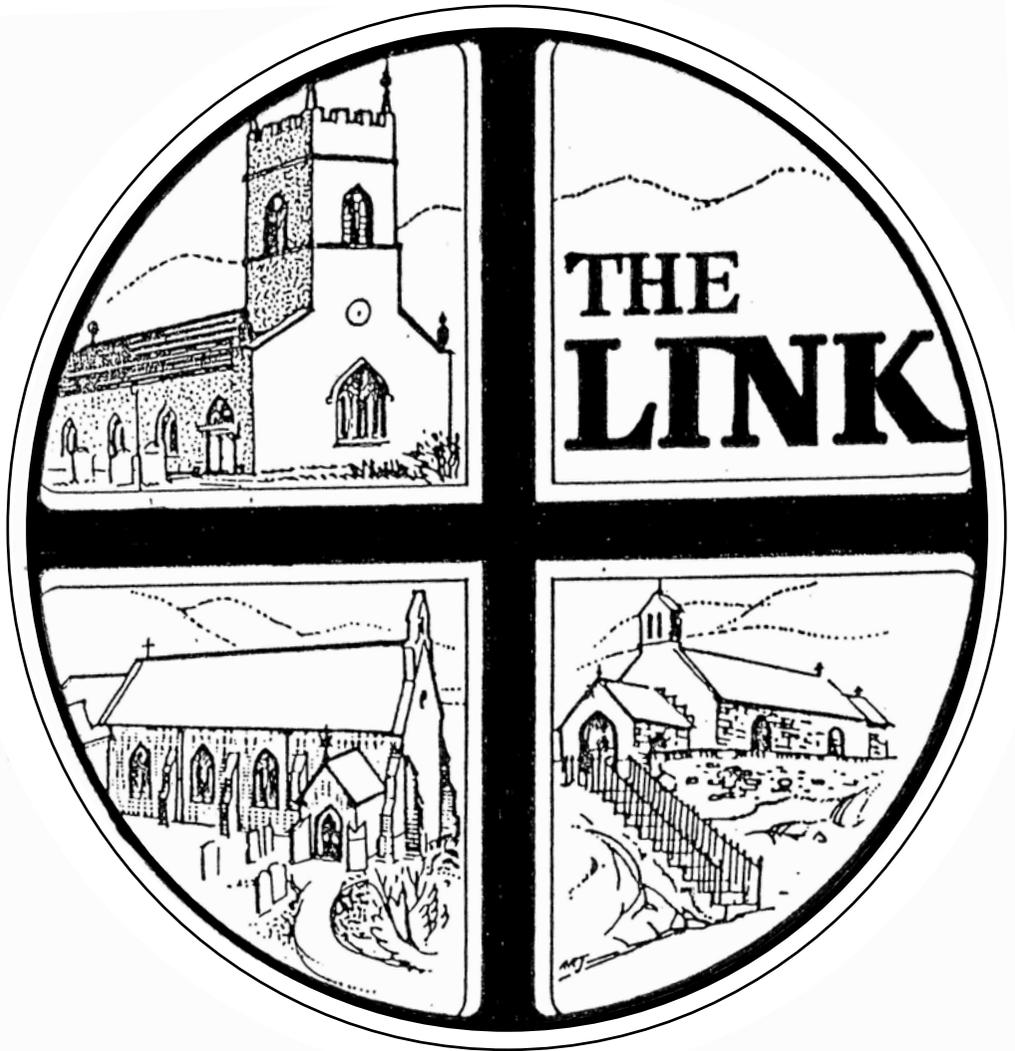


MAY 2018



**THE UNITED BENEFICE OF LORTON AND
LOWESWATER WITH BUTTERMERE**

DIARY DATES FOR MAY AND JUNE

May

- 8 Tue YTH ~ 7.15pm ~ W.i. ~ AGM
- 9 Wed Table Tennis, 7-9pm, YTH
- 9 Wed Gardening Club trip to Windermere
- 10 Thu History Soc. talk, Literary History of Mirehouse, John Spedding, YTH. 7.30pm
- 12 Sat Melbreak Communities Coffee Morning 10.30am YTH (organised by 77 Club)
- 13 Sun Start of Christian Aid Week
- 13 Sun Mockerkin A meet at Cinderdale 10am
- 14 Mon Community Lunch, 1.15pm Lorton School
- 15 Tue The Melbreak Communities: AGM, YTH, 7.30pm
- 16 Wed Table Tennis, 7-9pm, YTH
- 17 Thu Book Group at Whiteside, Lorton 10.30am
- 19 Sat Supper on the Hoof – see inside back cover
- 20 Sun Mockerkin B, Meet 9.45am Rosthwaite
- 22 Tue Film Night, 7.30pm YTH, Doors at 7pm
- 23 Wed Table Tennis, 7-9pm, YTH
- 30 Wed Table Tennis, 7-9pm, YTH

June

- 3 Sun Sponsored walk and Cream Teas LVH. Walk start 1:30pm, Teas from 2:30pm
- 11 Mon Community Lunch, 1.15pm Lorton School
- 14 Thu History Soc. talk, Stone Circles of Cumbria, Dr Tom Clare, YTH. 7.30pm
- 19 Tue 77 Club Trip. Cruise on Lancaster Canal (with meal), Barton Grange, Shepherd's Inn.

Loweswater with Buttermere PCC 100 Challenge Club

The prizewinners for the draw held on 1st April 2018

1st prize of £25 No 10 Christine Walmsley

2nd prize of £10 No 2 Carol Priestley

3rd prize of £5 No 103 Margie Mawson

Congratulations to the winners and thanks to all our supporters.

Dear Friends,

I think that all must agree that May is a beautiful month. The weather is warmer at last after what many have felt to be a long winter, birds are singing, gardens and the countryside are full of bright flowers, fresh leaves are opening in the hedgerows, fields are green and full of lambs. It is a month when the world seems to rejoice, despite its many troubles.

In the Church's Calendar there are three great festivals in May.

Many older people might remember when Ascension Day was a holiday! After a Service in Church pupils had the day off school, which made it a very happy occasion.

When we lived in Windermere Deanery congregations gathered together in Cartmel Priory for an evening Service and there was a procession of clergy and choirs through the old village. I always associate it with white cherry blossom and bluebells out in the woods as we journeyed there.

It is a day for celebration as we rejoice with our Lord Jesus that when his earthly life was accomplished he was lifted up to

be with his and our heavenly Father for evermore.

But as he left his disciples with his parting blessing he promised that he would yet be with them always, present and available to them and that they were to await his gift of the Holy Spirit.

We celebrate this on Pentecost (or Whit Sunday) in the past also marked by a holiday with country fairs and a day for families and communities to enjoy together. The first disciples experienced The Holy Spirit's coming as a dramatic wind and tongues of fire and they were empowered to go out and preach the Gospel and to continue with the ministry of Jesus.

On Trinity Sunday we are invited to worship and ponder the very being of Almighty God – Father, Son and Holy Spirit, the three persons of the Trinity united by bonds of love, which reach out to embrace the world and all humanity.

May is indeed a month to lift our hearts with joy and gratitude!

With all good wishes Revd Carole Ford

The PCCs are sorry to announce that Robert Bailey has withdrawn his acceptance of the House for Duty Post at Lorton and Loweswater with Buttermere for personal reasons

NOTES FROM ST. BARTHOLOMEW'S

Writing on the warmest day of the year (so far) we have had enough of the wind and rain which has delayed the growth of grass and outdoor crops in general. Meanwhile primroses and wood anemones fill the gap before the bluebells arrive.

Initial work on the fabric of the Church is due to start this month with the erection of handrails in the chancel to facilitate easier access for those who need assistance. Our overall plan for the restoration of the Church is making good progress and remedial work on some areas of the roof will begin shortly.

The valley book group will continue to meet monthly at Sue Pexton's house in Lorton. After the completion of our current book at the May meeting we will be starting something new a good chance

for anyone interested to join us. Dates of meeting in the diary section of the Link.

We are about to embark on our final Moving Mountains event, delayed from the official weekend in March, the Buttermere to Lorton walk. We have 23 people booked in to walk and the weather looks promising. Four of us completed a dummy run last weekend and very much enjoyed it.

Christian Aid week starts 13th May with world wide need as great as ever we hope for the usual good response.

The Easter flowers were much appreciated at our early service on Easter Day. We are now in the 50 days approach to Pentecost 20th May with Ascension Day on 10th May.

Eleanor Ella

The Melbreak Communities

An Action Plan for the 4 Parishes of Buttermere, Loweswater, Blindboethel and Lorton

AGM Tuesday 15th May, Yew Tree Hall, Lorton, 7.30pm

All are welcome!

Do come along – especially if you are interested and would like to know more about the following:

- A Hydro Community Energy Project
- The results of the traffic survey conducted at Coffee and Cakes in January
- The possibility of applying to United Utilities for a grant for hedge and tree planting for communities affected by the pipeline Project
- An update on the Emergency Plan following the extreme weather events this winter
- Coffee and Cakes 2018/19

For more information about The Melbreak Communities see our website:
<https://melbreakcommunities.wordpress.com>



On 17 April about 50 of us sat down to an excellent lunch at Hunday Manor Hotel. Afterwards we enjoyed hearing poems recited in the Cumbrian dialect by Dick Gargett and Colin Armstrong of the Lakeland Dialect Society. Some were from published collections of poems, others had been composed by the speakers themselves, including two by Dick, one on the recent hard winter, and one which was the most authentic brief guide to Lakeland that we are ever likely to hear. Colin, Dick and other members of the Society are clearly doing a great job in keeping the traditional Cumbrian speech alive.

On 12 May the Club is hosting the Melbreak Communities Coffee Morning. This will take place from 10.30 – 12.00 in

the Yew Tree Hall (LVH unavailable). This community event is open to all (entry £2.50). The proceeds of the raffle will be donated to the local First Responders. We hope as many people as possible will come to enjoy good company and support this vital local cause.

Date for your diary. The annual Club trip will take place on Tuesday 19 June when we will take a cruise on the Lancaster Canal, during which we will enjoy a buffet lunch. After lunch we will visit Barton Grange Garden Centre, and then drive to the Shepherd's Inn for supper. The cost is £25 (£35 for non-members), which includes everything except tea, coffee or other drinks en route and with the meals. The list is already open, and if you wish to come please phone me on 01900 829917 to reserve your place and record your menu choice for the Shepherd's Inn. The coach will leave Mitchell's Auction at 8.30am, and return about 8.30pm. Marjorie Lowery, Secretary.

St Cuthbert's Church, Lorton Flower Rota

I'm sure all of us who attend services at St Cuthbert's appreciate the lovely flower arrangements that grace our Church. These are all created by volunteers who put their names down on the Flower Rota card that can be found in the rack to the side of the Vestry. We currently have a few gaps on the rota:

July 8th

August 12th & 26th

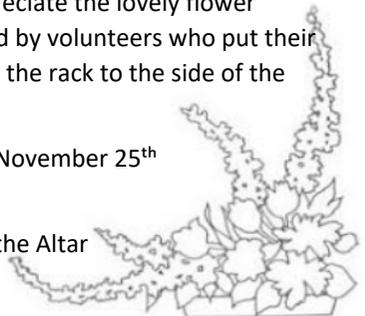
September 9th

October 14th & 28th

November 25th

If you feel you can help by producing an arrangement for the Altar and the Font then do please add your name to the list.

For many years Ann Peck has been the guardian of the rota but this year she stepped down from that role. We thank her very much for her sterling service – but we are looking for someone to take over that role. All that is involved is keeping a watchful eye on the rota to make sure all the dates are filled and to take the lead when decorating the Church for major festivals such as Easter and Christmas. If you feel you can help then please contact one of the Church Wardens – Roger Peck on 01900 85236 or Keith McNeil on 01900 85383



LORTON WOMEN'S INSTITUTE

April 2018 Meeting



Although a lot of people were away or minding grandchildren for the Easter holidays, 9 of us enjoyed a really delightful evening learning about Tai Chi with Ros Smith, and sharing a delicious bring and share supper for our April meeting. Ros told us that she had trained as a physio-therapist before she began her involvement with Tai Chi. She found that incorporating the principles and practice of Tai Chi into her work was extremely beneficial, even when working with patients for whom other therapies had failed. She trains other teachers and has run sessions all over Britain and beyond, including last year, a class of physio-therapists working in Broadmoor Hospital. She runs regular classes locally, including a specialist one for Parkinson's Disease sufferers. We all had a go at the movements, trying to copy her gentle sinuous twists and weight changes. It was

really enjoyable, although I am sure that we didn't look quite as graceful as Ros!

The competition winners were Sheila and Ann R. Ros was thanked by all of us, and we then settled down to our well-earned supper, followed by the business meeting. Ann R thanked Kris for the delicious Birthday Party cake for last month's meeting. She also thanked all the members who helped with refreshments at the Lorton School 10k run. Judith B gave the report from the Spring Council Meeting which had been well attended and much enjoyed.

The next meeting will be the AGM at 7.15 on the 8th May at the Yew Tree Hall. There will be a fish and chip supper for those who order one from Kris. This will be an important meeting at which decisions about our WI will need to be considered.

The Melbreak Communities an Action Plan for the four parishes of Buttermere, Loweswater, Blindboothel and Lorton

www.melbreakcommunities.org.uk



Real Coffee & Home Made Cake

Hosted by the 77 Club

10.30am - 12.00pm on Saturday 12th May 2018

At Yew Tree Hall

**Raffle in aid of First Responders: donations of prizes
gratefully received**

The April 8th Coffee and Cakes hosted by the Cumbria Centre of the Caravan and Motorhome Club raised £284.70 towards their fund-raising for Annie Mawson's Sunbeam Music Trust providing music therapy throughout the County to disabled and disadvantaged children and adults, and people living with dementia. Regrettably the wrong date was supplied to the Link for this coffee morning, but there was still a good turnout.

Penny's Piece

There comes a point when it suddenly becomes clear that the windows need to be washed. This is usually due to the appearance of the sun and the illumination of the collected debris. Either that or you notice the bird muck is casting a shadow on the window sill. Bucket of soapy water and squeegee in hand, off I went. Time was taken to try and avoid streaks. Then I came indoors and realised some of the muck was on the inside.



Round I went again and decided to celebrate by going for a walk. Upon returning I found a football sized mucky splodge in the middle of one window. A mucky pheasant sized splodge. I can only assume the male pheasant had seen his reflection, thought it was a rival and decided to see him off. 20 minutes with clean windows. Probably a record.

I saw there was a minor miracle on Countryfile this week. They visited Cumbria and it wasn't raining. Not only that but Whitehaven and Maryport looked good in the sun. I would like to know the time of day they filmed it though as there

didn't seem to be many people about. Whenever I've been down to Whitehaven harbour there are always people out walking dogs, taking babies in prams for some air before lunch, walking from the office to Tesco for a snack etc. If it was the day I am thinking of (the Thursday after the Easter weekend) I think I know where lots of people were: up Low Fell.

I have followed Formula One of years and am always interested in the technological developments at how the drivers talk about the set up of the car. They have everything from the brakes and steering to how the tyres might wear down during the race, calculated to the nth degree. After my recent experience I think they should scrap all that and just go with shoving the wheels on (though they seem to be having trouble with that at the moment) and setting off and see who can actually drive. I drove down to a friend's outside Bolton and thought the car was pulling a bit but just put it down to cross winds and the wearing of the road. Having parked up outside her house I thought one of the front tyres looked a little flat. Checking it at a garage before setting off home I found I had been driving around with half the amount of air in the tyre that I should have had. Now if I can drive with those disadvantages I think world class drivers should be able to get in and give it a go. They really would be earning their money then. And don't worry, I now have two new front tyres and have been re-tracked. Penny

Loweswater Ladies

We had a full house for our speaker for our recent April meeting, not surprisingly as we were being entertained by Keith Richardson, author and former editor of Cumbria Life.

His topic was the River Greta, from its source where the Glenderamackin and St John's Beck join forces at Threlkeld Bridge to create the Greta, travelling down its four mile stretch to where it flows into the River Derwent at Keswick. The Norse meaning of the name Greta is 'a rocky river' and Keith is firm in his belief that this noisy, tumbling river over a rocky-strewn bed is "the greatest little river in the world".

He expanded upon the well documented influence and importance of its existence, including the history of the people who lived and continue to live close to its banks, as well as details of the wildlife that inhabit its waters. The various instances of the flooding emanating from this iconic Cumbrian river were examined and Keith's wealth of knowledge and personal experiences were beautifully illustrated in a superb visual presentation.

He had brought along copies of his book 'The Greta' and three others that he had

written and these were available to purchase. Needless to say there was a great demand for them after he concluded this fascinating talk. Our evening concluded with tea and light refreshments, during which time Jenny presented the raffle, a delightful bottle of hand cream, which was won by Joan.

Next month we will be meeting on Wednesday May 9th at 7.15 pm. in the Loweswater Village Hall. Our speaker will be Andy Beck who will be giving a talk on the project he undertook to fulfil his own lifetime's ambition. He wanted to find every spot that Alfred Wainwright visited when he sketched his drawings for his seven walking guides to the Lake District fells. Andy then produced a volume of his own work called 'The Wainwrights in Colour', reproducing each of those views in his own artistic watercolour style. This book has recently been awarded the accolade of Countryfile Outdoor Book of the Year for 2018.

Supper hostesses for that evening will be Joan, Carolyn and Ann Sands. The raffle prize will be provided by Marilyn.

Ann Hiley

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**LORTON VALE
SQUIRREL SPRING WATCH
MAY 2018**



Thank you to numerous LINK readers who volunteered and participated in the one week April Squirrel Spring Survey.

We will run it again once more for one week in May, when young squirrels may be appearing.

Would you like to join the group and add your help to build a picture of both red and grey squirrel populations and their distribution in Lorton Vale? **It is simple!**

Interested?

Email John at: jtmacfarlane@gmail.com

I'll send you *the details and a form*

Thank you. John & Rosamund Macfarlane
Watergate Barn, Loweswater CA13 0RU
Phone: 01900 85289



Film Night in Lorton

Our May film is Borg vs McEnroe (cert 15), showing on Tuesday May 22nd at 7.30 in Yew Tree Hall. Doors are at 7pm, **entrance is £5 on the door** and there will be a bar. Come early and have a drink before the film starts. For further information call 0190085035.

A must-see for tennis fans and non-tennis fans alike, this is the gripping story of the 1980 Wimbledon men's singles final, between the ice-cool Swede, Bjorn Borg and the fiery New-Yorker, John McEnroe. Perfect casting sees the Swedish actor Sverrir Gudnason looking uncannily like Borg while Shia LaBeouf (well-known for his own run-ins with the press) conveys McEnroe's isolation and vulnerability along with his adolescent petulance (The Observer, 4 stars).

On a lighter note, Bevis Cubey reflects on some earlier parishionersWhen at the request of the British Government, West Indians came to live in Britain to help us in our hour of need after the war, many of them came to the East End of London where they were helped to settle in by the local Church of England Franciscan Friars who for a long time had ministered to poor people there. The Friars were addressed as "Father" in those days, so it was natural that Father Neville became known as "Fadder Nebbil".

When the Friars changed to being addressed as "Brother", it was just as natural that he became known as "Brother Faddernebbil"

Lorton & Derwent Fells Local History Society

Brackenthwaite Buttermere Embleton Loweswater Mockerkin Pardshaw Wythop

www.derwentfells.com

The Remarkable Literary History of Mirehouse

Talk by John Spedding, Thursday 10 May 2018. Yew Tree Hall, High Lorton, 7.30pm. Guests £3 to include refreshments.

John Spedding, a retired barrister, has been associated with many of the literary families about which he will speak, particularly the Wordsworths and the Tennysons. He is a Fellow of the Wordsworth Trust and Vice-President of the Tennyson Society. He is also an Honorary Fellow of the University of Cumbria.

LORTON NOTES

St. Cuthbert's was, as usual, beautifully decorated for Easter and we thank all who helped and particularly those who donated lilies, which were sufficient to form two magnificent displays. We had a congregation of seventy five and an inspiring service was led by the archdeacon, the Venerable Richard Pratt. He was most impressed that such a congregation could come from a parish of around three hundred souls. We shall have decorations in the church until Advent and would be grateful to anybody who can fill an empty space on the flower rota.

The most important days in the church's year are called Principal Feasts and in addition to the obvious ones such as Christmas Day, Easter and Pentecost or Whitsun, include Ascension Day, which this year is on 10 May. We shall be holding a service at 6.30pm and it would be pleasing if we could attract a congregation

similar in size to that which we had on another Thursday evening, Maundy Thursday.

You will have seen elsewhere that Revd. Robert Bailey has withdrawn his application to be our next Priest-in-Charge, a development about which I am sure we are all very sorry. There is, however, a piece of good news in that Revd. Carole Ford has offered to preside over a 9.00am service on the first Sunday of every month, an offer which has been gratefully accepted.

The next social occasion in our calendar is Supper on the Hoof on Saturday 19 May, a three course meal with wine, each course being at a different location. Sounds interesting. Come along and give it a go. Organised by Rosemary Riley. Who would be pleased to receive more bookings.

Roger Peck.



Cream Teas

Tea, scone, jam and cream
Cakes also on sale

Sunday 3rd June 2018.

From 2:30pm at
Loweswater Village Hall

Buttermere Notes

Archdeacon Richard was scheduled to take Morning Service on Good Friday but when he arrived he changed it to Holy Communion (after a very brisk re-ordering of the altar etc) which resulted in a dramatic and very moving service, as was Evensong on Easter Day. We have had congregations that included a couple who heard the bell while having their meal in one of The Bridge's cabins, put it in the oven and ran up the hill; a family of grandparents, mother and very well behaved grandchildren; people who used to live in the valley and brides-to-be with interesting ideas about their wedding services. We also had a chaplain and group of students from a school in Yorkshire hold a service in the church while staying in Buttermere YHA. It justifies keeping the church always open when it used this way.

A case could be made for the New Year starting at Easter or the First Day of Spring. After the dark time of the death of Christ, Easter is a time of joy and light symbolised

by stripped altars being covered in white or gold frontals and joyous expressions of 'Alleluia' in our services. It is a time of a new beginning. It is not a surprise that Spring featured in pagan festivals, almost a magic eruption of new growth. That has certainly happened in the garden with rain and warmer temperatures combining to make dramatic changes; a lovage plant of ours has grown nearly 12" in as many days.

But Spring can also be a peak time for people to take their own lives. For those whose life is fogged by depression and inward thinking, seeing others enjoying the newness of life might well increase the feeling of alienation and that ending life is easier than climbing the mountain of a new beginning. In our enjoyment of Easter and Spring maybe we can think of those who find life very difficult and distant from hope.

Gwyn and Jan Evans



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Alan Johnson's Art Exhibition - a Review

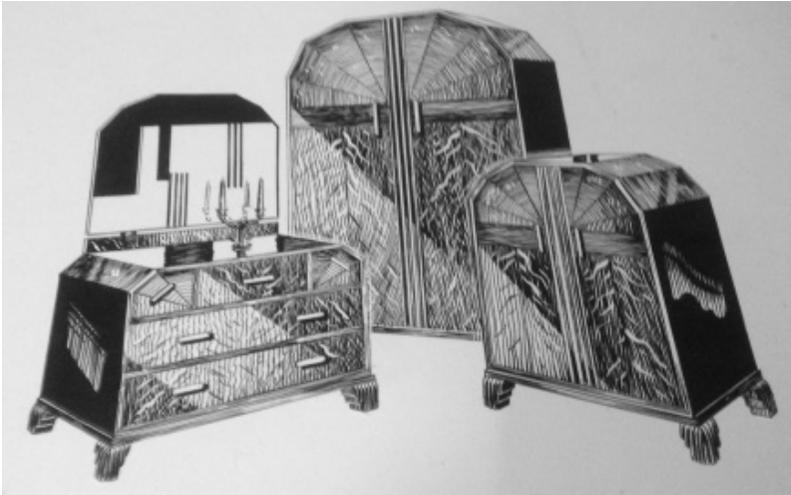
The retrospective art exhibition of Alan Johnson's lifetime collection of paintings was voted a great success by all who attended – so much so that there will be a follow up exhibition sometime in August. Around 30 people attended and £160.00 was raised for Cerebral Palsy. As one

graphic artist. Here is an example of some very smart bedroom furniture.

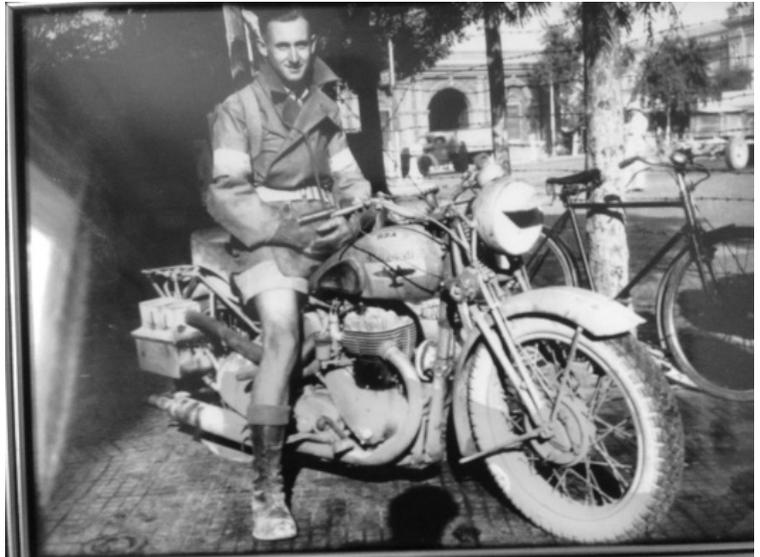
There were also many photographs displayed – including this rather dashing one of Alan during his time as a Dispatch Rider during WW2.

Everyone loved talking to Alan and hearing about his long and varied life. As a tribute it has been agreed that for the next few months alternate editions of the Link will feature on the cover some of those pictures used in previous editions.

Rosemary Riley



might expect there was masses of work on display including beautiful Cumbrian landscapes, impressive seascapes and hundreds of line drawings, many of which have been used in past editions of The Link. Most fascinating for me though was the commercial work Alan completed during his time as a



Ullock Village Hall



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£5

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CHRISTIAN AID WEEK - May 13th to 19th 2018. Christian Aid Week was set up 60 years ago, to support work with refugees in Europe following the Second World War. Christian Aid work for people of all faiths and none, whatever their beliefs, sexuality, gender and ethnicity, to lift themselves out of poverty. Working with churches and other organisations, in 37 countries, we support poor and marginalised people, to promote sustainable development, strive for social justice and pursue a vision of a world without poverty.

So that everyone can achieve equality, dignity and freedom. It is vitally important that we support the efforts of Christian Aid. Christian Aid's essential belief is summed up in the statement: "**We believe in life before death**". Let's act again now, to help relieve suffering and build a world where everyone has a safe place to call home. If you pay income tax, may I ask you to consider making your donation gift aided to enable the charity to reclaim; for every £10 you give, they can claim an extra £2.50, making your gifts worth more to the communities Christian Aid supports. THANK YOU - Jan Collins-Webb - Lorton Vale Organiser



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THE MOCKERKIN MOB
(founded by Alan Gane MBE in 1989)
Walk 331



A Walk Sunday 13th May 2018	B Walk Sunday 20th May 2018
<p>Intended for experienced walkers Meet: 10am <u>Cinderdale</u> Common CP GR: 162193 Route: Lad Hows, <u>Grasmoor</u>, Eel Crag, <u>Wandope</u>, <u>Whiteless Pike</u>, <u>Rannerdale</u> Estimated Time: 5½hrs (Strenuous) Leaders: <u>Hudsons</u> 01946 861928</p>	<p>Meet: 9.45am <u>Rosthwaite</u> NTCP GR: 258149 Route: <u>Stonethwaite</u>, <u>Langstrath Valley</u> and back Estimated Time: 4hrs/6miles (Moderate) Leader: <u>Graham Harker</u> 01946 862758</p>

Walkers participate at their own risk. We welcome new walkers: if you are interested phone
Joan, 01900 85637 or Judy, 01946 861555.



Supper on the Hoof
Saturday 19th May 6.30 pm
start at Armaside House



To raise funds towards the upkeep of St Cuthbert's Church, Lorton, including replacement of the carpets

A 3-course meal including wine/soft drinks served at various locations around Lorton. **All for £22.00**

Only a few places remain so please book soon to avoid disappointment. Applications for tickets should be made at the latest by 5th May

The United Benefice of Lorton and Loweswater with Buttermere

Church Services May 2018

6th May	6th Sunday of Easter			
*9.00am	Holy Communion	Lorton	BCP	Rev Carole Ford
10.30am	Holy Communion	Loweswater	CW	Rev Carole Ford
6.00pm	Evensong	Buttermere	BCP	Rev Carole Ford
10th May	Ascension Day			
6:30 pm	Holy Communion	Lorton	BCP	Rev Carole Ford
13th May	7th Sunday of Easter			
10.30am	<i>Matins</i>	Lorton	BCP	Barbara Robinson
6.00pm	Holy Communion	Buttermere	CW	Rev Charles Hope
20th May	Pentecost			
10.30am	Holy Communion	Loweswater	CW	Can Wendy Sanders
6.00pm	Evensong	Buttermere	BCP	Can Wendy Sanders
27th May	Trinity Sunday			
10.30am	Holy Communion	Lorton	CW	Rev Robert Canham
6.00pm	Evensong & Baptism	Buttermere	BCP	Rev Charles Hope

Deadline for the June issue is May 18th

Any comments ideas or articles please to the editors at
lortonvalelink@gmail.com.