

Church Services November 2018

NOVEMBER 2018

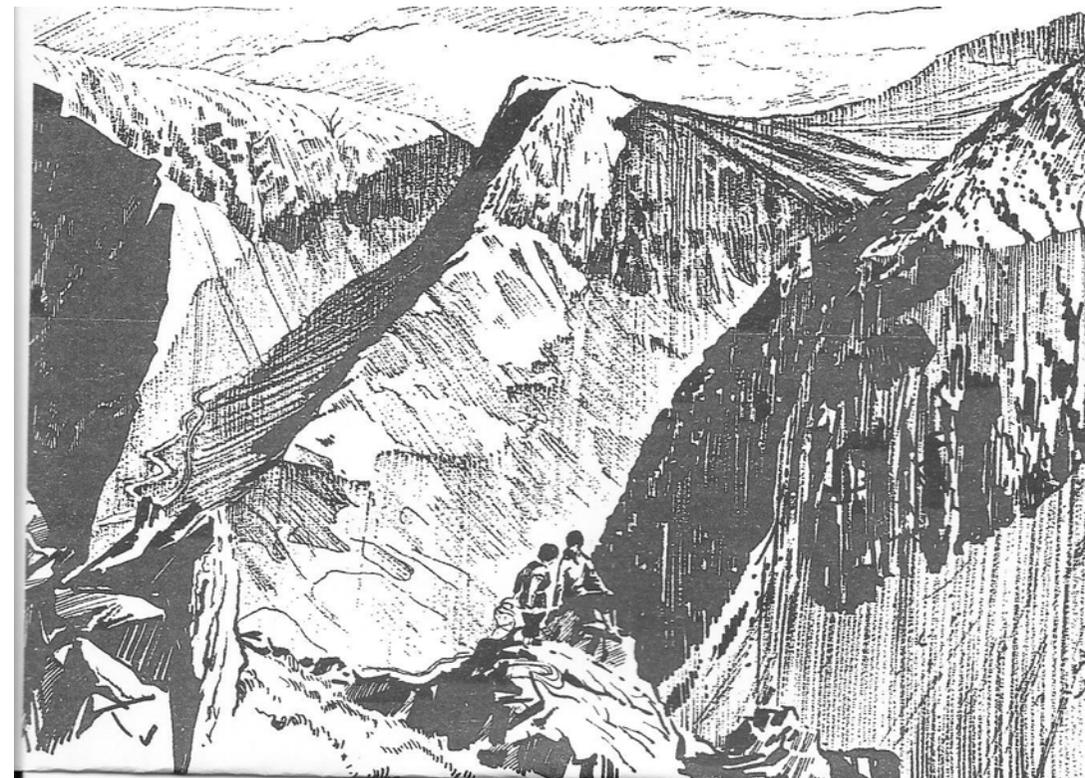


**4<sup>th</sup> November**                      **All Saints Day**  
10.30am    Holy Communion    Loweswater    CW  
3.00pm    Evensong                      Buttermere    BCP

**11<sup>th</sup> November**                      **Remembrance Sunday**  
10.30am    *Matins*                              Lorton              BCP  
3.00pm    Holy Communion    Buttermere    CW

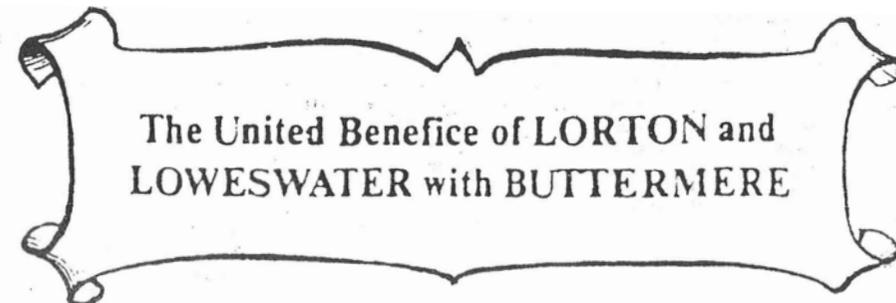
**18<sup>th</sup> November**                      **2<sup>nd</sup> Sunday before Advent**  
10.30am    Holy Communion    Loweswater    CW  
3.00pm    Evensong                      Buttermere    BCP

**25<sup>th</sup> November**                      **Christ the King**  
10.30am    Holy Communion    Lorton              CW  
3.00pm    Evensong                      Buttermere    BCP



	<b>CUMBERLAND STOVE SERVICES</b>	<ul style="list-style-type: none"><li>• Stove and Fireplace Installation</li><li>• Flue Lining</li><li>• Chimney Sweeping</li><li>• Stove Maintenance and Repair</li><li>• FREE NO OBLIGATION SURVEY AND ESTIMATE</li></ul>
	Email: <a href="mailto:enquiries@cumberlandstoveservices.co.uk">enquiries@cumberlandstoveservices.co.uk</a> Tel: 01900 268737    Mob: 07702112406	

Deadline for Dec/Jan is Fri 23rd Nov 2018, all articles to [lortonvalelink@gmail.com](mailto:lortonvalelink@gmail.com) by this date. We have received very positive feedback about some of recent 1-off articles - so all budding writers out there please do send in your interesting stories, reports, anecdotes etc



## DIARY DATES FOR NOV & DEC

### NOV

- 2 Fri Film Night The Guernsey Literary & Potato Peel Pie Society 7.30pm Ullock VH
- 4 Sun Mockerkin Mob A Walk
- 5 Mon Loweswater Farmers Discussion Group 8pm Kirkstile
- 6 Tue Table Tennis, 7-9pm, YTH
- 7 Wed Lorton Parish Council meeting YTH 7.30pm
- 8 Thu Lorton History Society, Markets to Supermarkets - 200 years of shopping in Cumbria, YTH, 7.30pm
- 9 Fri Film, Oh What a Lovely War, YTH, 7pm, doors at 6.30pm
- 10 Sat Film, Paths of Glory, YTH, 11am, doors at 10am
- 10 Sat Talks followed by tea at 5pm, YTH
- 10 Sat Pea & Pie Supper and Ceilidh, LVH, 6.15pm
- 12 Mon Community Lunch, 1.15pm, Lorton School
- 13 Tue Lorton W.I.~ Talk ~ Gill Davidson from Emmaus House YTH, 7.15pm
- 14 Wed Table Tennis, 7-9pm, YTH
- 14 Wed Loweswater Ladies, 7.15pm, LVH
- 15 Thu 77 Club Pie and Peas Supper, followed by talk by Peter Battrick. 7pm LVH.
- 18 Sun Mockerkin Mob B Walk
- 19 Mon Loweswater Farmers Discussion Group 8pm Kirkstile
- 20 Tue Lorton Garden Club, 7.30pm, YTH
- 21 Wed Table Tennis, 7-9pm, YTH
- 23 Fri Jazz Evening, 7.30p.m, Kirkstile Inn
- 24 Sat AOW show From Judy to Bette 7.30pm, Ullock VH
- 28 Wed Licensing Service for Rev Sandra Ward, 7p.m, Loweswater Church
- 28 Wed Table Tennis, 7-9pm, YTH

### DEC

- 1 Sat Lorton Christmas Fair, 2p.m YTH
- 3 Mon Loweswater Farmers Discussion Group 8pm Kirkstile
- 4 Tue Locals Night, 6.30p.m, Kirkstile Inn
- 8 Sat 77 Club Christmas Party 3pm LVH Entertainment by Flimby Male Voice Choir
- 8 Sat Coffee and Cakes 10.30-12.00am, YTH, hosted by Yew Tree Hall Committee
- 10 Mon Community Lunch, 1.15pm, Lorton School (Christmas £10)
- 17 Mon Loweswater Farmers Discussion Group 8pm Kirkstile

#### Revised Cover

Our cover this month is taken from the November 2000 Link (again by Alan Johnson) and shows Honister and Fleetwith Pike from Grey Crag, Birkness Coombe.

Loweswater with Buttermere PCC  
100 Challenge Club

#### The prizewinners for the draw held on 1st October 2018

1st prize of £25 No 100 Jan Collins-Webb  
2nd prize of £10 No 94 Barbara Robinson  
3rd prize of £5 No 106 Nancy Fearon

*Congratulations to the winners and thanks to all our supporters.*

#### Churches Together in Cockermouth Area Walking Group – November Walk

Our next walk will be on Saturday 24th November, a circuit of approximately 6 miles with 1250 feet of ascent from Braithwaite to visit the summit of Barrow [the fell], Stoneycroft, Uzzicar and returning alongside Newlands Beck to Braithwaite. Meet at Braithwaite Main Bus Stop/Hobcarton's Tea Room at 10.10am. There is the opportunity to use the 09.38 X5 bus service from Cockermouth. Otherwise meet at 09.35am at Christ Church, Cockermouth to car share. Please park considerately in Braithwaite Village or on the old road to the north of A66 between Braithwaite and Keswick [where the Keswick buses are parked during the week]. Bring a packed lunch Contact Stan Leigh for more details telephone 01900 828821, email [seleighbwanadoo@yahoo.com](mailto:seleighbwanadoo@yahoo.com)

#### Jazz Evening

at the  
**Kirkstile Inn**  
Loweswater

An evening of Jazz, blues and ballads with Stan Foster on piano, sax and vocals.

Friday 23<sup>rd</sup> November 2018  
from 7.30 pm

Telephone 01900 85219

# Lorton & Derwent Fells Local History Society

Brackenthwaite Buttermere Embleton Loweswater Mockerkin Pardshaw Wythop

www.derwentfells.com



## VICAR'S LETTER

November Talk

Markets to Supermarkets - 200 Years of Shopping in Cumbria

Shopping and shops have changed dramatically over the last 200 years yet the various 'retail revolutions' have, until recently, been largely ignored by historians. This talk, given by Dr Michael Winstanley, looks at the transformation and fortunes of markets, co-ops, chain stores, department stores, supermarkets and online shopping, setting the national contexts but illustrating these aspects whenever possible with regional and local examples from Cumbria and Cockerthwaite area.

Yew Tree Hall, High Lorton on Thursday 8th November at 7.30pm

Visitors are welcome at £3.00 Refreshments included.

Thank you from Carole and Peter

We would like to express our very sincere thanks for the most generous gift we received from everyone on leaving the Benefice and for all the presents, cards and good wishes.

We have not decided yet what we will buy until we are completely unpacked, but it will be something for the house or garden which we will enjoy and to remember you all by.

We are happily settled here and finding it a very welcoming and friendly community, with lots of interesting local walks and views of the sea. But we miss you all.

We are so glad to hear the news of the appointment of a new Priest in Charge and send you all our good wishes for the future.

We should be delighted to see anyone who would like to come down this way.

Thankyou again

From Carole and Peter

4, Woodlands Drive, Allithwaite, Grange over Sands, LA11 7PZ

Tel: 015395 33044

### A LETTER FROM DILLON THE LABRADOR

I never thought that I would put paw to paper again, but I have learned that you never know what will happen in life.

Margaret and I have enjoyed being back in the valley one Sunday each month during the past year, when local clergy have not been available to take services and she has not been needed in Lancashire. I could not believe it when I was let out of the car one Sunday morning and found myself outside Lorton church. I raced into church to greet people as they came for the service. There were the same familiar faces, perhaps looking slightly older, rather like me (I have gone grey under my chin,) but there were some new faces too, and that was good to see.

It seemed to me that the churches were in good heart, we were welcomed warmly and it felt as though we had never left the valley. It has been a great privilege to come back to see and smell my favourite places, swim in Crummock and run along Whinlatter tracks. Parishioners have been very generous in giving us hospitality between services and putting up with a bouncy Labrador.

At first sight nothing seems to have changed, but if I looked carefully, then I saw that the shop in Lorton looked different and new folk have come to live in the valley. The church buildings look the same and well cared for as usual, but lots of things have happened, hidden from view. The benefice is now part of a Mission Community, with opportunities for collaborative ministry and church members are able to help each other, working across parish boundaries. Lay members of the church are taking an active part in leading worship in new ways.

Changes in worship have even come as far as Hambleton. Margaret often has groups of people in our house planning 'all age worship' I am bored listening to them talking about liturgy and music, so I usually go to sleep, but I understand that the service that comes out of their discussions is rather different from anything I listened to in my younger days, but it does seem to be rather exciting.

Margaret tells me that soon there will be change at the vicarage, a new occupant at last. I am sure that you will make the Revd. Sandra Ward very welcome in the valley, it is a super place to live and work. Do pray for Sandra as she prepares to come to the benefice and a new chapter in the life of the valley churches begins.

P.S I often wonder if the red squirrels still have a dray in the tree behind the vicarage garage. I loved watching them bury their hazelnuts in the lawn, to my surprise they certainly knew where to find them in the winter. I think that they cost Margaret almost as much to feed as I did. I hope Sandra likes red squirrels!

## NOTES FROM ST. BARTHOLOMEW'S AND ST JAMES

At the end of November we will be welcoming The Revd. Sandra Ward as our new vicar (Priest in Charge) following her appointment in October. Sandra joins us from her present post of Associate Priest in the Benefice of High Westmorland. Her Licensing will take place in Loweswater Church on the 28th November at 7pm followed by reception at Loweswater Village Hall. We hope she will be very happy in Loweswater and working in our three churches.

Our October our PCC meeting was attended by Ian Wells, church architect, who discussed with us his findings so far and a plan for staged work over the next months. The initial area to be tackled is the north transept, behind the organ, which has the most serious damp problems. Ian will return in November to

present a detailed schedule of work to the PCC.

We have received quotes for repair work on the Buttermere Church roof where some ridge tiles need replacing and re-pointing. The builder is able to start this work in early November.

Our Harvest Tatle pot supper and auction was the usual success with Andy Burr an entertaining auctioneer for which many thanks. The Harvest Festival was well attended with a beautifully decorated Church.

On a more sobering note the 11th November marks the commemoration of the 100th anniversary of the signing of the Armistice after the 1914-18 war.

Eleanor Ella

### Loweswater Village Hall News

And another Thing with Mervyn Stutter was an enjoyable evening of laughter and song covering everything from Theresa May's terrible dancing to having a 'Loose wheel' on a wheelchair. The turn out was good despite storm Callum's best effort to deter people.

Our next event is a Pie and Pea Supper and Ceilidh on 10<sup>th</sup> November. See the poster elsewhere in the Link for more details.

P. Leck

### **Wild Lakeland Ecological Services**

**Hedgelaying – Hedge and Tree Planting – Hedge Pruning and Restoration – Habitat Management – Invasive Plant Control – Wildlife Garden Design**

**Tel: 01900826806    wildlakeland@gmail.com**

LORTON ARTS FESTIVAL, NOV 9-10th



We have a great programme of events, including two classic WW1 films, Richard Attenborough's Oh! What a Lovely War and Stanley Kubrick's Paths of Glory. We have a talk by Walter Head of the History Society. There will be an exhibition of art, both professional and amateur, inspired by the events of 1914-18, and also some very interesting local memorabilia. We will be setting up the exhibition from 2-4pm on Friday 9<sup>th</sup>. Ideally, we would like any contributions to arrive at the hall from 12-2pm and would like to know in advance, so that we can plan the layout. Telephone Eleanor 01900 85035 or Nev 01900 85301. All items for display to be labelled please, so that we can get them back to their owners! Proceeds from the festival will go to Yew Tree Hall and the British Legion.

Friday 9<sup>th</sup> November

6.30pm Exhibition opens

7pm Film, Oh! What a Lovely War (3 hours with interval for refreshments)

Saturday 10<sup>th</sup> November

10am Exhibition opens, continues all day between events

11am Film, Paths of Glory (90 mins)

2pm Blackadder Goes Forth

3pm Talk by Walter Head - The local fallen of WW 1 and the war graves

4.30pm Afternoon tea and poetry reading

Entry to the exhibition is free and the cost is £5 for each feature film and £5 for the tea. But, thanks to help from Eden Arts, Cine North, and Lorton Parish Council, we can offer an advance ticket for all three events costing £12, available from Lorton Village Shop, Bob Baird 85343, Eleanor Gardiner 85035, Nev Mills 85301, Derek Poate 85265, Elly Rowland 85094, Christine Walmsley 85013. Buying advance tickets really helps us with the catering!

### Green Energy for the community - a possibility?

Hopes for a green energy project to generate electricity from our local streams have been encouraged by the award of a grant to explore potential sites. The four parishes of Blindbothel, Buttermere, Lorton and Loweswater, working through the Melbreak Communities Hydro Action Group have won a grant from the Rural Community Energy Fund (RCEF) to carry out a feasibility study on three sites, to see if any of them would be suitable for a community hydro scheme.

The Action Group started off with a desktop study, which identified 13 potential hydro sites. We were then able to narrow the list down to three with the best potential, in Buttermere, Loweswater and Lorton.

On behalf of the Melbreak Communities, Cumbria Action for Sustainability (CAFS) made the successful application for funding and will manage the contract.

The research will take about eight months to complete and it will clarify whether any of the sites is suitable for a small-scale scheme and how it can be delivered. There won't be much activity to see on the ground, but when it is completed the findings will be published and circulated widely with opportunities for community discussion.

RCEF is a £15 million programme, delivered by WRAP (the Waste and Resources Action Programme, a charity) and jointly funded by the Department for Environment, Food and Rural Affairs (Defra) and the Department for Business, Energy & Industrial Strategy (DBEIS). It supports rural communities in England to develop renewable energy projects which provide economic and social benefits to the community. Following a review, Government is looking into future arrangements for the Rural Community Energy Fund. RCEF is currently not accepting new applications.

If you want to find out more, please contact Aine Kelly at ([akckelly@gmail.com](mailto:akckelly@gmail.com)).

### LORTON NOTES

In the previous Lorton Notes we were reporting changes in the village which we were sad to see. This month the situation is the reverse. The appointment of the next Priest-in-Charge of the Benefice has been made. Reverend Sandra Ward will be licensed at Loweswater by Bishop James at a service on Wednesday 28 November. She is at present Chaplain at Penrith Hospital, and we understand she will be continuing in this position. We all welcome her appointment and look forward to her conducting our services.

Our Christmas Fair is usually held in November, but it was felt that the last Saturday, 24, was too early, so it will be on 1 December at the Yew Tree Hall at 2.00pm. This is traditionally a great social occasion in the life of the village with many high quality items to be bought. I do

hope you will delay the purchase of smaller Christmas gifts, especially calendars, until you see what can be obtained at the fair. And even if you don't buy anything and are unlucky at the tombola you will still have some fun! a flyer is accompanying The Link with details of whom to contact if you have anything you would like to give. Thank you.

I don't know whether this is a first, but it certainly hasn't happened in my time here. At the Remembrance Day service, 10.30am at St. Cuthbert's, we shall have a real live trumpeter.

From St. Cuthbert's Church Registers:

Funeral and burial: 11 October Maureen Richardson.

Roger Peck

#### **The history of the sunken Crummock boat piers.**

In the August LINK, we published photographs taken by John Macfarlane of an old double boat pier at the North West end of Crummock which became visible during the drought. After reading the Link, Michael and Katie Falcon have provided interesting information about its history. It probably dates from the late 1800s when boating and fishing were very popular on Crummock, and the Falcon family owned that land. Within the family, it was always known as "**Great Aunt Emily's Boathouse**". Emily Mary (1868 – 1934) was one of six children of Michael and Mary Falcon. She married Dr J H Dudgeon of Workington in 1890. Their son Michael Falcon Dudgeon won the MC in WW1 in 1917.

The twin pier structures extended well out into the lake, but no evidence has been found if there was indeed an associated boathouse. This land together with other land from the end of the lake to the peel was acquired by Workington Corporation at the start of the 1900s under Compulsory Powers when Crummock Water was turned into a reservoir. The water level rise and other works would have made access difficult which is probably why it became disused. **From:** John Macfarlane, Michael and Katie Falcon

Autumn has arrived and, in odd intervals of bright sunny days between the gloomy ones, we are treated with a glorious display of colour from our trees. The W.I. October meeting was a timely celebration of trees and a wake-up call to consider and nurture our native trees before it is too late. But first President Ann welcomed 7 visitors and 12 members and outlined some business before the talk, including a reminder of the Federation Quiz, a satisfactory financial report and Federation news. There followed Village News, when Pam highlighted the Lorton Arts Festival and requested help.

Our Speaker Patricia Howell, from the Woodland Trust, is a retired micro-biologist. She became involved in the Trust when working next door to an arboretum in Devon. Her love of trees and concern for their welfare has grown as the threat to woodland from disease (made worse by global warming and triggered by importation of trees) and agricultural and infra-structural development have increased. Her passionate talk started with beautiful slides of trees in their Autumn colours. She then proceeded to highlight the threats. We were dismayed to hear that we only have 13% tree cover in the UK (in contrast, it is 35% in France) and that there is only 2% of ancient woodland left, of this 85% unprotected. These ancient woodlands contain the most biodiverse

sites in the UK. In addition 100,000 miles of hedgerow were lost in the last century. These losses are having a huge impact on our wildlife, as well as impacting on the wellbeing of humans as we lose spaces in which to play, relax, exercise and refresh ourselves in clean air. The mission of the Woodland Trust is to Create, Protect and Restore. The Trust works with schools and local communities to plant trees and hedges as well as leading and supporting campaigns to protect our woodland. This work is crucial if we wish to maintain a healthy environment. Patricia gave us access to information to learn more about the Trust and to support it. She concluded her talk with more stunning pictures and a question and answer session as well as soliciting the names of our favourite trees. Hilary gave the vote of thanks for a cogent and stirring presentation. We will be looking at that Autumn display with a heightened sense of appreciation and concern.

The evening concluded with a delicious tea and friendly discussion.

Our next meeting will be on the 13<sup>th</sup> November at 7.15 at the Yew Tree Hall. Our speaker for the evening will be Gill Davidson from Emmaus House. Come along for an informative evening with additional cake and craic.

## Loweswater Ladies October 2018

Our October meeting was entitled 'Pig Iron to Pastels', a fascinating presentation giving us an insight into The Florence Mine Art Centre in Egremont. Our speaker Jenni Payne is one of a small number of volunteers who make paint at the centre on a weekly basis.

Jenni commenced her talk with a historical look at Florence Mine which was the last deep haematite mine in Europe. It closed its production of high quality iron in 2008. Consequently the only haematite available now is to be found on the surface.

The Arts Centre started making paint in 2011 having gained inspiration from an Artist in Residence at the time, Matt Do. He ran a workshop on making paint from earth, minerals, plants and animals. He encouraged the volunteers to open a co-operative business which has thrived ever since. Its success won them the Co-operative of the Year award in 2015.

In the spirit of John Ruskin all the paint is made by hand, without the use of machinery. Using all natural ingredients, such as high quality Linseed oil, Gum Arabic and Mead (as a natural preservative), the enterprise is proud of its sustainable ethos and chemical free products.

The ladies produce oil paint, watercolours, pastel sticks and inks. The deep red haematite is their predominant colour, but they also produce St Bees Yellow (from pebbles found at that location) and Kirby Grey from slate. All these can be mixed by artists to produce an infinite variety of shades.

Jenni had many examples of the stunning artwork produced by members at the Centre plus some wonderful examples of her own work and also a variety of cards to sell. These proved very popular on the evening. Jenni gave us details of the opening times of the Centre if we wished to see paint making and artists at work. After a question and answer session she joined us for refreshments.

The raffle this evening was presented by Barbara and won by Madeleine. Names were taken for our forthcoming Christmas Buffet at the Fish Hotel, Buttermere, a Christmas event not to be missed. The evening is open to members, friends and partners and is to be held on Monday December 10<sup>th</sup> (7pm for 7.30). A Secret Santa will take place on the evening. Further details will be available in next month's Link. Please contact Alison on 01946 861147 if you wish to add your name.

Next meeting will be held on Wednesday November 14<sup>th</sup> at 7.15 pm at the Loweswater Village Hall. Our speakers will be Jack and Joan Harding. They will be describing the processes of 3D Printing. Ann Kyle will be presenting the raffle and supper hostesses on the evening will be Pam, Margaret and Doreen.

Ann Hiley

Loweswater Village Hall Committee

## Ceilidh With Mazurka

On Saturday 10<sup>th</sup> November 2018 at  
Loweswater Village Hall

Tickets : £13 to include Pie & Pea Supper  
Vegetarian/Gluten Free Option  
Or  
£10 Ceilidh Only

Supper : 6.15pm for 6.30pm  
Dancing : 7.15pm for 7.30pm

**\*\*Bring your own bottle \*\***

For more information and to book tickets please call :

Penny Leck Tel : 01946 862200 email: [penny.lecksta@gmail.com](mailto:penny.lecksta@gmail.com)  
Val Bell Tel : 01946 861643 email: [vebell2911@gmail.com](mailto:vebell2911@gmail.com)  
Sue Severs Tel : 01900 85039 email: [sue-severs@hotmail.com](mailto:sue-severs@hotmail.com)

**BOOKING ESSENTIAL FOR SUPPER**

## *Penny's Piece*

Most people may be aiming for being outstanding in their field. But it only occurred to me recently quite how much time we spend standing out in fields. For farmers this is unavoidable but what about the rest of us? Here are some of the things I thought of where I have been in fields: The Show, Pot Fest in the Park, festivals, parking for events, practise for and the day of Sports' Day, walking along footpaths through fields, fire drills, collecting sticks/ wood. Any of you with a dog have probably spent several hours a week in a field throwing a ball or looking for the escaped cat/ rabbit/ budgie in a nearby hedge. So next time things look a bit dismal remember, you're outstanding at standing out in your field.

I find potatoes puzzling. They are a bit confusing, you see a medium sized jacket spud can be a meal but if you take that same spud, peel it, cut it up and boil it, it just about makes a portion. Take the same boiled spud and mash it and there is nowhere near enough for a portion even though you have technically increased the surface area. The mathematicians amongst you will no doubt be able to explain it. I'll just go and peel another spud to make sure there's enough. When the first Pirates of the Caribbean film came out several years (probably over a decade) ago I went to see it four times in the first week. By the time I saw it the fourth time I was laughing at things no one else was. This was because I had already seen the obvious funny stuff and was noticing some of the additional craziness that was going on in the background. The opposite experience happened to me the other week at harvest festival. I was

surrounded by people who knew what was going on and declaring faith from memory, while I remembered parts. However, they missed a treat. Reading the order of service carefully, I discovered (probably due to autocorrect) that I am not worthy to eat the crumbles under your table. Yes, that was crumbles not crumbs. It conjures up some interesting images in my head. Mainly a collection of crumbles under a large table, surrounded by those gathered in church, staring longingly but not allowed to have any. The lemon meringue pie we had at the harvest supper was very nice, but I would have liked a portion of crumble especially since it would have been on the table not under it.



Thanks to the First Responders I now have 3 songs I can use if I ever need to do CPR. We learnt Nellie the Elephant at Guides as the song to use to get the timing right. Then 'hard man' Vinnie Jones was used in the ads singing 'Stayin' alive' and yesterday I learnt the music to The Archers also works.

Hopefully I won't get a mind blank over what to do like I did the other night at the 'make and mend'. Blanket stitch? Where do you start again? How? I have now finished my sheepy cushion and given him a home on the sofa. Good job done. Penny

## Ullock Village Hall



### **Film Night at Ullock Village Hall** **The Guernsey Literary and Potato Peel Pie Society (cert 12)**

This film tells the tale of a young writer who forms an unexpected bond with the residents of Guernsey in the aftermath of WWII and opts to tell their stories in prose. Starring Lily James, Matthew Goode, Penelope Wilton, Tom Courtenay this has proven one of the most successful British dramas of the year.

Friday 2<sup>nd</sup> November 2018 at 7.30pm Tickets £5 (child £4)

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### **In Association with Arts out West** **From Judy to Bette** *The stars of old Hollywood* **Saturday 24<sup>th</sup> November at 7.30pm**

**Rebecca Perry** will enthrall you with a power-punch cabaret style entertainment that chronicles the life and times of Bette Davis, Judy Garland, Betty Hutton and Lucille Ball: four trailblazers, women who saw their value long before anyone else did and fought for the roles that made them famous... and infamous. Rebecca has a gorgeous jazz voice, capable of Cole Porter-esque perkiness and soulful richness.

**To Reserve Tickets please call 01946 862300 or 861458**



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**THE MOCKERKIN MOB**  
(founded by Alan Gane MBE in 1989)

Walk 337



A Walk Sunday 4 <sup>th</sup> November 2018	B Walk Sunday 18 <sup>th</sup> November 2018
<p>Intended for experienced walkers</p> <p><b>Meet:</b> 9.35am Swirls CP (just off A591) ready to catch the 9.45am bus to Wythburn</p> <p><b>GR:</b> 315169</p> <p><b>Route:</b> Birk Side, Helvellyn, Lower Man, Swirls CP</p> <p><b>Estimated Time:</b> 5hrs (Moderate/strenuous)</p> <p><b>Leaders:</b> Riddioughs 01900 85187</p>	<p><b>Meet:</b> 9.45am Legburthwaite. Roadside parking on A591</p> <p><b>GR:</b> 318195</p> <p><b>Route:</b> Thirlmere Dam, Raven Crag and the surrounding area</p> <p><b>Estimated Time:</b> 4hrs (Moderate)</p> <p><b>Leader:</b> Graham Harker 01946 86258</p>

Walkers participate at their own risk. We welcome new walkers: if you are interested phone Joan, 01900 85637 or Judy, 01946 861555.



On October 18, after the AGM, we heard a most interesting talk from Roz Downing on Stead McAlpin, the firm of fabric printers at Cummersdale near Carlisle which has been in business since 1835. Roz described how for most of its history the firm remained in family ownership. She took us through the various printing processes that have been used, from traditional block printing to modern digital technology. Her talk was copiously illustrated, and included examples of some of the many attractive patterns produced over the years.

The next meeting will be on Thursday 15 November at **7.00pm** In Loweswater Village Hall. We will have a Pie and Peas supper after which there will be a presentation from Peter Battrick: "The National Trust – 20 Years on the Inside". The cost of the supper is £8, and we also ask non-members to pay £2.50 to attend. We need to know numbers in advance, so if you were not able to sign the list on October 18, please give me a call on 01946 861555. If you haven't yet joined for the year you can renew your membership (£10) on the night.

Date for your diary: The Annual Christmas Party will take place on Saturday 8 December at 3.00pm. Entertainment will be provided by the Flimby Male Voice Choir. Everyone is asked to bring a present for Secret Santa.

John Hudson

### Locals Night at Kirkstile Inn

#### **In Aid of Cockermouth Mountain Rescue**

**Tuesday 4th December 2018**

**6.30pm for 7pm**

#### **3 course meal**

Minestrone soup with

sun blushed tomato, basil & caramelized bread

Traditional Cumbrian reared turkey breast ~ pigs in blankets ~ roast potatoes ~ cranberry sauce ~ turkey jus ~ glazed carrots ~ pancetta roasted brussel sprouts  
(Vegetarian alternative available)

Wild strawberry panna cotta with poached strawberries

Complimentary glass of wine, beer or soft drink

£16.50 per person (£8.25 per child)

(All of this will go to the appeal)

Please pay on arrival by cash or cheque only.

**Booking essential - Phone 01900 85219**

Please note that specific tables cannot be allocated

**The 1st Responders** would like to thank all those that supported the Mellbreak Coffee Morning in October. Though the morning was beset by poor weather the attendance was good and certainly we as organisers were pleased not only with the attendance but by the interest and enthusiasm in the First Responders Group that everyone expressed. We were able to show people our new electronic Resusi-Annie (even though it has a male face) and great interest was expressed in the demo defibrillator as few people have ever seen them in action.

Should any groups or individuals wish to see them again, or indeed see them for the first time, then do please get in touch with Les (01900 85609) or Yvette (01768 770249).

All four defibrillators are now in place and active (at Lorton, Buttermere, Loweswater and Waterend) but remember, in emergency call for assistance first by dialling 999.

That way the Ambulance Service will be on the way to assist you and our local group of First Responders will hopefully be called as well.

The winner of the small Air Ambulance Quiz on the day was Carolyn Davies who will be awarded a small local prize

Roger Hiley

## **Walkers' Way No. 192**

Ponds in private gardens have become an invaluable element in the conservation and encouragement of wildlife, not only for aquatic and amphibian animals, but as a useful source of drinking water for other animals and birds too. Anyone who installs a pond will soon find that pondlife itself is not restricted to the plants and animals that are deliberately introduced, but that these are quickly supplemented by natural introductions by land and air, in many different forms. Frogs and toads are usually among the most quickly noticed and many a new pond is inhabited by them and their tadpoles in its first Spring. But frogs and toads are not the only inhabitants of ponds to lay eggs which develop into tadpoles. Three species of newt do too, and most ponds attract newts from the surrounding areas. In general appearance, the newt is rather similar to the lizard, but there are marked differences. The lizard is an animal of heath, moor and bank. The newt, on the other hand, is aquatic in its early life, amphibious in the breeding season and is an animal of dark and damp places for the rest of its life. The lizard is a fast-moving animal, whereas the newt is quite ponderous and is most active after dark. The lizard has a dry scaly skin while the skin of the newt is soft and moist. And so on – there are many other differences too. Unlike frogs and toads which lay their eggs in masses, in clumps and strings respectively, the eggs of the newt are laid

singly, mostly on the leaves of aquatic plants, which are often rolled up as if to protect them, and from which they develop into tadpoles. There are three species. The largest is the great crested newt, which is 12 – 15cm in length, and is very dark brown, in fact almost black, above, but bright orange underneath with dark spots. The other two, the smooth newt and the palmate newt, are much smaller, only about 7-10cm in length. The smooth newt is by far the most common of these. It is variable in colour, being yellowish or brownish olive with dark spots and streaks, and it has yellowish undersides which turn bright orange in Spring. Both male and female develop crests in the breeding season. The palmate newt is the least common and the most local. It is olive-brown above with dark spots and is bright yellow or orange underneath. The tail of the male palmate is very blunt, the extremity looking almost as if cut off, ending in not much more than a filament. There is also a fold of skin forming a ridge along each side of the body. During the breeding season, the toes of the male are fully webbed, the webs disappearing in late Summer. The differences are relatively small and not all that easy to see, especially if the newt being observed is in a pond, but do become obvious if there is the opportunity to examine the two species side by side.  
Alan Gane.

# LORTON CHRISTMAS FAIR

Yew Tree Hall, Lorton  
Saturday 1<sup>st</sup> December 2018

To be opened at 2p.m by Alan Gane MBE



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Proceeds towards running costs of St Cuthbert's Church, Lorton



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## LORTON VALE GARDENING CLUB

The November meeting of the Garden Club will be on Tuesday 20th when Steven Mees will speak on Fabulous Ferns. This is a new topic for us and we should get some interesting ideas for our gardens. The weather at the moment is looking highly suitable for a fernery! 7.30 in the Yew Tree Hall, Lorton, as usual. You are welcome to come as a visitor, or come and join for the year for a modest £10.

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