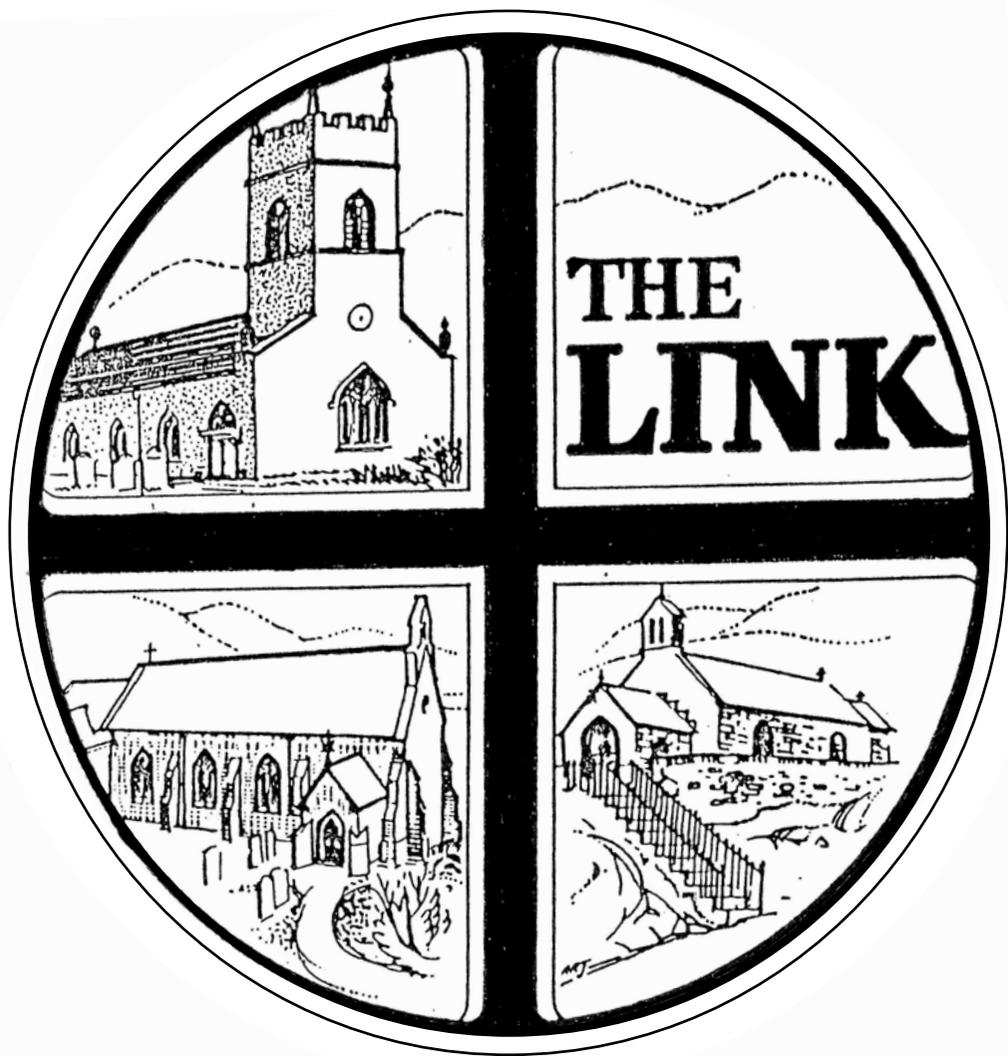


JUNE 2016



**THE UNITED BENEFICE OF LORTON AND
LOWESWATER WITH BUTTERMERE**

DIARY DATES FOR JUNE

- 1 Wed Table Tennis, YTH, 7pm
- 2 Thu Lorton GC visits Mill House, Sebergham at 2pm
- 2 Thu Loweswater IT Group, LVH 10-12 noon
- 8 Wed Loweswater Ladies trip to the New World Lanark Heritage Site
- 8 Wed Table Tennis, YTH, 7pm
- 9 Thu History Society. Short AGM followed by two talks. 7.30pm YTH.
- 10 Fri Youth Cafe, YTH, 7-9pm
- 12 Sun Mockerkin A walk meet Rydal Mount 9:30 am
- 13 Mon Lorton School lunch 1.15pm. All welcome two courses for £4.50
Reserve your place by phone 01900 85919 or 07790 459064
- 14 Tue Lorton W.I; 7.15 YTH
- 15 Wed Table Tennis, YTH, 7pm
- 16 Thu Loweswater IT Group, LVH 10-12 noon
- 18 Sat Coffee and Cakes, YTH, 10.30-12 noon hosted by Friends of Lorton School
- 18 Sat Lorton School Duck Race 12pm
- 19 Sun Mockerkin B Walk meet Seathwaite
- 21 Tue 77 Club Trip. Depart Mitchell's Auction Car Park 8.30 am
- 22 Wed Table Tennis, YTH, 7pm
- 23 Thu Lorton GC Summer Party and Plant Sale at Armaside House, Lorton
- 29 Wed Table Tennis, YTH, 7pm

DIARY DATES FOR JULY

- 1 Fri Youth Cafe in Church, 7-9pm
- 6 Wed Lorton Parish Council YTH 7.30pm
- 7 Thu Loweswater Parish Council, LVH, 8 pm
- 8 Fri Charity Auction at Wordsworth House for Lorton School
- 13 Wed Loweswater Ladies, Annual walk though the Lanes, Kirkstile 6:15pm
- 14 Thu Talk by John Macfarlane on history of Holme Wood, Loweswater.
7.30pm YTH
- 21 Thu Yew Tree Hall AGM, at the YTH, 19.30

DIARY DATES TO MARK FOR THE FUTURE

A date for your diaries -August Bank Holiday, Sunday August 28th Cream Teas at Loweswater Village Hall from 2pm to 5pm, a chance to meet up with friends and enjoy delicious cakes and scones.

Dear Friends

I wonder if you share the experience that sometimes there seems to be nothing that you want to watch on the television and at others there are several things that interest you?

Over the recent months we have much enjoyed the programmes to mark the Queen's 90th Birthday (and no doubt there will be more for her official Birthday) and also those for the 90th Birthday of Sir David Attenborough broadcaster, naturalist and conservationist.

There was a special programme tracing his career in television and including snips from different broadcasts and interviews with those who had shared in his expeditions. At the end were greetings from several prominent people among them HRH Prince William who said there had been Birthday celebrations for two people who are National Treasures – The Queen and David Attenborough. This brought great applause from the studio audience!

It set me thinking what does it mean to be a National Treasure? Is it someone we admire and value for their significant contribution to the life of our nation and beyond, a person we look up to and whose lives we are grateful for?

In our everyday speech we sometimes hear

someone call a baby or child a treasure, perhaps because they bring great joy. Or we may say to someone who reliably and unobtrusively does a great deal for their community or church "You are a treasure!"

So can we aspire to be a treasure for others? Jesus said "Where your treasure is there will your heart be also." Meaning that what is most important to us is where we will direct our lives and efforts. So we need to ensure that this is always going to be something worthwhile and of benefit for others as well as ourselves.

There is an old and well used prayer which may help us:

I shall pass this way only once .So may I use
the opportunity to do all the good I can,
For all the people I can,
In all the places I can,
And in all the ways I can.

This may seem like a tall order, but the Lord Jesus promises to be with us always to guide, inspire and encourage.

With all good wishes

Revd Carole Ford

We hope Revd Sheila will soon be able to write The Letter from the Vicarage. We remember her in our prayers and we send her and Martin our very best wishes.



Lorton School 10K Race

Lorton School and Lorton After School Club would like to thank everyone who supported the Lorton School 10K Race on Saturday 22nd March 2014. In total we had 247 entries which is a record number for us. In first place was Mark Walsh from Ellenborough with a time of 34.06 and the first female was Claire Elliman in 42.33. A tremendous achievement with a real mix of different abilities and ages in this years race which was great to see and also so many supporters.

We were overwhelmed by the generosity of spirit shown by the village and wider community of the Vale of Lorton, as well as those who came from further a field to help. We managed to raise £1920 which is a fantastic achievement and thank you all again for your help.

LORTON NOTES

At this time in the Church's year I am glad that green is my favourite colour. I do appreciate the different liturgical colours displayed at the different seasons of the Church's year, mainly through the altar frontals, and from the end of October until Trinity Sunday, which this year fell on May 22, we display the complete range. White is for celebration, purple for penitence, red for the season before Advent and to symbolise the tongues of fire at Pentecost and green for ordinary time when there is nothing special happening. The mood of the season is constantly changing and the altar frontals are constantly changing. However, from now until the end of October if you don't like green you are in a bad way. We are at the beginning of twenty two Sundays after Trinity with the associated green altar frontal, interspersed with only the very occasional red to celebrate a saint who came to an unfortunate end. I do hope you like green.

The concert Acoustic Roots, based on skilled guitar playing by Annemarie Quinn

on 6 May was a success and we thank all who helped. Church funds benefitted by over three hundred pounds and we also thank those who paid to come.

I expect you, like me, when visiting different areas like to drop in at the church to admire and soak up the atmosphere. However, I expect that unlike me you do not look at the flower rota. I do so out of curiosity and invariably come away wondering why nowhere other than Lorton is content to leave it almost blank. The coffee rota is doing better, if with the same few names. Let's see if the flower rota can match it.

The Youth Cafe continues with its usual programme of table tennis at the Yew Tree Hall and meeting at the church on the last Friday and we hope that Y-Club will take place this month on the second Sunday at the Tennis Club.

Roger Peck

Loweswater IT Group

June 2.6.16. & 16.6. 6. 10.00 – 12.00am

If you would like to come along and get help with IT or are unsure and would like more information, please contact me. We meet at Loweswater Village Hall, with refreshments of coffee/tea and cake at £3 a session. Please ring me to confirm attendance Jan Collins-Webb - 01900 85609

June 16th will be our last session for the summer. AGE-UK have supplied funding in the past. We are hoping to start again in September, providing we can get additional funding to cover costs that Mellbreak Communities provided this year. Please contact me if you have any ideas. Have a great Summer!



We held a successful coffee evening on May 18. Our speaker was James Moore from Mitchells Auction, who examined and gave his opinion on antiques that members had brought along. We were impressed by the depth of his knowledge, but unfortunately none of us emerged multi-millionaires.

CLUB OUTING – TUESDAY 21st JUNE

The coach will depart from Mitchells Auction Car Park at 8.30am. We will drive to Devil's Porridge near **Gretna**, a new museum dedicated to the huge munitions factory which operated there in World War 1. After a talk from a member of staff we will be able to explore the museum, and patronise the coffee shop if we wish.

NOTES FROM ST. BARTHOLOMEW'S

I have just returned from a lovely week on Mull, we were staying in a self-catering cottage enjoying breakfasts in the garden, overlooking the sea, it was truly magical. Briony too, judging by her wagging tail, certainly enjoyed all the different smells on the fells. Looking at the garden you must have the same weather here. We managed to get to see the beautiful Rannerdale bluebells, just before the rains came. Whilst on Mull we managed a trip to Iona, unfortunately due the amount of people in the church talking and pictures being taken using camera flashes, it eliminated any spiritual thought process. Unlike my very moving experience last year on the Holy Islands.

In services we now celebrate each Sunday as being after Trinity, and we recall the

We shall then drive to the Samye Ling Buddhist centre at Eskdalemuir, where we will be given lunch. We will then have a talk and a tour of the centre. After departure from Samye Ling we will drive to Lockerbie where we will have a high tea at Somerton House Hotel, Lockerbie. The cost of the trip is £25, which includes coach travel, entrance fees and talks at both venues, and lunch and high tea. We expect to be back in Cockermouth at around 7.30pm. This promises to be an excellent day, and if you wish to come and haven't yet signed up please phone me on 01900 85030 to reserve your place and make your menu choice for the main course of the tea by **Thursday 16 June**. We also ask all participants to pay in advance (£25) by cheque made out to "Loweswater 77 Club" and sent to Loes van Cappellen at High Stile, **Egremont Road, St. Bees CA27 OAS. This trip is now open to non-members of the Club.**

teachings of Jesus through the Gospels and of his ministry on earth.

We were able to ring the Bell for the first time since the maintenance works started, at the beginning of the Pentecost service, a very fitting time. Thanks to Rev. Bob Watkins and Rev. Carole Ford for a beautiful and very moving service enhanced by the Choir.

The Church external works are now mostly complete, again apologies for any inconvenience caused.

Christian Aid (as I type, still collecting) will confirm final amount in August. **But thank you**, to all who give so generously.

Finally, wishing you all a wonderful summer, hopefully the weather will be good.

LORTON WOMEN'S INSTITUTE
MAY2016 Meeting



President Kris welcomed 14 members to our Annual General Meeting, which was preceded by a Business Meeting. However, the first item on the Agenda was a convivial fish/pie and chip supper, followed by W.I. Birthday cake provided by Kris and another birthday cake provided by Judith B. for Lil, who was celebrating a “special” birthday and who we were pleased to welcome back after her stay in hospital.

The Business Meeting opened with congratulations to Morag, who has been voted Chairman of our Federation – a great honour for Lorton. Some items discussed were a proposed visit to Cockermouth W.I. on 4th July, Ann Roberts’ report of the Federation AGM, our visit to the Look North Studios in Newcastle in August, an invitation to join Loweswater Ladies on their visit to New Lanark Heritage Museum on 9th June and arrangements for our next meeting. The Business Meeting was concluded by discussion of the Resolutions regarding provision for care of dementia patients in hospital and prevention of food waste by supermarkets, for the National AGM in June. As the wordings of the Resolutions were unclear it was agreed that Judith, our representative at the AGM,

would listen to the arguments carefully on the day and vote as she judges best.

The Business Meeting was followed by the AGM. Lil provided a very positive Financial Report. Judith F reported on an interesting and lively year, to which Kris replied, thanking the Committee for their support. It was agreed that Ann Roberts will become President and Kris will become Secretary, as Judith F is standing down. The other officers and Committee will remain as last year.

Our next meeting will be at 7.15, at the Yew Tree Hall on Tuesday 14th June and will be a celebration of the Queen’s 90th birthday. We will decorate the Hall appropriately (including competition arrangements of red, white and blue flowers) and people are welcome to come dressed in red, white and blue. Kris and Judith B will share some interesting items brought back from a visit to the W.I. archive held in Whitehaven, Kris may provide a Royal Quiz, Ann P has prepared a programme of songs from the years of the Queen’s life and there will be a Bring and Share tea on a Royal Theme. All are welcome to what promises to be a most enjoyable celebration, including delicious food.

Lorton School
ANNUAL DUCK RACE



The annual duck race is taking place on Saturday 18th June at 12.00pm following on from the Melbreak Community Coffee Morning, at Yew Tree Hall. Ducks are £1 each and can be purchased from The Wheatsheaf Pub or Lorton Village Shop.

Fundraising is for a new adventure Playground

Penny's Piece

We still appeared to be in winter as April went out.

I was on a residential trying to find things that children could use as gloves on the last morning as their own hadn't dried out from the day before. Thick socks work reasonably well but it was still freezing. We had fun though. The "will he, won't he" moments of wondering if a child is going to fall in while transferring between canoes, trying to teach them how to skim a stone, seeing their faces change from smiles to shock when they realise that jumping into the deep pool while ghyll scrabbling wasn't the best idea and trying to get them to eat food they wouldn't normally touch.

Getting them to make a bed was an interesting experience and we only had to send a search party into 2 duvet covers to look for missing children. At least the cold weather meant there was less soap dodging than on previous years.

I do however have to offer a few words of caution. You see upon checking the rooms after the cases and kids had been cleaned out I found some interesting items.

Amongst the odd socks, towels and tubes of toothpaste left, there were some interesting looking tablets.

Many conclusions were jumped to, especially given the particular clientele of the room. However, all was not as it seemed. One child had been lent his case by his gran and as well as the tablets-vitamins it turns out, there were several copies of Woman's Weekly and a support stocking! If lending your case out, please check it's empty first.

I hope most of you managed to get round the Scarecrow Festival in Dean. I had a few favourites. Miley Cyrus on her

wrecking ball, Desperate Dan, the divers being eaten by crocodiles, the hound trail, Donald and his missing trows and the Gruffalo. Hours of work which, mainly, withstood the horrible weather on the Sunday and gave everyone some exercise between cake stops.

It appears we now have extreme dressage. You know, the walking sideways horses possibly to music event. Watching the celebration for HM the Queen I witnessed Chilean horses galloping sideways. I didn't understand why you would need to do it in the first place never mind at break-neck speed.

Apparently it is to help steer the cattle when they are rounding them up. This explains both the speed and the direction for them, but not why everyone else does it at competition. It is going to be pale by comparison from now on. I think the Chilean cowboys should be invited to the Badminton Horse Trials. It could be rather exciting.

Unbelievably, I am currently looking at the first rain we've had for around eleven days. Nine days of which I had my legs out. Not sure which day (yes I mean that in the singular) it was last year when I wore my shorts, but this has been great. I am pleased to see a shower now as I've had enough of watering things in pots. I've also fallen out with whichever furry vandal has been digging a variety of small holes all over my nicely mown lawn. Well, I thought it was nicely done. The greenkeeper may say otherwise. She'll need to look at the positives; at least I didn't mow through the cable this time.

Penny

LORTON VALE GARDENING CLUB

The first garden visit of the summer season was to Dallam Tower, Milnthorpe, courtesy of Mr and Mrs Villiers-Smith, on 10 May. We were taken on a tour of the garden by their one and only gardener, Philip, accompanied by Linda Fearon, the estate secretary.

The house is a grade 1 listed building built by David Wilson in 1725, but the most impressive feature is at the back of the house - a C19 wrought iron orangerie, the second oldest in the country. It is made with 9000 small panes of curved glass and, filled with wisteria and climbing roses in full bloom it looked absolutely stunning. Beyond the sunken croquet lawn was a water garden. A formal pond was fed by a stone edged stream - primulas, hostas, iris and ferns in profusion. Further upstream was a magnificent natural rock area with the water tumbling down the rock faces into a deep pool.

Climbing behind this area we walked through the woods, with many splendid trees, to view the site of the old vegetable garden, which has been allowed to revert to grass. The original gardener's cottage

also looked a bit worse for wear. The gardener told us that the 4000 acre estate organised pheasant shoots later in the year and fairly shortly about 4000 pheasant chicks are due to be released onto estate land. Many will find their way into the garden, causing mayhem.

It was a very enjoyable visit, though tea had to be sought elsewhere. The nearby Beetham nurseries was also well worth a visit. With good weather all day, the outing was a definite success.

Our next visit is on **Thursday 2nd June at 2.00.pm The Mill House Sebergham**. From A595 take B5305 to Sebergham pass onto bridge and take immediate R turn pass 2 bungalows onto a gravel drive and turn left at fork. **Then on Thursday 23rd June we have the summer party and plant sale at Armaside House Lorton.**

Please bring a plate of finger food and any spare plants you might have for sale.

Another reminder that there are still places available for the coach trip on Thursday 7th July so if you have not signed up yet contact Elly 01900 85094

Sparkling Summer Charity Auction

Friday 8th July 2016. Doors open at 7pm

Get your glad rags on in a good cause and enjoy an exclusive evening at Word Friends of Lorton School. Enjoy a glass of Prosecco in the garden, feast on pud attractions tickets to restaurant vouchers, work

In aid of Friends of Lorton School and National Trust flood con

Cost: £10 per ticket (includes Prosecco and pudding). For tickets ar



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Loweswater with Buttermere PCC 100 Challenge Club

The prizewinners for the draw held on 1st May 2016

No	79	1st prize of £25	Betty Coulthard
No	33	2nd prize of £10	Meleri McEwan
No	31	3rd prize of £5	Ted Donohoe

Congratulations to the winners and thanks to all our supporters.

Loweswater House to support National Trust flood conservation work and the
restoration of the Georgian kitchen then snap up a bargain in the auction: from
works of art to once-in-a-lifetime experiences.

conservation work in Borrowdale and the Buttermere Valley.

For more information and raffle tickets contact Sara Brown sarafellview@yahoo.co.uk

Parish Council Reports

Lorton Parish Council: The Annual Parish Meeting held on Wednesday 4th May 2016

The Chair, Cllr. Chris Poate, welcomed everyone to the Annual Parish Meeting.

Cllr. Poate was unanimously re-elected to the position of the Chair for the coming twelve months and similarly Cllr. Postlethwaite was unanimously elected to the position of Vice-Chair for the coming twelve months.

The Chair spoke to her report in which she noted that the Council had dealt with twenty planning applications during the past twelve months, one of which was objected to by Councillors. She thanked Cllr. Marian Sloan, who has stepped down due to other commitments, for her work on the Parish Council and in particular on the newsletter.

There followed presentations from The Yew Tree Hall Committee, Lorton WI, Lorton Gardening Club, Lorton Tennis Club and Lorton Table Tennis Club during which the speakers provided an update on the various activities that their organisations had undertaken during the last year. Written reports were received from the Melbreak Communities Group, Lorton Vale First Responders and Lorton School.

The Clerk presented the end of year accounts, as audited and agreed by Jacques Hankin. Total income for the year was £5,720.00p. Expenditure for the year was £4,713.84p. Together with the balance brought forward from the previous financial year, the balance of the Parish Council account on March 31st 2016 was £6,223.04p.

During the May meeting that followed the Annual meeting, Chris Edmunds was co-opted onto the Council and all those present wished Cllr. Edmunds well in his new role as a Parish Councillor.

The next meeting of Lorton Parish Council is on **Wednesday 6th July 2016 at 7.30pm in The Yew Tree Hall. All are welcome.**

Loweswater Parish Council: The Annual Parish Meeting held on Thursday 5th May 2016

The Chair, Cllr. Kathryn Mitchell, welcomed everyone to the meeting including both the Borough Councillor Tony Anison and the County Councillor, Alan Bowness.

Cllr. Mitchell was unanimously re-elected to the position of Chair for the coming year and Cllr. Keck was unanimously re-elected to the role of Vice-Chair for the coming year.

The Chair gave her annual report in which she highlighted the various highways issues covered during the past twelve months such as drains that have been cleared, roads cleaned and re-surfacing work completed on Fangs Brow amongst other areas. A new streetlight in Mockerkin was also reported on and this has now been erected and is operational.

Also highlighted in her report was the phone box by the Kirkstile Inn that has recently been repainted and an intercom, directly connecting with the emergency services, and defibrillator installed. BT has kindly sponsored the alterations to this phone box, as part of a nationwide project to convert largely unused phone boxes for more practical application.

The Clerk presented the end of year accounts, as agreed by David Walmsley the internal auditor, which showed that total income for the year had been £2,472.83p whilst expenditure had been £2,580.37p. Together with the balance brought forward from the previous financial year, the balance of the Parish Council account on March 31st 2016 was £1,440.07p. In the Business Money Manager Account there was £2,359.98p giving a total balance of £3,800.05p as of March 31st 2016.

The next meeting of Loweswater Parish Council is on **Thursday 7th July at 8.00pm in The Village Hall. All are welcome.** The minutes of the above meetings can be viewed at www.melbreakcommunities.org.uk

Loweswater Ladies

Our speaker for May arrived with a van load of plants and herbs ! Helen Shipton-Smith, from Helen's Herbs based at Parkside, Cleator Moor proceeded to enthral us with detailed and interesting information about her vast array of home grown herbs, some of which were familiar to us and some totally new. Quite a few of our ladies were making notes for future reference, as it became immediately apparent that Helen's expertise was going to prove very useful in our own gardens.

Herbs are very useful plants for both culinary and medicinal purposes; they are also used in aromatherapy, for stimulus for partially sighted patients, and for attracting wildlife especially bees, to name just a few of their attributes. Helen introduced us to all the herbs that she had brought with her, demonstrating by planting some in planters for purchase afterwards.

Her first planter consisted of parsley, thyme, lemon balm, marjoram and sage. She also made a beautiful hanging basket, a lovely display of her 'non-herby' plants. Many of her herbs were familiar but I think we were all amazed at the huge variety of mints and also the numerous lesser known varieties of other plants. After her excellent talk our ladies were keen to purchase her planters and the herbs that she had brought with her. A very successful and entertaining evening was had by all.

The talk was followed by our supper during which time the raffle, presented by Margy, was won by Anne Flowers. Helen also donated a pot of herbs for a second raffle prize.

More names were added to our list during our meeting for our summer trip to the New Lanark Heritage Centre on Wednesday June 8th. However, we do need a few more ladies and friends to fill our coach, so do please phone Alison on 01 946 861147 if you would like to join us. Our day will start in the Wakefield car park (next to Millcroft Vets) in Cockermouth at 8.30 am.

Our meeting on Wednesday July 13th will be our annual walk through the lanes, starting at the Kirkstile Inn at 6.15 pm and ending there for supper an hour or so later. If you are not able to be with us for our June summer outing, please telephone Alison for your name to be added for the July meal. Ann Hiley

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From the Fell Road

**A Poem by
Michael Baron,
for Chris Todd**

On the fell road 'unfit for cars' above the lake,
More an unused track once with purpose
And direction like a Cumberland farmer's life,
Its surface craters, blackwater-filled, broken
Awkward with boulders, it might be the moon
Except for tangled ponticum, blackthorn, bramble.
This dull afternoon is north-west stretched between
The short grassed brows of Carling Knott, Hen Combe
And Gavel Fell, around valleys of snake-curved
Idle streams, places of abandoned farms. Mud
Means no easy place to trample. The lone
Sentinel holm oak points a path anoraked
Walkers have deserted, left to the district's
Only royalty, the Herdwicks to make it theirs.

From fell road a hundred small dipping fields reveal
Beneath turf lines, marks of ancient ridge and furrow.
For dreamers' ghosts are at work. Men's eyes fixed on
The heaving backs of a pair of horses, and a plough
Slices the unchanged uneven slopes, land, earth,
Over centuries, hard, unyielding, resilient, rough.
Imagine now the village hall, once housed a school,
Where they're reading, say, William Iredale's will,
And Arthur grunts '*me brother ain't given much
To speakin'*', twists his funeral tie, with hands
More skilled for tying five-bar gates, hay-bales,
Or holding one horned head for the shearer's cut.
In the barn, just there, stood William's handy pike.
Oiled and fine sharpened, and with his crossbow,
Ready for border service as if King James had
Died yesterday when Loweswater men were free.

Now high on Low Fell my rheumy eyes see Melbreak's
Nested peregrine falcons wheel and plunge fierce as
Arrows, their claws pigeon-aimed. Please, I say,
Forgive me as I brood on time and change for
Down in the lonning Chris Todd guns his quad bike,
Deftly manoeuvres, whistles four times for the dog,
Then gathers in the sheep. How evening advances.
How night draws in light, softly. It could be Galilee but
It's here. First, Chris gets one, then two, then three.
Then all the flock's encircled, the busy tossing heads,
The bobbing curly sea, the spring lambs of Kirkhead.

Walkers' Way No. 176

Not that the effects of the appalling weather of the past months are by any means forgotten or no longer in evidence. A recent walk around Ennerdale, for example, left no doubt of the impact of winter storms. The track along the south side, east of Angler's Crag, has always been a bit rough, but its condition has now deteriorated far more. Many places where there used to be minor runnels there are now far wider trails of rock and rubble, a lot of soil clearly having been washed into the lake and the going underfoot is much harder as a result. However, it was good to see a delightful pair of sandpipers on the shore, those delicate looking summer visitors which have survived the incredible flight from distant lands, even as far away as South Africa and Australia. Another feature is the gorse or whin, a veritable blaze of gold when in full flower, with a wonderful and unmistakable heady perfume. Also known as 'furze', which of course becomes 'vuzz' in Devon and Cornwall. It used to be said that when your ship arrived at Plymouth you were welcomed by the scent of the gorse blossom blowing across the Sound from the hills. But then, it was also something of a sinister plant, about which Yorkshire people would sing over their dead :- '

'When thou from here away art past, every night and alle, to Whinny-Muir thou com'st at last, and Christ receive thy saule'.

A recent circuit of Melbreak, occasionally accompanied by buzzard and kestrel, revealed storm damage similar to that at Ennerdale. Also present was ample evidence of fox and, in particular, badger. Being omnivorous, badgers will partake of a very wide variety of foods, the

earthworm and soil-inhabiting creatures such as leatherjackets and beetles being quite high on the list of delicacies. These are obtained with the aid of the badger's exceedingly long and strong claws, which are used to scratch and dig the ground and it is this activity which is so evident on the flanks of Melbreak. Also seen on this visit were the first tiny leaves of sundew, still only about 2mm in diameter, but nevertheless unmistakable on their claret stalks.

While there have been some remarkable successes in the reintroduction of such birds as the red-kite, the bittern and the osprey, the overall picture is pretty depressing, and a constant reminder of Rachel Carson's 'Silent Spring'. The RSPB reports that the official Red List, i.e. birds in real danger, has now grown to 67 species, an increase of 15 since 2009. The wryneck for example, no longer breeds here, although at one time it bred in 54 English Counties. The largest group of birds under threat are those which inhabit woodlands, the woodcock, nightingale and pied flycatcher now being on the list and there is no doubt that our local woodlands are a lot quieter than they were 20 – 30 years ago. Growing numbers of long distance migrants are also being added to the list, including whinchats, wood warblers and cuckoos. While it is good to know that there were 6 successful hen harrier nests in England last year, as opposed to none in 2013, we have enough suitable habitat to support 300. And so, once again, good news and bad but leaving little doubt about the overlying downward trend.

Alan Gane.

Report of Annual Parochial Meeting of Loweswater and Buttermere Church Council held on Sunday 3rd April at Loweswater Church.

The meeting was Chaired by the Reverend Wendy Sanders.

The Vestry meeting was followed by the APCM and The Parochial Church council meeting.

The Churchwardens were re-appointed . Jan Collins Webb and Barbara Robinson to serve in Loweswater and Gwyn and Jan Evans to serve in Buttermere.

The Annual Accounts were presented by David Walmsley and unanimously agreed.

The Elected Officers are Ann Hayton as Vice-Chair, David Walmsley as Treasurer and Eleanor Ella as Secretary other PCC members Ann Beebe, Betty Coulthard, Nancy Fearon, Juliet and Alan Gane ,Ann Kyle, Margie Mawson , Lorna Meadley, Jo Milburn.



Lorton & Derwent Fells Local History Society

Brackenthwaite Buttermere Embleton Loweswater Mockerkin Pardshaw Wythop
www.derwentfells.com

Short AGM followed by two talks

Thursday 9 June 2016. Yew Tree Hall, High Lorton, 7.30pm. Guests £3 to include refreshments.

John Macfarlane, “JMW Turner’s 1798 painting of *Buttermere and Cromackwater*, with rainbow – revisited 2015”.

John Hudson, “James Morton and the formation of Solway Dyes in World War 1”.



THE MOCKERKIN MOB
(founded by Alan Gane MBE in 1989)
Walk 308



<p>A Walk Sunday 12th June 2016 Intended for experienced walkers</p> <p>Meet: 9.30am Rydal Mount</p> <p>GR: 365064 Route: Nab Scar, Heron Pike, Gt Rigg, Fairfield, Hart Crag, Dove Crag, High Pike, Low Pike Estimated Time: 8½hrs (Strenuous) Leaders: Hudsons 01946 861555</p>	<p>B Walk Sunday 19th June 2016</p> <p>Meet: 9.45am Seathwaite</p> <p>GR: 235123 Route: Stockley Bridge, Sprinkling Tarn, Styhead Tarn Estimated Time: 4½hrs (Moderate) Leader: Joan Warren 01900 85637</p>
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Walkers participate at their own risk. We welcome new walkers: if you are interested phone Joan, 01900 85637 or Judy, 01946 861555.

The Melbreak Communities - an Action Plan for the four parishes of Buttermere, Loweswater, Blindbothel and Lorton
www.melbreakcommunities.org.uk



Real Coffee & Home Made Cake
Hosted by Friends of Lorton School
Sat 18th June, YTH, Lorton 10.30am - 12pm
Followed by the annual duck race.

The United Benefice of Lorton and Loweswater with
Buttermere

Church Services June 2016

5th June	2nd Sunday after Trinity			
	10.30am	Holy Communion	Loweswater	CW
	6.00pm	Evensong	Buttermere	BCP
12th June	3rd Sunday after Trinity			
	10.30am	Matins	Lorton	BCP
	10.30am	Ⓞ Club (<i>Lorton Tennis Club</i>)		
	6.00pm	Holy Communion	Buttermere	CW
19th June	4th Sunday after Trinity			
	10.30am	Holy Communion	Loweswater	CW
	6.00pm	Evensong	Buttermere	BCP
26th June	5th Sunday after Trinity			
	10.30am	Holy Communion	Lorton	CW
	6.00pm	Evensong	Buttermere	BCP

WHAT TO DO IN CASE OF A MEDICAL EMERGENCY

- Phone 999 immediately
- Make sure ambulance/first responders can get into the house ...
- Provide lighting if dark ...
- If the person is unresponsive and not breathing normally, Do chest compressions (but only if you know how) ...
- Have clothes and any medicines ready in case the person needs to go to hospital.

Advice supplied by Lorton First Responders

Please send your articles by e-mail to **lolobulink@gmail.com** by the

24th June 2016. Link can also be read at www.melbreakcommunities.org.uk

Want to learn DTP (desk-top publishing) - we need somebody to help with the magazine and are prepared to teach somebody willing to learn, Must be able to do basic word processing. Send an email to the lolobulink address if you are interested.