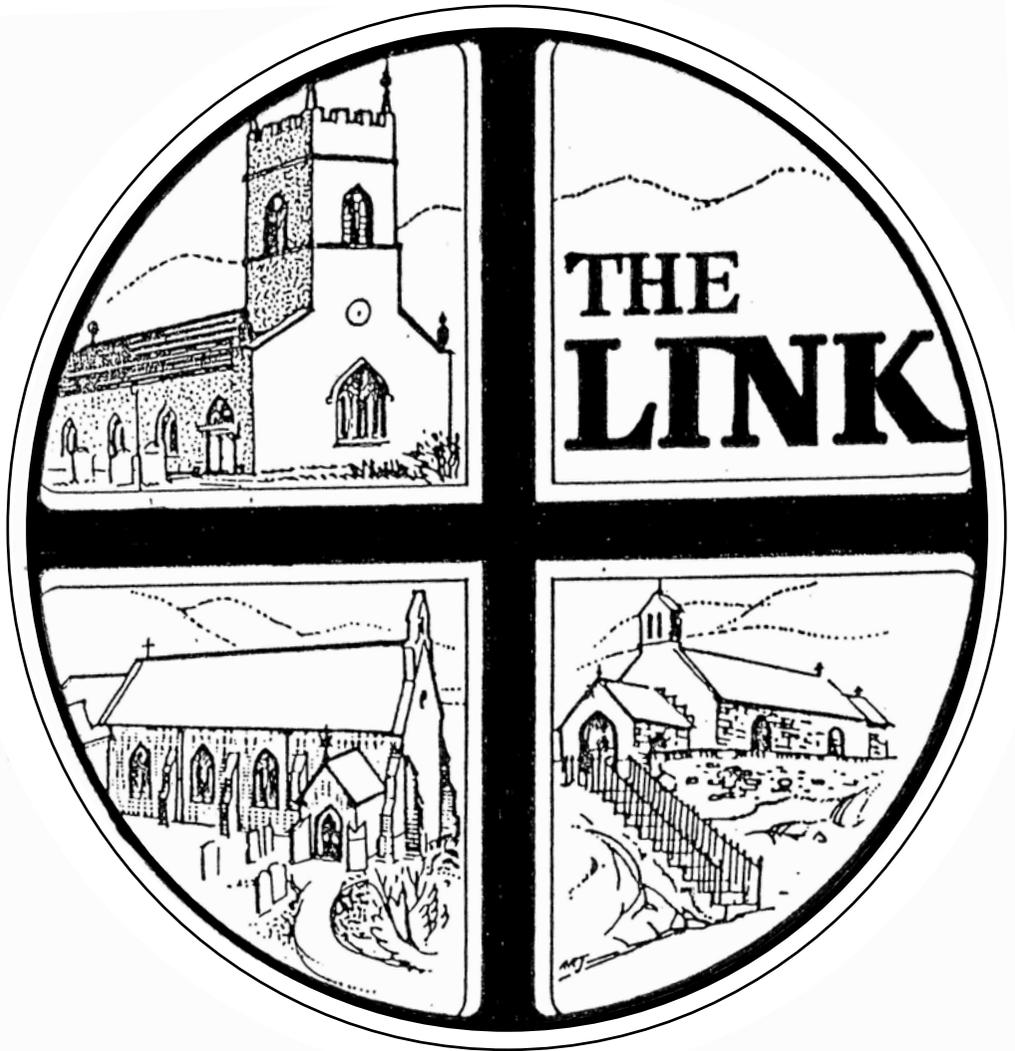


NOVEMBER 2016



**THE UNITED BENEFICE OF LORTON AND
LOWESWATER WITH BUTTERMERE**

DIARY DATES FOR NOVEMBER

- 5 Sat Melbreak Coffee Morning, hosted by Mockerkin Mob, LVH 10.30 - 12
- 8 Tue YTH ~ 7.15 ~ Lorton W.I. ~ Talk on Arctic sailing
- 9 Wed Table Tennis YTH 7-9pm
- 9 Wed Loweswater Ladies, LVH at 7.15pm `Life in Ghana`
- 10 Thu History Soc. talk, Education in Cumbria 1818-1918 , Dr M. Winstanley, YTH. 7.30pm
- 10 Thu Loweswater IT Group - Damson Ghyll 10.00 - 12.00 (book 01900 85609)
- 11 Fri Youth Cafe 7-9pm YTH
- 13 Sun Mockerkin A walk, meet 10am Bowness Point
- 14 Mon Community Lunch, Lorton School, 1.15 pm (booking 07790 459064)
- 15 Tue First Aid and Defibrillator Talk, YTH, 7pm
- 16 Wed Table Tennis YTH 7-9pm
- 20 Sun Mockerkin B Walk, meet 10am Grasmere School
- 22 Tue Film Night, Florence Foster Jenkins, YTH, doors at 7pm
- 22 Tue 77 Club Pie and Pea Supper, LVH, 7.30 pm
- 23 Wed Table Tennis YTH 7-9pm
- 24 Thu Loweswater IT Group - Damson Ghyll 10.00 - 12.00 (book 01900 85609)
- 24 Thu AOW show Morgan & West - Ullock village hall, 7.30 pm
- 24 Thu Lorton Gardening Club, YTH 7.30pm
- 25 Fri Youth Cafe 7-9pm Church
- 26 Sat Lorton Christmas Fair,, YTH 2pm
- 29 Tue Locals´ Night at the Kirkstile, 6.30 pm
- 30 Wed Table Tennis YTH 7-9pm

Diary Dates for December

- 2 Fri Spirituality Club 10-11am Muncaster House, Loweswater
- 2 Fri Wine Tasting Evening from 7pm Loweswater VHI Tickets £10 inc nibbles
- 4 Sun Table Top Sales Ullock Village Hall
- 6 Tue Buttermere Parish Council Meeting, 7.30 pm in Old School.
- 10 Sat Melbreak Coffee Morning, YTH, 10.00 - 12
- 12 Mon Community Lunch, Lorton School, 1.15 pm (booking 07790 459064)
- 12 Mon Loweswater Ladies Christmas Buffet Dinner 7.30 pm , Fish Hotel

I attended a meeting recently to discuss the Christmas Fair and suddenly realised that there weren't that many days left before Christmas. It is true that time flashes by faster the older one gets. Whatever the reason one feels like that doesn't really matter, what is of the essence is to pack into life all those things we enjoy and all the ambitions left regarding our family relationships and work related wishes. I'm kind of "in between" being semi-retired – a foot in both camps as it were. A very privileged position to be in. my contributions to life can be varied and wide ranging.

By the time this letter is published, we'll know the answers to all the great mysteries of American politics. Did Trump get in? Did Clinton fall by the wayside? They do say a week is a very long time in politics! By the time you read this in November, the new leader of the USA could be Mickey Mouse! Not knowing what is ahead of us is a blessing in disguise we need some surprises in life and, if we knew what was going to happen next year, it might be a place we wouldn't want to be. Much better this way – pleasant surprises along the way and we can deal

with the rest that is thrown at us all in good time.

Apart from Christmas arriving and all the joyous time with family and friends, I do know that we are probably going to have a new grandchild. During the next year all the grandchildren are growing up fast and I'm sure there will be times when they "teach their grandmother how to suck eggs!" and us older people will smile sweetly and thank them for their advice and knowledge and be thankful to God and their parents for teaching them so well.

Time in a way repeats itself through the generations and we are reminded of that as often as we are reminded of the natural seasons of the year. A beauty to behold and be thankful for.

I must remember to thank God more often for this privilege called "life". He has been a great creator.

Blessings to you all.

Revd Sheila



Loweswater Village Hall News

Vacancy for Caretaker at Loweswater Village Hall.

Live in post above the hall. Free accommodation (one bed flat) in lieu of salary. We are looking for someone practical and willing and able liaise with the public.

Enquiries for additional information to:

Val Bell via email- vebell2911@gmail.com or Marion Vickers on 01946 861640.

Deadline for applications: Friday 18th November.

NOTES FROM ST. BARTHOLOMEW'S

Autumn has arrived and our Valley is looking stunningly beautiful. As the nights begin to lengthen, we await the winds to come and prepare for Advent. It is the time when Christians remember that Jesus came into the world in Palestine over 2000 years ago. Let us hope and pray that peace can be mediated in areas of conflict throughout the world.

We begin to reflect on our faith and our witnessing by God's grace, to grow his Kingdom in our Valley; in fellowship, giving of ourselves in time and being open to offer a sympathetic ear, speak a word of comfort or offer practical help to those in our Valley who are coping with illness, or Bereavement. In church we light the Advent wreath, one candle

each week, to mark the passage of the season as we prepare for the first coming of Jesus Christ our Saviour.

We look forward to celebrating Christmas with the Christmas Eve Service of Holy Communion at 11.30.

Harvest Festival Supper & Auction – Thank you to all who decorated our church and donated so generously. Our resident auctioneer Geoff with Jessica and Freddie did a splendid job of making it a very enjoyable fund raising event. We made £505.00 shared between, the Bishops Appeal, "Harvest for the Hungry" and Hospice at Home. Thank you.

Jan Collins-Webb

**WE ARE
MACMILLAN.
CANCER SUPPORT**

Barabara Riddough would like to thank all those who attended the coffee morning last month. This raised £110 for Macmillan Cancer Support

Loweswater IT Group

Thursday 10.11.16 & 24.11.16
at DAMSON GHYLL
10.00 – 12.00. If you would like to come and get help with IT, you would

be very welcome. **Please ring me for more information, and to book your place and attendance.** Jan Collins-Webb - 01900 85609.



At our AGM on 13 October we said goodbye and thank-you to Marilyn, our Secretary, who will shortly be leaving the area. The AGM was followed by a talk from Alan Gane on Heraldry. Alan described the history, traditions and language associated with heraldry, and concluded his presentation with a description of his own coat of arms. The next meeting will be on Tuesday 22 November at 7.00 pm in Loweswater

Village Hall. After a Pie and Peas supper we will hear a talk from Paul Cusac of Cockermonth Travel. The cost of the supper is £7. If you wish to attend and did not sign the list on 13 October please phone me on 01946 861555 by Friday 19 November.

[Date for your diary](#)

Saturday 10 December 3.00 pm. Club Christmas Party.

John Hudson

LORTON NOTES

The Harvest Supper was a great success. More than fifty came along to enjoy the traditional tattie pots and apple pie and £550 was raised for the Bishop's Harvest appeal. We are very grateful to those who contributed to the success, particularly the providers of the tattie pots.

The last Saturday in November is usually the date of our Christmas Fair, and this year is no exception. The opening time is 2.00pm and we hope to see the usual large numbers from the benefice and outside perusing the stalls for the bargains which are always around. We ask you not to buy all your Christmas presents and cards until you inspect the high quality items which are on offer and do remember to leave some appetite for the cakes. If you do have anything which would be gratefully accepted by a stall holder you should be able to find the right one to contact on the enclosed flyer. If you have no flyer or it is not obvious, please

phone either myself on 85236 or Charles Lambrick on 85710. Thank you. Proceeds are for church funds.

An even more important event for our Church is happening on the following day, Advent Sunday, when the United Benefice will be meeting for the first time at Cockermonth Methodist Church at 10.30am. We shall be gathering together with our friends from the Anglican, Methodist and URC churches for a shared communion service. We believe that in future it will become increasingly important for the different denominations to collaborate and share leaders and buildings and we do hope you will support this initiative. There will be no service at St.

Cuthbert's on that day.

We hope Y-Club will be taking place. There is no doubt that the Youth Cafe will be meeting as usual.

Roger Peck.

LORTON WOMEN'S INSTITUTE
OCTOBER 2016 Meetings

theWI
INSPIRING WOMEN

"Winter draws on!" It is wise to consider how best to prepare for winter, which may bring snow, ice and floods to this rugged area. At this meeting we were given comprehensive advice about winter driving by Robin Benn from Fairfield Garage Cockermonth.

Before Robin spoke, President Ann R. welcomed 13 guests and 18 members and conducted a brief business meeting. A new dartboard (with a thick rubber surround) has been purchased, which leaves a back board and floor mat (for the frequent times we miss the board!) to be acquired; a team will be entering the Quiz at Braithwaite; we have 2 teams for the Federation Darts tournament; a group of us will be going to the Theatre by the Lake Christmas production; the Christmas party has been organised with the same caterers and entertainment we so enjoyed last year.

Penny then introduced Robin. He claimed he was no public speaker, but his talk was clear, humorous and very informative, with details too numerous to list here. He dealt with items on the car which should be checked regularly, especially in winter, and items to have in the car, particularly when embarking on



a long journey. He advised us on defrosting windscreens, wipers and locks, and driving in flooded, snowy and icy conditions. He stressed the importance of belonging to a national rescue service. He answered questions on dashboard warning lights, winter tyres and snow chains and how to jump start a car.

Penny thanked him for a really interesting and useful talk. We then enjoyed a delicious finger-food supper.

Next month on Tuesday 8th November, at 7.15 in the Yew Tree Hall, member Pam will be giving an illustrated talk about her experiences of Arctic sailing. Come along and enjoy another fascinating evening with craic and cake!

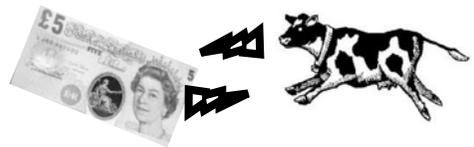


Penny's Piece

New plastic fivers. I'm getting used to them after initially finding them a bit like Monopoly money. All I wonder is how long it is going to take to update all the machines to accept them? I have met several parking and self-service machines that don't take them, spitting them out in disgust. This caused me and people behind me to make utterances as that was the only money to hand at the time and then I had to faff about getting a card out.

I recently went to hear a lecture by Professor Brian Cox- the physicist and spacey brain box. My brain was melting by the end of the evening. The numbers, both time and distances, were too big to compute and though there were some beautiful photographs and simple graphs to help, it all became too much. The temperature in City Hall didn't help. It comes to something in a lecture like that when the most popular tweeted question was: "Can someone crack open a window please?" I did learn a few things. The universe is expanding but there is still a galaxy which is coming towards us and will collide in about 4 million years. That'll be nice. Also it was noted by Brian's sidekick (person who provided a little light humour and to give the brain a break) that Professor Cox was not wearing the appropriate density of corduroy jacket. These things are clearly important in academic circles. I also learnt that it is quicker to leave the venue and walk down to the nearby Sainsbury's to buy a bottle of water than to stand in the queue for the bar. Whilst in Newcastle we went for a meal in a building where I encountered disturbing decoration. In the toilet facilities, someone had decided that

combining black and white square wall tiles with hexagonal black and white floor tiles was going to be a good idea. All I can say is, I was glad I was sober. Encountering that under the influence could be a nightmare. If you fell over it would be very hard to work out if you were lying down or which way was up or down. Perhaps we need to set it up as a hidden camera show.



In a bizarre link, later that same week comedian Ross Noble was also talking about space exploration and specifically the Hadron Collider at CERN. He was wondering what would happen if you collided other things together, like animals and food items. If you put in a cow going one way and a Toblerone the other, would the cow give chocolate milk? Clearly this is more into Willy Wonka territory than science, but it makes you think. It also doesn't hurt your brain as much.

At work we have been having many debates about the current clown problem (several incidents in Whitehaven) and the avenging Batman. Is Batman right to be having a go or does it not really help as the kids need to understand that neither are real? On the plus side Ronald McDonald (surely the dodgiest clown on the planet) is being kept indoors for a while. Every cloud and all that. Penny

The United Benefice of Loweswater with Buttermere



Wine Tasting

Friday 2nd December

7 for 7.30pm

Loweswater Village Hall

Tickets £10 including nibbles

Tickets available from:

Barbara Robinson—85234

Martin Hughes—85994

Walkers' Way No. 179

While sitting in the dining room a few days ago there was a great commotion in the adjoining conservatory, it sounded as though a bird had become trapped and was desperately fluttering to find a means of escape. Immediate investigation revealed, not a bird, but a dragonfly of considerable size. Doors and windows were rapidly closed to allow closer examination, while cameras and a ruler were also brought into play. In fact, the insect calmed down considerably, allowing close inspection and even landing on hands without undue alarm, giving an opportunity for measurement. With an overall body length of some 90mm and a wing span of similar size, it was large indeed. It was black, green and

yellow, with a complex pattern of rings and dots throughout its length, the bulk of its head being taken up by a pair of bulbous compound eyes. Positive identification presented something of a challenge, but with some help from the Natural History Museum it was finally decided that it was a female Southern Hawker (*Aeshna cyanea*), a species which has recently extended its range into northern England and parts of Scotland, in all probability as a result of global warming. It is nothing if not spectacular. Another unusual winged encounter occurred only a few days later. While carrying out the regular early morning task of providing the daily rations for the local avian population, as so often

happens a robin was in close attendance in eager anticipation. While I often have a few words with this welcome visitor, he seemed even closer than usual, so I



slowly held out a few fat pellets. Much to my surprise, it accepted my offer and landed on my outstretched hand to partake of the proffered morsel! To cap it all, the process was repeated the following day!

The subject of conservation is much discussed in the District, against the background of the many and varied demands made upon the countryside; so much depends upon exactly what we are trying to do and with what priorities. Conservation, in this context, means preserving the natural environment but, as we all know, the Lake District as it now stands is very largely anything but a natural environment. In its natural state, the fells were forested up to the treeline. It was Man who felled the trees and laid bare the fellsides, making way for what is now low density sheep farming, much of

which would be unsustainable without subsidies, an artificial regime far removed from the natural state. Could it be that rather than aiming for “conservation” we should aim for “restoration”? Consider the following:-

1. 31% of the world is forested, but only 12% of the UK.

2. Trees trap enormous quantities of water. Forested hillsides therefore reduce river flow and flooding. One mature tree can hold 200 gallons.

3. The root systems of trees bind the soil and reduce the risk of erosion.

4. Trees capture carbon and expel oxygen, counteracting pollution.

5. Woodland is a vital habitat for invertebrates, birds and animals, all of which are currently under threat and would therefore benefit.

6. Our vital tourist trade would not be adversely affected. The higher fells would still be clear, views from the tops would not be obstructed and extensive woodland walks at the lower levels could be an added attraction.

“Conservation” or “Restoration”? Food for thought?

Finally two quotes worth noting:-

“What are we doing with the gift of life on this strangely beautiful earth?” - the Dalai Lama.

“We have only one planet – there is no plan B” – President Obama.

Alan Gane.

Lorton Christmas Fair

Yew Tree Hall, Lorton
Saturday 26th November 2016

To be opened at 2.00pm by
Alan Hudson



Quiz
Tombola
Books, Plants
Toys & Games, Raffle
Gifts, "New and Old" stall
Craft Stall, Home Baking
Delicious Teas

New for 2016, "Christmas Pictures" competition for children.
See fliers, or phone 01900 85710 for details

Entrance 50p

Proceeds towards running costs of St. Cuthbert's Church, Lorton



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Loweswater with Buttermere PCC

100 Challenge Club

The prizewinners for the draw held on 1st Sept 2016

No	23	1st prize of £25	Barbara Robinson
No	82	2nd prize of £10	Margie Mawson
No	78	3rd prize of £5	Betty Coulthard

LORTON VALE GARDENING CLUB

At time of going to print we have not yet had our AGM and October meeting – so no report this month. Our November meeting is on **Thursday 24th November at 7.30 pm** in the Yew Tree Hall when **Phil Newport** will give a talk on “**Wild Roof Landscapes**”. As always visitors are very welcome for a modest £2.50.

Locals Night at Kirkstile Inn
In Aid of PCC St. Bartholomew's, Loweswater
Tuesday, 29th November 2016 6.30pm for 7pm

3 course meal

Red pepper & butternut squash soup with sun blush tomato, basil &
caramelized bread

Chicken roulade stuffed with leek & apricot ~ Air dried ham ~
fondant potatoes ~ carrot & swede puree ~
stem broccoli ~ creamy mash

(Vegetarian alternative available)

Apple and plum crumble with proper custard

Complimentary glass of wine, beer or soft drink

£16 per person (£8 per child) (All of this will go to the appeal)

Please pay on arrival by cash or cheque only.
Booking essential - Phone 01900 85219

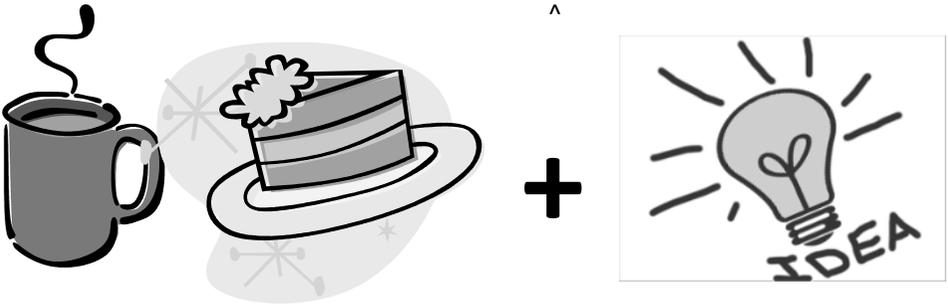
Loweswatercam Calendar 2017

The 2017 Loweswatercam Calendar is now on sale.

http://www.loweswatercam.co.uk/2017_Calendar_Offer.htm

£1 from every one sold goes to Mtn Rescue / Air Ambulance

The Melbreak Communities **An Action Plan for the four parishes of Buttermere,** **Loweswater, Blindbothel and Lorton**



Real Coffee & Home Made Cake
Plus Community Energy Event
Hosted by the Lorton Book Group and CUMBRIA
ACTION FOR SUSTAINABILITY (CAFS)

Running from 10.00am (earlier than usual) to 12.00pm on Saturday
10th December 2016 at Yew Tree Hall, Lorton

The Melbreak Communities and CAFS would like to explore the potential for a community energy project in our Valley.

Join us for the usual coffee and cake with some extras:

- Practical advice on home insulation, flood resilience and swapping your energy supplier - bring your electricity bill and see if you can get a better deal!
- Short (2 minute) films on other communities' projects and how to draught strip doors, windows etc
- Electric bike on display
- A chance to share your ideas about specific projects or your thoughts on the renewable energy technologies we could investigate further (hydro, wind, solar etc)

Buttermere Notes

Jan and I recently saw a programme on BBC4 about an oak tree in Oxfordshire that is nearly as old as the first church in Buttermere (1507) and the establishment of the Church of England in the 1540s. It traced the component parts, how the tree was affected by the seasons and the benefits it bestowed and we could not help comparing it to our Church.

The roots were spread over a large area culminating in fine threads. We related this to individuals, not only in our congregation, but including visitors to St James from all over the world. The trunk represented the body of the Church and the branches and leaves the activities that grow out of it. The speeded-up photography showed brilliantly how the oak behaved over twelve months. Like our annual pattern of services there were periods of rest, gaining strength, preparation and in spring an explosion of new life – our Easter.

The programme demonstrated the benefits and significant role oak has played, and is continuing to play, in our lives. It has been a prime building material, especially in many churches and cathedrals. It has been used to build ships that defended our way of (Christian) life, provide warmth and provides food and home to myriad insects. Oak galls were the main ingredient of ink from Roman times to the 19th century and without it the written and printed word, and therefore education, would have been difficult. Finally it provides an amazing amount of oxygen.

We not only enjoyed the programme for its content but it made us realize that our Church, Diocese, Benefice and St James, like this oak tree, combine to make a living organism.

Gwyn and Jan Evans

EMERGENCY FIRST AID

Yew Tree Hall, Tuesday 15 November 7 – 9.30

In a medical emergency taking immediate action can make the difference between life and death in critical situations such as heart attack, stroke, choking, bleeding, burns and spinal injuries.

In this session you can learn what to do and crucially what not to do in such cases until professional help arrives.

There will also be a demonstration of the use of the defibrillator by the First Responders

The cost will be £3.50 which will cover refreshments. For practical reasons we may have to restrict numbers. To book a place please phone Sue Ralph on 01900 85601

Loweswater Ladies

Our speaker for our October meeting was Dawn Sharp, a Homeopath Practitioner who holds clinics in both St Bees and Lancaster. Dawn led us through a lively and interactive discussion outlining the differences between conventional and homeopathic medication. She also outlined the distinction between homeopathy and herbal medicines.

Homeopathy was practised as early as the 4th century BC, and the word derives from the Latin *Homoios Pathos*, and is based on the principle that “like cures like” meaning that any substance, which can produce symptoms in a healthy person, can cure similar symptoms in a person who is sick. ‘Give me the disease and I will use it to cure it’. It is a system of complementary medicine in which ailments are treated by minute doses of natural substances that in larger amounts would produce symptoms of the ailment. It became promoted once again by the German physician Dr. Samuel Hahnemann (1755-1843) at a time when others were administering an excess of substances, such as arsenic and mercury, the toxic effects in large doses killing more patients than the original disease.

Homeopathic medicines can be administered safely to adults, children and animals as there are no toxic side effects. In the dilution of the substances used, by a system called ‘potentisation’ the resultant medication carries the DNA blue print but not the material dosage and toxins of the original substance. Dawn explained exactly how the dilution is effected, and how this then differs from conventional medication where the

dosage is a cocktail of drugs in their full material dosage. In contrast, homeopathy can be as a safer and gentler form of medication which treats the whole body. It is hoped that this type of treatment could become complimentary to traditional medicine, as is now the case in Switzerland, where homeopathic practitioners work alongside medical personnel in an integrated system.

The topic was enthusiastically received by our Ladies and there was much comment and questions to our Speaker. Our chairman Alison thanked Dawn for an extremely interesting and thought provoking evening discussion. Our speaker further *opted to donate her evening remuneration to the “Children of Aleppo” appeal.*

Our raffle, presented by Carolyn, was won by Loes. During our supper Alison took names for our annual Christmas buffet at the Fish Hotel on Monday December 12th (7 for a 7.30pm start). The cost will be £18 per person, partners and friends welcome to join us for what is always a most enjoyable evening. Please ring Alison on 019460861496 if you wish to add your name to the list.

Our next meeting will be on Wednesday November 9th in the Loweswater Village hall at 7.15pm.

Our speaker, Rowena Atkinson will be talking about ‘Life in Ghana’. Betty will be presenting the raffle, and supper hostesses will be Pam, Margaret, Doreen, Lynette and myself. Ann Hiley



Ullock Village Hall

In Association with *Arts out West*

Morgan & West

Thursday 24 November at 7.30pm

Time travelling magic duo *Morgan & West* present a brand new show chock full of jaw-dropping, brain-bursting, gasp-eliciting feats of magic. The dashing chaps offer up a plateful of illusion and impossibility, all Served with wit, charm and no small amount of panache.

Morgan & West appeared at the 2016 Edinburgh Festival

Tickets Adult £8, Child £4, Family of 4 £18.50 (B.Y.O.)

01946 862300/861458

Sunday 4 December - Noon to 3.00pm

All Welcome to Enjoy - Soup & Roll - Tea & Cakes

Table Top Sales

Marion Wilson - original art work, cards of flowers, birds & animals

Helen's Herbs with plants - Lots of nice things to buy ready for Christmas

To book a table (£5) - please call 01946 861458/862300

CINE NORTH

November Film Night in Lorton

The film for November is **Florence Foster Jenkins**, showing on Tuesday Nov 22nd at 7.30 in Yew Tree Hall. Doors are at 7pm, entrance is £5 on the door and there will be a bar. Come early and have a drink before the film starts. For further information call 0190085035.

Meryl Streep is in fine form as Florence Foster Jenkins, a wealthy New York socialite who believed she was a great singer, although her performances were truly awful. Hugh Grant so-stars as her partner, a failed Shakespearean actor wonderfully named St Clair Bayfield. The Guardian calls Grant's performance 'truly touching' in a 'gentle and charming entertainment'. So come along and decide – do we laugh with her or at her?

Parish Council Reports

Buttermere Parish Council Meeting held on Tuesday 27th September 2016.

The Chair welcomed everyone to the meeting including the Allerdale Borough Councillor Tony Annison.

Amongst the numerous agenda items was a report from the Police covering the Parish Council area since the last meeting at the end of May. There had been 34 incidents reported to the Police in the Buttermere area since the May meeting. Councillors commented that this was an unusually high number.

Some of the incidents reported were:

- On the 28th June it was reported that sometime between 25th and 26th June fuel to the value of £250 was stolen from the area of Kirkclose Wood.
- On the 7th August it was reported that a vehicle had been damaged whilst parked in the area of Lanthwaite Green between the times of 10.00am and 15.00pm.
- On 14th September it was reported that a cyclist had come off their bike in the area of Honister Pass.
- On the 25th September during the night it was reported that bright flashes of light could be seen in the area of the quarry towards Buttermere. It was believed that someone could be lamping in the area.
- On the 25th September it was reported that a foxhunt was taking place on Melbreak. Patrols attended the area with no signs of a hunt or possible vehicles involved.

There were five road traffic collisions reported to the Police, none with any serious injuries. There were fourteen incidents that required Mountain Rescue to assist walkers down from the fells.

Concerns were raised about the service that people living in the Buttermere area are currently receiving from BT and Openworld. It was agreed to try and get a representative from either or both organisations along to the next meeting of the Parish council so that they could hear these concerns first-hand.

An application from BT to remove the public phone-box at Lanthwaite Green was discussed by Councillors. It was noted that there was no phone in the box at present and that there was a strong mobile signal in the vicinity. With these factors in mind, Councillors agreed that they had no objections to the removal of the box. Councillors reported a number of highways related issues that required the attention of Cumbria Highways. These included:

- A number of the Passing Place signs were missing along the banks of Crummock Water.
- The drains at Hause Point need to be inspected and dealt with as water is constantly flowing onto the road.
- The road banks are collapsing and covering the double yellow lines on the main road into Buttermere village from the Lorton end.
- Two large pot holes coming down Newlands into the village.
- A sunken narrow strip of road, where United Utilities had been working on a pipeline, just above the bridge in the village.

Any member of the public who wishes to report a concern to Cumbria Highways can do so on 0300 303 2992.

To view the full minutes from this meeting please visit the Melbreak Communities website. The next meeting of Buttermere Parish Council will take place on Tuesday 6th December 2016 at 7.30pm in The Old School, Buttermere. All are welcome.

Saturday 5th November 2016 10.30am to 12.00
LOWESWATER VILLAGE HALL

- *Enjoy **real coffee** and a selection of delicious **homemade cakes***
- *View an exhibition of **photographs** by Loweswater-based photographers, Rosamund and John Macfarlane. **Prints and cards** for sale*
- *Watch a background rolling digital **slide show** of local images*

ALL WELCOME

Hosted by the Mockerkin Mob, on behalf of the Melbreak Communities

Proceeds to *Fix the Fells*

Lorton & Derwent Fells Local History Society

Brackenthwaite Buttermere Embleton Loweswater Mockerkin Pardshaw Wythop

www.derwentfells.com

Happy Days? Educating the Masses

Talk by Dr Michael Winstanley, Thursday 10 November 2016.
Yew Tree Hall, High Lorton, 7.30pm. Guests £3 to include refreshments.

An exploration of the development of elementary schooling in Cumbria, from the Parliamentary involvement in 1818, through compulsory education from 1870 to age 10, and to the changes in 1918 after WWI.

Dr Michael Winstanley was for many years a senior lecturer in history at Lancaster University, and is expert in modern regional history, particularly of north-west England.



THE MOCKERKIN MOB
(founded by Alan Gane MBE in 1989)
Walk 315



A Walk Sunday 13 th November 2016	B Walk Sunday 20 th November 2016
Intended for experienced walkers	
<p>Meet: 10am Bowness Point GR: 109153 Route: Floutern Path, Steel Brow, Gt Borne, Herdus Estimated Time: 4hrs (Moderate) Leaders: Joan & Judy 01900 85637/01946 861555</p>	<p>Meet: 10am Grasmere School GR: 338074 Route: Rydal Mount, Nab Scar, Alcock Tarn, Dove Cottage Estimated Time: 3½hrs (Moderate) Leaders: Hudsons 01946 861555</p>

Walkers participate at their own risk. We welcome new walkers: if you are interested phone Joan, 01900 85637 or Judy, 01946 861555.

Note from the editor:

It's not often that I write something here but three short comments.

- Thanks to the two people who have stepped forward to help production, Rosemary Riley and Caroline Devasa
- Thanks to all the people I don't even know who distribute the Link every month, and finally
- We occasionally have a little space available for a cartoon, or a poem, or a piece of text reflecting on life the universe and everything. It would be nice to have a few pieces in the top drawer as stocking fillers, if you have something please send to lolobulink@gmail.com

The United Benefice of Lorton and Loweswater with
Buttermere
Church Services November 2016

6th November		3rd Sunday before Advent		
*	9.00am	Holy Communion	Lorton	BCP
	10.30am	Holy Communion	Loweswater	CW
*	3.00pm	Evensong	Buttermere	BCP

13th November		Remembrance Sunday		
	9.30am	Holy Communion	Loweswater	BCP
	10.30am	Holy Communion	Lorton	CW
	10.30am	Ⓨ Club	<i>Lorton Tennis Club</i>	
	3.00pm	Holy Communion	Buttermere	CW

20th November		Christ the King		
	9.00am	Holy Communion	Lorton	CW
	10.30am	Matins	Loweswater	CW
	3.00pm	Evensong	Buttermere	BCP

27th November		1st Sunday in Advent		
	10.30am	COCKERMOUTH METHODIST CHURCH Mission Community Launch Service		

* Please note time changes

WHAT TO DO IN CASE OF A MEDICAL EMERGENCY

- Phone 999 immediately
- Make sure ambulance/first responders can get into the house ...
- Provide lighting if dark ...
- If the person is unresponsive and not breathing normally, Do chest compressions (but only if you know how) ...
- Have clothes and any medicines ready in case the person needs to go to hospital.

Advice supplied by Lorton First Responders

Please send your articles by e-mail to **lolobulink@gmail.com** by the
18th Nov 2016. Link can also be read at www.melbreakcommunities.org.uk