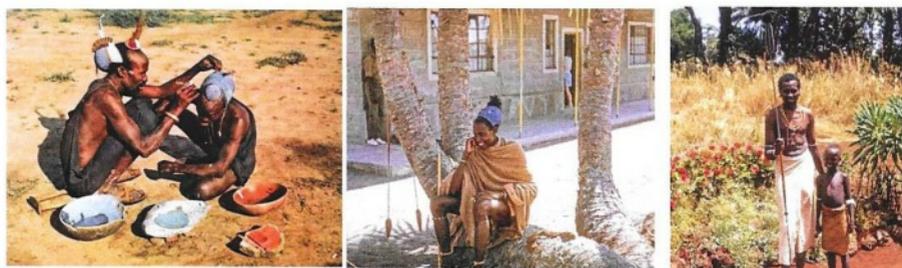
The next day, our 1<sup>st</sup> anniversary, we were off after sunrise. As we breasted the lower slopes of Mount Kulal (7,500 ft), we were distracted by the wonderful sight of Lake Rudolf, spread out far below us, shimmering in the hot sun. A leaf spring on the suspension cracked as we crashed down on a rock. For two miles, we followed a large family moving fast on the rough track (photo). Ostriches have no road sense and just kept running in front of the vehicle, rather like sheep on narrow Lake District lanes.

[Our Golden wedding is a time for thanks, celebration, reflection, memories and future hopes and plans. We hope you find some interest in our little story from 49 yrs ago. Best wishes, John and Rosamund Macfarlane. Loweswater]

Loiyangalani was a place of contrasts – a luxury lodge catering for people flying up from Nairobi to fish from boats for huge Nile perch, set outside a small hot dry local town from where dried fish was trucked south. The local Rendilli people lived in stick and reed huts on dry dusty ground by the lake (photo). The photo of three generations of a Rendilli family shows typical clothing – I had treated the boy with a skin graft after a snake bite.



We found ‘our patient’ at the health centre, but she refused to be examined, and she and her husband demanded she be taken back to Marsabit with us. “Marvellous!!”, I wrote in my diary. But the word had got round that a ‘daktari’ (doctor) was coming and a long queue of patients had developed, so we set about an impromptu clinic. They included several young spear-carrying Turkana warriors, showing off their elaborate headwear. The hair is set solid in a mud cap, usually painted blue, adorned with ostrich feathers. This poses a problem when lying down, so they all carried a neck stool they used



to support the head from the ground when sleeping.

My medical diary that day records that we saw, “Five Turkana tribesmen with GC (Gonorrhoea – treatment being 2 vials of long-acting penicillin into the buttocks. Ouch!! – I once had the same when a rusty 6 inch nail went through my foot), cases of malaria, skin rashes and acute arthritis, and a man with Madura foot (a deep fungal infection)”. Many others attended just for *Dawa* (medicine) – we provided APC (mix of aspirin, paracetamol and codeine). The police brought a handcuffed prisoner, very agitated and violent, who had to be sedated with intravenous chlorpromazine for transport back with us to Marsabit. In retrospect the poor man probably had an acute psychotic mental illness.

**So as for our anniversary day?** We went to the Catholic Mission in Loiyangalani for tea and cool drinks, before finding beds at the health centre. It was very hot. We wanted a celebration swim. “The lake?”, we asked. We were advised the lake crocodiles were renowned for their appetite, so we celebrated our anniversary together in a small pool fed by hot, rather sulphurous, natural spring water, facing one of those wonderful African sunsets, with a warm desert wind blowing in our faces. Possibly not best for cooling down, but a good end to an unusual first anniversary day.

Loweswater with Buttermere PCC  
100 Challenge Club

**The prizewinners for the draw held on 1st July 2021**

1st prize of £25 No 83 Bethany Meadley  
2nd prize of £10 No 28 Eleanor Ella  
3rd prize of £5 No 26 Hanneke van Schelven

**The prizewinners for the draw held on 1st August 2021**

1st prize of £25 No 35 Ann Beebe  
2nd prize of £10 No 21 Sue Ralph  
3rd prize of £5 No 39 Jenny Bland

*Congratulations to the winners and thanks to all our supporters.*



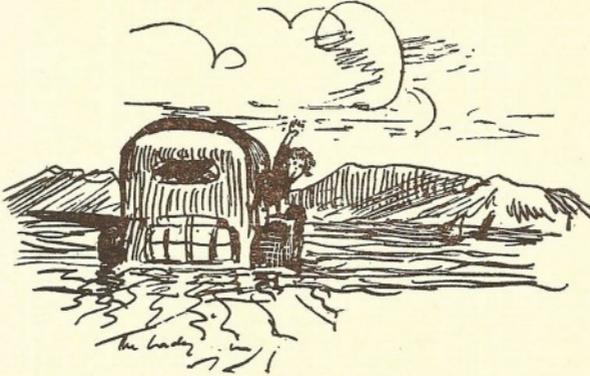
The Committee has discussed when we should restart meetings of the Club. While we are keen to get the Club going again as soon as possible, at the time of writing we thought it was still not safe to do so. We will therefore not meet in October or November, but aim to restart in December with a Christmas Party. The date will be Saturday 11 December, so put that in your diary now. Existing members of the Club will not be asked for a subscription this year, but new members are welcome

The Committee will review the Christmas party decision nearer the time, and will only proceed if we are satisfied that it is safe to go ahead.  
Hoping to see everybody again in December.

With best wishes

John Hudson

## A LAKELAND LIMERICK



One day a young girl by mistake  
Drove her car into WINDERMERE Lake.  
    "The accelerator,"  
    She told the narrator  
"Got pressed down instead of the brake."

*Page Nine*

# FILM NIGHT

IS BACK!

At Yew Tree Hall  
Lorton

## Future Films

28 Sept "Supernova"

26 Oct "Nomadland"

23 Nov "Limbo"

LICENCED BAR  
SPACED OUT SEATS

Film Rep - Eleanor 07497 618364

Art Exhibition  
The Old School, Buttermere



24th - 26th September

10a.m - 5p.m

Oil paintings of the North-West lakes by Jennifer Greenland

## **Loweswater Ladies July/August 2021**

Just a quick note to remind everyone that our first meeting this year will be on Wednesday, 8th September at 7pm in the big hall at Loweswater. It will be a sit-down supper so if everyone could bring something to eat, either savoury or sweet. The food will be laid out on a central table with smaller tables around the room. This way we can maintain social distancing but still enjoy seeing people after all this time. We can then decide as a group how to proceed with the rest of the year as we have no programme arranged due to the uncertainty of the times.

Regards, Alison Greer.

## ECO CHURCH/ECO COMMUNITY UPDATE

The date of our Parish walk is now confirmed as Saturday September 18th starting from St Cuthbert's Church at 10a.m. - See the poster below for full details.

St Cuthbert's Lorton

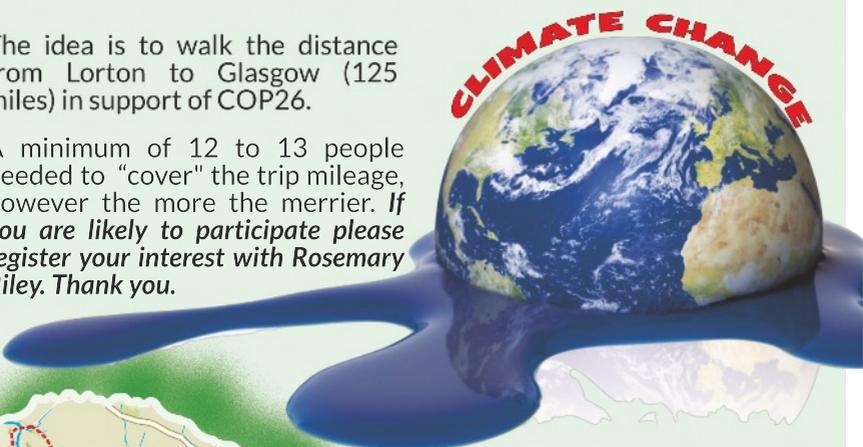
# ECO CHURCH

# PARISH WALK

in support of the United Nations summit about Climate Change  
-which this year is to be held in Glasgow [COP26]

The idea is to walk the distance from Lorton to Glasgow (125 miles) in support of COP26.

A minimum of 12 to 13 people needed to "cover" the trip mileage, however the more the merrier. *If you are likely to participate please register your interest with Rosemary Riley. Thank you.*



**Saturday 10am  
18th September**

The route is a low level walk around Lorton and the surrounding area of about 10 miles.

The picnic spot will be at High Barn, Rogerscale, where liquid refreshments will also be available (as well as a loo stop). If helpful, picnics may be delivered to High Barn prior to the walk start.



**START**  
St Cuthbert's

Rosemary Riley tel: 07885360353  
email: [rriley@rileyitsolutions.co.uk](mailto:rriley@rileyitsolutions.co.uk)

Lorton &  
**Derwent Fells Local History Society**

Brackenthwaite Buttermere Embleton Loweswater Mockerkin Pardshaw Wythop

[www.derwentfells.com](http://www.derwentfells.com)

## **The Pilgrimage of Grace:**

**in Cumbria and the North-West**

**by Dick O'Brien**

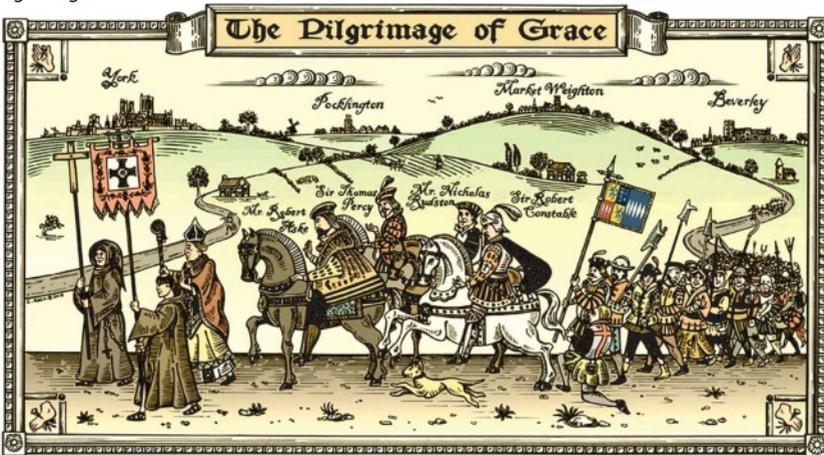
**using Zoom on Thursday 9 September 2021, at 7.30pm**

**Dick O'Brien** lives in Renwick, near Penrith and is chair of the Renwick and Kirkoswald Local History Group. He is a retired Ofsted Social Care Inspector who has lived in Cumbria since 1994.

**The talk** will cover the Pilgrimage of Grace in the North of England in 1536-7. This was the most serious uprising since the peasants' revolt in 1381. It focussed on opposing Henry VIII's dissolution of Catholic monasteries and related changes in religion, but the pilgrims also had economic and political grievances. The series of uprisings, nominally peaceful but armed, were centered on Yorkshire and led by Robert Aske. The supporting uprisings in Cumberland and Westmorland have received relatively little attention. The talk will highlight key events, causes, and the outcome of the Pilgrimage.

**Society Members** are invited to 'attend' the above Talk from the comfort of their own homes, delivered using 'Zoom'.

There is no need to register for this talk, because a link will be emailed to all members for whom we have an email address, a few days before the talk. New members are welcome, see [www.derwentfells.com](http://www.derwentfells.com)





# LORTON FILM NIGHT

AT YEW TREE HALL

Showing "SUPERNOVA"

Colin Firth

Stanley Tucci

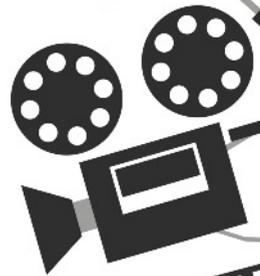
28

SEPTEMBER

7.30pm

£5

BAR AND DOORS OPEN  
AT 6.45pm



**EXHIBITION. *Lake District Reflections: an exploration of lakes, mountain becks and waterfalls from under and over the water surface***

**Dates:** Saturday 4th September 2021 to Sunday 10th October 2021

**Where:** Gaddum Gallery at Brockhole on Windermere, The Lake District Visitor Centre, Windermere LA23 1LJ. Normally open daily, 10am to 5pm. Entry free. Local photographers, Rosamund and John Macfarlane, and highly acclaimed painter Julian Cooper have joined forces to bring a visually stunning exhibition to Brockhole on Windermere this September with all profits from sales being donated to "Friends of the Lake District".

**Theme. *Over, Under, Ice.*** The Lake District has been shaped by water over millennia, resulting in the dramatic, much-loved and often photographed landscapes of fells, valleys and lakes. This exhibition looks onto and under these Lake District water surfaces, revealing mystery, magic and sights seen by the eye of the otter and the dipper.

***Need a day out?*** We plan to exhibit some of these photographs, many taken locally, in the valley next spring, once *coffee and cakes* restart. But if you have a half day free or want to take guests out, you may consider visiting the full exhibition (45+ framed photos and a 7 foot oil painting!) which has just opened at Brockhole, where you can also enjoy their terrace café, well regarded restaurant and grounds.

Thanks, Rosamund and John Macfarlane

**Mockerkin Educational Foundation** invites applications for financial grants in line with its aims in "promoting the education (including social and physical training) of persons under the age of 25 years who are resident in Loweswater Parish ....have been resident for not less than 2 years and are in need of financial assistance."

Applications, with a short explanation, can be submitted by email to [graeme.sparke@talk21.com](mailto:graeme.sparke@talk21.com) or by letter to Graeme Sparke, Mockerkin Educational Foundation, Tarn View, Mockerkin, Cockermouth, CA130ST.

## The Sparrow

I'm only a little sparrow  
A bird of low degree  
I have no lovely feathers  
There only brown you see.

Sometimes I think I'd like to be a lark  
And soar up very high  
And sing a lovely melody  
Away up in the sky.

But God says, no you cannot soar  
With those tiny wings of yours  
You must stay down here  
Among the lovely Flowers.

I can roam where er I may  
His eye still guarding me  
To keep me from all danger  
Wherever I may be.

For I am just a little sparrow  
A bird of low degree  
My name is in the Bible  
And I know God cares for me.

So I'll chirp and chirp away  
And fly from tree to tree  
I'll be as happy as the lark  
Because I know I'm free.

J Storey 1935

## Loweswater Village Hall News

Good News!

As we begin to get out and about more, Loweswater Village Hall will be hosting a few different events to help us reconnect with each other. This will start on Monday 6<sup>th</sup> September with a coffee morning from 11-12 am so everyone can pop out for a quick brew and a catch up. This is after keep fit so those energetic people will have earned a piece of cake! The next one will be on the first Monday of October- 4<sup>th</sup>, again from 11-12.

On Friday 5<sup>th</sup> November we will be hosting the first Arts Out West event for some time, a play called Hefted. It is a series of short stories, some of which are fantastical, others dramatise real events but all explore the notion of being 'hefted' or 'leared' – the deep connection we have with the land. More information on this will follow next month, but booking will be essential so we can keep numbers to an appropriate level for everyone's safety and enjoyment.

In other news we have a vacancy for a committee member as we no longer have a member from the PCC or a permanent vicar. If you are a member of St Bartholemew's PCC and are interested in joining us, please contact Penny on 01946 862200.

We hope to see you soon.

P. Leck

## Delhi to Kathmandu by bicycle with a sketchpad

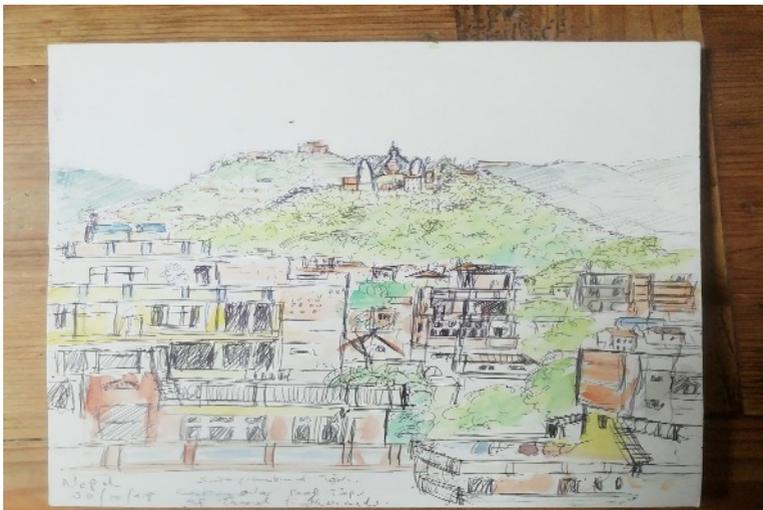
When we had enough of the excitement of Almora we headed to the town of Pithoragarh, a place I didn't like as it was full of semi feral dogs, several of which took a dislike to me, they sensed I was nervous and ran at me barking like mad when we cycled in and every time I set foot in the street so we only stayed for one night, also we now had a timescale to work to as we had to get to Kathmandu by a certain date to meet Andrew's father as we were helping him with the clients he was taking trekking, so we decided the cycling was over for now and hopped on a bus to Tanakpur near the Nepalese border.

The route took us through beautiful tropical forests, trees with massive leaves and huge fruits and fantastic views over the plain as we dropped out of the Himalayas, I wished we had been cycling and could have lingered because it was such a magic environment.

When we arrived at Tanakpur near the border waiting to cross to Mahendranagar in Nepal where we were picking up the bus to Kathmandu we stopped at a food stall and ate some samosas and drank some water from a jug on the table, it was very hot and humid, there were flies everywhere all over the samosas, we brushed them off and ate anyway, we had become quite complacent after several bouts of Delhi belly we thought we were immune, we weren't!

The next morning on waking I discovered I was ill and couldn't stray far from the bathroom, but we had to board the bus anyway, it was an horrific journey of many hours and the bus only stopped 3 times and every time I fell out on the pavement and was ill and had to be dragged back on as I was delirious. Eventually we got to Kathmandu and had to cycle across the city through manic traffic to the Thamel area of the city, how I survived is a mystery to me because I was so spaced out but survive I did!

After 5 days in bed and 2 stones lighter so ended our trip  
"From Delhi to Kathmandu by bicycle with a sketchpad"!



**SEPT**

- 1 Wed Lorton Parish Council meeting, YTH, 7.30p.m
- 2 Thu Loweswater Parish Council meeting, LVH, 7.30p.m
- 6 Mon Coffee morning, LVH, 11am-12 noon
- 7 Tue Buttermere Parish Council meeting, Old School Room, Buttermere, 7.30p.m
- 8 Wed Table Tennis, 7-9pm, YTH
- 9 Thu The Pilgrimage of Grace, Dick O'Brien, LDFLHS, 7.30 pm
- 10 Thu Loweswater Ladies sit down supper, 7p.m LVH
- 15 Wed Table Tennis, 7-9pm, YTH
- 16 Thu Did the French Impressionists give the wrong impression? Mike Fossey, The Arts Society Cumbria, 11 am, contact theartssocietycumbria@gmail.com
- 18 Sat Lorton Parish Walk, St Cuthbert's, Lorton, 10a.m.
- 22 Wed Table Tennis, 7-9pm, YTH
- 27 Mon Harvest Supper, YTH, 7p.m.
- 28 Tue Film Night, Supernova, YTH, 7.30pm, Doors 6.45pm
- 29 Wed Table Tennis, 7-9pm, YTH

**OCT**

- 21 Thu Dido Elizabeth Belle and the beginning of Abolition, Leslie Primo, The Arts Society Cumbria, 11 am, contact theartssocietycumbria@gmail.com

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# The United Benefice of Lorton and Loweswater with Buttermere

## Church Services September 2021

<b>5<sup>th</sup> September</b>	<b>14<sup>th</sup> Sunday after Trinity</b>		
10.30am	Holy Communion	Loweswater	CW
<b>12<sup>th</sup> September</b>	<b>15<sup>th</sup> Sunday after Trinity</b>		
10.30am	Holy Communion	Lorton	CW
<b>19<sup>th</sup> September</b>	<b>16<sup>th</sup> Sunday after Trinity</b>		
10.30am	Matins	Loweswater	BCP
6.00pm	Holy Communion	Buttermere	CW
<b>26<sup>th</sup> September</b>	<b>Harvest Festival</b>		
10.30am	Holy Communion	Lorton	CW

### Wednesday 29 September, Feast of St Michael and All Angels

Sung evensong in the Fell Church at 6 pm

Join us in this beautiful little church dedicated to St Michael for prayer and praise

Very short walk up the fell from Mosser Mains – church has gaslighting only!

For those of you who not receive the Grasmoor Mission Community Information Sheet by email - it can now be found here -

<https://grasmoormissioncommunity.org.uk/staying-connected>

Deadline for Oct is Fri 24th September all articles, photos, funny stories to [lortonvalelink@gmail.com](mailto:lortonvalelink@gmail.com) by this date. Thank you