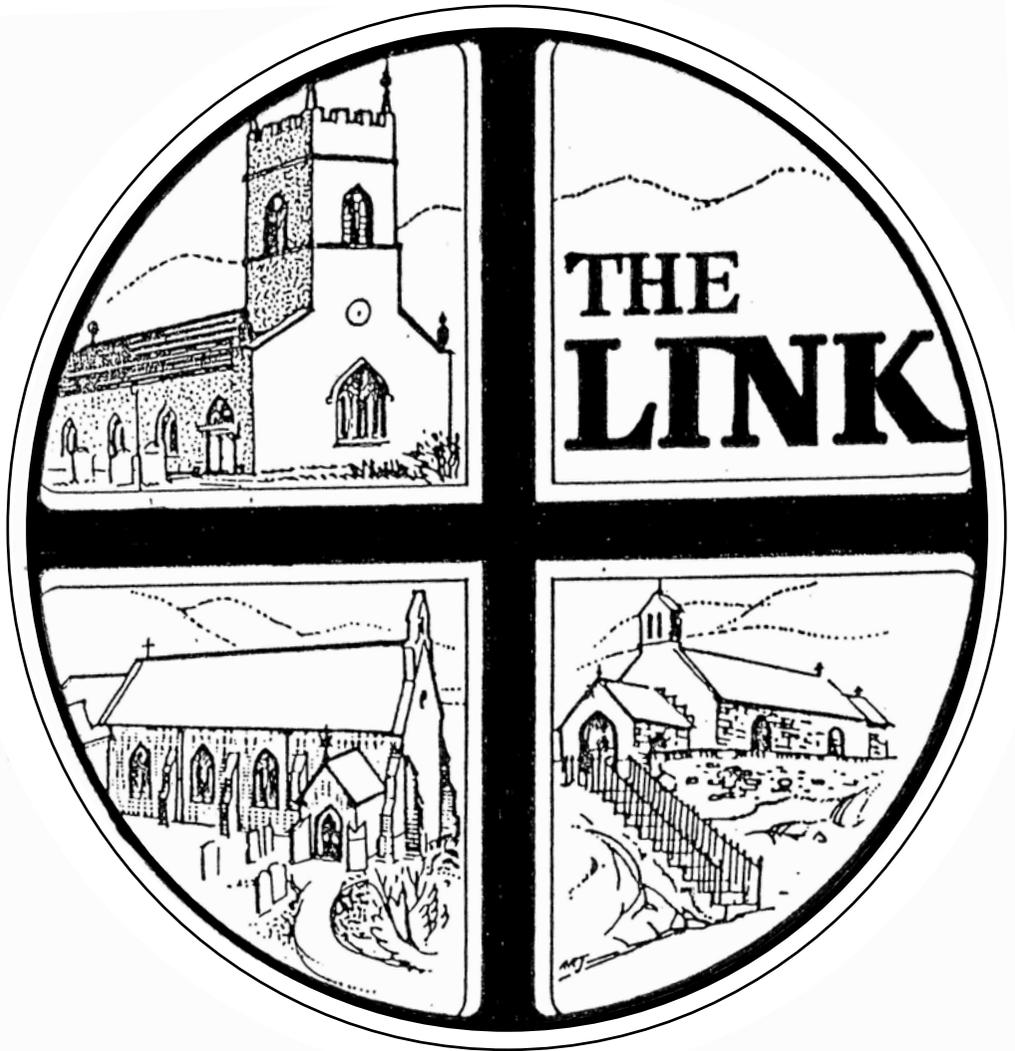


OCTOBER 2017



**THE UNITED BENEFICE OF LORTON AND
LOWESWATER WITH BUTTERMERE**

DIARY DATES FOR OCTOBER

- 1 Sun Harvest Supper, LVH 7 pm
4 Wed Table Tennis, 7-9p, YTH
5 Thu 77 Club AGM then talk by Rob Lucas on his ascent of Everest. 7.30pm LVH
5 Thu Coffee Morning - "MacMillan Nurses" 10.30-12.00 1 Red How Loweswater
- 6 Fri Ullock VH Film Night "Lion"
10 Tue Spirituality group, Muncaster House 10am
10 Tue King's Arms Yard ~ 6.00 ~ Lorton W.I. ~ History Trail, followed by meal at Tarantella
- 11 Wed Table Tennis, 7-9p, YTH
12 Thu Loweswater IT Group, 10.00 - 12.00 Damson Ghyll 01900 85609
13 Fri History of Cockermouth Railways, Eric Cass, Kirkgate. 7.30pm
14 Sat Coffee and Cakes, 1030-1200 YTH, hosted by Friends of Lorton School (FOLS)
- 17 Tue Melbreak Communities Steering Group Meeting LVH at 1930
18 Wed Table Tennis, 7-9p, YTH
19 Thu Book Club 10.30 at Whiteside High Lorton. 85490 Chs 11 and 12
24 Tue Film Night, "Their Finest", 7.30, Doors at 7, YTH
25 Wed Table Tennis, 7-9p, YTH
26 Thu Loweswater IT Group, 10.00 - 12.00 Damson Ghyll 01900 85609

November

- 9 Thu History Soc. talk, The Lakes: Barren Waste to National Treasure, Grevel Lindop, YTH. 7.30pm
11 Sat Loweswater VH AOW 'Cosgrove and Banks' live folk music.
21 Tue 77 Club Pie & Peas Supper followed by talk "Joining Forces".
26 Sun Ullock VH AOW "Mike Whellans"

Loweswater with Buttermere PCC 100 Challenge Club

The prizewinners for the draw held on 1st September 2017

No 83 1st prize of £25 Revd Sheila Hughes
No 105 2nd prize of £10 Janet Coles
No 24 3rd prize of £5 Frank Judd

*Congratulations to the winners and thanks
to all our supporters*

Moving Comfortably

This autumn we all managed to get together to go blackberry picking for the first time in ages. It felt exhilarating to be out there, harvesting nature's abundant and plentiful fruit. I felt the wet rain on my cheeks, heard the rush of the wind as I reached up for the little black jewels that were just out of my reach, and we all went home and baked a flavourful apple and blackberry pie.

I noticed that everyone in my family had their own particular way of moving comfortably. My son and I chose the higher branches, my daughters collected from the middle regions of the bushes, while my partner looked for brambles beneath the lower leaves crouching down.

Upon reflection, finding our own way of moving comfortably gives us freedom to choose the activities we want to enjoy



most with our families and the ability to be flexible and strong with physical exercise. When I had debilitating back pain and was told by a professor after an MRI scan that I had to stop moving, to stop, basically, doing everything I enjoyed in life, the little girl inside me said "no, I won't". To me movement is health.

I then read a book by Thomas Hanna about paying attention to how, when we move more slowly, we can move more comfortably. The pain and discomfort I had been experiencing for years was not "set" after all, but could be changed. How amazing it is now, that I can walk the fells again, not have to think twice about the gardening and can impulsively go foraging for blackberries. What can you change in your life simply and for the better?

October Reflections

Karen Douglas de Fenzi

Thank You from Alan Johnson.

I suffered a stroke 7 years ago while riding my vintage motor bike at the age of 90.

I spent a year in West Cumberland Hospital with a small amount of physiotherapy as offered on the NHS, to be told by a doctor that I would never walk again.

But here I am 7 years on having accomplished a sponsored walk for Fit for Life Gym and Cerebral Palsy charity. On 3rd September I walked 100metres as I had aimed to do, in 40 minutes using my walking stick.

Not much you might think but a considerable amount considering the severity of my stroke, but with the assistance of private physiotherapists Pat Smith then Neil Borthwick and Maryport Gym and my own determination to succeed at the age of 97, a dispatch rider war veteran. I am pleased to support the good causes.

I have to say that when I started this enterprise I did not anticipate such a wonderful result.

This has made the whole project worthwhile and I wish to thank everyone for their contributions and heartfelt support.

I have raised £660 up to date which was well worth the effort and thank you again.

NOTES FROM ST. BARTHOLOMEW'S

Autumn has certainly come in with a cold splash; it seems more like November than September.

The swallows have been wheeling around getting ready for off and looking at those tiny bodies, it seems incredible to realise the thousands of miles they will cover. Before we turn around, it will be harvest, what a thought; we have hardly had a summer, wonderful though harvest is, it is a real harbinger of winter. If you have any gifts for the harvest service, we will be decorating the church after the wedding

at 3pm on 29th September. It is a real pleasure to set out your gifts, always so generously given. The harvest supper is on Monday 1st October at 7pm; price £8, followed by the auction under the expertise of Jeff Walker. All proceeds to local charities. Tickets are available from the Churchwardens or any PCC member. This will be a time to say farewell to Reverend Sheila and Martin Hughes, as it is their last function, before they leave for Birkenhead, to enjoy their retirement.

Barbara Robinson

Loweswater Show

Loweswater Show was held on Sunday 3 September this year and was a good day out enjoyed by many of you from near and far. The organising committees would like to thank everyone for their contribution, big or small and if anyone would like to join either the agricultural or industrial committee or has any ideas or feedback please contact Rachel Moore on 01900 368909.



The new season of the 77 Club will take place on Thursday October 5 at 7.30pm in Loweswater Village Hall. After a brief AGM we will hear a talk from Rob Lucas on his climb up Mount Everest. On 12 May 2016 Rob and Kenton Cool reached the top of the mountain. They were the first westerners to reach the summit following the terrible avalanches of 2014 and 2015 that shocked the world. Their achievement was hugely significant for Nepal in re-

opening Everest and achieved widespread publicity.

At the meeting, annual subscriptions (£10) will be collected. This meeting is open to all, and those who do not wish to join the Club for the year are asked to pay £2.50. Please bring a prize for the raffle.

Date for your diary: Tuesday 21 November 7.00pm. Pie and Peas supper. Cost £8. Please sign list on 5 October. After supper there will be a presentation Martin Adair of West Cumbria Age UK on a new project "Joining Forces" about working with ex-service personnel over 65 and their families.

John Hudson

LORTON NOTES

October's weather can show great contrasts, varying from glorious Indian summers to stark reminders that the cold, dark winter days are not far away. Let us hope that we are blessed with the former so that Sheila's memories of her last days here are particularly happy ones. By now you will hardly need reminding that the first Sunday in October will be the last time that Sheila takes a service at St. Cuthbert's. Let's see if we can get one of our larger 8.00 congregations to see her on her way. It will be a prayer book service, which I think is appropriate for the quieter atmosphere of the said service. Haul yourself out of bed and give her a good farewell.

In the time before our new priest is appointed we shall be dependent upon visiting priests taking our services. There have already been meetings between the Churchwardens in the benefice, the Archdeacon, the Rural Dean and Rev.

Godfrey Butland, the senior priest in Cockermouth. The Churchwardens are very grateful that it is hoped that the usual pattern of services will continue, but this will require commitment from a number of priests and the schedules may have to be altered, sometimes at short notice, with the possibility of church wardens leading matins and evensong. Keep your eyes on the notice board. We are, however, fortunate that such efforts are being made for us.

At the end of October we have an indication that the church's year is drawing to its close with the Last Sunday after Trinity falling on the fifth Sunday of the month and the Benefice service being held at Loweswater. The green altar frontal, which has been in place for many months, will be showing for the last time and will not be seen again until well into the new year.

Roger Peck

CHURCH CHOIR AT MOSSER

On 30 August the Lorton Valley Church Choir took part in a Summer Service of Words and Music at St Michael's Fell Church at Mosser in the Benefice of Clifton Dean and Mosser.

This very beautiful little chapel is normally used only once a year but is well looked after and certainly worth a visit.

The service consisted of hymns, prayers, anthems and readings and was lit by gas lamps and candles. The readers were from both benefices, the service was led by Alistair Smeaton from Cockermouth URC, and the choir sang several anthems. We were blessed with a rare sunny evening so everybody was able to wander around enjoying the panoramic views.

Sharing this service with another benefice was very special, and many said how memorable an evening it was.

Sue Ralph

"Travellers' Tales" ranging from saving his travel business (and customers' holidays) during the 2009 floods to working covertly with the CIA to move important dissidents to and from Saddam Hussein's Iraq and America kept us spellbound. But before this riveting talk from Paul Cusack of Cockermouth Travel, President Ann welcomed 14 members and two visitors to the meeting, one of whom – Hilary Iozzi – was also welcomed to Lorton. Carolyn informed us of a rise in subs to £41 per annum. Notice was given of the Federation Quiz Night, to which we will send a team, followed by some details of future meetings. Ann also gave Vicar Sheila our best wishes for her retirement and her move back to the Wirral. Sheila replied by saying how much she had enjoyed her time in the Valley and that she was pleased that she had joined W.I.

Ann then welcomed our speaker Paul, who reminded us how much the holiday scene has changed since the 50s when most of us had one or two weeks holiday, every Summer, in the UK. Few people went abroad and only the rich flew. With the start of cheap flights and package tours to the Continent, the world became accessible to the majority. Now it is common for people to have several holidays and short breaks during the year and the holiday business is booming.

You may wonder how an independent

travel agency can survive and flourish with modern internet bookings and the cheap, all-in packages of the big high street operators. As Paul explained, Cockermouth Travel can do the simple stuff for those less comfortable with booking their own flights and hotels but specialises in complicated, tailor-made holidays where they can put their expertise at the service of the more adventurous.

Paul told us how International disasters such as 9/11 can affect travel choices, and even local disasters such as Foot and Mouth disease and floods. This is when we heard about the week of the flood in 2009, when Cockermouth Travel organised an office in Mitchell's auction rooms and Paul had met Prince Charles. Disaster had been averted, the staff had kept their jobs and customers' holidays were saved. Paul and his staff's "can do" attitude, involving the local and wider community, from working with local schools and charities to work with the Land Mine Advisory organisation clearly demonstrated how a local, dynamic business can make a difference. Pam thanked Paul for a fascinating and exciting talk.

Next month's meeting on 10th October is a History Trail in Cockermouth, meeting at 6.00 in Kings Arms Yard. To go to the meal at Tarantella at 7.30, please contact Judith Foster.

Penny's Piece

A huge thank you to the team who came and helped parking cars and taking money on the gate on show day. It really doesn't work without you. The parking on the main field looked like a work of art. It was a great day and we managed to stay (mainly) dry. See you all next year.

I received a very peculiar look the other day whilst sat in my car. One of my colleagues tapped on my window and asked me why I appeared to be playing the game Operation with my stereo. I like listening to music when I drive and when the radio is being naff or it is a dj I don't particularly like, I put a cd on. The problem is, recently the cd player has given up spitting cds out. So, I have to use a pair of tweezers, like in Operation, in order to change cd. It works quite well and I am getting quite adept at it but I can no longer risk changing cds at traffic lights as I can't guarantee I'd be able to do it in time - depends on which lights you're at of course.

I have a new boss who is beginning by trying to help sort out the physical state of the building we are in, before we get a new one. We did an exercise about what we do well and what needs to be better and my table was looking at the physical environment. We reached some entertaining conclusions. The building was opened in 1969 and is up for flattening by 2019. We realised that we have become

very good at 'gift wrapping turd' in order to make the place look better. We also realised half of the mess was due to internal 'fly-tipping'. People walk round putting things down in random places and never pick them up again. Or they put things back in the wrong place. Like when you accidentally put the kettle in the fridge.

People bring lunches in pots, bowls and on plates from home and somehow don't take them home again. There are at least 4 plates in the staff-room of the same pattern, that aren't school's. How can you not notice you've lost half of your plates? There is still a ludicrous, full length, fake sheepskin coat on the back of a door that belongs to someone who left three years ago. Though that is useful in cold weather when you're on playground duty as it is very warm. Yes, this also shows we hoard stuff. Apparently about 17 skips are on order for January. I can't wait. I know my classroom cupboard has stuff in the back from previous owners and could be pre-National Curriculum. It will be like a time capsule. For all I know Marylin (4 owners ago) could still be pinned in the back of the cupboard. Unfortunately, that could also mean any money found in it is likely to be pre-decimal but there could be vintage items we could sell. I might end up in Narnia! See you next month. Penny

August Bank Holiday Cream Teas

Thanks to everyone for baking and preparing the scones & cakes, to all who worked so hard on the day and thank you also to everyone who came and enjoyed the delicious teas, contributing to making the afternoon a very successful event. Thankfully the weather was good to allow us to have some tables outside for Dogs and their walkers. We made an excellent £460.00. **Thank You.**

Lorton Vale Gardening Club



The last summer meeting of the year was to High Moss, courtesy of the owners, Christine and Peter Hughes. We were last here 5 years ago and Christine and Peter have been working very hard on the development of the house and garden. As usual, we were lucky with the weather - no mean feat in view of all the rain in the last few weeks. This fine Arts and Crafts house was one of 4 built for John Stanwell Birkett, a successful London lawyer, and designed by William Henry Ward, in the very early years of the twentieth century.

High Moss was the one intended for Birkett, although it would appear that he sold it on almost immediately, having received an offer that he couldn't refuse. In the Arts and Crafts tradition, the house and garden were planned together. In fact, the design that Ward made for the garden was never carried out, except in the central stairway, descending the sloping site. Christine and Peter have restored and reworked the garden extensively, following the spirit of Ward's

design. The latest development is the "allotment" - a lovely colourful mix of veggies, flowers and cutting garden laid out on what used to be the tennis court. The design is based on diamond shapes, a motif which occurs throughout the house. Tea on the terrace completed a delightful season of garden talks and visits

Coming up shortly is our AGM, on **Thursday 19th October, at 7.30 in the Yew Tree Hall**. Existing Club members should send their subscription (£10), together with the application form on the back of the Newsletter, to Sheila Mills, Scales Farm, High Lorton, Cockermouth CA13 9UA, or bring it with you to the AGM. After a brief business meeting, the main event of the evening will be Lynne Brunetti, speaking on **Wild flowers and their garden relatives**. Lynne is an old friend and we are very much looking forward to hearing her. Tea and biscuits provided - new members and visitors very welcome!

Loweswater Village Hall

In association with Arts Out West:

Cosgrove and Banks –

sublime acoustic music from Britain, Europe and beyond,

will be playing at **Loweswater Village Hall on Saturday 11th November at 7:30pm**. Tickets are £10 for adults, £5 for under 18 and students, £22 for a family of 4.

Tickets available from 01946 862200/ penny@leck08.plus.com or online from: www.kirkgatearts.org.uk

Donations of raffle prizes welcome. Refreshments on sale or BYO.

“Superb musicians bringing unexpected gems for our delight. Soulful and fun.”- Maddy Prior.

“Truly captivating. . . touches the very depth of being as only music can.”- Living Tradition. see www.cosgroveandbanks.com



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ST CUTHBERT'S, LORTON - GIFT STALL AT LOWESWATER SHOW

I know that many of you visited the St Cuthbert's Gift Stall at Loweswater Show last month – many thanks to all those who supported us. The range of gifts appeared to be very well received and sales were good. The most popular items were the canvas bags and The Lorton Vale Souvenir Cook Book. For those of you who missed the Show, or who will be looking for unusual stocking fillers, the next opportunity to buy items will be at the St Cuthbert's Christmas Fair on Saturday 25th November in The Yew Tree



Hall.
We also raffled a handmade quilt to raise funds for the Grenfell Tower Disaster Fund. Sales of tickets were brisk and I'm glad to say we raised £230.00. Once again – thank you to all the supporters. The quilt was won by a lady from

Workington who is yet to decide whether to use it as a quilt or a wall-hanging, but she was thrilled to win.
Rosemary Riley

Walkers' Way No. 186

There are few more fascinating aspects of the countryside than the subject of boundaries. Their history often goes back to the Middle Ages and beyond; there were a number of reasons for them, and a number of different materials used. Parish boundaries, individual holdings and fields within holdings, to denote ownership, to protect stock and to divide holdings for the purpose of crop rotation. To prevent stock from straying – fencing animals in and fencing animals out. Ditches, banks, stone walls, fences, palisades and of course, hedges.

Hedges may be composed of a number of different species, among which hawthorn is one of the earliest used and remains one of the best. It predominates throughout much of the North of the UK, being easy to establish and forming a thick and impenetrable barrier, with no tendency to allow gaps between or below component plants and having sufficient strong and sharp thorns to deter penetration. There are, needless to say, many mixed hedges too, some having been planted as such, but far more having become “contaminated” by the introduction of other species through seeds being blown in on the wind, or being deposited by birds or animals. Research on the subject of hedges mixed by contamination suggests that they become progressively mixed over time, and that a reasonable rule of thumb guide is that the number of species in any 30 metre length of hedge increases by one for each century after planting. While hawthorn predominates, ash, elder, sycamore, buckthorn and blackberry often occur, as do trees of ash, oak, elm and beech, if they are allowed to develop.

Hedges are invaluable for wildlife, both in

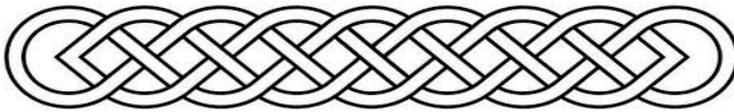
themselves and as corridors for relatively safe movement, and there can be no doubt that their necessary elimination to facilitate the prairie farming of cereals in Eastern England has been responsible in large part for the great reduction in wildlife there. Many species of bird depend upon hedges for nest sites, including the blackbird, chaffinch, hedge sparrow, linnet, robin and yellow hammer. Similarly, many birds feed voraciously on hedgerow berries and fruits. The hawthorn, or whitethorn as it is also commonly known, provides one of the most striking displays in May. The individual flowers are white or pink, sweet scented, and are borne in vast numbers, decking the hedgerows in a profusion of blossom unsurpassed in the countryside. The fruit or “haw” is globular or ovoid and contains a hard one- or two-celled nut, much prized by some birds.

A most striking seasonal occurrence associated with the ripening of these “berries” is the arrival in the Autumn of vast rolling flocks of fieldfares, often some hundred strong and frequently accompanied by redwings, both of which are members of the thrush family. The fieldfare is much the larger of the two, with a striking blue-grey head, nape and rump, a chestnut back and speckled brown breast. When disturbed a flock will rise with a flash of their wings and much excited chattering. Both species are visitors, arriving in late September, and leaving again for North-Eastern Europe in April. While such flocks may be seen feeding for much of the time in hedgerows, parks and even gardens, on a range of fruits and berries, worms, snails, and caterpillars, their favourite food is provided by the bounty of the hawthorn hedges.

Alan Gane.

Our next film is *Their Finest* (cert 12A), showing on Tuesday October 24th at 7.30 in Yew Tree Hall. Doors are at 7pm, entrance is £5 on the door and there will be a bar. Come early and have a drink before the film starts. For further information call 0190085035.

Their Finest is a romantic war-time comedy with a starry British cast, including Gemma Arterton, Bill Nighy, Richard E Grant, Jeremy Irons and Tom Buckley (the *Hunger Games* Sam Claflin). Based on the novel *Their Finest Hour and Half*, and directed by Lone Scherfig (who directed *An Education*) the film tells the story of Catrin Cole (Arterton) who is employed to write “the slop” – the women’s dialogue in a war-time propaganda film about Dunkirk. There is a film within the film, starring aging actor Bill Nighy who, as usual, steals the show. The film has plenty of jokes about the process of film-making and the role of women in the war. The film was given 4 stars by the *Observer* who said that amongst the plethora of war films out this year “it’s hard to imagine any will match *Their Finest* for its big-hearted swell of warmth and its unstuffy empathy”.



6th Bernard Bradbury Memorial Lecture

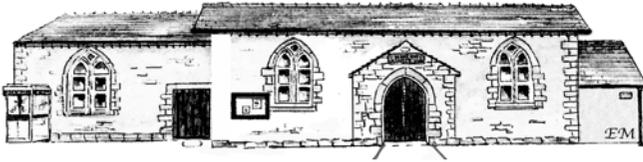
Cockermouth's relationship with the railways 1847 - 1966 by Eric Cass

*Friday 13 October 8.00pm, Kirkgate Centre, Cockermouth.
Tickets £4.50 direct from Kirkgate Centre*

This fully illustrated lecture will provide an introduction to the history of the development and subsequent demise of the railway system that linked Cockermouth to Keswick, Workington and Penrith. The talk will cover how the railways were financed, the engineers involved, how it was built, its bridges and stations and the social impact on Cockermouth of the arrival and eventual departure of the service.

Eric Cass is a local historian, a member of Cockermouth Museum Group and the Lorton and Derwent Fells Local History Society.

Ullock Village Hall



Film Night

Friday 6 October at 7.30 pm

"LION" PG

Lion is an emotional biographical drama about Saroo Brierley, who was lost to his family in India at age 5 after ending up on a train bound more than 1,000 kilometers away from his hometown. Based on Brierley's memoir **A Long Way Home**, the movie chronicles how Saroo becomes obsessed with finding out where he's from and what happened to the family and uses Google Earth to track down his birth family after a 25-year separation.

Tickets Adult £5, Child £4, Family (2+2) £16

01946 862300

Sunday 26 November at 7.30pm

Arts Out West present

"Mike Whellans"

Mike sings, writes, plays drums, a dynamic one-man blues band, recently returned from appearing at the **Edinburgh Festival**

Undisputed master of the one-man blues format, playing electric & acoustic guitar, mouth harp, drums & mouth percussion. "Amazing ability...totally brilliant"

(Mike Harding, BBC).

Tickets £10, Child £5, Family (2+2) £22

01946 862300 or 861458

WELCOME

A warm welcome is wished to Nigel and Cathy and their dog "Gypsy" who moved into our Valley in August at No.2 Red How, Loweswater, next door to Barbara & Alan who are hosting a coffee morning in October in aid of the MacMillan Cancer Nurses. We hope Nigel and Cathy will enjoy living in our Valley.

Jan Collins-Webb

Loweswater Ladies

At our September meeting we were entertained by a superb audio visual presentation by Maurice Steele, relating his travels throughout Wales. The scenery and places he visited were enthralling and depicted the diversity of this wonderful part of the British Isles.

He visited a variety of castles, Neolithic sites, stunning mountains of North Wales and the wild hills of the Brecon Beacons. He took us underground to the famous Dan-yr-Ogof caves, renowned for their beautiful caverns and ancient stalagmites. Famous icons of Welsh literature were explored including the poet Dylan Thomas. Maurice included a beautiful reading from Under Milk Wood narrated by Richard Burton and it was a pleasure to listen to Burton's resonant, lilting Welsh voice narrating it.

It is impossible to list the huge variety of places visited and wildlife and birds presented to us. One intriguing selection included details of the last Invasion of Britain in 1797 when French troops landed at Careg Wasted near Fishguard in Pembrokeshire. They were defeated by the local population and a beautiful, modern 30 metre tapestry

depicting the event can be seen in Fishguard town, a fantastic piece of needle craft, executed by 70 local ladies of the town. Another highlight of his talk included pictures of beautiful Devil Bridge near Aberystwyth with its series of three bridges set atop each other, the first dates from the 12th century, the middle one from 1753 and the final one built in 1901.

Maurice was thanked for giving us such an insight into the beauty of Wales. He was also commended for his choice of music which accompanied the presentation, his concluding chosen piece being 'I Keep a Welcome in the Hillside' sung by a Welsh Male Voice Choir, a fitting finale.

Our evening concluded with teas and biscuits and the raffle, presented by Madeleine and won by Marjorie.

Next month we meet at the same venue, Loweswater Village Hall at 7.15 pm to hear a talk on Beekeeping by Val Sullivan. Lyn will be providing the raffle and supper hostesses will be Margie, Yvette, Madeleine and myself.
Ann Hiley

LOWESWATER IT GROUP AUTUMN 2017

OCTOBER 12th & 26th 2017

DAMSON GHYLL

If you would like to come along and get help with IT or are unsure and would like more information, please contact me. Our sessions are informal and include refreshments at £2.00 and we look forward to welcoming newcomers.

Please ring me to book and confirm attendance

Jan Collins-Webb - 01900 85609.

Buttermere Notes

By the time this edition of The Link is read the Revd Sheila will have taken her last Service at Buttermere. In the three years she has been with us Sheila has preached memorable sermons, conducted relaxed weddings and driven 100s of miles to and from St James. The care and effort that Sheila put into her services has been reflected in the thoroughness (and success) of her leadership of the Youth café, the spirituality group, art group and book club. An important and caring part of Sheila's ministry has been her commitment to visiting sick and bereaved parishioners. Equally important has been Martin's support, particularly in IT matters. In their brief tenure Sheila and Martin have certainly left their mark on the Benefice. To wish them a well-earned retirement the 'Buttermere Irregulars' took Sheila and Martin to lunch at the Fish Hotel, Buttermere and presented them with a framed photo of St James Buttermere (taken the day the sun shone!).

As one door closes we hope another will soon open. Because of established and protracted procedure in the Diocese for filling a vacancy it will be at least April 2018 before we can expect it to be filled, providing there are applicants. Loweswater with Buttermere PCC campaigned vigorously for this period to be shortened, but to no effect. One of the main reasons given was that letting the Vicarage on at least a six month tenure would provide welcome income for the Diocese. The Vicarage is to be placed with a letting agency but if anybody is

interested the Diocesan Property Department (01768 807762) would be very pleased to hear from them.

Meanwhile the Vicarage email address will still be accessible and the Vicarage phone will have a recorded message giving the phone numbers for a Churchwarden of each church.

During the last interregnum congregations attended one another's churches and we enjoyed a variety of preachers. Let us again make the most of the situation, maybe even furthering the aims of the Mission Community by pulpit exchanges with ministers of other denominations.

On August 30th the 'Benefice Choir' took part in an enjoyable service of hymns, anthems and readings at St Michael's Mosser, a remote 18th century chapel in the middle of a field, lit by paraffin lamps (organist Sue wore a head torch to see the music!). The service was taken by the Rev Alaister Smeaton of the URC, readings shared between parishioners and the choir, and organised by Hugh and Sue Ralph.

Barbara Robinson is to be congratulated for taking part in the Worship4Today programme and was commissioned as a Service Leader by Bishop James in a well attended service at St Bridget's Bridekirk on 17th September. We enjoyed a lively service with a variety of music, the company of children and a delicious lunch afterwards.

Gwyn and Jan Evans



THE MOCKERKIN MOB

(founded by Alan Gane MBE in 1989)

Walk 324



A Walk Sunday 8th October 2017	B Walk Sunday 15th October 2017
<p>Intended for experienced walkers Meet: 9.45am for a10am departure. Parking reserved opposite Mungrisdale Village Hall GR: NY364302 Route: Under The Tongue, Bannerdale Crag, Glenderamackin river, Mouthwaite Comb, Souther Fell Estimated Time: 5-5½hrs (Moderate/Strenuous) Leaders: John & Rosamund Macfarlane 01900 85289</p>	<p>Meet: 10am Great Wood C P near Keswick GR:272213 Route: Walla Crag, Ashness Bridge, Back along the lakeshore Estimated Time: 4hrs (Easy/Moderate) Leaders: John & Judy Hudson 01946 861555</p>

Walkers participate at their own risk. We welcome new walkers: if you are interested phone Joan, 01900 85637 or Judy, 01946 861555

The Melbreak Communities an Action Plan for the four parishes of Buttermere, Loweswater, Blindbothel and Lorton



Real Coffee & Home Made Cake

Hosted by Friends of Lorton School

10.30am - 12.30pm on Saturday 14th October

At Yew Tree Hall

The United Benefice of Lorton and Loweswater with
Buttermere

Church Services October 2017

1st October

16th Sunday after Trinity

8.00am	Holy Communion	Lorton	BCP
10.30am	Harvest Festival (HC)	Loweswater	CW
6.00pm	Evensong	Buttermere	BCP

8th October

17th Sunday after Trinity

8.00am	Holy Communion	Loweswater	BCP
10.30am	Matins	Lorton	BCP
6.00pm	Holy Communion	Buttermere	CW

15th October

18th Sunday after Trinity

8.00am	Holy Communion	Lorton	CW
10.30am	Holy Communion	Loweswater	CW
6.00pm	Evensong	Buttermere	BCP

22nd October

19th Sunday after Trinity

8.00am	Holy Communion	Loweswater	CW
10.30am	Holy Communion	Lorton	CW
6.00pm	Evensong	Buttermere	BCP

29th October

Bible Sunday (Last Sunday after Trinity)

10.30am	Benefice Service	Loweswater	CW
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Deadline for November edition is Fri 20th Oct 2017, all articles to
lortonvalelink@gmail.com please for this date. Any comments, feedback,
ways in which we can improve will also be gratefully received.