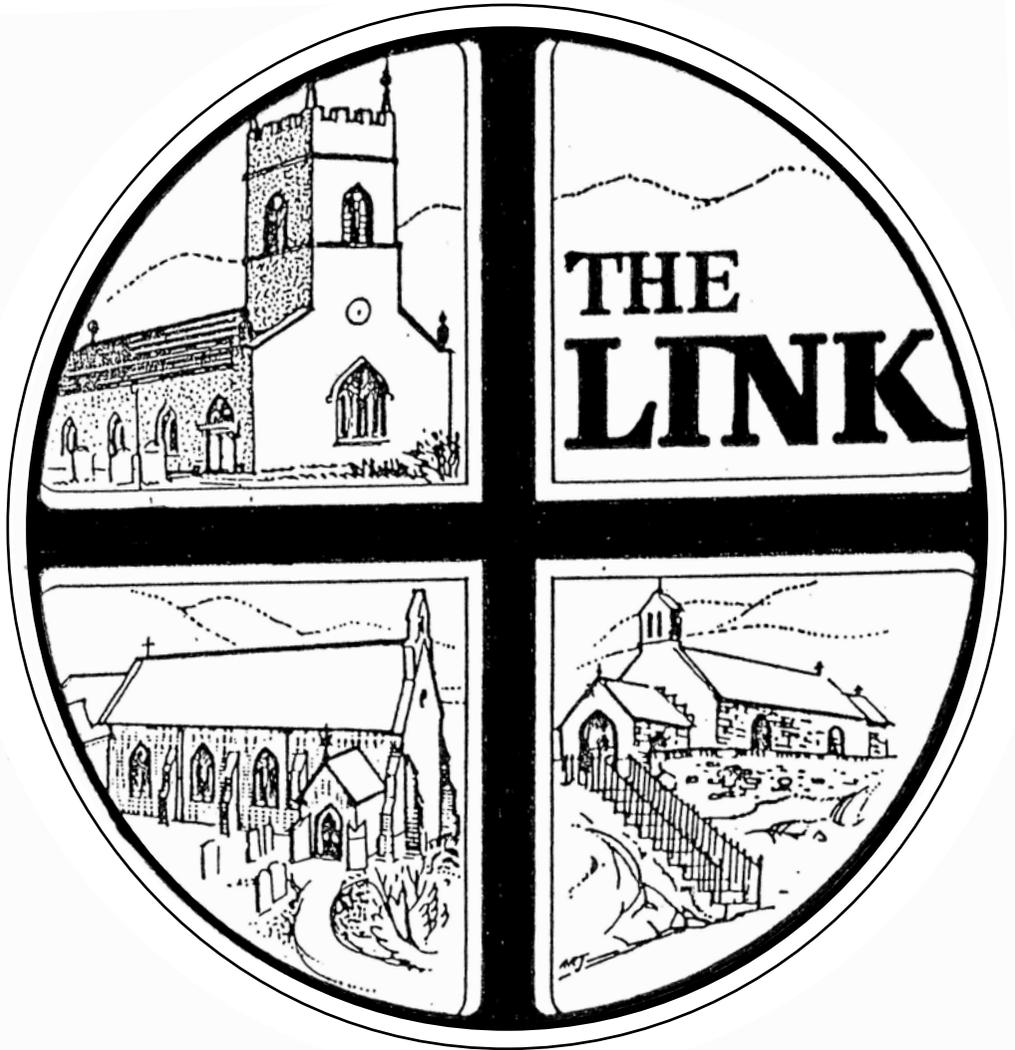


OCTOBER 2016



**THE UNITED BENEFICE OF LORTON AND
LOWESWATER WITH BUTTERMERE**

DIARY DATES FOR OCTOBER

- 10 Mon Community Lunch, Lorton School, 1.15 pm (booking 07790 459064)
- 11 Tue YTH 7.15 Lorton WI Talk on Winter driving
- 13 Thu Loweswater IT Group - Damson Ghyll 10.00 - 12.00
- 13 Thu Loweswater 77 Club AGM LVH 7.30pm talk on Heraldry
- 14 Fri Youth Cafe YTH
- 14 Fri Jazz at the Kirkstile 7.30 pm
- 15 Sat Confirmation Preparation at the Vicarage 11-12 noon
- 15 Sat Coffee and Cakes, YTH, 1030 to 1200, hosted by FOLS
- 18 Tue Melbreak Communities Steering Group Meeting, YTH, 1930
- 19 Wed Table Tennis YTH 7-9pm
- 25 Tue Film Night, Bridge of Spies, YTH, doors at 7pm
- 26 Wed Table Tennis YTH 7-9pm
- 27 Thu Lorton Gardening Club AGM, YTH, 7.30 pm
- 28 Fri Youth Cafe Church
- 28 Fri Spirituality Group at Muncaster House 10-11am
- 30 Sun Confirmation Service at Lorton Church 6pm
- 30 Sun End of BST clocks go back

Diary Dates for November

- 10 Thu Loweswater IT Group - Damson Ghyll 10.00 - 12.00
- 14 Mon Community Lunch, Lorton School, 1.15 pm (booking 07790 459064)
- 22 Tue Pie and Pea Supper 77 Club LVH 7.30 pm
- 24 Thu Loweswater IT Group - Damson Ghyll 10.00 - 12.00 (book 01900 85609)

Diary Dates for December

- 12 Mon Community Lunch, Lorton School, 1.15 pm (booking 07790 459064)

Dear Friends

There have been rich pickings in our hedgerows this past month. I've been able to freeze some blackberries for use during the winter. I was picking some one day and was reminded of the story of St. Michael the Archangel who hurled Lucifer out of heaven because of his treachery during the great war in heaven. St Michael was viewed upon as the main angelic warrior and a protector of those in their darkest hour. The feast day of St. Michael, Michaelmas Day, is traditionally celebrated on the final day of the harvest season which used to begin on August 1st – Lammas Day. "Lammas" was the name of the "loaf mass", a bread made from the new wheat crop for the Church Communion that week. That tradition was abolished by Henry VIII and now our Harvest is nearer to Michaelmas Day. Michaelmas Day heralds the darker nights and the end of the blackberry harvest. It was thought that, when Lucifer was expelled from heaven, he put a curse on blackberries and, every Michaelmas, the

blackberries are truly over. In fact, I stopped picking them in the middle of September.

At the time of the harvest, we thank God for the food harvest but also for the harvest of souls who have turned to God in their own darkest hour.

A soul that needs God is indeed a needy soul.

A soul that follows His Son, Jesus Christ, is an obedient and sacrificial soul.

A soul that is open to God's Holy Spirit is one that is ethereal and angelic in nature, spiritual and contemplative about God's power available to the person in this life.

However, your soul lies today have a Happy Harvest and God Bless always.

Revd Sheila

Tel.: 85237

Email: vicarlolobu@hotmail.com



Loweswater Village Hall News

Our Arts Out West evening with International Pianist Phillip Dyson was an intimately arranged affair but allowed everybody to witness the skill and dexterity of this accomplished pianist. As you would expect, the whole evening was played from memory and there was something for everyone.

At various points different members of the audience could be seen smiling in recognition at Rhapsody in Blue or nodding and tapping along to Scott Joplin. Feedback from the night described Phillip as excellent and inspiring.

Thank you to Chris Todd and Ken Bell for helping get the piano in and out of the hall and Ellie for helping Val and I by selling raffle tickets on the night.

Watch this space for our next event towards the spring. P. Leck

NOTES FROM ST. BARTHOLOMEW'S

What a fantastic 140th Loweswater Show, our prayers were surely answered, at about 10.30 the clouds parted and the sun shone! A great day enjoyed by everyone.

As we go to print we are looking forward to celebrating with Buttermere, our joint **Harvest Festival Service on Sunday 2nd October**, followed by Harvest Festival Tatie Pot Supper & Auction on Monday 3rd October in Loweswater Village Hall at 7pm. £8.00. The profits of the evening are to be shared between the Bishops Appeal, "Harvest for the Hungry" and Hospice at Home. Please contact me to book your place, as we need to know numbers to order meals. Tel. 01900 85609 Thank you.

We will be decorating the church for Harvest Festival on Saturday 1st October after 3.30pm (due to a Wedding same day). Contributions of pot plants, veggies, fruit, homemade preserves etc to be sold at the auction would be much appreciated.

John & Marilyn Laverack are leaving The Valley at the end of October and would

like to share a farewell glass of wine with us at our Harvest Festival Supper.

August Bank Holiday Cream Teas –

Thanks to everyone who came to enjoy the delicious scones & cakes. Thanks too, to everyone who worked so hard on front line and behind the scenes, contributing, to ensure the afternoon was the success it was – we made a staggering £626.00. An amazing effort by everyone involved. Thank you.

Our church is now drying out, the external works to gutters, vestry and porch roofs have now been completed. Archdeacon Richard advises that it will probably take about a year to dry out, moisture readings are being taken regularly to help us to determine when it would be "right" to redecorate. So apologies for the unsightly blown plaster.

We now celebrate each Sunday as being after Trinity. Not long before we contemplate Advent! How time flies!

Jan Collins-Webb

From St Bartholomew's Register

Wedding:

3rd September 2016

Mark Anthony Callion and Emma Louise Rawling

Loweswater IT Group

October dates:

Thursday 13.10.16 at DAMSON GHYLL 10.00 – 12.00. Only one meeting this month due to half term. If you would like to come and get help with IT, you

would be very welcome. **Please ring me for more information, and to book your place and attendance.**

Jan Collins-Webb - 01900 85609.



The Club organises social activities during the winter months, and provides help and support to members (past and present) in need. Membership is open to all. The annual subscription is £10 and is payable at the first meeting.

This year's programme commences on Thursday 13 October at 7.30pm in Loweswater Village Hall. After a brief AGM, we shall hear a talk by Alan Gane on Heraldry. So come along and renew your

membership, or join for the first time. Please bring a prize for the raffle.

Dates for your diary:

Tuesday 22 November 7.00 pm. Pie and Peas supper (£7). After supper there will be a speaker. Please sign up for the supper at the 13 October meeting.

Saturday 10 December 3.00 pm. Annual Christmas party.

Marilyn Laverack, Secretary

LORTON NOTES

By the time October comes summer holidays seem far distant, which appears strange as I write these notes, as we are preparing to visit our daughter and family in Australia with a mini-heatwave outside. However, when this is read days will be getting much shorter and the Church's year will be progressing beyond the Sundays after Trinity. 23 October is the Last Sunday after Trinity or Bible Sunday, but the excitement for our parish and benefice is that on All Saints' Day, the following Sunday, at 6.00pm the Bishop will be coming to conduct a Confirmation Service.

Confirmation is an important event in a Christian's life and we are privileged that, this year, the service will be taking place in our church. It is appropriate that the Sunday is the fifth Sunday in the month when only one service is held and the

entire benefice worships together. There will, of course, be no morning service and we hope many will join us on this joyous and important occasion.

I don't think many of our congregation remember the time before our current blue carpet was laid. The PCC is aware that it needs replacing, but there are other developments which are being considered which would be better completed before replacing the carpet. These are interesting times.

Y-Club and the Youth Cafe will be meeting as usual this month.

From St. Cuthbert's Church Registers:

Funeral and burial: 26 August: Marilyn Brindle.

Roger Peck

LORTON WOMEN'S INSTITUTE
SEPTEMBER 2016 Meetings



Before introducing Sharon from Fyne Fish of Cockermouth, President Ann Roberts welcomed 13 members and 12 guests. The Business was brief, comprising some village news and congratulating past members Maud Vickers and Linda Hutchinson on attaining their 90th Birthdays. Pam requested that more W.I. members submit entries to the Industrial Tent at the Loweswater Show in 2017. We have a wealth of talent amongst the members and entries were rather thin this year. We will re-visit this next Summer.

Did you know that EU regulations allow supermarkets to describe fish as “fresh” as long as it has not been frozen? Some supermarket fish has been frozen at sea and then defrosted, which leaches much of the flavour. As most supermarket fish has been out of water for an average of 3 weeks the word “fresh” could be disputed! Whereas deliveries to Fyne Fish of fresh fish is daily and has not been frozen. However, beware: the supply of fish for one day will be sold quickly, so don't leave your fish shopping too late in the day! Most of her supplies come from a central source; sometimes there will be fish available from local fishermen, but not often. Did you know that most of the langoustines eaten in France are caught off the North West and North East of England? They are bought up by large corporations as soon as they are landed and shipped to mainland Europe.

Sharon proceeded to tell us about how the business she started in Cockermouth with her husband has grown. She is passionate about fresh fish and told us how they source the freshest fish possible, caught in the most eco-friendly manner. We tasted cold water prawns from Greenland, smoked salmon from Fort William and locally sourced crayfish, which persuaded us that really fresh fish tastes so much better than supermarket products. She recommended a recipe of rolled plaice with brown shrimps and garlic butter and gave us advice and answered questions on how to cook various types of fish, with examples to show us. And don't forget to claim 10% discount, on Thursdays, with a Fyne Fish Senior Citizen's discount card! Our delicious treats were accompanied by white wine and we were able to purchase the fish after the talk. After Penny's vote of thanks, the icing on the cake was – cake – washed down with cups of tea. We had all enjoyed a most enjoyable (and nutritious) evening.

Our next meeting on Tuesday 11th October at 7.15, at the Yew Tree Hall, will be a talk from a local garage on Winter Driving. We will be joined by several other local W.I.s and we will be finishing with the usual delicious refreshments and craic. So come along to what promises to be an interesting and useful evening.

Penny's Piece

Someone needs to invent Spot-on for kids. We've only been back at school two and a half weeks and already we have sent out notifications that nits are doing the rounds. It could be a country wide thing on the first of September, all parents Spot-on their children and then we're ready to go for the year. It doesn't help that lots of today's children have ridiculous social lives. You get school cleared but then they go to dancing or football or brownies etc and mix with children from elsewhere and we're off again. Of course the problem may be that the parents are forgetting to de louse themselves. Perhaps we need to have sprays around the school gates as they come in, just to cover everyone (and the family dog that shouldn't be on the school yard)!

I spent a week in Norfolk over the summer. It's very flat. I kept being told to look at the view but all my brain was saying is "I can see the same thing for 360°". A bale or combine in a field, an occasional tree line, a windmill, a church and a boat apparently sailing through a field. That about covered it. The coast however was worth the visit. Lovely, mainly sandy beaches and not too many people. I managed a whole ten minutes in the North Sea before I started turning blue and was impressed to see most (popular) beaches had lifeguards and/ or patrol boats around.

Unfortunately, our trip to the beach was a windy day and to say we were slightly pebble dashed is putting it mildly. It also meant that when we put our stuff down to go for a swim it was very quickly covered in sand. I am still finding sand in the pockets of the walking trousers I had on

and they've been washed several times since. We ventured into Great Yarmouth a couple of times and I have to say it is nowhere near as lovely as Llandudno but neither is it as bad a Blackpool. But I have learnt something important for the next time you fill a rainy day at the 2p machines: if there is a toy on top of the 2ps and it starts to fall but gets stuck- i.e. touches the glass, you are deemed to have technically won it and can ask the staff to open the machine and get it for you! I only found this out when my PG Monkey got stuck and a slots veteran happened to start playing beside me. He was very adamant I should have Monkey and went to get someone for me. All in all, I ended up with a Scooby Doo pen, a minions badge and rubber, a PG monkey and a sloth from one of those impossible grabby machines (I did not win it myself). I lost at least £20 but it is so addictive and was much more fun than the Sea life Centre there.

The tat shops are good fun for people watching too. Especially when families with loads of kids come in and all you can hear is, "don't touch that, put it down, no you can't have that, I told you not to touch anything, stop hitting your sister!" Why they go in, in the first place is beyond me. Penny

Loweswater Show

Thank you!

A little note to say a big thank you to all the people who volunteered to help on the gate and in the car ark at the show. It simply wouldn't happen without you. See you next year. Penny

LORTON VALE GARDENING CLUB

Our final visit of the summer was to Eller How House near Grange over Sands - The owner Mrs Churchill gave us an introductory talk about the house and grounds which were designed by architect George Webster.

Although there was very little formal garden there were lovely woodlands with meandering paths leading up to the fellside where there were magnificent views over Morecambe Bay.

October sees the start of our season of winter meetings. The first is the AGM on Thursday 27th October at 7.30 pm in the Yew Tree Hall. After a short business meeting we will have a talk on roses by Tony Bracegirdle - we should have had this talk last year but it had to be cancelled due to storm Desmond.

Subscriptions are now due and are £10 p.a. new members and visitors (£2.50) are welcome as always.

Mockerkin Educational Foundation

A charity set up many years ago to help children/students obtain specialised equipment or books to further their education in whatever field they may choose to follow. If there is anyone in the Loweswater catchment area who requires some financial help, please make the trustee's aware.

Please send a written request to:
Kath Leck, Waterend Farm, Loweswater, CA13 OSU

Jazz Evening

Kirkstile Inn Loweswater

An evening of Jazz, blues and ballads with Stan Foster on piano, sax and vocals.

Friday 14 thOctober 2016. 7-30 pm

Telephone 01900 85219



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Loweswater with Buttermere PCC

100 Challenge Club

The prizewinners for the draw held on 1st Sept 2016

No	97	1st prize of £25	Sue Ralph
No	16	2nd prize of £10	Hilary Hope
No	11	3rd prize of £5	Joan Milburn

Buttermere Notes

When Henry VIII dissolved the Monasteries he founded seven 'King's Schools' in Cathedral cities in England, including the King's School, Chester in 1541 'for the education of 12 Poor Scholars'. The Scholars were originally taught in the Cathedral Refectory but when I attended in the 1950s it was in a 'new' adjacent building (1874) but the cathedral links were maintained with the Bishop being Chairman of the Governors, services in the Cathedral every month and the Headmaster being a Canon of the Cathedral. In September the School celebrated its 475th anniversary by holding a Commemoration Service in the Cathedral which Jan and I attended. It included an inspirational address by the Rt Revd & Rt Hon the Lord Rowan Williams, based on a reading from Ecclesiasticus 44. 1-15.

The School has a 150 year old Old Boys' Association and earlier this month we were asked to represent the Association at a Service of Thanksgiving for a member,

Kevin Gledhill, at All Saints, Watermillock. Kevin was a frequent visitor to The Lakes and he eventually bought a holiday home here. Because of his love of the area and the effect it had on him he gradually became a regular attender at All Saints and a committed Christian.

What have these two events got to do with Buttermere?

Kevin's story reminds us so much of those we read in the Visitors' Book in St James. Our small, peaceful Lakeland churches appear to answer a universal need and we are truly blessed to share with all those who come to seek 'what the world cannot give'.

We can all become involved with the minutiae of parish life but occasionally a wider Christian experience reminds us what a huge, varied, loving, wonderful church we belong to and how grateful we should be for a Christian upbringing.

Gwyn and Jan Evans

POPPY APPEAL LOWESWATER

It will soon be Poppy time of year again! The inspirational stories of athletes taking part in the Invictus Games last year and the Paralympics this September are a reminder of how many young service people have suffered terrible life changing injuries in the many conflicts around the world. The need for Remembrance and support for our Armed Forces continues.

I shall be starting my door to door collection for the Annual Poppy Appeal towards the end of the month: I hope you will give generously when I call.

Joan Warren 01900 85637

Loweswater Ladies

On September 14th, Loweswater Ladies went on a visit to the Whitehaven Archives Office. We were given a very comprehensive tour of the Archives by the Chief Archivist. He showed us precious documents from as far back as the 13th Century, written by scribes in beautiful handwriting in Latin, of course. Other documents in Old French.

All of these were kept in a climate controlled Strong Room. We were then taken upstairs where archives of our local area had been laid out on tables for our group of 15 to look at. There was a huge

response from the group, so much so that I had to finally persuade the ladies to let our guide get off home, as I think we would have been there all night. A very successful evening.

We all signed a card for Maud's 90th Birthday and wish her a very Happy Birthday. Our next meeting is Wednesday, October 12th at Loweswater Village Hall. We will have a talk on Homeopathy. Visitors are always welcome to join us.

Alison Greer

Loweswatercam Calendar 2017

The 2017 Loweswatercam
Calendar is now on sale.

http://www.loweswatercam.co.uk/2017_Calendar_Offer.htm

£1 from every one sold goes to
Mtn Rescue / Air Ambulance

Linskeldfield Farm, Isel

Cumbria Woodchip

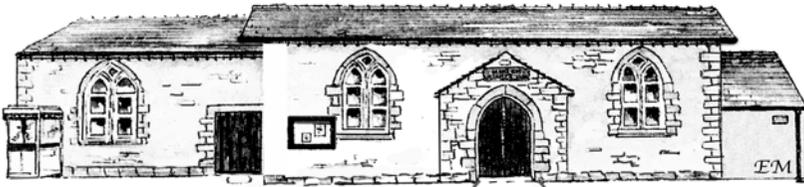
Supplying premium grade wood fuel, including force-dried wood chips to any specification. Premium quality ENPlus A1 pellets, in bags or larger loads.

Dried hardwood and softwood logs also available.

Phone Jonathan:-
07713088135

www.cumbriawoodchip.co.uk

We also supply bird seed and pet supplies.



Ullock Village Hall

Friday 7 October @ 7.30pm

“Tim Chittenden”

“Life at Sea”

Tickets £5 including Tea and Cake

(50% of ticket sales donated to Workington Shannon Class Lifeboat Appeal)



“A Month in the Country”

A film selected from the *“Made up North” Cine North* catalogue

Friday 14th October at 7.30pm

Come along and enjoy this film on a five metre wide screen, giving a top quality cinematic experience

Tickets £5 For Tickets please call 01946 862300 or 861458



October Film Night in Lorton

The film for October is **The Bridge of Spies**, showing on Tuesday Oct 25th at 7.30 in Yew Tree Hall. Doors are at 7pm, entrance is £5 on the door and there will be a bar. Come early and have a drink before the film starts. For further information call 0190085035.

The Bridge of Spies, set at the height of the Cold War and based on a true story, stars Tom Hanks as US lawyer James Donovan and Mark Rylance, in his Oscar-winning performance, as convicted Soviet spy, Rudolf Abel. Donovan attempts to negotiate the swap of Abel for two American held in the Communist bloc. Spielberg directs and the film was nominated for five other Oscars including Best Picture, Best Original Screenplay, and Best Original Score.

Parish Council Reports

Lorton Parish Council Meeting held on Wednesday 7th September 2016

The Chair, Cllr. Chris Poate, welcomed everyone to the meeting. Cllrs. Poate and Postlethwaite reported back from a site meeting in Low Lorton which was attended by the developer of the property and by the Enforcement Officer of the Lake District National Park Authority Planning Department. The developer of the site next to Lime Tree House stated that the work was taking longer than he had hoped and at present he was unable to give an estimated completion date. However, he did assure the councillors that the property would be finished and would be compliant with the various conditions attached to the planning approval.

Cllr. Irlam reported back from the Superfast Broadband meeting held on 6th September 2016 at which it was made clear that the cost of superfast broadband was no more expensive than ordinary broadband but the uptake of superfast broadband in the areas of Cumbria where it was available was not more than 32%. It was explained that the more people who signed up for superfast broadband the more money would be put into the project. It was also explained that some deep rural areas might not be able to receive fibre broadband and satellite might be the best option. Local residents in the Lorton area, where it is now available, were encouraged to sign up for superfast broadband.

Some concerns were expressed by councillors that the upcoming works to be undertaken on the Whinlatter Road did not include any work on the road in the vicinity of Scawgill Bridge. These concerns are to be passed on to Cumbria Highways.

The next meeting of Lorton Parish Council is on **Wednesday 2nd November 2016 at 7.30pm in The Yew Tree Hall. All are welcome.**

Loweswater Parish Council Meeting held on Thursday 1st September 2016

The Chair, Cllr. Kathryn Mitchell, welcomed everyone to the meeting.

Councillors reported that some concerns had been raised by members of the public regarding developments at Jenkinson Place. Some land adjacent to Jenkinson Place was recently levelled and over a recent week-end a Scout camp was based on this land. There were some issues with noise and the number of vehicles using the bridleway. Further concerns have been raised with regard to the use of both the cottage and the main farmhouse at Jenkinson Place for holiday lets as this has also increased the amount of traffic using the bridleway and accessing the properties through an adjacent farm-yard. Questions were raised regarding the need for planning permission to undertake the levelling works. The LDNPA Enforcement Officer later confirmed that she had been made aware of the works undertaken at Jenkinson Place and had visited the site. She felt that the owners should have applied for planning permission to undertake the works and had suggested to the owners that they apply for retrospective planning permission. The change of use of the farmhouse from a residential dwelling to holiday let did not require planning permission.

A number of highways concerns were raised by councillors and were subsequently reported to Cumbria Highways. These included:

The pot hole at the top of Fangs Brow, 'Slow' signs on the road in the Waterend area need to be re-painted, Gullies in the Pinfold area, the vicinity of Church Bridge and the Kirkstile need clearing.

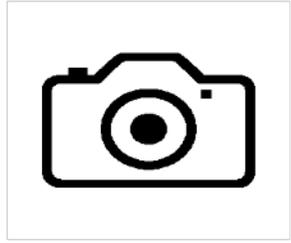
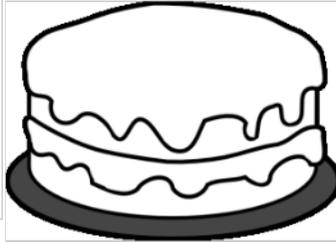
The next meeting of Loweswater Parish Council is on **Thursday 3rd November 2016 at 8.00pm in The Village Hall. All are welcome.**

ADVANCE NOTICE – DATE FOR YOUR DIARY

COFFEE AND CAKES MORNING

Saturday 5th November 2016 10.30am to 12.00

LOWESWATER VILLAGE HALL



- *Enjoy **real coffee** and a selection of delicious **homemade cakes***
- *View an exhibition of **photographs** by Loweswater-based photographers, Rosamund and John Macfarlane. **Prints and cards** for sale*
- *Watch a background rolling digital **slide show** of local images*

ALL WELCOME

Hosted by the Mockerkin Mob, on behalf of the Melbreak Communities





THE MOCKERKIN MOB
(founded by Alan Gane MBE in 1989)
Walk 313



A Walk Sunday 9th October 2016 Intended for experienced walkers	B Walk Sunday 16th October 2016
Meet: 9.45am By the bridge, Buttermere GR: 174169 Route: Red Pike, High Stile, High Crag, Scarf Gap Estimated Time: 5hrs (Strenuous) Leader: Richard Easton 01900 85708	Meet: 9.45am Opposite the Village Hall, Mungrisdale GR: 364303 Route: Souther Fell, back along the Glenderamackin Estimated Time: 4hrs (Moderate) Leader: Hudsons 01946 861555

Walkers participate at their own risk. We welcome new walkers: if you are interested phone Joan, 01900 85637 or Judy, 01946 861555.

The Melbreak Communities - an Action Plan for the four parishes of Buttermere, Loweswater, Blindbothel and Lorton
www.melbreakcommunities.org.uk



Real Coffee & Home Made Cake
Hosted by the Friends of Lorton School
(FOLS)

Sat 15th Oct, YTH, Lorton 10.30am - 12pm

Proceeds to be shared between YTH and Charity

The United Benefice of Lorton and Loweswater with Buttermere

Church Services October 2016

2 nd October	19th Sunday after Trinity		
8.00am	Holy Communion	Lorton	BCP
10.30am	Harvest Festival	Loweswater	CW
6.00pm	Evensong	Buttermere	BCP
9 th October	20th Sunday after Trinity		
8.00am	Holy Communion	Loweswater	BCP
10.30am	Matins	Lorton	BCP
10.30am	Ⓢ Club	<i>Lorton Tennis Club</i>	
6.00pm	Holy Communion	Buttermere	CW
16 th October	21st Sunday after Trinity		
8.00am	Holy Communion	Lorton	CW
10.30am	Holy Communion	Loweswater	CW
6.00pm	Evensong	Buttermere	BCP
23 rd October	Bible Sunday (Last Sunday after Trinity)		
8.00am	Holy Communion	Loweswater	CW
10.30am	Holy Communion	Lorton	CW
6.00pm	Evensong	Buttermere	BCP
30 th October	All Saints Day		
6.00pm	Confirmation Service	Lorton	BCP

WHAT TO DO IN CASE OF A MEDICAL EMERGENCY

- Phone 999 immediately
- Make sure ambulance/first responders can get into the house ...
- Provide lighting if dark ...
- If the person is unresponsive and not breathing normally, Do chest compressions (but only if you know how) ...
- Have clothes and any medicines ready in case the person needs to go to hospital.

Advice supplied by Lorton First Responders

Please send your articles by e-mail to lolobulink@gmail.com by the

21st Oct 2016. Link can also be read at www.melbreakcommunities.org.uk