



Church Services November 2019

3rd November All Saints Day

9.00am	Holy Communion	Lorton	BCP
10.30am	Holy Communion	Loweswater	CW
3.00pm	<i>All Souls Service</i>	Buttermere	

10th November Remembrance Sunday

10.30am	Holy Communion	Lorton	CW
3.00pm	Holy Communion	Buttermere	CW

17th November 2nd Sunday before Advent

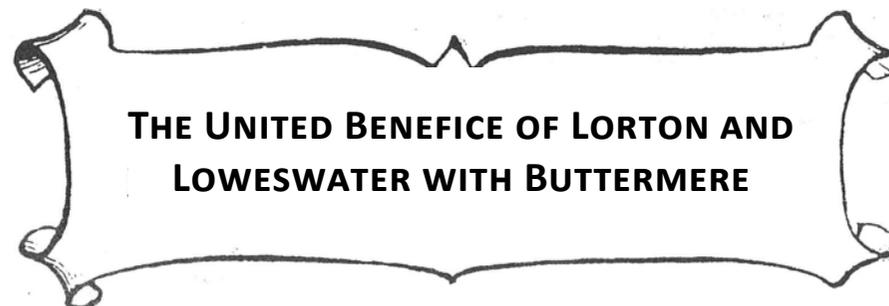
10.30am	<i>Matins</i>	Loweswater	BCP
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24th November Christ the King

10.30am	Holy Communion	Lorton	CW
3.00pm	Evensong	Buttermere	BCP

Some useful Helpline numbers:

Alcohol Advice	0800 9177650
Allerdale Bulky Items Collection	0303 123 1702
Alzheimers Society	01900 607280
Childline	0800 1111
Citizens Advice	01900 604 735
Crimestoppers	0800 555 111
Cruse Bereavement care	0844 4779 400
Cumbria Health on Call (CHOC)	111
West Cumbria Domestic Support	01900 67167
Samaritans	01946 694266



DIARY DATES

NOV

- 1 Fri Film Night, "Red Joan" Ullock village hall 7.30pm
5 Tue Table Tennis, YTH, 7-9pm
7 Thu Lorton Garden Club Meeting, YTH, 7.30p.m.
9 Sat Coffee & Cakes, LVH, 10.30a.m - 12.30p.m
10 Sun Mockerkin Mob A Walk
11 Mon Keep fit LVH 9.30-10.30
11 Mon Farmers Discussion Group - Kirkstile Inn - 8pm
11 Mon Community Lunch, Lorton School, 1.15pm. Call Helen on 07790 459064
12 Tue WI meeting - YTH ~ 7.15 ~ Talk and demonstration ~ Joan Ingram ~ hand - bell ringing
13 Wed Table Tennis, YTH, 7-9pm
13 Wed Loweswater Ladies, LVH, 7.15p.m
14 Thu Roman Roads through the Lakes, Lorton History Society, YTH, 7.30 pm
15 Fri Keep fit LVH 5.30-6.30
17 Sun Mockerkin Mob B Walk
18 Mon Keep fit LVH 9.30-10.30
19 Tue Film Double Bill part 1 -, Sometimes, Always, Never, YTH,6pm, Doors at 5.30
19 Tue Film Double Bill part 2 - The Keeper, YTH, 8pm
20 Wed Table Tennis, YTH, 7-9pm
21 Thu 77 Club Pie and Peas Supper and talk by Rob Lucas: *Climbing the Seven Summits*. 7pm LVH.
21 Thu History of Cartoons from Hogarth to Private Eye, Arts Society lecture, Hundith Hill Hotel, 10.45 am and 2 pm.
22 Fri Keep fit LVH 5.30-6.30
22 Fri Arts out West event "Travelling by Tuba"
25 Mon Keep fit LVH 9.30-10.30
25 Mon Farmers Discussion Group - Kirkstile Inn - 8pm
27 Wed Table Tennis, YTH, 7-9pm
29 Fri Keep fit LVH 5.30-6.30
30 Sat Lorton Christmas Fair, YTH, 2p.m

DEC

- 3 Tue Locals Night at The Kirkstile, 6.30p.m
9 Mon Community Lunch, Lorton School, 1.15pm. Call Helen on 07790 459064
9 Mon Farmers Discussion Group - Kirkstile Inn - 8pm
14 Sat 77 Club Christmas Party. Entertainment by Peter Wilson (Singer and Guitarist). 3pm LVH
17 Tue Vale of Lorton Community First Responders, Mulled wine & mince pies, YTH, 6-8pm
18 Wed Celtic Christmas Strings, LVH, 7.30p.m

COFFEE AND CAKES MORNING

and

A PHOTOGRAPHIC EXHIBITION

SATURDAY 9th November 2019 10.30am to 12.30pm

LOWESWATER VILLAGE HALL



Enjoy *real coffee* and delicious *home-made cakes*
View an *exhibition* by Loweswater-based photographers
Rosamund and John Macfarlane, featuring:

Local and British Wildlife

Lake District Becks, Pots and Falls...from underwater
A local panorama – can you name the 25+ Fells?

For sale:

Cumbrian & British Wildlife 2020 Calendars
Prints, Red Squirrel Christmas Cards
Gift packs of Lorton Vale Wildlife Cards

EVERYONE WELCOME – C & C £2.50

Hosted by The Mockerkin Mob, for the Melbreak Communities

Proceeds to Cumbria Wildlife Trust and Cockermouth Mountain Rescue Team



THE MOCKERKIN MOB
(founded by Alan Gane MBE in 1989)

Walk 349



A Walk Sunday 10th November 2019	B Walk Sunday 17th November 2019
Intended for experienced walkers Meet: 10am Hobcarton CP GR: 191245 Route: Ladyside Pike, Hopegill Head, Grasmoor, Grisedale Pike, Hobcarton End Estimated Time: 5½-6hrs (Strenuous) Leader: Richard Easton - 01900 85708	Meet: 10am Brumston Bridge, just south of Wythop GR: 185293 Route: Sale Fell, Wythop Church, Ling Fell Estimated Time: 4hrs (Moderate) Leader: Peter Battrick - 01900 85576

Walkers participate at their own risk. We welcome new walkers: if you are interested phone Joan, 01900 85637 or Judy, 01946 861555.

ECO PROJECT UPDATE

On the 29th September 2019, despite rather gloomy weather, a willing band of volunteers gathered at St Cuthbert's Church to create a wildflower area to the south of the church. The grass had already been cut really short and luckily we had use of an electric scarifier which, with the addition of 3 long extension leads, was used to make a good start clearing the ground. This was supplemented by the use of a great many rakes! Once the ground was prepared we scattered many handfuls of seed and planted numerous wild flower plug plants. This is why the area looks a little bare at the moment, but hopefully from Spring next year it will blossom into a wild flower haven. In the meantime please try to avoid walking on this area. Pictures and further details can be seen on the Eco Church pages of the Melbreak Communities website (<https://melbreakcommunities.wordpress.com/community-issues/eco-church/>) which is now fully functional with hints and tips and lots of website addresses to help us all be greener.

Later this month we are meeting with a representative from Cumberland Woodland to discuss the planting of native trees in the churchyard. An update will appear in the Dec/Jan. edition.

VICAR'S LETTER

Dear friends
November is here already. The clocks have gone back an hour and although we gain an hour the evenings are darker now. Autumn colours in abundance and with appropriate weather some glorious scenes along the lakes and mountains.

However, November is a month for remembering. We have services in November about remembrance. As usual, on Sunday 10th November 10.30am at St. Cuthbert's, Lorton we will remember all of those who have given their lives in wars and conflicts for us to enjoy the beautiful autumn colours. We are also to have a 'Remembering Service' on 3rd November 3pm at St. James' Buttermere. This is near to All Souls Day in the Church calendar. All Souls' Day or the Commemoration of All the Faithful Departed, that is, of the souls of all Christians who have died, follows All Saints' Day. In the service we remember all who we have 'loved and see no longer'. We like to make this known especially to those who have lost someone close to them in the preceding year. The service is a short, very simple service. We say some prayers, have readings, hymns and a short address. You are most welcome to come along.

We also had a service on 27th October in thanksgiving for the life of Gwyn Evans, once churchwarden of St. James', Buttermere and Parish councillor of Buttermere, someone well known within the area. I remember Gwyn with much fondness and I know just how much of his life he gave to the service of God. As believers, we know that God has given us or lives and that we are called to give them back. We are reminded of this by King David in 1 Chronicles 29 verse 14: "For all

things come from you, and of your own have we given you." Gwyn worked hard, not just in a local community basis but also for the Church. Choosing what to give our life to can be a complex and difficult decision. Today, we are often overwhelmed with choice. From coffee chops to the Internet we are bombarded with options. Our decisions are instinctively influenced by a number of factors: our past experiences, our present situation, our unconscious habits, and who is with us at the time. While few of us seek God's opinion when choosing between a flat white and an espresso, when we do seek God's plan for our lives, we long to hear his voice saying, 'Walk this way'. Life is for giving and if we listen carefully, we can hear God's voice speaking through our personal history, our present reality, or identity and the community we are part of. We can see that God is already shaping us and his voice speaking directly to our hearts. I know that Gwyn listened very carefully to God. Perhaps now is a time for us all to reflect on our lives. "[God] is able to accomplish abundantly more than all we can ask or imagine." Ephesians 3 verse 20. Perhaps a chance to go for a quiet walk if possible and listen to God, reflecting on our history, reality, identity, community and divinity if we allow him to impact our lives more fundamentally.

*"Take my life, and let it be
Consecrated, Lord, to Thee;
Take my moments and my days,
Let them flow in ceaseless praise.
Frances Ridley Havergal*

God bless - Revd. Sandra Ward
01900 85237
revd.sandra@gmail.com



Loweswater Village Hall

In association with Art Out West we are pleased to introduce:

Celtic Christmas Strings

Wednesday 18th December, 7:30pm

There's something magical about harps, and particularly at Christmas, though Máire and Chris's alchemy on harp and guitar creates a very special magic at all times. Individually famed for originality, innovation and virtuosity on their respective instruments, together they have created one of the most distinctive voices in modern acoustic music and brought their unique musical vision to venues large and small in twenty-two countries on five continents.

Their new Christmas show features a breathtaking blend of traditional Irish music, swing jazz and bluegrass, plus festive favourites given a fresh voice with arrangements that are intricate, inventive, moving and beautiful, and performed in their characteristically heart-warming style – a spellbinding treat for mid-winter.

“A delightful... satisfyingly original, often refreshingly unpredictable take on festive favourites... Joyful, gorgeous and uplifting” *THE LIVING TRADITION*

“Both are in the virtuoso class” *THE GUARDIAN*

“Masterful playing... (ranging from) the entrancing and delicate to the wildly celebratory...”

**** *FOLK WALES*

“(Their) mastery and magic... produced a rapt response” *THE GUARDIAN*

<http://www.maireandchris.com/abouttheirceltic.html>

Tickets £10 for adults, £5 for children including a mulled wine (alcoholic and non-alcoholic) on the way in.

For tickets email: loweswaterevents@gmail.com or phone Penny on 01946 862200.

CINE NORTH



This November we have a “games-themed” film double bill on Tuesday November 19th in Yew Tree Hall. Doors for the first film are at 5.30pm with the film starting at 6pm and the second film is at 8pm. In the interval we will be serving hot dogs and cake. Tickets are £10 to include the food (or £5 per film, no food!).

The games theme is interpreted quite loosely. Our first film *Sometimes, Always, Never*, is a bitter-sweet comedy starring Bill Nighy as Alan, a Liverpudlian retired tailor, and with an ensemble cast including Jenny Agutter and Tim McInnerny. Alan's son stormed out many years ago during an argument over a two-letter word in a game of Scrabble and has never been seen since. Alan became fixated on Scrabble, becoming an expert and a Scrabble-obsessive. The film charts the relationship between Alan and his other son Peter and Peter's family. Giving it 4 stars Peter Bradshaw (*The Guardian*) says “There's a beguiling Englishness to this elegant, offbeat comedy-drama, terrifically written by Frank Cottrell-Boyce and directed by feature debutant Carl Hunter. It has a wonderful syncopation in its writerly rhythm and narrative surprises. The film positively twinkles with insouciance and is performed with aplomb.”

After the interval we are showing *The Keeper*, a film based on the life of Bert Trautmann, the German Manchester City goal keeper. Trautmann joined the Hitler Youth and served in Europe. He was captured in 1944 and ended up in a POW camp in Lancashire. In 1949 he joined Manchester City as a goal keeper. The film charts his life in Manchester, his battle for acceptance in England and his relationship with Margaret, a British woman and is “a heartfelt blend of romance and football” (Peter Bradshaw, (*the Guardian*), 3 stars).



On October 15, after the AGM, we heard a talk from Karen Whitehouse called "The Life and Times of a Crafty Woman". Karen has made furniture, painted and decorated interiors, made curtains and other soft furnishings, etc. More recently she has been making rag dolls. We were all impressed by the range of skills and expertise which she displayed.

The next meeting will be on Thursday 21 November at **7.00pm** in Loveswater Village Hall. We will have a Pie and Peas supper after which there will be a presentation from Rob Lucas: "Climbing the Seven Summits". Rob will describe climbing the highest peaks on each of the world's seven continents. Many will remember Rob's excellent talk two years ago on mountaineering, and I'm sure we

are in for another treat on this occasion. The cost of the supper is £8, and we also ask non-members to pay £2.50 for the evening, or to join the Club for the year at a cost of £10. Membership is open to all. For catering purposes we need to know numbers in advance, so if you were not able to sign the list on October 15, please give me a call on 01946 86155 by Tuesday November 19.

Date for your diary: The Annual Christmas Party for members will take place on Saturday 14 December at 3.00pm in Loveswater Village Hall. Entertainment will be provided by Peter Wilson (singer and guitarist). Everyone is asked to bring a present for Secret Santa.

John Hudson

Poppy Appeal November 2019

The Royal British Legion was established in 1921 and the first ever Poppy Appeal was held that year. The poppies sold out almost immediately and raised over £106,000; a considerable amount at the time. This money was used to help WW1 veterans with employment and housing. The Annual Poppy Appeal and Remembrance Day on 11 November have been part of our lives ever since. The red poppy with which we are all so familiar is both a symbol of Remembrance and also hope for a peaceful future. The money raised by the Poppy Appeals goes towards providing life-long and wide-ranging support for serving and ex service personnel and their families in all areas of life. The need for Remembrance and support for the Armed Forces who have been, and are still, involved in conflicts, remain as important as ever. We will soon be making our local house to house collections for this year's Poppy Appeal and hope you will give generously.

Joan Warren and Kathryn Mitchell

LORTON NOTES

At the very start of November, the first, we shall be celebrating All Saints' Day, which with a white altar frontal breaks the run of green. We shall be holding a said service at 9.00am and I hope many will come to join the quiet and restful atmosphere of these early services. The church ends its year with a four week season of Sundays before Advent with red altar frontals and ending with Christ the King on November 24.

The very last day of the month sees the main social and fund raising occasion of our year with the Christmas Fair at the Yew Tree Hall at 2.00pm on November 30. I like to think it is an important social event for the whole of Lorton Vale and the numbers who pass through the door I think justify my opinion. Apart from the usual stalls, this year there will be Father Christmas' Grotto and a children's activity table! Sounds intriguing, come along and find out what it is all about. We do have a variety of items of high quality, together

with calendars and Christmas cards and the date is early for you to buy your odds and ends and other items for Christmas. Come to us before looking elsewhere. Those who make this an annual date will not need reminding that there is a cakes, savouries and preserves stall as well as the excitement provided by the tombola.

Those who live in Lorton will have a flyer with The Link naming the stallholders to contact if you have items you would like to donate. If anyone elsewhere would like to contribute, please contact Charles Lambrick on 85710 or myself on 85236. Thank you.

From St. Cuthbert's Church Registers:

Funeral and burial: September 23:
William Irving Blamire

Roger Peck.

NATURE VOLUNTEERS NEEDED

Eco volunteers needed for tree planting in the Lorton Valley. Offset your carbon footprint and help combat climate change 800 native saplings, mainly Oak, plus guards and stakes donated by The Woodland Trust
2 acre site between Thackthwaite and Loveswater below Low Fell.
Timing : **First two weeks of December to suit volunteers.**
Limited parking so please contact:
Liz Crocombe 07884 583117 or email lizcrocombe@btinternet.com

LORTON WOMEN'S INSTITUTE
OCTOBER 2019 Meeting



Would you be able to find Costa Rica on a map of the world? I suspect many of us would not until 10 members and 10 visitors enjoyed a slide show and talk from Pam Jaques on her trip there this year.

Costa Rica translates to Rich coast. Indeed, this 74mile-wide country in the middle of the Latin American countries situated in the "thin, wriggly bit", bounded by the Pacific and Caribbean seas, joining North to South America is rich in minerals as well as flora and fauna.

A quarter of the land is under environmental protection and has a greater biodiversity than the USA and Europe combined. We were given a vision of this beautiful land as Pam showed us slides of animals, birds and bugs. Even tree bark was beautifully coloured, some iridescent. Pam described guided walks, canoeing down rivers and adventurously driving cross-country in their hired 4x4, through a great variety of landscapes, from stunning coast lines where turtles briefly leave the sea to lay and bury their eggs to rain forests and "cloud forests" in higher land where the warmth and moisture meet the cold air from the high, jagged volcano tops to condense into lush, misty forests covered in moss. There are several National Parks in this small area, all with their particular points of interest.

Pam's talk was not just a travelogue of beauty, she also gave us a brief history of this land where there has been a

democratic government since the 1940s. They dispensed with their army and have the distinction, in the often troubled small countries of South America, of having a stable, pacifist, socialist government which has established a secure infrastructure for education and health-care. As a result, Pam felt relatively safe, and the people were happy and welcoming. I have not fancied visiting South America before, but Pam's interesting talk certainly made the prospect of a trip to Costa Rica attractive. There was time for questions and Hilary gave a heartfelt vote of thanks which we all confirmed in the usual way. Pam was particularly appreciated as she had experienced a serious road accident earlier in the day. Thankfully no one was hurt, but despite being shaken, she delivered a comprehensive and fascinating talk. We then enjoyed a light supper with a chance to socialise and talk further with Pam. The business meeting was dispensed with as future events were in hand and business had been conducted by email. The next meeting is at The Yew Tree Hall, at 7.15 on 12th November, when Joan Ingram will bring hand bells for a talk and demonstration. So, come along for another lively social evening.

Loweswater with Buttermere PCC
100 Challenge Club

The prizewinners for the draw held on 1st October 2019

1st prize of £25 No 21	Walter Head
2nd prize of £10 No 14	David Walmsley
3rd prize of £5 No 111	Barbara Robinson

Congratulations to the winners and thanks to all our supporters.

GWYN EVANS

24th September 1937 – 24th July 2019

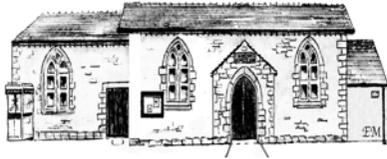
A message from Jan

Many readers of The Link will have experienced the loss of a close family member and will know the strange sense of emptiness and quiet in the house. However, I do not feel alone, thanks to so many friends who surround me with their loving messages and beautiful cards. We had Gwyn's funeral in Chester where he had spent most of his life, and he would have been humbled by the numbers of friends who came from all over the country, including this community.

The sense of belonging here also has to be celebrated and Reverend Sandra agreed to conduct a service of thanksgiving for Gwyn's life. St James' Church at Buttermere was a very special place for him and so it was most appropriate that the service was held there for him on October 27th. More than 60 friends from across the valley gathered to celebrate Gwyn's life. His daughters, Meleri and Bethan read poems and Mark Elliott gave a touching tribute. The hymns were: The day thou gavest, Lord, is ended; Lord of all hopefulness, Lord of all joy; God that madest earth and heaven and Guide me, O though great Redeemer.

For myself, I wish to express my deep gratitude for the sensitivity and love I am receiving as I come to terms with our loss. Thank you.

Ullock Village Hall



Film Night – Friday 1 November 2019 at 7.30pm

“Red Joan” (12A)

This unusual espionage film is inspired by the life of Melita Norwood, a KGB operative who was belatedly exposed as a spy when living in suburban retirement in 1999. Judi Dench stars as Joan Stanley, an intelligent Cambridge physicist, who gets involved in the contentious politics of her time, by passing classified information about the British nuclear programme to Russia.

Tickets £5

In Association with Arts out West

“Travelling by Tuba”

(The Farewell Tour)

Chris Cranham (Tuba) and Stewart Death (Piano) are a unique duo who performs stunning innovative shows. After 28 years on the road, *Travelling by Tuba* has decided to slow down! Containing their favourite music and instruments from all over the world, this new show is a real multi-instrumental extravaganza. An amazing variety of sights and sounds! Humorous anecdotes from their years on the road also combine to give an unforgettable performance with something for everyone. Suitable for 7 to 104.

Friday 22 November at 7.30pm

Tickets Adult £10, Child £5, Family (2 + 2) £25

Please call 01946 862300 or 861458

Penny's Piece

Online shopping has its advantages and disadvantages depending on what you are buying. I cannot buy clothes online as I need to try them on (to ensure leg length, fit and accommodation of knobby knees, but books and other bits and bobs are fine. Or so I thought. I recently bought the new album of one of my favourite bands online and eagerly awaited its arrival. Then the arrival date kept moving. Then I was told my parcel was delayed. As it is an American band, I could only assume it was swimming the Atlantic. Then Amazon told me it had been returned as it couldn't be delivered and I was given a refund. What I still don't understand is why it couldn't be delivered as they managed to deliver two other parcels in that same week. It was only a cd, not a sofa. It hadn't flooded, snowed or gone out of stock. The road was open and there was no postal strike. Your guess is as good as mine. By the time you read this . . . I will be in my new classroom in the new school. Whether all of my stuff will have made the move correctly too, remains to be seen. As in our Parishes, we have been celebrating Harvest and collecting for the Foodbank. We were tasked with making a simple poster per class about what Harvest means to us. The best answer came from a small boy in one of the Reception classes who apparently likes Harvest because he gets more biscuits. The only link I can think of is that they give him biscuits in church to keep him quiet. Knowing some of the parents of our school, that is more than probable. I have had three varied cinematic experiences recently. The Downton Abbey film was as great as the series, but clearly only worked because it was the original cast. Maggie Smith's, Aunt Violet at her caustic best. Then there was Joker. This was not a light or easy watch. It is one of those films I am glad I've seen but I don't think I can watch it again. Too dark and disturbing but equally the Oscar hype around the lead actor I can appreciate. Then I went to Ullock to see Fisherman's Friends. A proper feel

good film and all the better for the fact it is a true story. It also highlighted some of those things we all know city visitors to rural places do: miss road signs and drive the wrong way, park in stupid places, wander about waving mobile phones in the air trying to get a signal, talk loudly in the pub about how cheap the beer is etc. I wonder if Colin Firth was like this in the Kirkstale earlier in the week? I doubt it somehow. I have to say the calibre of celebrity has gone up since I worked in the pub. The most famous people in when I was there were cricketers David Gower and Mike Atherton. Which is great, if you follow cricket. I know when we (I) go to a city I am equally annoying. Being in the wrong lane most of the time being the main one. Why is there not a set system? If you turn left at the Sands Centre roundabout in Carlisle and head up towards the motorway you seem to have to change lanes to go straight ahead at each set of lights. Then there's stopping in the middle of the pavement (when walking!) to try and get your bearings/ look at map on phone!

The latest on Mosser Fell Road is that there now appears to be a large pile of concrete debris blocking it but not anywhere useful (to make people following SATNAV turn around) or even in the holes, gouges and other varied features. I'm not entirely sure how it got there. It must have been brought up from the bottom side as it is below the un-fordable ford. I suppose we should just be pleased it is what it is and not an unwanted 3-piece suite, mattress or fridge freezer. Penny



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NOTES FROM ST. BARTHOLOMEW'S AND ST JAMES

This is All Saints' tide when we think of the "new" St. John Henry Newman, also nearer home our own local dedications to St. Bartholomew (Nathaniel of Cana in Galilee) St. James, fisherman brother of John and St. Cuthbert whose tomb lies in Durham Cathedral with St. Oswald and the Venerable Bede. This year we have had services to celebrate both our saints days in Loweswater and Buttermere.

November is the month we remember our departed as we keep All Souls Day and Remembrance Sunday. In addition to the usual services there will be an All Souls Evensong at Buttermere on 3rd November. Those who have lost family this last year will be invited by letter to attend.

The Church looked splendid for the Harvest Festival; thanks to all who helped with the decoration. The supper and auction of produce the following Monday was enjoyed by more than 50 people and over £500 raised to share between the Bishop's Appeal for Malawi and the church. Our thanks to Andy Burr for his dynamic auctioneering skills.

The Poppy Appeal this month remains as important as ever with continuing war and conflict resulting in inevitable victims. We hope all will give generously.

Eleanor Ella

CHRISTMAS LUNCH

AT THE BRIDGE INN, BUTTERMERE, CA139UZ

STARTER

Traditional Vegetable Broth
Crab and Smoked Salmon Tian,
with Chilli and Citrus Dressing
Goats Cheese Mousse, Pickled Pear,
Candied Walnuts and Aged Balsamic
Chicken Liver Parfait,
Fig Chutney and Toasted Brioche

MAIN COURSE

Roast Topside of Cumbrian Beef
with all the traditional trimmings
Roast Lakeland Turkey
with cranberry and orange stuffing, pigs in blankets and with all the traditional trimmings
Festive Nut Roast
with all the traditional trimmings (v)
Pan Seared Halibut
with sauce veronique, spinach and a king prawn skewer

DESSERT

Mincemeat Frangipane,
Chefs Secret Brandy Sauce
Warm Chocolate Fondant,
Clotted Cream and Caramel Sauce
Pimm's Jelly,
Cucumber Sorbet
Buttermere Ayrshire Ice Cream
Selection of Cumbrian Cheeses (£4.50 supplement)
Gluten-Free Available

Adults £39.95 and Children £19.95

Bookings Essential

CALL 017687 70252 TO MAKE A BOOKING

Lunch is served between 12-2.30pm on 25th December 2019

Lorton Christmas Fair

Yew Tree Hall, Lorton
Saturday 30th November 2019

To be opened at 2.00pm by
The Rev'd Sandra Ward
Father Christmas arriving at 2.30pm – visit him in his Grotto



CHILDREN'S ACTIVITY TABLE

TOYS, GAMES & PUZZLES

QUIZ, RAFFLE

TOMBOLA

CALENDARS & CARDS

LUCKY DIP

CAKES & PRODUCE

BOOKS, CDs & DVDs

PLANTS

TEAS £3.00

ENTRANCE £1

Please note: As part of the Church Eco project there will be a "re-cycling/swap shop" early in the New Year.

Proceeds towards the running of St Cuthbert's Church, Lorton

Walkers Way - Number 197

In my last piece I mentioned the fact that among various visitors to our garden there had been a number of Painted Ladies and that they seemed to be unusually plentiful. So plentiful, in fact, that it was reported in the Daily Telegraph on the 13th September, that their number had been some 30 times greater than last year. Those readers who took part in the Big Butterfly Count, organised by "Butterfly Conservation" will have noticed that this explosion was reported there too. Peacock butterflies had their best summer since 2014, with a 230% increase on last year. Overall, 2019 was the best butterfly year for 10 years. A recent walk in Eskdale proved quite interesting. Just south of Eskdale Green there is a bridge over the river Esk, and immediately over the bridge there is parking on the righthand side of the road. Return on foot to the bridge and there is a track leading east along the riverside. It was a sunny day. The fast-flowing river dashing towards its outflow at Ravenglass, dappled light filtering through the trees on the left and, at first, green fields on the right, the edge of which had a wild headland where knapweed predominated and which was inhabited by a host of butterflies, mainly Painted Lady and Peacock. Before long there is the start of a substantial stretch of woodland. No ordinary wood this, but an area which includes a number of specimen trees of different varieties. Some of these are quite magnificent, with massive trunks soaring skywards to considerable heights. There are also lots of ferns, especially Hard Fern which decks the tops of stone walls and any other suitable place, in profusion. Mostly easy walking along a clearly defined track, although in one or two places there are ups and downs and stretches of exposed rock. At one point there was a red squirrel, dashing up a tree trunk – only to join another halfway up! Deeper still into the wood, we sat on a tree stump for a sandwich lunch, only to see four red squirrels at once, a couple of pheasants and a roe deer!

A few days ago, I was invited to identify a somewhat unusual "invader" in the Valley. I

went to have a look and found an area of concrete and gravel which had become infested by a khaki coloured 'growth', in fact a slime fungus or slime mould which looks not unlike some forms of seaweed. It is very simple in form, being acellular, just an ill-defined mass of organic matter, and rather slimy in texture. It slowly advances, enveloping, ingesting and decomposing any organic matter in its path. Not a pretty sight, but useful rather than harmful.

While naturally enough we are all primarily interested in the wildlife in our immediate surroundings, these days we are also much concerned with the wildlife of the world in general and the many threats it faces. Flora and Fauna International or FFI, whose president is Sir David Attenborough, is one of the leading conservation bodies, and it was interesting to read in their recent newsletter, that they have been working nearby, addressing the growing concerns about the management of Scottish seas. In fact, the Argyll Coast and Islands, have been declared a "Hope Spot" – the first in mainland Britain. This sheds light on the immense beauty, history and vibrant life along the country's west coast, recognising four community groups that FFI have banded together to raise awareness of the need to protect Scotland's unique marine ecosystems. This is but one of a great many FFI projects around the world involving a wide range of subjects from bees to elephants, and fish to forests. Amongst many other activities, FFI carry out surveys of wildlife, the results of some of which are astounding. For example, a recent survey of a reserve in Mozambique resulted in the recording of 231 species of bird, 45 species of mammal, 21 species of frog, 44 species of reptile, 580 species of insect and 200 species of plant. A truly staggering array of wildlife, as a result of which stewardship efforts are focused on preventing agricultural encroachment and safeguarding the integrity of the site.

Alan Gane

Crummock Water and the Eels

Living as we do in Loweswater we're often down by the lake enjoying the scenery whilst the dogs exercise us on our daily outings. This is certainly a beautiful place, as can be judged by the busy car parks and number of visitors and locals we meet on our walks. It was with consternation last July that we noticed well-meaning but, to our mind, sub-standard work going on at the weir, which was being fitted with stark, white, seemingly eel friendly but plastic brush boards. In the very year that The Lakes gained World Heritage status here was United Utilities, effectively a government quango, desecrating the view and adding plastic pollution to the environment.

Various letters sent to United Utilities have persuaded the authority that the work done was not only visually unsightly but also minimally effective, and they agreed to re-work it in a more acceptable form. Sadly the opportunity to do this during this summer slack water period has passed. ***It makes you think their heart is not in the job !***

What next ? Well with the implementation of the new west coast pipeline from Thirlmere, Overwater, Crummock and Ennerdale will all be redundant from the point of view of collecting drinking water. Will the weir here be removed and a great scar around the lake's edge formed, or can a more practical use be found for the existing structure. Perhaps it can be used to hold back flood water and protect Cockermouth in the event of another period of heavy rainfall. Opening the sluice gates slightly more will allow the lake to drain quicker and so have more available capacity for winter storms. The lake levels will fluctuate more but the potential for flooding downstream will be much reduced.

I would suggest that as locals we should be able to have some form of input into the planning of such an important decision and encourage you all to write expressing your views.

Roger Hiley. Loweswater.



More pictures at:

http://www.loweswatercam.co.uk/180721_Crummock_and_the_Eels.htm

Express your views to United Utilities at: paul.phillips@uuplc.co.uk

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Loweswater Ladies October 2019

Our October meeting, our own Antiques Road Show, was a fascinating evening. Our speaker Richard Harrison from Mitchells Auctions entertained a packed audience of Ladies with a talk that was fast and furious and full of anecdotes and snippets from his experience of over thirty years working within the world-wide auction scene. His enthusiasm for his work was infectious and his presentation engaging and totally enthralling.

Richard specialises in Asian art and ceramics and had brought along a wide range of precious exhibits which he bravely allowed us all to handle (with care and trepidation!) He also had other examples of early Worcester fine porcelain and ceramics. He held his audience spellbound and by the end of his presentation, which included an

examination of articles of interest brought in by our Ladies, we all felt a great admiration for his knowledge and for the enthusiasm he injects into his chosen career as an auctioneer.

Richard answered questions and allowed further handling of his exhibits over tea and cakes, during which time the raffle was drawn. The lucky winner of a pot of chrysanthemums was Caroline.

Next month we meet at 7.15 pm on November 13th at the Loweswater Village Hall when Ann Peck will be entertaining us 'Making Music'. The raffle will be presented by Madeleine and supper hostesses for the evening are Margie, Alison and Sue.
Ann Hiley

Locals Night at Kirkstile Inn

**In Aid of Cockermouth Mountain Rescue
Tuesday 3rd December 2019
6.30pm for 7pm**

3 course meal

Sweet potato, red pepper & butternut squash soup with Mozzarella, caramelized onion & sun blushed tomato roll

Duck & orange sausage
Spring onion and Old Applebian cheesy mash, baby carrots, marmalade gravy
(Vegetarian alternative available)

Ginger and banana sponge pudding, toffee sauce, double Jersey ice-cream

Complimentary glass of wine, beer or soft drink

£16.50 per person (£8.25 per child)
(All of this will go to the appeal)

Please pay on arrival by cash or cheque only.

Booking essential - Phone 01900 85219

Please note that specific tables cannot be allocated

DARK SKIES PROJECT

As part of the Friends of the Lake District's Dark Skies project, I propose a more creative approach to the subject. Is anyone interested in a poetry/writing evening? We can have a walk around the village for inspiration.

Now what rhymes with Dark Skies?

After our wander we can our thoughts, read poetry works created by other with fun friends, good All you need is a torch at all necessary.



meet back at the shop to jot down we may have 'prepared earlier' or authors. All this in a snug room, coffee and homemade cake! and imagination. Experience is not

To register an initial interest call Glenis on 01900 85958 or email glenis@borderhydro.co.uk

COOKERY CORNER

Polish-Italian chicken with pasta

(The vodka hardly tastes of anything but it adds a very agreeable warmth to simple ingredients.)

Ingredients:

3 Large chicken breasts cut into bite sized pieces (or 6 thigh fillets if preferred)

Flour, seasoned to taste - Marigold works well if you have any

1/2 Cup of vodka

Cup of chicken stock or broth

Cup of cherry tomatoes, halved

1/2 Cup of chopped spring onions

Cup of heavy cream

Oil (or butter if preferred) for frying

300 grams of pasta; penne or fettucine go well with the bite sized pieces if chicken

Chopped parsley (dill, chives and tarragon work quite well too)

Method

Start the pasta in a large saucepan and cook according to the packet instructions

Coat the chicken in the flour and fry in a medium hot pan until the batter is lightly browned; the chicken will be nearly, but not quite, ready to eat. Remove and set aside.

Take the pan well away from the heat and deglaze it with the vodka. Then return to the stove and reduce the vodka to about half. Then add the warmed chicken stock and heat it through thoroughly.

Turn the heat down to low and add first the chicken, then the tomatoes, then the spring onions. Leave on the heat for about 3 or 4 minutes. Finally, just before serving, add the cream and let it warm through.

Sprinkle the parsley over the top and serve with the pasta immediately.

LORTON VALE CALENDAR

The Lorton Vale Calendar is now available - phone Rosemary on 01900 85072 or email her at rriley@rileyitsolutions.co.uk to reserve your copy(ies) or buy them at the Lorton

Christmas Fair. We will also be selling a new pack of Christmas cards with a variety of designs as well as our notelets and St Cuthbert's merchandise - perfect for something a little different as Christmas presents.



Lorton & Derwent Fells Local History Society

Thursday 14 November, 7.30 pm at Yew Tree Hall, High Lorton

ROMAN ROADS THROUGH THE LAKES

Dr Paul Hindle

Manchester Geographical Society

Author of the Cicerone Guide *Roads and Tracks of the Lake District*



High Street, image by Mary-Ann Ochota, English Heritage

Dr Hindle's lecture will trace the main Roman roads in the Lake District including High Street and Hardknott.

All welcome, visitors £3

The Loweswatercam Calendar 2020 is now on sale A3 (with appointments) £10 per calendar . . . same as last year.

£14 posted within the UK. Overseas rates on request.

Special offer "Two for £24" . . . the second would be ideal for friends or family.

**£1 from each calendar sold will be shared between
local Mountain Rescue charities and the Air Ambulance.**

Details at www.loweswatercam.co.uk/2019_Calendar_Offer.htm

On Sale at Lorton Shop or direct from Roger and Ann Hiley on **01-900-85040**

LORTON VALE GARDENING CLUB

The winter programme of talks got off to a good start at the Garden Club AGM, on the 22nd October in the Yew Tree Hall. After a brief AGM, presentation of our healthy finances etc., Josephine Peel gave us a talk on "Secret and Lost Gardens". Her first choice was Four Gables, Brampton, where the Nelson family gardened for nearly 70 years. They saved the Lingholm Blue poppy - meconopsis - and were able to collect seed and redistribute this well known variety. Next up was Garth House, Brampton, where David Tate of Lilliput Lane fame developed a fine Japanese garden. Sadly, this estate has now been turned into housing....such is life! Enjoy your gardens while you can, and don't worry about the next people grassing them over! Skirsgill Park, Penrith, followed, with riverside walks and good azaleas and rhododendrons. Then Crossrigg House, Cliburn, set in the old walled orchard of Cliburn Hall. The fifth one was Eden Lea - a ten and a half acre garden developed on a former pig farm by Mary and Ian Reay. This large garden was full of quirky elements - a bull's head topiary complete with a ring in its nose, flowers built into paving and hand painted by Mary Reay each year, seats made out of cartwheels. It was all beautifully maintained, and opens now and again for charity. The next talk is on "**Camassias and Chelsea**" given by Sheila Exley, from Alme, near York, at **7.30 in the Yew Tree Hall on Thursday 7th November**. Visitors welcome, or come and join for the year for a very modest £10.



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