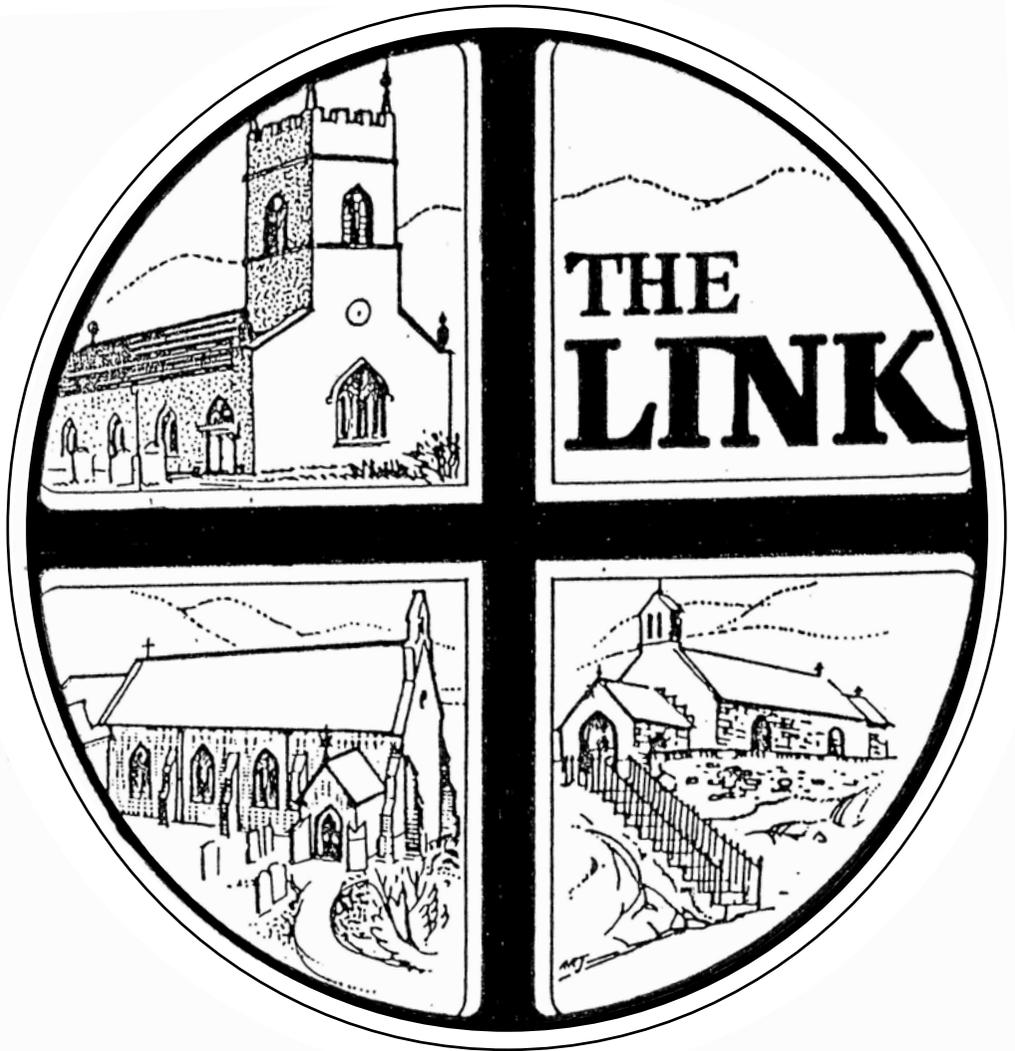


MARCH 2016



**THE UNITED BENEFICE OF LORTON
AND LOWESWATER WITH
BUTTERMERE**

DIARY DATES FOR MARCH

- 1 Tue Lorton WI Darts Federation tournament
- 2 Wed Lent lunch: Wheelwright Cottage, High Lorton, 12 pm
- 2 Wed Lorton Parish Council, YTH, 7.30 pm
- 3 Thu Lent Study group: Muncaster House,10.30am
- 3 Thu Loweswater Parish Council, Loweswater VH, 8 pm
- 4 Fri Simon & Garfunkel Cover, Loweswater VH,
- 8 Tue Lorton WI Meal at Hundith Manor
- 9 Wed Lent lunch: Palace How,Loweswater, 12 pm
- 9 Wed Table Tennis at YTH 7 - 9 pm
- 9 Wed Loweswater Ladies, Loweswater VH, 7.15 pm
- 10 Thu Lent Study group: Muncaster House,10.30am
- 10 Thu History Society, YTH, 7.30 pm
- 10 Thu Loweswater IT Group, YTH, 10 – 12 pm
- 11 Fri Lady in the Van, Ullock VH, 7.30pm
- 12 Sat Lorton School 10k Run
- 13 Sun Mockerkin Mob A walk. Cinderdale Common, 10 am
- 14 Mon Lorton School lunch 1.15pm
- 15 Tue Exploring spirituality group: Muncaster House 10 am
- 15 Tue 77 Club Loweswater VH, 7.30 pm
- 16 Wed Lent Lunch, Loweswater Village Hall, 12 pm
- 16 Wed Lorton Gard. Club, YTH, 7.30 pm
- 17 Thu Lent Study group: Muncaster House,10.30am
- 19 Sat Coffee Morning, United Reform, Rooms, Cockermouth 10 am
- 19 Sat Melbreak Communities Coffee Morning, YTH. 10.30 am
- 20 Sun Mockerkin B Walk, Rosthwaite 10 am
- 23 Wed Table Tennis at YTH 7 - 9 pm
- 24 Thu Loweswater IT Group, YTH, 10 – 12 pm
- 25 Fri Good Friday - see back for services
- 27 Sun Clocks go Forward at 2 am, Easter Sunday
- 30 Wed Table Tennis at YTH 7 - 9 pm

WHAT TO DO IN CASE OF A MEDICAL EMERGENCY

- Phone 999 immediately
- Make sure ambulance/first responders can get into the house ...
- Provide lighting if dark ...
- If the person is unresponsive and not breathing normally, Do chest compressions (but only if you know how) ...
- Have clothes and any medicines ready in case the person needs to go to hospital.

100 Club Winners Mar 15 – Feb 16

<p>Mar 1 5 Sandra Meier</p> <p>2 3 Sheila Hughes</p> <p>3 107 Ted Donohoe</p>	<p>Sep 1 95 Christine Walmsley</p> <p>2 99 Christine Edmunds</p> <p>3 108 Ted Donohoe</p>
<p>Apr 1 44 Anne Flower</p> <p>2 4 Martin Hughes</p> <p>3 60 Edna Vickers</p>	<p>Oct 1 6 Loes van Cappellin</p> <p>2 121 Carol Priestley</p> <p>3 50 Joan Milburn</p>
<p>May 1 87 Tricia Pepper</p> <p>2 118 Marion Burton</p> <p>3 26 Claire Wright</p>	<p>Nov 1 113 Erin Thompson</p> <p>2 106 Hanneke van Schelven</p> <p>3 8 Meleri McEwan</p>
<p>Jun 1 74 Judy Hudson</p> <p>2 56 Christine England</p> <p>3 4 Martin Hughes</p>	<p>Dec 1 44 Anne Flower</p> <p>2 59 John Vickers</p> <p>3 68 Susan Todd</p>
<p>Jul 1 121 Carol Priestley</p> <p>2 50 Joan Milburn</p> <p>3 55 Christine England</p>	<p>Jan 1 8 Meleri McEwan</p> <p>2 65 Rev Bob Watkins</p> <p>3 75 Alex Harper</p>
<p>Aug 1 116 Audrey Burridge</p> <p>2 64 Barbara Robinson</p> <p>3 74 John Hudson</p>	<p>Feb 1 74 John Hudson</p> <p>2 18 Janet Coles</p> <p>3 48 Brig Joe Milburn</p>

Loweswater Village Hall News

At time of going to press we only have 3 tickets left for A Celebration of Simon and Garfunkel on Friday 4th March.

If you have booked tickets, you will be able to collect these on the door. Donations of raffle prizes are welcome and light refreshments and Wellington Farm Jersey Ice-cream will be available in the interval.

A future event at the hall is the Sponsored Walk and Cream Teas on Sunday 29th May. Details to follow nearer the time.

Here is this year's price list for the hall:

Supper Room (< 3 hrs): £15

Supper Room (>3 hrs): £30

Whole hall all day: £100

Whole hall evenings: £50

Hourly rate (8am to 4pm): £15.

Polling day/ Public Enquiries: £175

Weddings (3-day package; 1 prep, celebration and clean-up) £500

Marquee on hall (must be professional company with own insurance): £150

P. Leck

NOTES FROM ST. BARTHOLOMEW'S

As we go to print, Spring is just around the corner with spring bulbs preparing to bloom, and there are beautiful little lambs appearing, some with jackets to protect them from the harsh wind and cold. As Christians we are still in the season of Lent and looking forward to the climax of our Christian year and the celebration of the Passion at Easter in our services. It is the time that we affirm our faith and re-dedicate our lives in Christian fellowship to follow Jesus. We look forward to welcoming you to our service in Holy Week on Tuesday 22nd March at 7.00 and to our Easter Day early Communion service at 8.00am. Those of you who are away visiting family, we wish you all a Wonderful Easter.

In the Valley we are coming to the completion of Lent Lunches, and hope those of you who can make it, will come to Palace How, with Jan & Gwyn Evans on Wednesday 9th March and at Loweswater Village Hall on the 16th March, both from 12 – 2.00pm. There will be an opportunity to purchase locally-made preserves, marmalade

and jams in aid of Church funds at the Village Hall.

CTiC - The February issue of CTiC a four page document is placed at the back of Church for everyone to view, if you would like to receive an email copy please let me know.

The Annual Vestry & Parochial Church Meeting will be held after the service of 3rd April at approximately 11.45.

The Flower Rota is now available at the back of the church, please help us fill in the gaps, Thank you.

Finally, we are praying for Sheila and Martin and wish her a complete recovery.

Jan Collins-Webb



Loweswater IT Group

March : 10.3.16 & 24.3.16 at 10.00 – 12.00am

If you would like to come along and get help with IT or are unsure and would like more information please contact me. We meet at

Loweswater Village Hall, with refreshments of coffee/tea and cake at £3 a session. Please ring me to confirm attendance Jan Collins-Webb - 01900 85609.



The next meeting will take place on Tuesday 15th March at 7.30pm in Loweswater Village Hall. We shall hear a presentation from John Butcher on Thirlmere.

DATE FOR YOUR DIARY

It has been decided to hold a Tea Party in celebration of the Queen's 90th Birthday on Thursday 21st April at 3.00pm at The Grange. A list will be made available on 15th March for those members wishing to come along, otherwise you can contact Marilyn Laverack on 01900 85030.

LORTON NOTES

March sees the climax of the Church's year as Easter Day lies on the fourth Sunday of the month. When Easter is early it seems a little odd to me that we are commemorating the death and resurrection of Jesus when Christmas is but a recent memory, but to recall a phrase from one of my favourite films, Babe, the way things are are the way things are. Before that, we have the Lent study group on Thursdays at 10.30am and two Lent lunches on Wednesdays. The lunches are deservedly proving very popular with church-goers and non church-goers alike and if you have yet to give them a try, I urge you to come along and enjoy delicious soups, cheese and scintillating company.

If you usually come to a service on Easter Day, I also urge you to attend at least one service during Holy Week, the week preceding Easter. The solemnity and poignancy of these services are in deep contrast to the joyful triumph of Easter and enable us better to enjoy Easter

itself. My own favourite is the Maundy Thursday service, which commemorates the Last Supper and the first Holy Communion. I find it a most moving service.

The church has to be decorated for Easter and we shall be doing this on Easter Saturday at 10.00am. It really is a fun time and any helpers will be welcome, whether or not you can bring flowers or greenery. To complete the enjoyment, coffee and biscuits will be served at about 11.00. The Youth Cafe will be meeting as usual at the Yew Tree Hall for table tennis, but there will be no meeting in church on the last Friday as this is Good Friday, the most solemn day in the Church's year. We hope that Y-Club will be held on the second Sunday.

From St. Cuthbert's Church registers:

Wedding: 13 February: Aidan Robinson and Sally Holden.

Roger Peck.

LORTON WOMEN'S INSTITUTE

February 2016 Meeting



Seventeen members and eleven visitors gathered at the Yew Tree Hall on 9th February.

Many of us were already great admirers of Alfred Wainwright, the writer and illustrator who had introduced us to the Lakeland Fells.

However, partly due to his legendary reluctance for publicity - until Eric Robson's television series - few of us had knowledge of Wainwright the man. The speaker, Paul Heslop, revealed a few less admirable aspects of his personality as well as providing an enthralling account of his life, illustrated by many pictures, anecdotes and quotations.

What did emerge from Paul's talk was that A.W., as he was always known, was an outstandingly intelligent and accomplished man from a poor home, adored by his mother, with an alcoholic father. He excelled at school but had to leave at 13. Through sheer hard work, he became an accountant for the councils in Blackburn and Kendal.

An early, ill-judged marriage ensured many unhappy years for both parties and appeared to sour his views on women. "Women have no imagination. They lack the vital spark". It is not surprising that he came across as a curmudgeonly man who did not relate easily to his fellow man, or woman. However, in later life he met and married his soul-mate Betty.

An avid walker since boyhood, A.W. spent a week's walking holiday in the Lake District when he was 23, and was smitten. He returned, nearly every week, throughout his life, walking, photographing and documenting his walks, all of which he travelled to by bus, until he met Betty – she had a car.

We are all familiar with his painstakingly precise handwritten and beautifully illustrated guides to the Lakeland Fells as well as other parts of the country. Finally Paul gave us a beautiful slide show of many of Wainwright's favourite fells. President Kris thanked Paul for a really interesting and enjoyable talk. There followed tea, a wonderful spread of savouries and cake and more craic. The talk had followed the business meeting chaired by Kris, who led us in remembering the late Dorothy Robinson, a long standing and valued member for many years.

There were reminders of the Federation Darts Tournament, which we are hosting on 1st March, and the Lorton School 10K Run on 12th March, at which we will serve refreshments. Members were shown a new publicity leaflet which will be printed for members to give to friends and new people in the village. Members were asked to sign up choices for the next Meeting, our Birthday Meal at Hundith Hill on 8th March. Members not present at the meeting should contact Judith Foster if they wish to come.

Penny's Piece

After a few welcome weeks of being able to open and close my door without having to either shoulder it from the outside or kick it from inside, I am back to doing both. This is not helped by the fact that a while ago the sneck gave up and disintegrated. I am currently opening my door with a tea spoon! As you do. I'm not knocking it as it works and is significantly easier than trying to find an equivalent handle and sneck for a door of that age and thickness.

Many of you will have been aware that there have been patches of roadworks around. Fangs was closed for a week, though they only worked for 3 days. Thanks to the neighbours who agreed to

let me park in their yard, an arrangement I didn't need in the end. When the closure signs first went up I decided that there was probably a way round the whole thing, without having to go around. Namely, get out before they turn up and

get back when they've gone. It worked. On the Monday morning I made enquiries with the guy putting out the diversion (he was there at 7am) who said I wouldn't be able to get through and the diversion was 'only a short detour'! I looked at the map he had, as when he said this I thought they were going to try to send people over Mosser-it wouldn't have surprised me. On seeing the route my brain said; 'that's a 15 mile detour pal'. I am reliably informed by

the postman it was only 12, but it wasn't a bad guess.

There were a couple of days where having a car with clearance helped due to the huge gouges out of the road. Why they didn't do the whole section all the way across and all the way down is beyond me. And they haven't done anything with the holes at the top so you'll still get traction if it's icy.

I recently attended a course at Northlakes Hotel, Penrith which for some reason has been painted beach hut blue. As with all these courses there is water on the tables and sometimes boiled sweets. I had never seen individually wrapped polos before. How much do they cost? Surely it would be cheaper to use those little snack size packets for each person than individually wrap each one. The wrappers had print on and everything. Mental.

I discovered something interesting recently. Olympic cyclist Victoria Pendleton is now a jockey! Rather than give up sport, become a pundit, or go on The Jump and break bones, she has reinvented herself. She is not the only sports person to do this. Transitions have been made from cycling to rowing (that one may be the other way round) and cycling to

motor sport. Yes, Sir Chris Hoy is embarking on a career in Touring Cars. I wonder what it is about world class cyclists that makes them determined to carry on in sport? I wonder if the trend will pass on to all those cyclists we see in our valleys? The mind boggles as to what they will do. I haven't seen many speed or Nordic walkers recently. They must be up for a revival. Keep your eyes peeled.

Penny.



Lorton Vale Gardening Club



Well, here we are coming up to our final talk of the winter season!

Our cheer up January party went well - by popular demand, we might have to reinstate the famous drawing game, although some of us missed it like a hole in the head.....

As the Link goes to press, we are looking forward to the February talk by Paul Nicol, on fungi in the garden.

The next event is on **Wednesday 16th March** when Ben Sanderson from Cath's Garden Plants will speak on **Primroses**. Hopefully, there will be tempting plants on sale. The summer programme will be available at this meeting, which is, as usual, at **7.30** in the **Yew Tree Hall**. Visitors welcome.

PRECISION TREE SERVICE

Based in the Lake District

07730276279

- Certified & Insured
- Tree Felling
- Pruning
- Hedge Cutting
- On-site Firewood Processing



DÉCOR & DESIGN

Kate Pritchard

Quality Decorating
and Interior Design

Tel: 07989 773708

www.cumbriadecoranddesign.co.uk

**NEIL
SPENCER**



CARPENTER AND

LOWESWATER

**GENERAL JOINERY & FIT
TIMBER & FURNITURE
PROPERTY MAINTEN**

01946 861

Lorton & Loweswater Lent Lunches

We look forward to welcoming you on the following dates.

- 2nd March Julian & Mark Elliott, Wheelwright Cottage, High Lorton
9th March Jan & Gwyn Evans at Palace How, Loweswater
16th March Loweswater Village Hall

Keith and Lorna Meadley would like to thank everyone who Attended and helped to raise £455.00 for the Church at their Lent Lunch on Thursday 11th February at the Grange.

February's Quiz Night at Yew Tree Hall

On a wet and windy winter's evening 55 people enjoyed a lively, light hearted quiz and relaxed with a glass of wine or beer and a light snack. The quiz was stimulating, combining general knowledge with brain teasers and humour. Thanks to Steve Irlam for masterminding the questions, to members of the Hall Committee for organising the event and providing the refreshments, and to everyone who supported it so enthusiastically with generous purchase of raffle tickets. We made a little over £340 which will go towards maintenance of the Hall and some refurbishment following December's floods.

Popular feedback was 'When will you do this again?' Look out for announcements.

Loweswater with Buttermere PCC 100 Challenge Club

The prizewinners for the draw held for 1st February 2016

No	74	1st prize of £25	John Hudson
No	18	2nd prize of £10	Janet Coles
No	48	3rd prize of £5	Brig Joe Milburn

Congratulations to the winners and thanks to all our supporters.

**There's still time to subscribe,
we need your support!!**

Buttermere Parish Council

Meeting held on Tuesday 1st December 2015.

The Chair welcomed everyone to the meeting including Allerdale Borough Councillor Tony Annison, Cumbria County Councillor Alan Bowness, PCSOs Katherine Smith and Adel Lyall who were all in attendance.

The Police report for the area highlighted three incidents that had occurred in the Parish since the last meeting:

On 21st September 2015 a vehicle was broken into. This was on the Buttermere side of Honister Pass and occurred between 07:45 am and 08:00am. During the incident several items were stolen including a computer tablet, a camera and kayaking equipment. Police investigations into this incident are ongoing.

On the 27th September the Police were contacted after a sheep was hit by a vehicle near to Buttermere. The owner of the sheep was alerted and the injured sheep was retrieved from the scene.

On the 26th October a public order incident occurred in the area of Buttermere. This was after a motorist became verbally abusive towards another motorist. Police investigations into this incident are ongoing.

Cllr. Beard raised the issue of 'lamping' and stated that he felt there had been a recent increase in the number of people visiting the Parish with dogs and guns who were intent on badger baiting and other illegal activities. He had noticed a small white van with the number plates obscured in the area on several occasions over the past weeks.

Katherine explained that the Police had a Wildlife Officer, Helen Branthwaite, who dealt with this type of crime. She encouraged all those present to report any suspicious behaviour to the 101 number with the dates and times and this information would be followed up by the Police. She emphasised that any type of suspicious behaviour should always be reported.

A response received from the National Trust stated that they had licensed five sporting events on their land in Buttermere between March and September in 2015 and that they had a policy of allowing no more than one event per month in the area during spring and summer. It was agreed that councillors should keep a list of all the events that occurred in the valley during the coming year, in particular the cycling events that do not appear to require licensing but do cause problems for local residents.

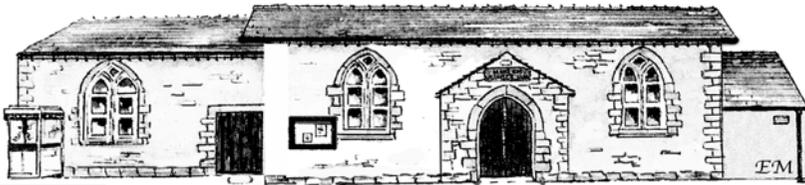
The expected expenditure for 2016/17 was given as £1,365.00 and the Clerk recommended that there should be no change in the precept of £1,400.00. This was agreed by councillors.

To view the full minutes from this meeting please visit the Melbreak Communities website.

The next meeting of Buttermere Parish Council will take place on Tuesday 31st May 2016 at 8.00pm in The Old School, Buttermere. All are welcome.

The contact details of the Clerk David Smith are: Tel: 01697 323296 E-mail: davidsmith@tinyworld.co.uk

Note from Ed: This article was left out in January because of a lack of space.



CINE NORTH

films showing at **Ullock Village Hall**

Friday 11 March at 7.30 pm

The Lady in the Van (Cert 12A)

Alan Bennett's big-screen comedic adaptation of his own iconic memoir and honoured stage play, starring **Maggie Smith**

Friday 1 April at 7.30 pm

The Choir (Cert PG)

This is an inspirational story of a rebellious young boy with a remarkable singing voice. Featuring a stunning soundtrack of choral music by Handel, Britten, Tallis and Mendelssohn, the Choir is an uplifting story of talent, adolescence and mentorship that proves what can be achieved when you dare to dream.

Tickets Adult £5, Child £4, Family of 4 £16.00 **(B.Y.O.)**

Loweswater Ladies

Our annual meal at the Kirkstile held on Wednesday February 10th was a lovely evening, delicious food, friendly and prompt service and a great opportunity for us all to get together and have a good natter. Chatting is something we excel at, at every given opportunity! Yvette won the raffle, presented by Christine. Many thanks to the Kirkstile staff for a wonderful evening.

We are back to our usual venue, Loweswater Village Hall at 7.15pm on Wednesday 9th March when Christine

Poate will be speaking to us on the topic of Mental Health.

Ann Hayton will be presenting the raffle for the evening and our supper hostesses will be Marilyn, Marjorie, Jan and Ann Kyle. **Ann Hiley**



REPORTS FROM THE PARISH COUNCILS

Lorton Parish Council: Notes from the meeting held on Wednesday 6th January 2016

The Chair, Cllr. Chris Poate, welcomed everyone to the meeting.

A member of the public raised concerns about recent flooding in the Low Lorton area. Sewage water, together with excess water from the highway drains, had been backing up and resulted in the flooding of a residence and the garden area. Concerns were expressed with regard to the lack of separation of sewage waste and drainage water, but it was explained that in Low Lorton, and many other areas, there was no separation. There followed some more general concerns about the problems that the recent heavy rain had caused in the Parish and it was confirmed that all the problems had been reported to the relevant authorities.

Cllr. Deeks informed the meeting that he had re-considered the draft Heads of Terms agreement as proposed by Cumbria County Council to cover the use of a part of the Parish Field by Lorton School for the siting of a new adventure playground. He felt the document required no further alterations and recommended that it be agreed by the Council. This was agreed by the Councillors present.

A written report from the Police identified six incidents in the Parish reported to them since the last meeting. Perhaps the most serious of these incidents was a report regarding a suspicious vehicle seen in the Lorton area. The details given regarding the vehicle was that it was a dark coloured transit van and contained two males. The males were reported to be knocking on doors claiming to be from an insurance company. The Police reminded councillors and members of the public to be cautious regarding strangers and only to let people with legitimate identity enter their homes. If in doubt please contact the Police on 101 or phone 999 if a crime is taking place.

The next meeting of Lorton Parish Council is on Wednesday 2nd March 2016 7.30pm in The Yew Tree Hall. All are welcome.

Loweswater Parish Council: Notes from the meeting held on Thursday 7th January 2016

The Chair, Cllr. Kathryn Mitchell, welcomed everyone to the meeting.

Cllr. Mitchell informed the meeting that she was increasingly concerned about the state of Mockerkin Hall, which now has a hole in the roof and several roof tiles have fallen to the ground, where they could have injured passersby. The continued deterioration of the attached barn is also a real cause for concern. The Clerk is to report these concerns again to Allerdale Borough Council and Cllr. Annison, our representative on the Borough Council. It was noted that Mockerkin Hall has been a cause for concern for a number of years now and despite a number of legal notices being issued by the Borough Council, the owners of the Hall have done little to repair and make the building safe. Other issues in Mockerkin that were discussed included the repair of the bench on Mockerkin Green and the slow response of the Borough Council to various street-lighting issues in the village.

It was noted by Councillors that the Parish had seemed to get off relatively lightly during the recent spells of heavy rain. However, there were a number of highways concerns reported by councillors, some of which had been exacerbated by the poor weather. These included pot holes on Fangs Brow, the need for drains to be cleaned out at the bottom of Fangs Brow, by Loweswater Hall and below Scales Bridge. All the concerns have been reported to the Highways Hotline (0845 609 6609) which can be used by any member of the public to report a highway related concern.

The next meeting of Loweswater Parish Council is on Thursday 3rd March 2016 at 8.00pm in Loweswater Village Hall. All are welcome.

Please Note: to view the papers from the above meetings go to www.melbreakcommunities.org

Buttermere Notes

Our thoughts and prayers are with Revd Sheila for a speedy recovery and return. Meanwhile our thanks to Revd Bob and Revd Carole for their continued support in taking services. Martin has retired as PCC Secretary to spend more time with Sheila and our thanks are due to him for his contribution and IT skills. We are looking for a new Secretary and any of the Loweswater & Buttermere Churchwardens would be pleased to hear from anybody who is interested in taking on this role

With fewer visitors congregations are smaller at this time of year but it is interesting that a recent statistical return to the Diocese showed that our average congregation (excluding major services) was 12.51!

There was an interesting phone call recently from somebody who rejoiced in the name of Charlie Lightning. He wanted to make a film of the area including Buttermere church and was willing to pay a fee of £50. We settled on £100 for which he could also have the bells rung, the advantage being there would be someone present to make sure the church was not used for anything inappropriate. In the event the weather was so bad the main camera was stuck some way off and filming was restricted to outside shots and a very long (and tiring!) session of bell ringing.

We also heard from a company called Mono Consultants Ltd acting on behalf of the Home Office 'looking to enhance

the emergency services network through the installation of new radio installations' (ie a radio mast) on Buttermere church grounds. Knowing these contracts can be lucrative we replied expressing interest but have so far not had a reply.

Finally we were somewhat mystified to find an order of service booklet in church entitled 'Men's Walking Weekend' with 'We used your church today thank you' written on it together with the name of a parish near Rochester. Ann Kyle went into church to change the flowers and found a group apparently holding a service. After an exchange of letters it appears that this group enjoys staying in the area, walking, eating, drinking and holding outdoor services. As the weather was at its moistest they held their service indoors. Mystery solved and we look forward to meeting them on a future visit.

We are not sure when Revd Sheila will be back with us and what effect this will have on our services but any changes will be posted on our notice board.

Gwyn and Jan Evans,
Churchwardens



League of Friends of

Cockermouth Hospital

Coffee Morning

19th March 10am- 12pm

United Reformed Church Rooms,

South Street, Cockermouth

Linskeldfield Farm, Isel

Cumbria Woodchip

Supplying premium grade wood fuel, including force-dried wood chips to any specification. Premium quality ENPlus A1 pellets, in bags or larger loads.

Dried hardwood and softwood logs also available.

Phone Jonathan:-
07713088135

www.cumbriawoodchip.co.uk

We also supply bird seed and pet supplies.



Lorton & Derwent Fells Local History Society

Brackenthwaite Buttermere Embleton Loweswater Mockerkin Pardshaw Wythop

www.derwentfells.com

From Peasant to Estatesman – the emergence of the Cumbrian yeoman farmer

Talk by Chris Craghill 10 March 2016.
Upper Lorton, Yew Tree Hall
7.30pm. Admission free to members. Guests £3 to include refreshments.

The Talk covers the period 1540-

1750. During this time the role of the Cumbrian Yeoman developing into a strong rural middle class is examined in the context of a thriving wool industry and the demise of the monastic institutions.

Chris Craghill is a regional historian with a Post Graduate Diploma in local history from Lancaster University.



THE MOCKERKIN MOB
 (founded by Alan Gane MBE in 1989)
Walk 305 March



<p>A Walk Sunday 13th March 2016 Intended for experienced walkers Meet: 10am Cinderdale Common, South CP GR: 162193 Route: Lad Hows, Grasmoor, Whiteless Pike, Rannerdale Estimated Time: 5hrs (Strenuous) Leader: John Hudson 01946 861555</p>	<p>B Walk Sunday 20th March 2016 Meet: 10am Rosthwaite NTCP GR:258149 Route: Stonethwaite, Langstrath Valley and back Estimated Time: 4hrs/6 miles (Easy/Moderate) Leader: Graham Harker 01946 862758</p>
--	---

Walkers participate at their own risk. We welcome new walkers: if you are interested
 phone Joan, 01900 85637 or Judy, 01946 861555.

**The Melbreak Communities - an Action Plan for the four parishes of
 Buttermere, Loweswater, Blindbothel and Lorton**
www.melbreakcommunities.org.uk



Real Coffee & Home Made Cake
Sat 19th March Yew Tree Hall, Lorton 10.30am - 12 noon
 (Including book & DVD Exchange)

The United Benefice of Lorton and Loweswater with Buttermere

Church Services March 2016

6 March

Mothering Sunday

9.00am	Holy Communion	Lorton	BCP
10.30am	Family Communion	Loweswater	CW
3.00pm	Evensong	Buttermere	BCP

13 March

5th Sunday of Lent

9.00am	Holy Communion	Loweswater	BCP
10.30am	Holy Communion	Lorton	CW
10.30am	Ⓨ Club <i>Lorton Tennis Club</i>		
3.00pm	Holy Communion	Buttermere	CW

20 March

Palm Sunday

9.00am	Holy Communion	Lorton	CW
10.30am	Matins	Loweswater	BCP
3.00pm	Evensong	Buttermere	BCP

21 March

Holy Week

Monday	7.00pm	Holy Communion	Lorton	CW
Tuesday	7.00pm	Holy Communion	Loweswater	CW
Wednesday	7.00pm	Holy Communion	Buttermere	CW
Thursday	7.00pm	Holy Communion	Lorton	CW

25 March

Good Friday

11.00am	Holy Communion	Buttermere	BCP
2.00pm	Devotional Service	Loweswater	

27 March

EASTER DAY

8.00am	Holy Communion	Loweswater	CW
10.30am	Holy Communion	Lorton	CW
6.00pm	Evensong	Buttermere	BCP

PLEASE NOTE – the above services may be changed, in which case details will be displayed on church notice boards

Please send your articles by e-mail to lolobulink@gmail.com by the **24th March 2016**. Link can be read at www.melbreakcommunities.org.uk