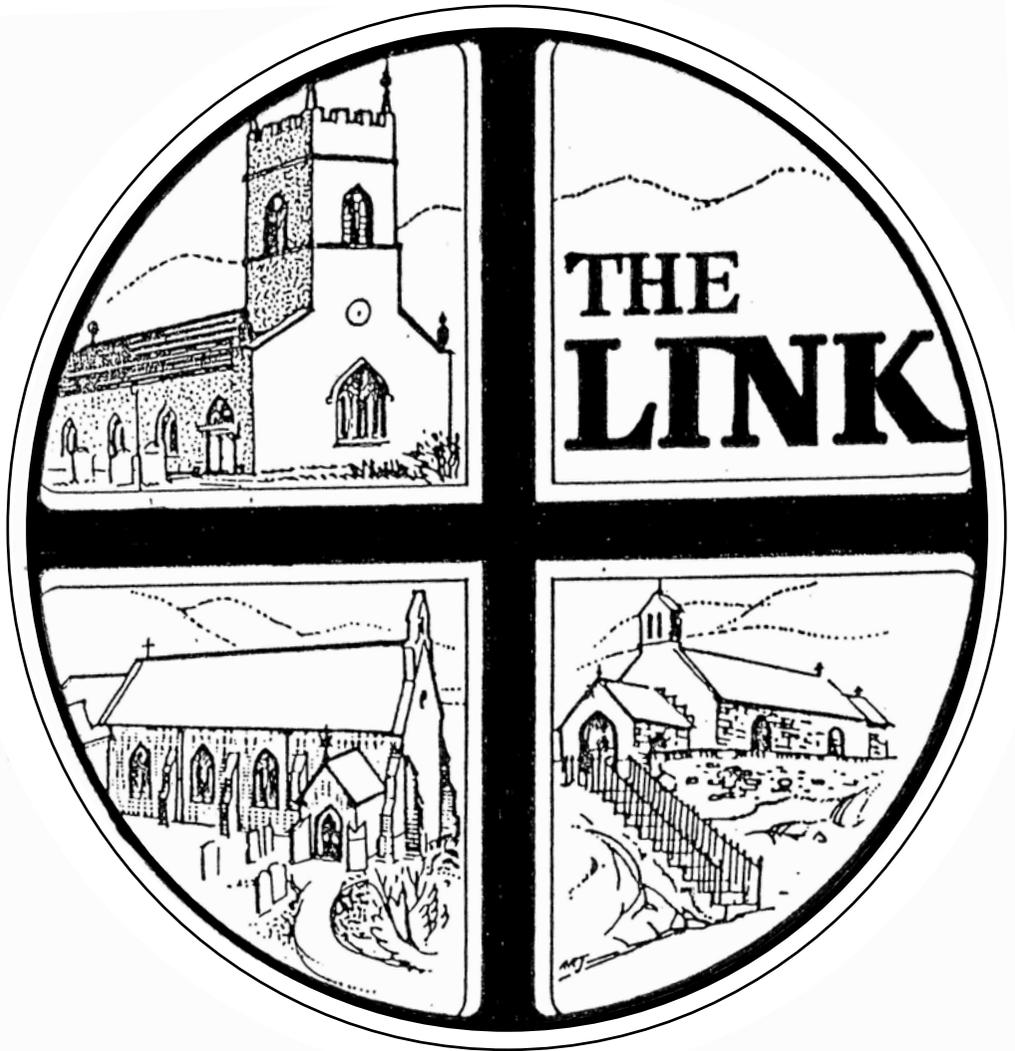


**MARCH 2018**



**THE UNITED BENEFICE OF LORTON AND  
LOWESWATER WITH BUTTERMERE**

## **DIARY DATES FOR MARCH & APRIL**

### March

- 1 Thu Lent discussion group; Muncaster House 10.30- 12
- 2 Fri Arts out West show Chip Shop Chips, Ullock vh
- 7 Wed Lorton Parish Council, 7.30pm YTH
- 7 Wed Lent Lunch, Jan and Gwyn Evans Palace How, Loweswater 12 - 2 pm
- 8 Thu History Soc. The Great War - Ambleside's story. Judith Shingler, YTH. 7.30pm
- 8 Thu Lent discussion group; Muncaster House 10.30- 12
- 12 Mon Community Lunch, 1.15pm Lorton School
- 14 Wed Lent Lunch, Fiona and Charles Lambrick, Armaside, Lorton 12 - 2 pm
- 14 Wed Table Tennis, 7-9pm, YTH
- 15 Thu Lent discussion group; Muncaster House 10.30- 12
- 16 Fri Film "Goodbye Christopher Robin" Ullock VH 7:30pm
- 17 Sat Coffee and Cakes hosted by Lorton Vale Gardening Club, 10.30-12am, YTH
- 20 Tue Film Night, Victoria and Abdul, 7.30pm, Doors at 7, YTH
- 20 Tue 77 Club. Talk: Fun and Games in Blind Cricket by Doug Beebe. 7.30pm LVH
- 21 Wed Lent Lunch, Loweswater Village Hall 12 - 2 pm
- 21 Wed Table Tennis, 7-9pm, YTH
- 22 Thu Lent discussion group; Muncaster House 10.30- 12
- 28 Wed Table Tennis, 7-9pm, YTH

### April

- 17 Tue 77 Club lunch 12.30 for 1.00pm. Hunday Manor Hotel.
- 27 Fri We welcome back Alan Wilson organist at St Mary-le-Bow for another concert

### **NEW VICAR**

On 11 February it was formally announced that the Revd. Canon Robert Bailey, at present a retired priest in the Salisbury diocese, has been appointed as House for Duty Priest in the Benefice of Lorton and Loweswater with Buttermere.

Robert and his wife Sue know Cumbria well, as he was team vicar in Cartmel (with special responsibility for Cartmel Priory) from 1999-2011, after 24 years as an RAF Chaplain. From 2005 to 2011 he was an honorary Canon of Carlisle Cathedral. After Cartmel they returned to their home in Wiltshire, which they will be leaving in late July to move into the vicarage in Loweswater. The official licensing will take place in early August.

### **30th March and 2nd April 2pm – 4pm at Fellside, High Lorton**

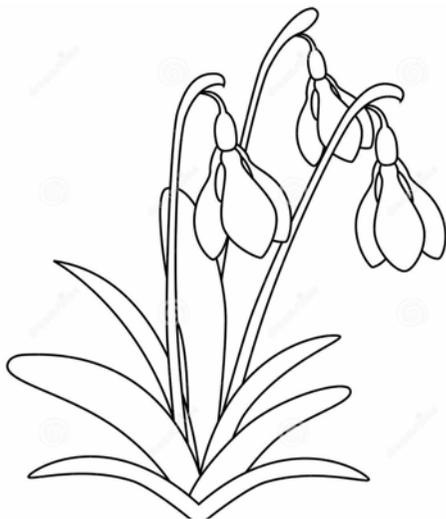
Retrospective exhibition of Paintings of Alan Johnson (RSMA) - a life work including graphic art, maritime, motorbikes and landscapes. A mixture of watercolours, acrylics and line drawings. Proceeds to go to Cerebral Palsy. £5 for adults (children no charge) includes cream tea. Painting competition and easter egg hunt for the children.

Booking required for the catering 01900 85648

## March Letter

Dear Friends,

The snowdrops have been beautiful, daffodils and crocus are showing colour. March is always a hopeful month. Before long there will be lambs in the fields. Spring is on the way!



Perhaps we do well to remember the old saying, “March comes in like a lion and out like a lamb.” There can still be wintry showers and cold winds before the warmth of the sun takes hold.

In the Church at the beginning of this month we are midway through the season of Lent.

If you go into many churches at this time you may find that there there is a different atmosphere and that there are no flowers. This is a Lent tradition whose purpose is to make us pause for thought, creating a contrast and space between the Festivals of Christmas and Epiphany

that have passed and the glory of Easter to come. It also gives a more reflective and penitential feel to our churches and services at this time.

Lent has in the past and may include today, the practice of fasting or abstinence “giving things up,” as well as quiet times set aside for prayer and study. It gives us the special opportunity to spring clean our lives, sweeping out all that is not in accordance with God’s will for us and to start afresh.

It appears as a solemn, rather dreary time. But we are also encouraged to take hold of God’s gift of life to us and to look forward to the future, placing our trust in our heavenly Father.

The fourth Sunday of Lent each year is Mothering Sunday, a day of special celebration when we give thanks for the Mother Church, for Mary the Mother of Jesus and for our own Mothers. It is also known as Refreshment Sunday, when traditionally servant girls were allowed home to their families with posies of flowers and the strictures of Lent were relaxed.

In our Benefice we shall have flowers and a joyous Service of Songs of Praise. Do come and join us!

We know that the events of Holy Week will soon follow, but we are assured that beyond suffering and death is Resurrection and the glory of Easter.

May Christ’s hope and joy live in your hearts and lives this Lent and springtime and in all the days to come.

With all good wishes Revd Carole Ford

## NOTES FROM ST. BARTHOLOMEW'S

As the season of Lent starts, a period of discipline and renewal, it is also an opportunity of sharing both in study and lunches with emphasis on simplicity. We are all grateful to the people who give of their time and do the hard work – cooking, clearing up and hospitality and help us to give to charity in so doing.

Our good news this month has been the official appointment of our new vicar Canon Robert Bailey. We look forward to welcoming him and his wife to our parish in late July.

Much work has taken place in the last few weeks making plans for the Moving Mountains weekend on March 10<sup>th</sup>/11<sup>th</sup>. The main event is to be the Mothering Sunday Songs of Praise in Lorton Church which we hope will be child/young adult

centred led with their own poems, readings and chosen songs/hymns. Please let us know any requests! We hope this will be well supported and a fun occasion.

This will be preceded by a posy making event in Lorton Church on the previous Thursday with tea and cake! Fliers with more details are currently being distributed to all homes in the parish.

We continue to be well supported by a selection of local clergy in all our services; we are very grateful.

Please note revised date for the APCM meeting April 22<sup>nd</sup> at 12 in Loweswater Church.

### **Baptism**

18<sup>th</sup> February William Moore Hayton son of Mark and Katie Hayton

Eleanor Ella

## **Organ Concert at St. Bartholomew's**

Alan Wilson, former Organist and Director of Music at both the 'Bow Bells' Church of St. Mary-le-Bow in the City of London, and Director of Music at Queen Mary College, University of London, will give an organ recital on Friday 27<sup>th</sup> April, 2018 in the church of St. Bartholomew, Loweswater. Alongside his radio work, recitals, and composing, Alan particularly enjoys giving organ recitals in country parishes and this will be the third occasion he will have officially been to Loweswater.

This concert is dedicated to the life and witness of Margaret who has had a profound influence on Alan and the programme is full of musical associations, inspired by many of the places Alan was taken to, but also to include compositions adored by the Kenningtons.

They are joined by two local friends of Ann and Doug, Colin Firth and Donald Angus, who will add lots of fascinating folklore, music and descriptions of the three valleys area. In the second half, Alan will introduce favourite popular organ pieces, along with his own personal associations.

In the relaxing and inspiring environment of Loweswater Church, we will be treated to a rich spoken and musical tapestry of contrasting images and tuneful colourful sounds.

An occasion not to be missed!

***All proceeds to church funds.***

On 13 February we heard a talk from Laura and Neale Connolly on *The History and Work of the Cockermouth Mountain Rescue*. As well as learning about the organisation of the team and the techniques used, we heard how mountain rescue has been transformed by modern technology. At its inception in 1953, members of the Rescue might receive a callout from a policeman arriving at his house on a bicycle. Now members receive an immediate text message, and a call from a casualty on a smartphone can pinpoint his location accurately. We also heard how rescue dogs can play a vital role in locating casualties.



The next meeting will be on Tuesday 20 March at 7.30pm in LVH when Doug Beebe will give a talk on *Fun and Games in Blind Cricket*. Non-members of the Club are very welcome to attend. The charge for non-members is £2.50

**Date for your diary:** The next meeting will be on Tuesday 17 April when we will have a lunch party at Hunday Manor Hotel, with a speaker. Please sign up and record your menu choices on 20 March.

## LORTON NOTES

Elsewhere can be found the announcement of the appointment of the new Priest-in-Charge of the Benefice. We look forward to welcoming Revd. Robert and his wife Sue and having a happy association with them.

Lent persists for the duration of March with the Lent Lunches at various venues and the Lent discussion group at Muncaster House. Dates and venues can be found inside the front cover. One aim of the Moving Mountains programme is to promote the integration of the different denominations and our first service under this programme is a Songs of Praise at St. Cuthbert's on Mothering Sunday, 11 March in which the Youth Cafe will be taking part. We hope we shall be welcoming members of other congregations. There will be no Communion Service at Lorton on that day.

Another change from the usual pattern is that the 10.30 service on Easter Day, 2 April, will be at Lorton. We shall be having three consecutive 10.30 services. Leading up to Easter is Holy Week during which evening services at 7.00 will be held at all three churches in the Benefice, culminating with the Stripping of the Altar at the end of the service at Lorton on Maundy Thursday. I do find this a particularly poignant occasion as it commemorates the Last Supper, however I do find that participating in at least one of these solemn services enables me better to celebrate Christ's resurrection on Easter Day. We shall be decorating the church at 10.00 on Saturday 31. All helpers will be welcomed. If you would like to donate a lily in memory of someone who was special to you, please tell Keith or myself.

Roger Peck.

## LORTON WOMEN'S INSTITUTE

February 2018 Meeting



When you were 15, did you have a plan for a life time career? This question was posed by Dr Janet Wilson, our speaker, who lead us through the amazing trajectory of her career as an engineer in the energy industry.

Before her talk, President Ann led a short business meeting. Due to illness, only 10 members were present. Ann read items from County News, and confirmed arrangements for the Darts Tournament and helping with refreshments at the Lorton 10K on Saturday 10<sup>th</sup> March. The Committee has proposed a drive to increase our membership. Ideas were requested and there is a proposal to hold a "Taster Day" with strawberries and prosecco on Saturday 23<sup>rd</sup> June, Ladies' Day at Ascot.

Ann welcomed our speaker, who asked "My Career, Design or Evolution?" As a Maths, Further Maths and Physics student in the 1960s, Janet searched in her school library for guidance on careers. There were shelves of guides for boys and just a small brochure for girls. Borrowing from the boys' section, she consulted a list of careers based on her A level options and found many types of engineer. She secured a place at University. Industrial sponsorships were plentiful but only one firm, British Steel, offered sponsorship to females. So Janet followed a university course, sandwiched with work experience with British Steel, and finally worked as a

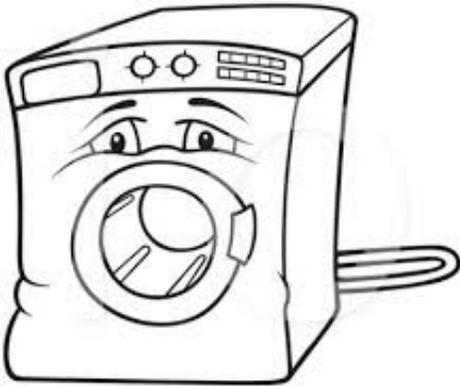
trainee manager in a hot strip mill. She had stories of the dangers, some fatal, in such an environment. In the 1980s she joined the emerging nuclear industry, met her husband and had 2 children. She gave a succinct explanation of how a Nuclear Fission Reactor works. Janet's career moved forward quickly in the nuclear industry, until she became a regulator for emergency preparedness for all nuclear facilities in the UK, including nuclear submarines, joining international missions and presenting at international conferences. On the breakup of BNF she helped to establish the Nuclear Decommissioning Authority and moved to Sellafield, becoming Director of Nuclear Assurance, heading up a multi-billion clean up mission. Finally, she retired to move into the private sector as a nuclear consultant, travelling across Europe, the USA and Japan. Janet answered her own question by saying that her career was not designed but evolved as she took and made the most of opportunities. Janet then took questions, particularly about plans for disposal of nuclear waste. Gill thanked her for a most interesting and enlightening talk, particularly pertinent 100 years after Women's Suffrage and in the light of current gender discussions. She was a fine example of a woman before her time.

The next meeting is our 96<sup>th</sup> Birthday Party, on 13<sup>th</sup> March, at the Kirkstile inn.

# *Penny's Piece*

## Penny's Piece

A cement mixer has a particular and distinctive sound. You expect to hear it when near a building site and it doesn't tend to cause undue alarm. However, when your washing machine begins to do audio impressions of a cement mixer, things are just not right. Long story short, I



have a new washer. This is in addition to the new cooker I had to get after the old one repeatedly began to short the whole house on Christmas Eve. To be fair to it, it was my grandma's and was older than me. Given that this month I am having one of those birthdays ending in a 0, it had done well. What didn't make me happy was the guys who brought the new one and said of the old one 'they don't make them like that anymore', which is code for the hunk of junk you've just bought won't last 10 years. Great.

I spent the first part of my half term re-painting the hall and bathroom. The hall because it gets all the traffic and quickly gets grubby and the bathroom because I haven't painted it since before I moved in. The challenge with the bathroom was the

long wall. All the upstairs walls in my end are false partition walls and the bathroom wall has a wooden façade which has always been a duck-egg blue gloss. Originally I was not keeping the colour but after I'd finished the rest thought it went well. Shame I had been ham-fisted with the white on the corners. So, I set about finding the required colour to freshen and neaten the whole job up. I discovered you can have gloss mixed too and that is where it went a bit wrong. You know how looking at a sofa in a showroom makes you think it will be great in your house? I had the same feeling about the 2 by 3 inch rectangle of wood displaying the colour I chose to have mixed. To put it mildly, first thing in the morning and if you make the mistake of putting the light on when you get up in the night, it is far too bright and shiny. I have got into the shower before with my glasses on by mistake but may need to wear shades in future to stop burning my retinas. You can't take it back when it's mixed so I've used nearly half of a 2.5l tin. I'll get used to it.

In the second part of the hols we went to Durham- to see what's there. We had just arrived and were looking at the market square when a police escort went past with a posh roller in the middle of it containing HRH Prince Charles. The felling of 'oh look,' quickly changed to 'oh no,' as I realised this probably meant we weren't going to be able to get into the things we wanted- cathedral and castle. We did get into the cathedral later on but had to make up for not getting in the castle by joining the crowds and shaking HRH's hand. He remembered Cockermouth and hopes there will be no flooding this year. 7  
Us too. Penny.

# LORTON VALE GARDENING CLUB



The March meeting is on **Thursday 22nd March at 7.30** in the Yew Tree Hall, when Vicky Aspin from Holehird will be talking about some of the interesting trees and shrubs, suitable for small gardens, that

they have in their wonderful garden. Spring is on the way...and details of the summer programme of events will be unveiled at this meeting. Visitors welcome as always.

## Loweswater with Buttermere PCC 100 Challenge Club

The prizewinners for the draw held on 1<sup>st</sup> February 2018

1st prize of £25	No 7	Mark Elliott
2nd prize of £10	No 100	Pat Williams
3rd prize of £5	No 1	Diane Gordon

*Congratulations to the winners and thanks to all our supporters.*



## Lorton School 10K. Fundraising Road Race

**Saturday 10th March 2018 at 11.00am**

**Minimum Age:15. All levels of runners welcome**

**Details and entry forms from**

**[www.runbritain.com](http://www.runbritain.com) or Find us on Facebook**



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### LOWESWATER IT GROUP

MARCH 8TH & 22ND 2018

DAMSON GHYLL

Come and join us in addressing and sorting out IT problems. Or are unsure and would like more information, do come and meet with us. Please contact me. Our sessions are informal and include refreshments at £2.00 and we look forward to welcoming newcomers.

Please ring me to book and confirm attendance Jan Collins-Webb - 01900 85609.



## Film Night in Lorton

The first film of our new Spring season is *Victoria and Abdul* (cert 12), showing on Tuesday March 20th at 7.30 in Yew Tree Hall. Doors are at 7pm, entrance is £5 on the door and there will be a bar. Come early and have a drink before the film starts. For further information call 0190085035.

*Victoria and Abdul* is based upon the true(ish) story of the relationship between the aging monarch and an Indian servant, Abdul Karim, who is eventually promoted to be her spiritual advisor (or Munshi). Judi Dench reprises her role as Victoria and a strong British cast (Michael Gambon, Olivia Williams, Tim Piggott-Smith, Eddie Izzard, ..) play her household, who are mostly scandalized by the growing friendship between the pair. It's fair to say that the film has mixed reviews, but it is universally agreed that Judi Dench is outstanding. Come along and see what you think.

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## Loweswater Village Hall News

Our evening with Chris Bannister performing the music of John Denver was enjoyed by all. Chris has an excellent voice and filled the hall with a beautiful sound. In between songs he narrated the timeline of John Denver's life and what brought him to write the different songs at different times. The favourites were there and some which Chris enjoys performing because of their musicality.

We even had a singalong and managed to clap in time 'the cool way'. If you can get to see him, do.

Watch this space for our next event towards the Autumn. P. Leck

## Loweswater with Buttermere PCC 100 Club

### Winners; March 2017 – February 2018

March	September
1 89 Jill Mills	1 83 Rev'd Sheila Hughes
2 19 John Scadding	2 105 Janet Coles
3 94 Carol Priestley	3 24 Frank Judd
April	October
1 62 Ron Bryan	1 114 Jan Collins-Webb
2 10 Eleanor Ella	2 99 Richard Kahane
3 105 Janet Coles	3 70 Lorraine Dickson
May	November
1 102 Janet Coles	1 52 Glenis Postlethwaite
2 6 Edna Vickers	2 114 Jan Collins-Webb
3 8 Julian Elliott	3 22 Ann Beebe
June	December
1 4 Jen Bland	1 65 Gordon Graham
2 55 Wynne Barwise	2 25 Walter Head
3 6 Edna Vickers	3 72 Lorraine Dickson
July	January
1 82 Zoe Thomson	1 39 Meleri McEwan
2 61 Ron Bryan	2 24 Chris Judd
3 39 Meleri McEwan	3 23 Frank Judd
August	February
1 56 Hilary Hope	1 16 Mark Elliott
2 8 Julian Elliott	2 100 Pat Williams
3 87 Marjorie Lowery	3 1 Diane Gordon

### **There's still time to subscribe, we need your support!!**

TO Jan Evans, (Promoter), Palace How, Loweswater, Cockermouth, CA13 9UX

Tel; 01900 85458; email gwynandjan.evans@hotmail.com

I wish to join the '100 Challenge Club' at £12.00 for 12 months from March

2018. I wish to have..... additional numbers at £12.00 for the same period.

I enclose a cheque for £..... payable to Loweswater with Buttermere PCC 100 Challenge Club.

Name (+title).....Tel.....

Address.....

# Buttermere Notes

Two months after Canon Robert Bailey was interviewed for the post of Priest in Charge of our Benefice the CofE's bureaucratic process has completed its speedy course and it can be officially announced that he has been appointed and will be Licenced in early August. This is great news. For those of us who met him on the interviewing committee he came across as a caring, sympathetic and charming person who enjoys being a traditional parish priest. His wife, Sue, is equally charming and looks forward to being involved in parish and local activities.

During fortyplus years in the printing industry Jan and I came into quite a lot of contact with advertising agencies, company image creators, copy writers and the 'medja' generally. It bred a healthy scepticism for mission statements, buzz words, business-speak and other aspects of this trade which was often all talk and no action. (A colleague, rather unkindly, said that those who practised this trade were so smooth that they didn't go through doors, they oozed underneath them!). So it was with apprehension that we read about the God for All, Moving Mountains and Mission Communities promotions and all the effort, time and resources the Diocese was putting into these campaigns. We were also concerned that many people, ourselves included, were confused about how the campaigns related to each other, what each campaign was trying to achieve, what words like 'mission' meant and, very importantly,

how all this impacts on us as individuals, as a parish and as a benefice.

As a benefice we are geographically isolated from other churches in Cockermouth and neighbouring parishes. Quite naturally this can lead to a feeling that we are self-contained and very happy as we are thank you, also mature years and change are not easy bedfellows.

The interregnum has its inconveniences but a huge benefit has been the variety of approaches to our worship that the ministers taking our services, some from different denominations, have brought. It has made us aware of the richness we have locally and what the Mission Community can offer. On February 4th the Grasmoor Mission Community was formally launched with the Revd Godfrey Butland as its Leader in a service at Cockermouth Methodist Church. The church was full with all the denominations involved taking part, a delightful contribution from children and a general atmosphere of shared happiness. There is still work to be done explaining the nuts and bolts of the Mission Community but our initial doubts have been replaced by acceptance and the enjoyment of sharing with different churches and denominations. Each congregation, parish and denomination can be compared to players in a football team; each player has their own tradition, strength and ability which combine to achieve the team's objective.

Gwyn and Jan Evans

## Loweswater Ladies

Our annual Kirkstile meal takes place after the Link deadline, so this is forward information about our forthcoming March meeting which will be held at our usual venue, Loweswater Village Hall, on Wednesday March 14<sup>th</sup> at 7.15 pm.

Our speaker for the evening will be Karen di Fenzi who will be giving us an insight into 'Wellbeing'. Val will be presenting the raffle and supper hostesses are Judith, Marjorie, Christine and Jan.

### Lorton & Derwent Fells Local History Society

Brackenthwaite   Buttermere   Embleton   Loweswater   Mockerkin   Pardshaw   Wythop  
[www.derwentfells.com](http://www.derwentfells.com)

#### *The Great War – Ambleside's Story*

Talk by Judith Shingler, Thursday 8 March 2018. Yew Tree Hall, High Lorton, 7.30pm. Guests £3 to include refreshments.

An insight into the impact of World War 1 on Ambleside including audio extracts from

interviews by the Oral History Group and photographs from various sources.

Judith Shingler and Allison Peak work with the Ambleside Oral History Group ([www.aohg.org.uk](http://www.aohg.org.uk)) that was formed over 40 years ago. It now has over 450 local interviews recording memories dating back to the turn of the 20<sup>th</sup> century.



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## Ullock Village Hall



### *Arts out West Show on Friday 2<sup>nd</sup> March* **Chip Shop Chips**

Eric has returned home for the grand re-opening of Booth's Fish & Chip Shop and it's time for a fresh start. But old flame Christine has other ideas. Transported back to a time of chippy teas and Northern Soul, they watch Lee and Jasmine stumbling through teenage love. Is it all just history repeating itself? This is theatre but not as you know it: dinner, dance & show all rolled into one!

#### **Advanced Booking Essential**

Tickets (£15) include chip shop supper.

BYO Drinks

Tickets must be booked by 2 days prior to performance date.

***To Reserve Tickets please call 01946 862300 or 861458***

#### **Film Night**

**Friday 16th March at 7.30pm**

***Goodbye Christopher Robin (PG)***

Tickets £5

*GOODBYE CHRISTOPHER ROBIN* gives a rare glimpse into the relationship between beloved children's author A. A. Milne and his son Christopher Robin, whose toys inspired the magical world of Winnie the Pooh. Along with his mother Daphne, and his nanny Olive, Christopher Robin and his family are swept up in the international success of the books; the enchanting tales bringing hope and comfort to England after the First World War. But with the eyes of the world on Christopher Robin, what will the cost be to the family?

#### **Coffee Morning Results**

The Table Tennis Club has donated just over £100 each to local homeless charities (Calderwood House, Egremont and Whitehaven Community Trust) - the proceeds of their Coffee Morning in February topped up with Table Tennis Club funds.

The Melbreak Communities raised £140.65 after costs at their event in January, part of which will be used to pay for venue hire for a series of creative "reuse and recycle" workshops that will be run as the result of a successful bid to Cumbria's Waste Reduction Fund.



THE MOCKERKIN MOB  
(founded by Alan Gane MBE in 1989)  
Walk 329



<b>A Walk</b> Sunday 11 <sup>th</sup> March 2018	<b>B Walk</b> Sunday 18 <sup>th</sup> March 2018
<p>Intended for experienced walkers <b>Meet:</b> 10am Roadside layby (½ mile along Orthwaite Rd from A591) <b>GR:</b> 235309 <b>Route:</b> Ullock Pike, Carl Side, Skiddaw, Bassenthwaite Common <b>Estimated Time:</b> 5hrs (Strenuous) <b>Leaders:</b> Judy &amp; John Hudson 01946 861555</p>	<p><b>Meet:</b> 10am Bleach Green CP (western end of the lake). <b>GR:</b> 084153 <b>Route:</b> Around Ennerdale Water - 7½ miles <b>Estimated Time</b> 4hrs (Moderate) <b>Leader:</b> Lois Suckling 01900 85409</p>

Walkers participate at their own risk. We welcome new walkers: if you are interested phone Joan, 01900 85637 or Judy, 01946 861555.

**The Melbreak Communities**  
**an Action Plan for the four parishes of Buttermere,**  
**Loweswater, Blindbothel and Lorton**



**Real Coffee & Home Made Cake**

Hosted by Lorton Vale Gardening Club

10.30am - 12.00pm on Saturday 17<sup>th</sup> March  
2018 at Yew Tree Hall

The United Benefice of Lorton and Loweswater with  
Buttermere

## Church Services March 2018

<b>4th March</b>		<b>3rd Sunday in Lent</b>		
	9.00am	Holy Communion	Lorton	BCP
	10.30am	Holy Communion	Loweswater	CW
	3.00pm	Evensong	Buttermere	BCP
<b>11<sup>th</sup> March</b>		<b>4<sup>th</sup> Sunday in Lent</b>		
	9.00am	Holy Communion	Loweswater	BCP
	10.30am	SONGS OF PRAISE	Lorton	CW
	3.00pm	Holy Communion	Buttermere	CW
<b>18th March</b>		<b>5th Sunday in Lent</b>		
	9.00am	Holy Communion	Lorton	CW
	10.30am	<b>Matins</b>	Loweswater	BCP
	3.00pm	Evensong	Buttermere	BCP
<b>25<sup>th</sup> March</b>		<b>Palm Sunday</b>		
	** 8.00am	Holy Communion	Loweswater	CW
	10.30am	Holy Communion	Lorton	CW
	** 6.00pm	Evensong	Buttermere	BCP
<b>Thu 29<sup>th</sup></b>	<b>7.00pm</b>	Holy Communion	Lorton	CW
<b>30<sup>th</sup> March</b>		<b>Good Friday</b>		
	<b>11.00am</b>	Morning Prayer	Buttermere	BCP
	<b>2.00pm</b>	Devotional Service	Loweswater	
<b>1<sup>st</sup> April</b>		<b>Easter Sunday</b>		
	** 8.00am	Holy Communion	Loweswater	BCP
	10.30am	Holy Communion	Lorton	CW
	** 6.00pm	Evensong	Buttermere	BCP

\*\* Please note time change

Deadline for March is Fri 23<sup>rd</sup> March 2018, all articles to  
lortonvalelink@gmail.com please for this date. Any comments, feedback,  
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