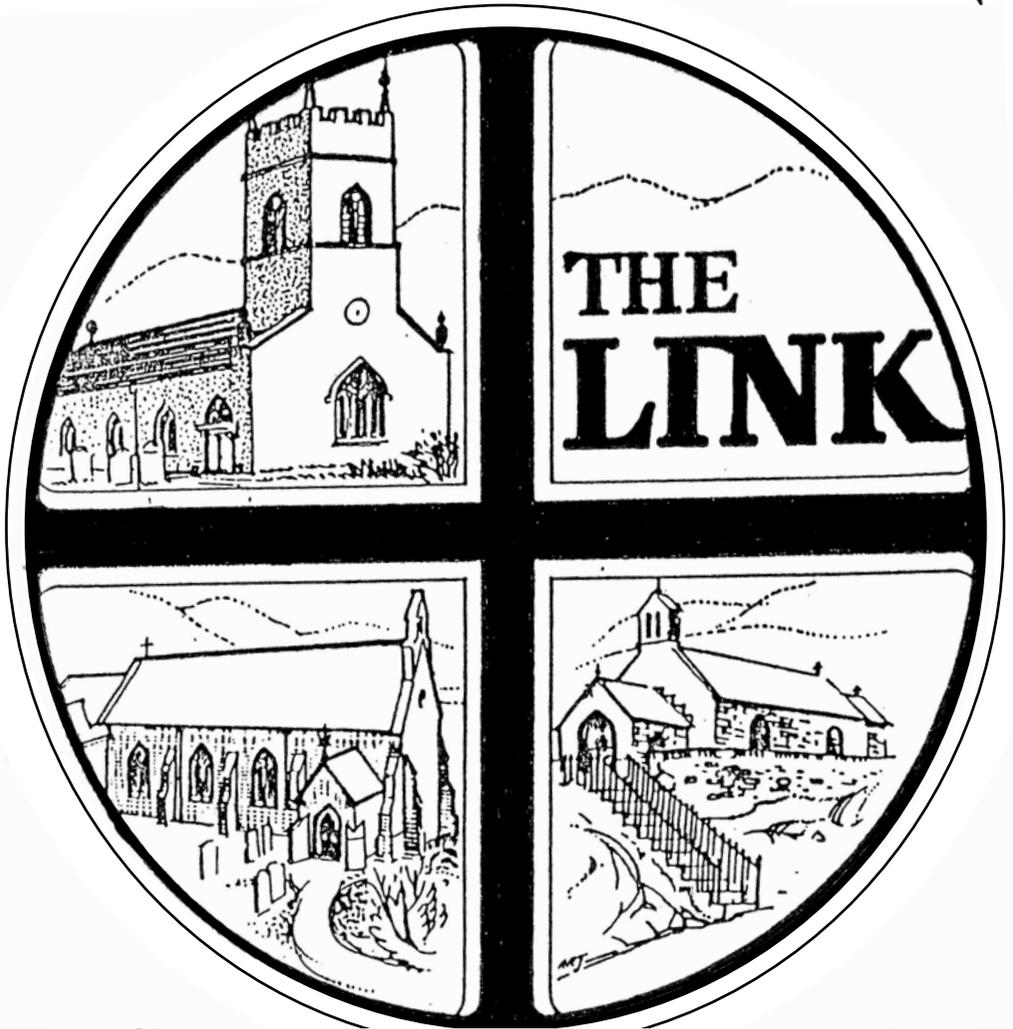




DECEMBER 2015
JANUARY 2016



**THE UNITED BENEFICE OF LORTON
AND LOWESWATER WITH
BUTTERMERE**

DIARY DATES FOR DECEMBER & JANUARY

- 1 Tue Locals Night, Kirkstile Inn, 6.30 pm
- 2 Wed Table Tennis at YTH 7 - 9 pm
- 6 Sun Cine North at Ullock VH, Into The Wind, 4.30 pm
- 6 Sun Youth Christmas Party with Bishop James, Coffee Kitchen 7-9pm
- 7 Mon Loweswater Ladies, Choirstmas Buffet at Fish Hotel, Buttermere 7 pm
- 8 Tue Lorton WI Christmas Party , YTH 7.15 pm
- 9 Wed Lorton Gardening Cllub, YTH, 7.30 pm
- 10 Thu Loweswater IT, LVH 1 -3 pm
- 12 Sat 77 Club Christmas Party LVH 3pm
- 14 Mon Chef Helen's Xmas Dinner, Lorton School - see Vicar's Letter
- 15 Tue Spirituality Group, Muncaster House, 10 am
- 15 Tue NSPCC Carol Singing, Thwackthwaite, Loweswater 6 pm
- 16 Wed NSPCC Carol Singing, Merrighyll Mockerkin, 6 pm
- 16 Wed Table Tennis at YTH 7 - 9 pm
- 18 Fri Youth Café Party at Lorton Church 7 - 9pm
- 18 Fri First Responders, Mulled Wine and Pies, YTH 6 - 8 pm
- 21 Mon NSPCC Carol Singing, High Lorton,
- 22 Tue NSPCC Carol Singing, Low Lorton
- 22 Tue NSPCC Carol Singing, Buttermere call Jan Evans 01900 85458 

January 2016

- 8 Fri Youth Café Games at YTH 7 - 9 pm
- 12 Tue Lorton WI, YTH 7.15 pm
- 13 Wed Loweswater Ladies, LVH 7.15 pm
- 13 Wed Table Tennis at YTH 7 - 9 pm
- 14 Thu Loweswater IT, LVH, 10am - noon
- 14 Thu History Society, YTH, 7.30 pm
- 19 Tue 77 Club, LVH 7pm, Inc. Talk by Barry Johnson with pie and pea supper
- 21 Thu Lorton Gardening Club, Jan Winter Party 7.30 pm YTH
- 27 Wed Table Tennis at YTH 7 - 9 pm
- 28 Thu Loweswater IT, LVH, 10am - noon



Lorton Shop

Arwen, Lee and Kelda are looking forward to our first Cumbrian Christmas, and we're excited to be open and sharing it with our customers! After a massive refurbishment and rebuild programme, we opened Lorton Village Shop in October. Our aim is to provide good quality local produce, organic and ethical groceries, an unusual range of unique handmade crafts and cards from artists in the area, and of course good coffee and cake!

It's a cosy, friendly little place, ready to welcome you for a warm-up and some Christmas shopping. Did you know you can order bread from the Coffee Kitchen Bakery, meat from Lindsays the butchers and Brougham Hall smokehouse to be collected here? We also have a good range of vegetarian and vegan foods, and a lovely selection of specialist holiday products and Christmas gifts coming in December. You can order your own and your holiday guests' Christmas meat from us now, and there's anything else we can help with, please just ask! A Merry Christmas to one and all!

I love Christmastime when we celebrate our Lord Jesus's birth. A time to worship God – all welcome to all our Christmas services – and to give thanks for our many blessings. A time to be with our families and friends and to enjoy those extra social events! Not a time to be dieting with all the feasting to be done. I'll do that in the New Year!

Talking about food, which I do talk about a lot, have you ever been to eat at that wonderful culinary establishment in Lorton? I have been attending monthly at the School Pavilion and enjoying Chef (yes she is a chef) Helen's wonderful 2 course lunches or dinners (as we say in the North). They are the community lunches and there are no age limits but you do need to book before you attend. You can do this via the school phone: 85919 and leave a message for Helen. This month we enjoyed a beautiful chicken fillet in a wonderful wine sauce, home cooked veg and a great winter berry meringue with extra cream. In the past we have enjoyed steak pie, fish and chips, local grown pork stew, shepherd's pie and lots of scrumptious puddings and sweets. At £5(including tip) each it is a bargain of a dinner. You won't need tea later!

The Christmas Dinner is on Monday 14th December at 1.15pm. Please phone Helen straight away if you would like to go to this and not already booked in.



We are all getting ready for the season but please stop at some point and say TU to God for his Son Jesus Christ and the life we enjoy with Him now.

The Youth Caf will be meeting twice monthly from January with the extra meeting being held in Yew Tree Hall so we can play table tennis, table-top football and board games. We might even have a gym mat for the athletic!! We will charge £2 each to cover our rental and youngsters will also need money for the tuck shop - everything at cost. If you would like to join Youth Café your parent/guardian must fill in the consent form before you arrive please. Please email if you would like one on vicarlolobu@hotmail.com; or ring me on 85237.

Have a great Christmas and Happy New Year. God bless you always
Your friend and vicar Revd Sheila

Loweswater with Buttermere PCC 100 Challenge Club

The prizewinners for the draw held on 1st October 2015

No	6	1st prize of £25	Loes van Cappellen
No	121	2nd prize of £10	Carol Priestley
No	50	3rd prize of £5	Joan Milburn

The prizewinners for the draw held on 1st November 2015

No	113	1st prize of £25	Erin Thompson
No	106	2nd prize of £10	Hanneke van Schelven
No	8	3rd prize of £5	Meleri McEwan



Congratulations to the winners and thanks to all our supporters.

Buttermere Notes

Writing these Notes in November we look forward to the Advent of Christ's Birth and the happiness and gratitude that it brings. We also look forward to sharing the Christmas services in Lorton and Loweswater and the Service of Informal Carols and Readings at Buttermere on December 27th when everyone is welcome to come and choose their favourite carols and readings.

December is the time to look back at 2015 in Buttermere ... We have made considerable progress with the fabric. We were granted a Faculty to repair the roof; reorder the vestry, including a new concrete floor; move the font to the front of the church to provide more room at the back for improved service book storage, access to notice boards and a better literature table; replace night storage heaters and add extra outside lighting for safer winter use of the steps. Work has been completed except for cupboards in the vestry and at the back of church. Consequently the recent Quinquennial Inspection only required minor works.

During the Inter-regnum the three congregations became used to attending one another's churches and members of both Lorton and Loweswater congregations continue to attend Buttermere services and even taken part in our services. Earlier in the year we lost our organist but the benefit is that we now have a team of five.

Equally the Readings are shared between five soon (increasing to six) and whoever is not reading is probably ringing the bell or taking the collection. On occasions a warden has taken Evensong but the congregation has been spared a sermon!

Only a minority of visitors make an entry in the Visitor's Book and with over 500 entries this year many times that number must have enjoyed the peace the church provides. Some share in our services, others make very generous donations or humble us by the moving requests that appear on the prayer board. Keeping our churches open and providing a few moments of tranquillity is a small way of showing that 'God IS for all'. It is interesting that we get significant donations from individuals who are not churchgoers but feel a need to connect to a church.

What for 2016? The building is now hopefully watertight and more welcoming so we can attend to what we should be doing. 'Growing Disciples' is a current catchphrase but it does make people sound like cabbages. Whatever phrase is used we are a small and aging group and need to increase our congregation. This together with playing a part, however small, in making more connexion with other denominations in the area must be our aim for 2016.

Happy Christmas

Gwyn & Jan Evans, Churchwardens

Our daughter Martha Rose Davey was born safely on Thursday 22nd October. A little sister for Grace and a new addition to the valley!

Many thanks - Christine & Rich Davey,
2 Water Board Cottages, Loweswater.





We had an interesting meeting Thursday 19 November when Colin Wornham gave an excellent presentation on his two years in the Antarctic in the 1960s with the British Antarctic Survey.

The Christmas Party for Club members will take place on **Saturday 12 December at 3pm** in Loweswater Village Hall. We ask everyone to bring a present for the "Secret Santa", and to wear a Christmas jumper if they have one. Entertainment will be provided by the

"Sing Owt" singers. If you wish to come and did not sign the list on 19 November, please give me a phone by 7 December.

The first meeting of 2016 will be on **Tuesday 19 January at 7pm** in LVH. We will have a pie and peas supper, after which we will hear a talk from Barry Johnson, a local fellrunner, triathlete and coach. A list will be available for signing at the Christmas Party. Alternatively, you can give me a phone by Friday 15 January.

Marilyn Laverack, Secretary
01900 85030

LORTON NOTES

Very infrequently changes are made to the positioning of items in our church. Much deliberation takes place before the PCC decides to embark upon such ventures, but as by now regular worshippers will have noticed, the organ has been moved. We hope that most, if not all of you will think this is a good idea. The organist will no longer be stuck at the back of the church and when we have a choir it will be seen by everybody, as has always happened in times gone by. Also, space has been released in which folk can gather at the end of the service. The boarding in the area which has been occupied by the organ is not attractive, but we are considering overcoming this by buying a new carpet! Happenings indeed.

We are now in the season of Advent, which I always consider to be an exciting period in the Church's year. The first

lesson is taken from the Old Testament, and those who listen to the service of Nine Lessons and carols from King's will find them familiar. Do come and escape from pre-Christmas hubbub and join us in less stressful surroundings. It is Loweswater's turn for the carol service this year, but the Midnight will be at Lorton.

On the first Sunday in January we celebrate Epiphany. This is a major festival, as are Christmas and Easter, but as it falls so soon after Christmas tends to be overlooked. It celebrates among other things the Manifestation of Christ to the Gentiles and is an important occasion

Y-Club and the Youth Café will be meeting, but the Youth Café is holding a Christmas Party on the 18. The activities of the Youth Café is growing and meetings are twice a month. Please see notice boards to keep up to date. Roger Peck. 5

LORTON WOMEN'S INSTITUTE

November 2015 Meeting

theWI
INSPIRING WOMEN

Do you know how many pints of water you use a day? In the UK the average person uses 300 pints. In the developing world 650,000,000 people use an average of 20 pints each per day. It is likely that the water will be painstakingly carried from a water supply, often necessitating a 2 hour round trip. It will probably come from a stream or pond used for watering animals, and washing people and clothes and be contaminated. Most of this water is carried by women and children. These circumstances and the debilitating sickness suffered from dirty water mean that there is little time for women to work producing food for their families and children miss school.

These were just some of the astounding facts given us by Dave Gardiner, who told us about Water Aid. Dave decided on retirement that he didn't want to spend all of his time doing the garden but wanted to make a contribution. He started working as a volunteer for Water Aid 3 years ago and it has led him into some amazing experiences. He has visited groups and schools giving presentations, taken a petition to Downing Street and met Nick Clegg, who presented the petition to the UN, which as a result has adopted the Water Aid Vision: "Everyone, everywhere will have clean water, toilets and hygiene education by 2030". Dave has also

raised funds running in the Great North Run and has been to the Glastonbury Festival twice, distributing water bottles and information, dressed as a Poo (not the Winnie kind!).

Water Aid was established in 1981 by UK Water Companies, originally Water Boards, which in the mid-19th century saved the UK from cholera outbreaks (even in Cockermonth) by supplying clean water. At present, Water Aid is campaigning to provide piped water and toilets to Maternity Centres. If you look at their excellent website you will find more fascinating information, much of which Dave gave us in a most eloquent, warm and sometimes funny presentation. Try to catch another of his presentations if you missed this one.

We enjoy our W.I. meetings, all rounded off by good craic and cake over a cup of tea. But it is also great to have a speaker who really engages us and makes us think. We are so lucky to have that tap in the kitchen to make the tea!

Our next meeting will be our Christmas Party on Tuesday 8th December at the Yew Tree Hall at 7.15. We will have caterers and the group Side-by-Side will entertain us. Guests of members are welcome; final numbers need to be sent to Judith Foster no later than 1st December. Our first meeting of the New Year will be on 12th January.

Penny's Piece

It's that time of year again: the annual (prolonged) fight with a series of inanimate objects. First there is coping with increasing numbers of bags after some successful shopping, which threaten to try to cut off the circulation in your fingers. Then there is the cutting of wrapping paper. Are you a 'cutter' or a 'glider'? It seems I am both. I usually start off as a very competent 'glider' but after cutting half a dozen pieces something bizarre happens.

Instead of gliding down the paper, the scissors snag and start scrunching up chunks of paper. This leads to wastage and a few choice words/ nifty folding to hide the edge.

Then the battle with the sellotape begins.

Where is the end? Why has it ripped off in thin strings? Why have the bits I have cut off turned under the table and stuck there? Can I stick this tape along that length if I try to hold it in place with my scissors/ foot/ elbow/ chin? How have I managed to stick that to the paper with none of the tape over the join?

One of my main issues is objects that are silly shapes. They look great, until you try to wrap them. But I have solved this issue. Put it in a box and then wrap it. The look of confusion on my God-daughter's face on her birthday when she thought I'd



given her a toaster was rather amusing. So if you have recently bought new shoes, kettle, toastie machine etc, don't be too quick to recycle the box, it could save your sanity at a key moment. If you are going to be there when the recipient opens it you may want to get the 'Oscar' ready as they try to be enthusiastic about a box of Cornflakes.

Once you've wrapped it, you need to stay focussed and not forget what it was or who you've wrapped it for. Yes, I have done this more than once and had to open and re-wrap.

I was recently in London with my sister and we decided to tick off some of the things we had not done before. The Science Museum was easy to find and get around. The London Dungeon was not. They've moved it! I wasn't quite sure how that works in the historical sense. And now having been round, I know it has nothing to do with the physical history of the place but moderate acting, some flashing lights and fleecing you of nearly thirty quid for the privilege!

So we have the latest James Bond and the brand new Stars Wars to enjoy- if you like that kind of thing. James Bond was great but everyone was upstaged by a very nice car (Aston Martin DB10) and a lovely warm stripy jumper (as worn by Q). But I was also looking forward to seeing the marvellous Maggie Smith in The Lady in the Van. She doesn't disappoint. All the aspects you love from her as Professor McGonagall to the Dowager Countess of Grantham with some hilarious extras and touching moments too.

Hope everyone has a lovely Christmas and all the best for the New Year. Penny.

Lorton Vale Gardening Club



On the 17th Nov, we had an inspiring talk by Jane Maggs from "Wild and Fruitful", the firm that she founded 16 years ago. She supplies jams, jellies, chutneys and other preserves to many local and national outlets. Rheged is a customer, and her orange and rose petal marmalade is available from Fortnum and Mason. Back in October, you may have seen her on BBC Countryfile, making quince jam at Norton Priory with James Wong ("a sweetie")! She sources fruit from people's gardens, rather than commercial suppliers, and her "awesome forager" from Maryport brings in much hedgerow food. Jane says than most things are edible - ie. they won't kill you - but many

common weeds and hedgerow fruits are quite delicious. We can vouch for this - she generously brought in a large selection of produce and a pot of plastic spoons. The sweet woodruffe jelly was gorgeous and I hate to admit it, but the Himalayan balsam biscuits were irresistible! We need that book of recipes though!

Our next meeting is on **Wed Dec 9th** at 7.30 in the Yew Tree Hall, when the talk will be on roses. Visitors warmly welcomed.

On **Thursday January 21st**, it's our cheer up January Winter Party, in the Yew Tree Hall, at 7.30. The usual rules apply - come prepared to play a few silly games, and bring a plate of finger food, with a bit extra if you are bringing a guest.

If you would like to join the club, contact Sheila Mills on **01900 85301**
sheilamills35@gmail.com

Tue 11

Wed 2

Mon 2

Tue 2

Tue 2



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Carol Singing for the NSPCC

- 5th Dec Loweswater 6 pm Thwackthwaite - contact Ann Hayton 01900 85606
- 21st Dec Mockerkin 6 pm Merrighyll - contact Kathryn 01946 861928
- 21st Dec High Lorton 6 pm Tenter's Cottage (Mulled wine and mince pies)
- contact Ann Roberts 01900 85333
- 2nd Dec Low Lorton 6 pm Croft View, (Mulled wine and mince pies)
- contact Ann Roberts 01900 85333
- 2nd Dec Buttermere Contact Jan Evans 01900 85458



All are welcome, so come along and enjoy yourself

All Money raised goes to the NSPCC so give generously



NEIL SPENCER	CARPENTER AND JOINER LOWESWATER GENERAL JOINERY & FITTED WORK TIMBER & FURNITURE REPAIRS PROPERTY MAINTENANCE
	01946 861876

Loweswater Village Hall News

On Friday 4th March we will be hosting:

A Celebration of Simon and Garfunkel.

Tickets will be on sale in January and are available from Penny on 01946 862200 or Val on 01946 861643.

The **Loweswatercam Calendar 2016** - only a few left
Call Roger or Ann Hiley on 01-900-85040 or email
calendars@loweswatercam.co.uk
£1 from each calendar to be donated to Mountain Rescue / Air Ambulance

Loweswater Ladies

Unfortunately our speaker for our November meeting was unable to reach us due to inclement weather and consequently our meeting was cancelled.

Our annual Christmas buffet will held on Monday December 7th at the Fish Hotel in Buttermere, 7pm for a 7.30 start. The cost will be £17.50 each, husbands and friends are welcome. Would each person attending please bring a suitable gift for the Secret Santa, to the value of about £5. Please phone Alison on 01946 861147 if you have not already booked your place for this popular evening

event. A raffle presented by Lorna will be held on the night.

Our first meeting of the New Year will be held at our normal monthly venue, the Loweswater Village Hall on Wednesday January 13th at 7.15pm. Our speaker for the evening will be Timothy Chittenden who will be talking to us about 'Life in the Royal Navy'.

Subscriptions for the year will be due at this meeting; also Alison will be taking names for our annual dinner at the Kirkstile Inn to be held on Wednesday February 10th 2016.

Ann Hiley

Loweswater with Buttermere PCC 100 Challenge Club

Now is the time to take out your subscription for the coming year.

As last year there will be 12 draws running from 1st March 2016 to 1st February 2017 with three prizes per month; 1st £25, 2nd £10, 3rd £5, providing we have enough entries. The results are posted each month on the church notice boards and published in *The Link*.

You can increase your chances of winning by purchasing more than one number and I hope you will encourage members of your family, friends and neighbours to participate. Additional application forms are available at Buttermere and Loweswater churches or from the Promoter.

Please complete and return the attached application form to me, Jan Evans at the address below by **mid February** for the first draw in March 2016.

To Jan Evans, (Promoter) Palace How, Loweswater, Cockermonth, CA13 9UX

Tel 01900 85458; email gwynandjan.evans@hotmail.com

I wish to join the '100 Challenge Club' at £12.00 for 12 months from March 2016

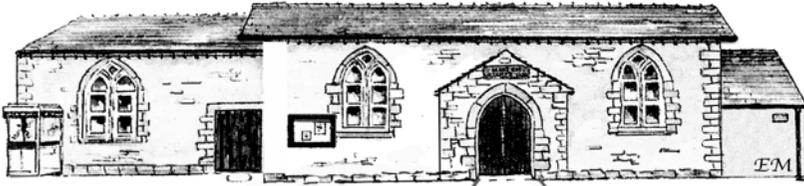
I wish to haveadditional numbers at £12.00 for the same period.

I enclose a cheque for £..... payable to Loweswater with Buttermere PCC 100 Challenge Club.

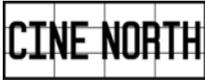
Name.....Tel/Email.....

Address.....

.....Post Code.....



Cine North brings quality digital cinema to **Ullock Village Hall**.



Into the Woods (PG)

Sunday 6th December at 4.30pm

Based on Stephen Sondheim's acclaimed stage musical, ***Into the Woods*** brings together the heroes of many fairy tales, **including Cinderella, Little Red Riding Hood and Jack of Beanstalk fame.**

It is a tale about a baker and his wife. Cursed by a witch to remain childless, the couple must venture into the forest and locate magical objects that will break her spell, encountering various fantastical characters along the way. This is wonderful engaging entertainment.



Tickets: Adult £5, Child £4, Family of 4 £16.00

Ceilidh and Supper

with music by Alison Riley

Saturday 6 February at 7.30pm

Hot Supper and homemade desserts

Tickets £8.50 Children £3.00

Call Now to book tickets: 01946 861458 /62300

DEMENTIA AWARENESS - an update

I am delighted to tell you that there are now **14** Dementia Friends in the Lorton valley contributing to the grand total of **1,368,510** in the country as a whole. This is a fantastic start.

Not sure what a dementia friend is? It is simply anyone who has attended a Dementia Awareness one hour session created by the Alzheimer's Society. As a result their actions can help people to live well with dementia creating dementia friendly communities.

Many thanks to those who attended and especially to The Melbreak Communities who financed the hire of the Yew Tree Hall. More sessions will be planned for February.

For more details see the website dementiafriends.org.uk and contact me, Ann Peck, to join the waiting list for the next sessions here in the Lorton Valley. Do be in touch.

Ann 0190085236 annrogerpeck@yahoo.co.uk

Notes from St. Bartholomew's

Where has the year gone?! The wind and rain is back. In our church we begin with the introduction of the Advent wreath with five candles into our services, one candle each week, to mark the passage of advent.

The first Sunday in Advent relates to the Old Testament patriarchs, who were Christ's ancestors, so some call the first advent candle that of hope. It is the time when Christians remember that Jesus came into the world in Palestine 2000 years ago. Advent anticipates the coming of Christ from two different perspectives. The season offers the opportunity to share in the ancient longing for the coming of the Jesus the Messiah at Christmas, and to be alert for his Second Coming.

From St. Bartholomew's Registers:

Funeral: 9th Oct 2015 - David Norman,
Red How, Loweswater

Kirkstile Inn, Loweswater

Please note that we will be **closed** from Mon 14th to Thu 17th Dec due to essential winter maintenance and refurbishment.

We **re-open** on Friday 18th December and apologise for any inconvenience caused.

Telephone 01900 85219

Loweswater IT Group

December dates: 10th at 1 - 3.00 pm

January 14th and 28th from 10am to noon

Please Note the different times. As a trial, our group will be starting earlier, to accommodate some of our regular members. If you would like to come along and get help with IT or are unsure and

We begin to reflect on our faith and our witnessing by God's grace, to grow God's Kingdom in our Valley; by offering a sympathetic ear, speak a word of comfort or offer practical help to those in our Valley who are coping with illness, or bereavement. Let us hope and pray that peace can be mediated in areas of conflict in the world.

We look forward to welcoming you to our Benefice Carol Service on Sunday evening December 20th at 6.00pm. and to celebrating Christmas Day and the first Holy Communion at 10.30am.

Jan Collins-Webb

Linskeldfield Farm, Isel

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Phone Jonathan:-
07713088135

www.cumbriawoodchip.co.uk

We also supply bird seed and pet supplies.

would like more information please contact me. We meet at Loweswater Village Hall, with refreshments of coffee/tea and cake at £3 a session.

Please ring me to confirm attendance Jan Collins-Webb - 01900 85609.

Reports from the Parish Councils

Loweswater Parish Council: Tue 3 Nov 2015

The Clerk reported that he had been informed by the Commons Land Registration Office that the land at Thackthwaite was not on the Register of Common Land. It was agreed that prior to making enquiries with the Registry Office in Durham, enquiries about ownership of the land should be made locally.

Allerdale BC had required a letter from Loweswater PC officially requesting the replacement light in Mockerkin together with a letter from the land-owners stating they were happy to have a replacement light placed on their land. Both letters were sent and confirmation has been received from ABC that the street-light will be installed. (work completed Wed 4th Nov) and that ENW would make the electrical connection. It was noted with some disappointment that, despite the appropriate report being made, replacement bulbs for street-lights in Mockerkin that required them had still not been installed.

Cllr. Annison (ABC) reported that a new blue sign has now been installed on the Mosser Rd informing road users that it was not suitable for traffic beyond that point. However, this still did not prevent a recent incident where a large lorry, following a sat nav, got stuck after ignoring the sign.

The Clerk took councillors through the various budget headings in the proposed draft budget for the coming financial year. Most of the expected costs associated with each of the budget headings would remain the same for the coming year, the main exception being an increase in the Clerks salary from Scale Point 18 to Scale Point 20. The expected expenditure for 2016/17 was given as £2,481.00, a slight decrease on current expenditure, and the Clerk recommended that there should be no change in the precept of £2,450.00. The draft budget for 2016/17 was agreed by the councillors present.

Next meeting of Loweswater PC is on **Thu 7th Jan 2016, 8.00pm in LVH. All are welcome.**

Lorton Parish Council: Wed 4th Nov 2015

Olivia Harrison, Head Teacher of Lorton School, explained that before the school could start fund-raising for the proposed adventure play area, to be sited on the Parish Field, a lease agreement had to be in place between Cumbria County Council and the Parish Council. A variety of concerns and comments were expressed by councillors on the wording within draft lease document that had been circulated prior to the meeting. It was agreed that Cllr. Deeks should read through the document and ask a colleague to do the same prior to submitting a list of proposed changes to the lease for the consideration of the County Council legal team.

The Clerk reminded councillors that he had sent a response of 'No Objections' to the proposal to place a publically accessible defibrillator in Low Lorton phone box. More recently, Les Webb from the Lorton Vale First Responders Group, had informed the Council that they felt there were better places in the village to site a defibrillator. Olivia Harrison stated that the defibrillator in the school will be placed in the pavilion shortly and it is expected that there will be a village training event to show people how to use the equipment.

The Clerk took councillors through the various budget headings in the proposed draft budget for the coming financial year. Most of the expected costs associated with each of the budget headings are predicted to be similar to the current year. The overall expenditure is predicted to rise by £37.00p to £5,374.00p and as such no rise in the precept of £5,500 will be required. The draft budget for 2016/17 was agreed by the councillors present.

The next meeting of Lorton Parish Council is on **Wed 6th Jan 2016 7.30pm. YTH, all are welcome.**

Please Note: to view the papers from the above meetings go to www.melbreakcommunities.org

Dear fellow Parishioners

With my love as always

Dorothy Mary Robinson

February 29th 1912

November 17th 2015



Lorton & Derwent Fells Local History Society

Brackenthwaite Buttermere Embleton Loweswater Mockerkin Pardshaw Wythop
www.derwentfells.com

Waiter, Miner, Butcher, Spy: Germans and Austrians in Cumbria during the First World War

Talk by Dr. R David 14 January 2016. Yew Tree Hall 7.30pm. Admission free to members. Guests £3 to include refreshments.

Dr. Rob David is Vice President of the Cumberland and Westmorland Antiquarian and Archaeological Society, and Chair of its Publications Committee; he is also Chair of Friends of Cumbria Archives.

Join the Community First Responders Team
for a glass of mulled wine and mince pies
at the **Yew Tree Hall** on
Friday, 18th Dec, 6 - 8 pm

We would welcome a donation of **£5**

No need to book ~ just pay at the door

Soft drinks and mince pies free for accompanied children up to 12 years





THE MOCKERKIN MOB
(founded by Alan Gane MBE in 1989)
Walk 302 December



**Christmas Walk
Combined A & B**

Afterwards (approx 1pm) to Joan's at Foultsyke for Mulled wine, Soup and Mince pies

NB: No lunch needed but there will be a coffee stop so you may like to bring a hot drink.

SUNDAY 13th DECEMBER 2015

Meet: 10am Foultsyke, Loweswater

GR: 142215

Route: Brackenthwaite Hows, Crummock Water and back to Foultsyke

Estimated Time: 2½-3 hrs
(Easy/Moderate)

Leaders: Joan & Judy
(01900 85637/01946 861555)

A - Sunday Jan 10th 2016

Meet: 10am Spout Force CP(a turn off the Whinlatter Pass).

GR: 182255

Route: Graystones, Broom Fell, Lord's Seat, Barf, Whinlatter Centre

Estimated time: 4½hrs (Moderate)

Leaders: Joan & Judy

B - Sunday Jan 17th 2016

Meet: 10am great Wood CP near Keswick

GR: 272213

Route: Walla Crag, Ashness Bridge, back along the lakeshore

Estimated Time: 4hrs (Easy/Moderate)

Leader: Graham Harker 01946 862758

Walkers participate at their own risk. We welcome new walkers: if you are interested phone Joan, 01900 85637 or Judy, 01946 861555.

The Melbreak Communities
**An Action Plan for the 4 Parishes of Buttermere, Loweswater,
Blindbothel and Lorton**

The Steering Group met on 29 October. You can read the minutes of the meeting on the Melbreak Communities' website.

Donations of £250 and £115 were agreed so that the table tennis club can buy a modern compact table and the Youth Cafe can acquire a portable football table.

Cumbria County Council has issued a Health and Well-being Strategy . The consultation document has been posted on the Melbreak Communities' website for

local residents to read. If you would like to comment on the document please respond to CCC directly.

If there is a charity or local cause you would like The Melbreak Communities to support please contact the Acting Chair, Chris Poate (chrispoate@gmail.com or on 01900 85265). We would particularly welcome requests from members of the community (young or not so young!) for funding for overseas, UK or local volunteering opportunities.

The United Benefice of Lorton and Loweswater with Buttermere Church Services December 2015

6 th December	2nd Sunday of Advent			
	9.00am	Holy Communion	Lorton	BCP
	10.30am	Holy Communion	Loweswater	CW
	3.00pm	Evensong	Buttermere	BCP
13 th December	3rd Sunday of Advent			
	9.00am	Holy Communion	Loweswater	CW
	10.30am	<i>Matins</i>	Lorton	BCP
	10.30am	Ⓢ <i>Club Lorton Tennis Club</i>		
	3.00pm	Holy Communion	Buttermere	CW
20 th December	4th Sunday of Advent			
	9.00am	Holy Communion	Lorton	CW
	6.00pm	<i>Benefice Carol Service</i>	Loweswater	
24 th December	Christmas Eve			
	5.30pm	<i>Crib Service & Christingle</i>	Lorton	
	11.30pm	<i>Midnight Service</i>	Lorton	CW
25 th December	CHRISTMAS DAY			
	9.15am	Family Communion	Buttermere	CW
	10.30am	Family Communion	Loweswater	CW
27 th December	1st Sunday of Christmas			
	9.00am	Holy Communion	Loweswater	BCP
	10.30am	Holy Communion (Said)	Lorton	CW
	3.00pm	<i>Benefice Informal Carols</i>	Buttermere	

Church Services January 2016

3 rd January	Epiphany			
	9.00am	Holy Communion	Lorton	BCP
	10.30am	Holy Communion	Loweswater	CW
	3.00pm	Evensong	Buttermere	BCP
10 th January	Baptism of Christ			
	9.00am	Holy Communion	Loweswater	BCP
	10.30am	Holy Communion	Lorton	CW
	3.00pm	Ⓢ <i>Club Lorton Tennis Club</i>	Buttermere	CW
17 th January	2nd Sunday of Epiphany			
	9.00am	Holy Communion	Lorton	CW
	10.30am	<i>Matins</i>	Loweswater	BCP
	3.00pm	Evensong	Buttermere	BCP
24 th January	3rd Sunday of Epiphany			
	9.00am	Holy Communion	Loweswater	CW
	10.30am	Holy Communion	Lorton	CW
	3.00pm	Evensong	Buttermere	BCP
31 st January	4th Sunday of Epiphany			
	10.00am	<i>Benefice Service</i>	Lorton	CW

Please send your articles by e-mail to lolobulink@gmail.com by the **22nd Jan 2016**. We also invite readers to send us feedback to this email address.