

OCTOBER 2020



**THE UNITED BENEFICE OF LORTON AND
LOWESWATER WITH BUTTERMERE**

Letter from the Editor

Dear Link readers,

As I predicted last month we do indeed have a photo from the first post-lockdown Coffee and Cakes but unfortunately any reports we have from other societies are generally about postponement to activities. There is one piece of good news though - there will be a film night this month - but advance bookings only as numbers are restricted. Sadly, we are also missing one of our regular articles this month as Gill Scrivens has been badly affected by a flare up of inflammatory arthritis which means she has been unable to type up her usual W.I piece, We wish Gill a speedy recovery.

As you will see on the following page, in the absence of Sandra we have a somewhat different Vicar's Letter but Roger and Eleanor continue to write their own Notes from the 3 churches. Other regular articles are still here - Paul's trip around India, Alan's Walkers Way, Penny's piece and two more lovely poems as well as a fascinating item about some Lakeland Limericks. Cookery Corner is back too - but I wonder if Ann and

Roger Hiley are the only cooks in the valley - come on folks - let's have a few more contributions! Ann Peck has written a charming piece, including a painting, about the Passion Flower and there is a heart-warming tribute to Stella George who used to live in Lorton but sadly passed away earlier this year.

There is the chance to buy two local calendars this month - the Lorton Vale Calendar and the Loweswatercam calendar - further details can be found elsewhere in the magazine.

The final article is courtesy of Tommy Coulthard who has long connections with the valley. He wrote to the magazine last month to give us more information about Dan Fearon and the local farms. After talking to him on the phone I have done my best to document what he told me. Please do send in other memories and photos you have of Lorton Vale in years gone by.

Rosemary
07885 360353

Our cover photo this month is by Roger and Ann Hiley, the picture is taken from their new 2021 Loweswatercam Calendar on sale now



ALTERNATIVE VICAR'S LETTER

As Sandra has now sadly left the Benefice and we haven't had chance to arrange for anyone else to write the Vicar's Letter we have an alternative version this month. Sandra left me with a full set of Lorton Parish magazines for 1959. Interestingly the parish (which had it's own vicar in those days!) was just coming out of an interregnum as we go into one. The magazine looks very different to the one we have today - the bulk of it came from a central church office in a standard format and only the cover was specific to Lorton. The front cover gave details of the officials and interestingly Fiona Lambrick's mother was then Secretary of the PCC so that family connection goes back a long way. The inside front cover was the Vicar's Letter and the back covers gave details of services and information from the Registers including amounts taken in collections. The standard section of the magazine has some interesting articles including 'Home Words' covering such topics as The Flowers of Passiontide and The Faith and Industry. There was a fascinating section entitled 'Weekday Pages for Women' where you could learn how to use sawdust for cleaning carpets and paraffin for washing dusters. There was also a serialised story every month and for some unknown reason an advert for Ovaltine made a regular appearance. There were some similarities to our current magazine - as well as the Vicar's letter there was also a regular cookery corner and many poems.

The new Vicar - The Rev A Woodhead-Dixon - took up his new post in March 1959 and for the first few months whilst the Vicarage was being improved he and his family lived at Park View - now the home of Bob and Carole Baird. Here are a few snippets from his letters - which show that certain matters remain constant:

The service of Institution and Induction went off very well yesterday - I felt it was such a homely gathering and there was a really loving atmosphere in the church. I would like to thank here all the ladies who provided such a wonderful tea and all who helped in the preparation for the day.

I am not yet in a position to tell you more about the 'Christian Stewardship' scheme, which I mentioned last month as I still await a visit from the 'Planned Giving' group, which the PCC agreed we should interview.

Does your neighbour take this magazine? Perhaps you might ask. For this is, for the Parish Priest, a valuable means of aiding pastoral work. I should like to feel that a copy goes into EVERY house in the parish so that I may have a definite and regular contact with all my people. Through its pages I could then be sure of information and teaching reaching a far wider circle than that represented by the church-going few.

Ed



If I read that something by a famous author was ‘inspired’ by this or that, to me that summons a picture of long-haired poets gazing out of the skylight of the garret where they’re starving, quill pen in hand, muse at the shoulder muttering inspiring prompts. No effort involved at all. I wish.

But the idea for this was definitely prompted by a favourite piece of music, Summer Night on the River by Frederick Delius.

Like a lot of his music, there isn’t a tune you can whistle, just a really nice picture, an impression of a scene.

In some usage, and in myth, halcyon is a word for a kingfisher.

Kingfisher

For murmuring mayflies, careless in their haze,
The water-pecking swallows wheel and dive;
This drowsy evening scarcely seems alive,
As statue cattle stand and, noiseless, graze.
In patchwork shade where waning sunlight plays,
And myriad bees depart to seek their hive,
I quietly wait for darkness to arrive,
As twilight masks the daytime’s final rays.

An iridescent spark ignites the night,
A polished silver fish within its bill;
The shining victor takes his shiny prey,
And with a rainbow turn once more takes flight;
Restored, the summer night again is still,
To end a gleaming halcyon summer day.

John Scrivens

LORTON VALE GARDENING CLUB



The Garden Club AGM will be held on Thursday 15th Oct at 7.30 in the Yew Tree Hall. However, it will be news to nobody that things are not as usual - we have a 25 person limit in the hall, with pre booking, masks, hand sanitising, much cleaning etc. etc..

The AGM Financial Accounts will have been emailed to members, and on receipt of your email invitation from Fiona, you can apply for a place at the meeting. For the lucky few, the talk will be by Simon Dodsworth, speaking on "The quintessential modern British iris" . Simon is the son of Bryan Dodsworth, the great C20 hybridiser of British irises, so we can be sure that we have an expert on our hands! Simon is making a garden for his daughter, who lives in Cockermouth - we may be able to see it if the summer garden visits resume next year. I will take notes and put a digest of information and tips in the November Link.

Loweswater Ladies September 2020

Dear Loweswater Ladies,

It is now September, the time that usually we look forward to meeting up again after the Summer break and resuming activities. It seems a long, long time since our last meeting in mid March.

I have been thinking about what would be the best thing to do about our group but, for me personally, I feel it is too soon to resume our meetings. With the winter months, weather and possible health-related issues coming and the possibility that speakers will not be willing to come, I would like to suggest reviewing the situation in the Spring of next year but

would like to canvas all your opinions about this idea. Please let me know what you think would be best for our socially-minded group of ladies who enjoy the company of others.

Hoping you are keeping as positive as possible in these weird times.

Regards from Alison.

Walkers Way No 203

Good days lead to good walks and good sightings – and there have been one or two of note in recent weeks. Parton is one of our closest places, and although not exactly the most picturesque areas of the UK coast, it does have a seashore, rocks, pools and a little wildlife. Recent, uncommon but not unknown, visitors were the seals. Just two, only a few yards offshore, heads protruding above the surface and diving every few minutes for a spell below the waves.

Then at Drigg, there was a constant and glorious serenading by skylarks over the sand dunes, rising and falling with their fluttering flight against a cobalt blue sky. Magical. On the same occasion, the sight of members of a considerable flock of sand martins swirling about, and at intervals diving at break neck speed into their nest burrows, in a sandstone “cliff”. They must take very careful aim when travelling that fast!

And then there was a repeat of that lovely walk along the banks of the River Esk, past the National Trust’s Milkingstead Farm near Dalegarth. Again, a brilliant sunny day, light filtering through the massive trees of what I suppose must have been an estate at one time, obviously a seriously large expanse of a wide variety of trees, including large and fully grown conifers of great girth, wonderful bark and considerable height. There is an area on the walk where substantial numbers of butterflies have been seen in previous years, and it was hoped that the process would be repeated, but no. the total “bag” was only about six, all of which were very common species anyway. Not that this should have come as a great surprise, because the picture has been the same in the garden this year. Butterflies seem to have been down in both numbers and species. Moths too have been down, the only sighting of note being a rather handsome Rustic Moth which very obligingly alighted on the conservatory window, and had the good manners to stay long enough for me to take a photograph. I have a feeling that hoverflies and bees were down in numbers too, but the hogweed flowers that we encourage for the purpose did attract quite a variety of insects, including the bright red soldier beetle which predated on the smaller visitors.

As for birds, a number of nests were the sites for the successful launching of chicks but since then one of the most welcome developments has been the very frequent visits of a pair of nuthatches – the only species of British bird which can walk up and down tree trunks using only its feet and beak, no support

needed from the tail. One of my favourites, I must admit, with that immaculate blue/grey back, buff waistcoat and outstanding black eye stripe. Very smart! We have also had pairs of bullfinches and greenfinches both adding their own distinctive splashes of colour – and goldfinches too, although they are “spectacularly” dull at this time of year. This year has seen the development of the “frogger” in the garden – the predator free “pondlet” in which tadpoles are confined, fed, reared and then “migrate” into the adjoining unmown strip of the garden and from there if they wish, into the adjoining field and the countryside beyond. Just how many have successfully made it, is impossible to say, but there is no doubt that the number is substantially higher than from the main pond, which is open to birds, newts and insect larvae. On a far less happy note, as we all know the long-forecast demise of our biodiversity is now well under way, although it is still not too late if we all act decisively and quickly. So much depends on governments and worldwide cooperation, but there is much we can all do. Woodland trust members, for example, recently planted 750,000 trees! FFI, or Fauna and Flora International, is one of the most successful conservation organisations, constantly rescuing species from the brink of extinction around the world, but their work does cost money. Modest annual subscriptions are invaluable and result in regular updates for members too. For full details see members@fauna-flora.org or Tel 01223 749018. Needless to say, the situation is desperate and urgent.

Photographs on opposite page are:

- 1.Seal.
2. Nuthatch.
- 3.Goldfinch.
4. Rustic moth.

Alan Gane.



Penny's Piece

Recently we have had the trials of how to sleep in hot weather. I know it was hot in April and May but it didn't seem to be as bad as mid-August. Do you sleep with the window open and risk being woken at stupid o'clock by birds or the early morning peleton? Do you move the mattress downstairs? What speed should the fan be on and where should it be positioned? The problem is you know you can't shove the sheet/duvet/blanket on the floor as you're going to want it at some point in the night. You always awake covered, even if you can't remember pulling the covers over. If you have the bed to yourself, the covers occupy the other side of the bed until needed. Sharing the bed results in both of you on a foot and a half strip on either side of the mattress and the covers taking up two thirds in the middle of the bed. You're fine if you lie on your back or on your side facing the edge but it gets risky if you face inwards. You are so close to the edge, rolling backwards off the bed is a risk. Also, if you have anything other than a firm mattress you can be catapulted off if your partner gets up or onto the bed suddenly. Depending on what you have next to the bed, your potential injury at best is concussion off the bedside table followed by secondary concussion when the bedside lamp falls on your head too. The

status of the covers at this point could mean you are wrapped up like a cocoon with your arms pinned to your sides unable to do anything about it. At least this scenario reduces the risk of being impaled on the pile of half read books on the floor. I'm glad I don't knit!

Lots of you like me, wear glasses. The mask/glasses thing is a nightmare. For those who don't wear glasses what basically happens is your glasses steam up with a mask on. The only way I've found to stop this is for the mask to basically be in my eyes with the glasses on top of the upper edge. No joke, if my lower eyelashes aren't being pushed towards my eyeball, the mask isn't high enough and my glasses will steam up. I could take my glasses off but that would increase the risks to the general populous as I miss judge the distance to/ from things in the supermarket- 'staff announcement, cleaner required in all aisles.' I bought one of the fancy fabric reusable ones in Wilko to see if they were better and was not impressed. Firstly it is too hot compared to the papery surgical type and secondly it suspiciously looks and feels like someone has cut the gusset out of a swimming costume! No ta. Stay safe. Penny

"Skiddaw U3A: With the easing of the restrictions of lockdown, Skiddaw U3A is restarting many of its activities again so if you are retired or semi-retired and want to stay active, learn new things and make new friends, visit our website www.skiddawu3a.co.uk or contact Tony Marsh on 017687 72137"

NOTES FROM ST. BARTHOLOMEW'S AND ST JAMES

September offered a lovely spell of late summer sun but as I write it is feeling decidedly autumnal. The swallows left one week ago, always a defining moment.

On Sunday 20th September Sandra officiated at her last service at Loweswater and her final service will St.Cuthberts Harvest the following Sunday. We wish her well as she returns to her home in Orton.

St.Bartholomew's celebrates harvest on 2nd October. Offerings should be bought to church on Saturday morning. This year, as there is no harvest supper, we need non perishables - tins of all types, cartons eg fruit juice, custard, small boxes of cereal etc. These will be donated to the Food Bank and distributed to those in real need. Our APCM follows the harvest service at approximately 12 o'clock in the church. All are welcome to attend and those on the Electoral roll are entitled to vote.

St.James remains open on Wednesday mornings 10-12 for individual prayer. Some parishioners are grateful for this opportunity for quiet time in church while visitors come many to see the Wainwright window yet often comment on the beauty and peace of the church so it satisfies more than just a photo opportunity.

We had two lovely Baptisms this month at Loweswater, babies of the Agnew sisters Lucy and Emily and their husbands, a local family with a long association with our church.

From St. Bartholomew's register

Baptism

6th September Anna Elizabeth Sandwith

20th September William George Wilson

Eleanor Ella

NSPCC

Unfortunately, as you all know, we were unable to have a Loweswater Show this year, though I have managed to make some jams and Helen has once again made some fantastic pickled onions. I have already sold quite a few jars of jams and pickles but I still have a few left if any of you would like to buy some. Give me a ring on 0190085606 and hopefully I'll have some of your favourites left!

Continuing with the current Covid situation, we will not be able to do our usual Carol singing later in the year, which has always been a very worthwhile money raiser for the NSPCC but don't write us off, we'll hopefully be back next year!

Many thanks

Ann Hayton

LORTON NOTES

As Sandra told us all in her Letter last month, she has now left the Benefice. We are sorry to see her go as many are of the opinion that she led services well, both in content and delivery and she fitted in well in the Benefice. We do wish her fulfilment and happiness in the future. Members of the two PCCs. met recently with the Archdeacon, Ven. Richard Pratt and the Rural Dean, Revd. Charles Hope, where it was explained that the likelihood of replacing Sandra was remote. The Benefice for many years has been served by a House for Duty priest, where the incumbent receives free accommodation for part time duties, but the numbers seeking such positions is falling sharply. Also, the Diocese is seeing a marked drop in income and will have to reduce expenditure as well as realise capital assets, so it appears likely that we shall be included in the Cockermonth team ministry. Perhaps there is no cause to be unduly dismayed as during our interregnums we have been very well served, but things will be different.

Many will have noticed that the pile of soil in the north east corner of the churchyard has been taken away. The PCC did consider that this was removing an area relatively rich in wildlife, but other parts of the churchyard are tended less than has been

the custom to allow nature to thrive and the area which has been cleared will be needed for graves before many years have passed. The pile was the consequence of dumping excess soil every time a grave was dug, but in future this excess will be immediately taken away.

As we all know, further restrictions have been imposed as a consequence of the rise in covid 19 infections, but thankfully churches remain open for services and choirs are being allowed to sing. I believe this is only right, as the precautions being taken to protect congregations are stringent and as I have stated previously, I believe the risk of contracting the virus at one of our services is vanishingly small.

We shall be holding our delayed APCM after the service on October 11. This is the opportunity for members of the congregation to air their concerns or hopefully lavish praise. We hope to see you there.

Roger Peck.

A NOTE ABOUT PASSION FLOWERS

During semi-lockdown, many people received a passion flower from the White Ash garden, initially distributed by Alexia, our granddaughter during her month-long stay here with her brother Oliver.

By popular request here is one interpretation of the meaning of the flower:

the flower can be thought to represent (from the top of the painting):

3 loaves (stigma), 5 fish (anthers), the 5.000-strong crowd (corona filament fringe), and 10 disciples (petals). Others know other biblical interpretations - for example the 3 stigma can represent the 3 nails of the crucifix.

Truly a remarkable and prolific flower -thank you Stella and Ron George for planting it in the White Ash garden!

Ann Peck



COOKERY CORNER

Marvellous Mushroom Stroganoff with brandy (serves 2)



Ingredients:

2 tbsp Olive Oil

25g / 1 oz butter

450g / 1lb Mushrooms (mixed, sliced if large)

3 tbsp Brandy

1 large red onion

1/2 tsp Paprika

225ml/8oz veg stock

25g / 1oz coconut (tin of milk or creamed, or fresh grated)

200ml/7 oz Crème Fraiche (or double cream)

1 tbsp chopped parsley

Method:

1. Prepare rice (2oz per person) and while cooking:
2. Fry mushrooms with half the oil and butter on high heat, stirring to get nice even colour. Add brandy (sherry or apple juice) and flambé if feeling flamboyant). Set aside and keep warm.
3. Gently fry the onions with the remaining oil and butter until soft, add paprika. After 30 seconds add veg stock and coconut and bring to the boil. Reduce by a third. Stir in Crème Fraiche and reduce further until rich and creamy.
4. Return mushrooms to pan, warm, adjust seasoning and stir in the parsley. Serve over brown rice.

From Ann and Roger Hiley

- * Tickets **MUST** be pre-bought
- * Face coverings **MUST** be worn
- * Seats are spaced out and pre-allocated
- * Track and trace system in place
- * Yew Tree Hall is a Covid 19 secure venue



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'COFFEE AND CAKES' – WE'LL BE BACK

The Melbreak Communities hosted 'Coffee and Cakes' on 5th September and, judging by the feedback from invitees who were able to join us, was much enjoyed.

The event involved a considerable amount of preparation beforehand and on the day itself. Many thanks to all who helped – with advance publicity, setting up the Yew Tree Hall in order to comply with Covid-19 Health Protection Regulations, meeting, greeting and shepherding, making and serving coffee and baking a wonderful selection of delicious cakes.

Donations raised an impressive £90, thanks to everyone who contributed.

We hope to host more 'Coffee and Cakes' events and will keep you posted!

Penny Poole



Delhi to Kathmandu by bicycle with a sketchpad

Staying in the hotel, the name of which I can't remember, was an experience. After sleeping most of the day we headed in for dinner. The dining room still looked rather grand despite being a bit shabby, the waiter wore black trousers with a stripe down the outside, a smart waiters jacket and a cummerbund around his waist he came along with a large menu, white napkin over his arm, all very proper!

The menu was extensive with an array of exotic Indian dishes, we thought we had landed in heaven and were in for a culinary treat, we are really in to spicy Indian food! That we were the only guests dining, should have warned us!

The waiter came back after about half an hour to take our order, we started to order the dishes we fancied but every dish we mentioned the waiter said "don't have"! After getting through most of the menu we gave up and asked what they did have he replied "Saag Aloo" it was very nice Sag Aloo but after anticipating a variety of culinary delights spinach and potatoes was rather mundane!

Breakfast the next morning was like Groundhog day!

After letting us run through the extensive breakfast menu which contained such delights as Masala Omelette and kedgerree what did they have? You guessed it Sag Aloo! I think dessert was fresh oranges from the street!

On with the journey!

Paul Cowling, Littlethwaite



LORTON VALE CALENDAR 2021

ORDERS NOW BEING TAKEN

We are pleased to announce that we have been able to produce the Lorton Vale Calendar for 2021 with lovely photos contributed by local people. It will be available at the end of October (for those who wish to send calendars as gifts long distances). The price remains the same at £8.00 including an envelope. All profits go to St Cuthbert's Church, Lorton. Shown below is our cover photo - Scale Hill overtopped by Grasmoor - taken by Tim Thornton.

Unfortunately this year we will not be holding the Christmas Fair - where many of the calendars were traditionally sold. We need to have a good idea of how many calendars to have printed so I would ask that you **place an order for the calendars you want by Friday 16th October 2020** . You can do this by either emailing riley@rileysolutions.co.uk or phoning Rosemary on 01900 85072. Calendars will be collected from High Barn, Rogerscale.





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Loweswater with Buttermere PCC
100 Challenge Club

The prizewinners for the draw held on 1st September 2020

1st prize of £25 No 95 Diane Gordon
2nd prize of £10 No 3 Maxine Jessop
3rd prize of £5 No 37 Julian Elliott

Congratulations to the winners and thanks to all our supporters.

~ LAKELAND LIMERICKS by Cecil Armstrong Gibbs 1889-1960 ~

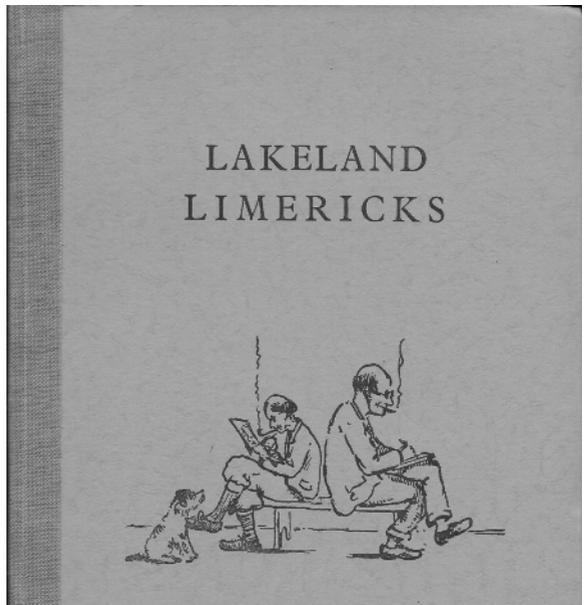
This lovely little book of 29 amusing and somewhat mischievous doodles & line drawings was found in my late father's book collection.

On the following page is just one of them, but first a little about the author:

C.A.G was an accomplished english composer with a huge sense of humour. Absolutely given over to music he was having no truck with his father's expectations of him as Heir to the Gibbs Toothpaste Dynasty. A life in the boardroom was not for him .., preferring music from an early age and devoting himself to creating compositions such as 'Dusk' —a slow waltz, and also the piece chosen by Princess Elizabeth on the occasion of her 18th. Birthday, now to be found on YouTube ... Spending the war years in Windermere from '39 -'45 (his Essex home being requisitioned and made into a hospital for injured soldiers) where surely his inspiration for his characters and verse was born, among the glorious mountains, Lakes and Valleys and so he, together with his illustrator, Wm. H. Waddington do humbly apologise for their Limericks as follows:

We here aver no living soul
We've made a sketch or verse on;
All are the figments of our brains
And touch no actual person.
Should any feel that he or she's
Been guyed, and cannot bear it,
We can but say it's not the case,
But if the cap fits' —wear it !

Chris Goode





A delicate lady of CRUMMOCK
Sat down on a very damp hummock,
She returned home to bed
With a terrible head
And most violent pains in the stomach.

Page Twenty-nine



Now is your chance to have your favourite web site pictures hanging on your wall all year round and to support a good cause.

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“ We've done it again and for the same price as last year - £10 (or £14 including UK postage) Also on sale at Lorton Shop.”

We've brought you twelve months of Loweswater pictures, Lakeland scenes and your favourite mountain dogs.

Yes ... The Loweswatercam Calendar 2021 is now on sale

--- 0 0 0 ---

Contact Roger and Ann on 01 900 85040, or click on
http://www.loweswatercam.co.uk/2021_Calendar_Offer.htm

Once at Loweswater

Once and not so very long ago
I opened a door quietly , excited,
Two feet on the solid ground,
Breathed razor air ,
Heard tree greet of owls,
Followed the plough line of Ursa Major
And a glitter realm of stars,
I'd stare and stare,
Letting the owls call,
Call in the darkness,
Call across Holme Wood,
Inhaled smell of lake water ,
Knowing if I took off my shoes ,
Touched black earth gently with
My toes it would be good and
Moist from dew's arrival which
Dropped like those morning veils .

And I would be lost, quite lost,
Forget the door of the BMW
Was open, that you were
Inside , leaning back, arms slack
Suddenly asleep after
The six hour ride North West.
And if I knew more like Pascal did of stars,
Their courses around the globe ,and
If , to use a conventional description ,
I was a better , more thorough man,
Something I wanted always to become.

Whenever I saw the sky of autumn
Grow, glow , a knowledge robe to clothe
me,
A sort of British Warm, on the ride North
West
To the remembered place where, given
luck,
Holme Wood's became alive with owlish
cries
Snuffle of stumbling badger through a
gate,
The splash of salmon writhing under torch
light
On a last journey to the expectant lake,
The pebbled bank of a hurried stream,
The push of spawn; and like
constellations
I'd move on and on and on, to where
Words, stars , worlds are never done.

Michael Geoffrey Baron

Stella George - Loving Life

It is hard for us to acknowledge what we have lost. In this terrible year, our mothers death was, statistically, lost in the thousands; but mum was not a statistic of Covid 19.

Stella George was an extraordinary woman who left her home town in Brazil, to embrace a new life with her husband and our father, Ron George. She travelled extensively throughout Brazil with Ron while she learnt a new language and experienced a very different lifestyle. It was indeed an adventure as mum made a home in many different cities in Brazil and then in England, finally settling in the place she loved the most - Lorton, Cumbria. Mum was her happiest amongst the Fells, her work and her friends and where mum and dad were to spend 20 of their happiest years in retirement amongst the community of Lorton.

Throughout her life her family was a priority. Mum taught by example: that being a woman is a very serious and demanding business. In the time that mum lived in the dictates of the day required wifely support. Mum did that and more. She succeeded as a wife whom daddy adored: an artist, a teacher and gardener whose passion was flowers. She helped with the flower arrangements at St. Cuthbert's Church and with the W.I. and over the years gave many talks and exhibitions on the art of pressing flowers and porcelain painting. It was Ron's job to keep the kiln fires stoked. Mum also volunteered at Save the Children in Cockermouth where we know she had lots of fun with her friends.

White Ash Barn was mum and dad's home, but it was also a warm and welcoming tea shop for those wishing to have a cup of tea and homemade brownies... and so much more. Mum and dad ran the tea shop with wonderful support from the village.

Stella quietly and with great dignity tried to achieve the best she could in all she did. She was beautiful and feisty, and worked hard to create wonderful and cosy homes for her family, wherever she lived. Mum made many deep and valued friendships which she kept for life.

All of this stood her in good stead. Mum was a fighter. She was also the only mother, grandmother and great grandmother, her family would wish to have.

On the day mum passed peacefully away at age 95 at our home, she continued to display her strong and determined spirit to the last breath, a testament to how she lived her life.

Stella George: you were indeed a force.

Debbie George and Ellen Mason: with love and thanks for being a wonderful mum and an inspiration on how to live a life to the full.

Below is a picture of how we like to remember mum and dad (Stella and Ron) - always together



Lakeland Folk

In our August edition of the Link we published a poem entitled The Old Dalesman - a poem written in tribute to Dan Fearon. It was stated that Dan had lived at High Nook Farm for many years. We have been contacted by another past resident of the Lorton Vale - Tommy Coulthard - who tells us that in fact Dan lived at High Cross Farm and that it was Tommy's mother who was born at High Nook in 1894. High Nook was farmed by the Swinburn family followed by their son-in-law Tyson Stephenson until they retired in the 1940s. It was then taken on by Willy and Jean Hope.

According to Tommy , Dan did occasionally get away from the farm to catch the school bus on market day into Cockermouth where he would refresh himself before catching the bus back again in the evening. In those days the cattle market took place in the area where Sainsburys now stands. See the picture below.

Tommy himself used to catch the school bus to attend school at Fairfield (now the Infant School) before he left in 1941 to go into farm work himself - at North Row Bassenthwaite.



DIARY DATES

OCT

- 2 Fri Keep fit LVH 5.30-6.30
- 5 Mon Keep fit LVH 9.30-10.30
- 9 Fri Keep fit LVH 5.30-6.30
- 12 Mon Keep fit LVH 9.30-10.30
- 15 Thurs How New York got to be a Capital of the Arts, Arts Society Cumbria, lecture via Zoom, 11 am.
- 16 Fri Keep fit LVH 5.30-6.30
- 19 Mon Keep fit LVH 9.30-10.30
- 23 Fri Keep fit LVH 5.30-6.30
- 26 Mon Keep fit LVH 9.30-10.30
- 30 Fri Keep fit LVH 5.30-6.30

NOV

- 2 Mon Blindbothel Parish Council, Paddle School, 7.15pm Bi-monthly Meeting
- 4 Wed Lorton Parish Council, Zoom or YTH? 7.30pm
- 5 Thu Loweswater Parish Council, Zoom or Loweswater Hall? 7.30pm
- 19 Thu Joseph of Nazareth in Visual Art, Arts Society Cumbria, lecture via Zoom, 11 am



Not long ago it looked as though we might be able to resume Club activities this month, but as we all know the COVID situation has taken a turn for the worse. So our AGM and talk planned for October 22 has been postponed, and nothing else can be arranged for the time being. The Club WILL resume when it is safe to do so, and we will arrange an enjoyable programme of talks and activities. But in the meantime the important thing is for everyone to take care and stay healthy. Don't hesitate to get in touch with me or another Committee member if you need any assistance.

With best wishes to all,

John Hudson, 01946 861555

Benefice Services for October

4th October St. Bartholomew's Loweswater 10.30 am Harvest Holy Communion

11th October St. Cuthbert's Lorton 10.30am Holy Communion

18th October St. Bartholomew's Loweswater 10.30am Holy Communion

25th October St. Cuthbert's Lorton 10.30am Holy Communion

St. James Buttermere will be open on a Wednesday 10-12 for private prayer



Deadline for November is Fri 23rd October, all articles to lortonvalelink@gmail.com by this date.