

The United Benefice of Lorton and Loweswater with Buttermere  
Church Services September 2017

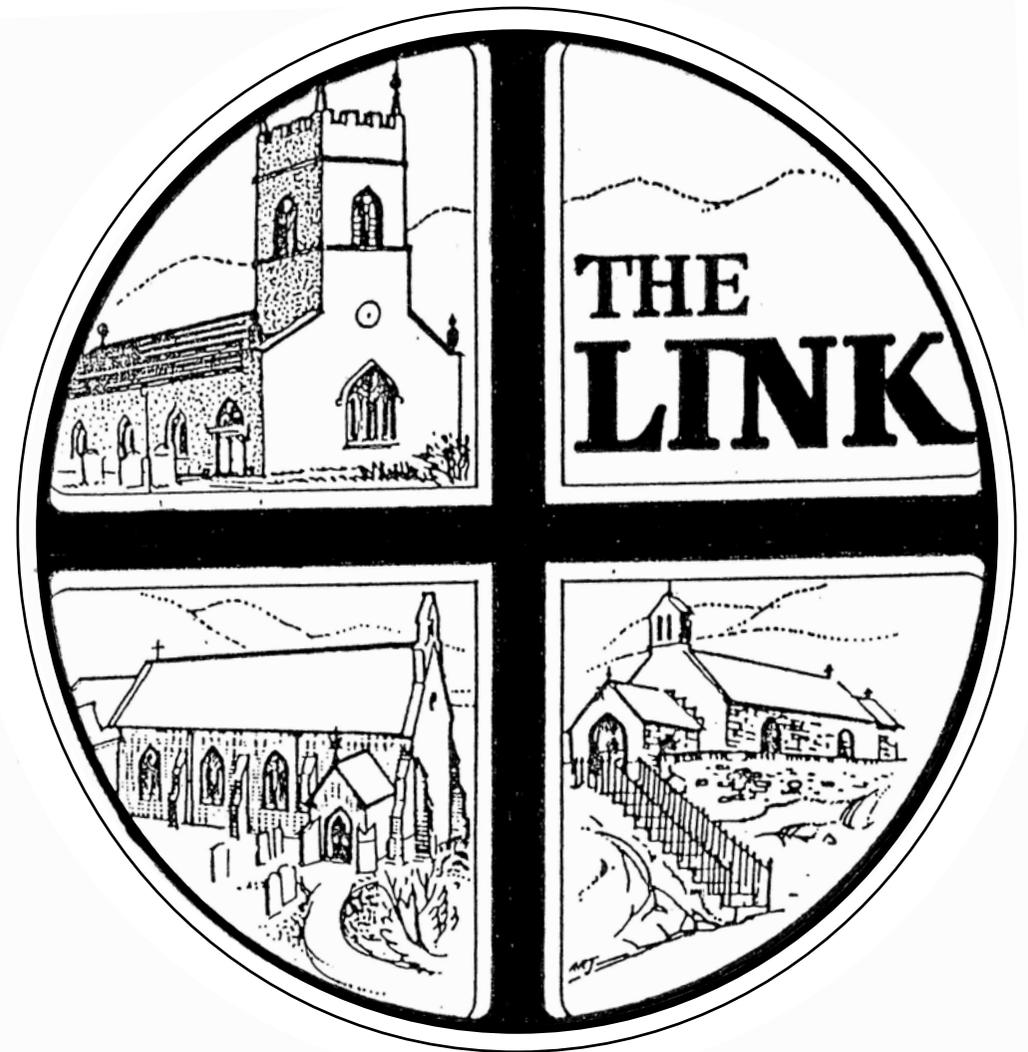
<b>3<sup>rd</sup> September</b>	<b>12<sup>th</sup> Sunday after Trinity</b>		
8.00am	Holy Communion	Lorton	BCP
* 8.00am	Holy Communion	Loweswater	CW
<b>10<sup>th</sup> September</b>	<b>13<sup>th</sup> Sunday after Trinity</b>		
8.00am	Holy Communion	Loweswater	BCP
10.30am	Holy Communion	Lorton	CW
6.00pm	Holy Communion	Buttermere	CW
<b>17<sup>th</sup> September</b>	<b>14<sup>th</sup> Sunday after Trinity</b>		
8.00am	Holy Communion	Lorton	CW
10.30am	<b>Matins</b>	Loweswater	BCP
6.00pm	Evensong	Buttermere	BCP
<b>24<sup>th</sup> September</b>	<b>15<sup>th</sup> Sunday after Trinity</b>		
8.00am	Holy Communion	Loweswater	CW
10.30am	<b>Harvest Festival (HC)</b>	Lorton	CW
6.00pm	Evensong	Buttermere	BCP

\* NOTE CHANGE OF SERVICE TIME (Loweswater Show)

Please note the change of email address below. There has been some confusion over recent months between the Link email address and the Vicar's, so we have changed to [lortonvalelink@gmail.com](mailto:lortonvalelink@gmail.com). Emails will be forwarded to the new Inbox if you happen to use the old address by mistake.

Deadline for October is Fri 22nd September 2017, all articles to [lortonvalelink@gmail.com](mailto:lortonvalelink@gmail.com) by this date.

# SEPTEMBER 2017



THE UNITED BENEFICE OF LORTON AND  
LOWESWATER WITH BUTTERMERE

## DIARY DATES FOR SEPT & OCT

### SEPT

- 3 Sun Loweswater Show, opposite New House Farm in the Lorton Valley from 10a.m
- 5 Tue Contemplative Prayer Group, 10am, Muncaster House
- 8 Fri The Fit 'N' Active Company "Selfies 2", 7.30PM UVH
- 9 Sat Coffee and Cakes 10.30-1200 YTH, hosted by The United Benefice
- 10 Sun Mockerkin Mob A walk
- 12 Tue YTH ~ 7.15 ~ Lorton W.I. ~ Travellers' Tales ~ Paul Cusack of Cockermouth Travel
- 13 Wed Table Tennis, 7-9pm, YTH
- 13 Wed Loweswater Ladies, 7.15pm, Loweswater VH
- 14 Thu Lorton Garden Club visit to High Moss, Portinscale, CA12 5TX, at 2,00pm
- 14 Thu History Soc. talk, A Passionate Sisterhood, Kathleen Jones, YTH. 7.30pm
- 17 Sun Mockerkin Mob B walk
- 19 Tues Film Night, 7.30, Doors at 7, YTH
- 20 Wed Table Tennis, 7-9pm, YTH
- 21 Thu Book Club (read Ch9), 10.30am, Muncaster House
- 24 Sun Harvest Festival, St Cuthbert's Church, Lorton at 10.30a.m.
- 24 Sun AOW Mervyn Stutter, 7.30PM UVH
- 25 Mon St Cuthbert's Harvest Supper, YTH at 7p.m
- 27 Wed Table Tennis, 7-9pm, YTH
- 28 Thu Loweswater IT Group, 10am Damson Ghyll
- 29 Fri Youth Cafe, 7pm, Lorton Church

### OCT

- 1 Sun Harvest Festival, St Bartholomew's Church, Loweswater at 10.30a.m.
- 2 Mon Harvest Festival Supper & Auction Loweswater Village Hall 7.00pm
- 5 Thu Coffee Morning in aid of the MacMillan Cancer Nurses, 1 Red How Loweswater (on the Thackthwaite road just south of Thackthwaite ) 1030 till 1200
- 5 Thu 77 Club AGM then talk by Rob Lucas on his ascent of Everest. 7.30pm LVH
- 29 Sun Buttermere Shepherds' Meet, Croft House Cafe from 10.30am

Loweswater with Buttermere PCC

100 Challenge Club

### The prizewinners for the draw held on 1st July 2017

- No 82 1st prize of £25 Zoe Thomson
- No 61 2nd prize of £10 Ron Bryan
- No 39 3rd prize of £5 Meleri McEwan

### The prizewinners for the draw held on 1st August 2017

- No 56 1st prize of £25 Hilary Hope
- No 8 2nd prize of £10 Julian Elliott
- No 87 3rd prize of £5 Marjorie Lowery

*Congratulations to the winners and thanks to all our supporters.*

## BUTTERMERE SHEPHERDS' MEET SUNDAY 29TH OCTOBER

**Herdwick Sheep Judging 1030  
Fell Races 1300**

**Croft House Cafe  
ENTRY FREE, DONATIONS WELCOME**



# Lorton & Derwent Fells Local History Society

Brackenthwaite Buttermere Embleton Loweswater Mockerkin Pardshaw Wythop

[www.derwentfells.com](http://www.derwentfells.com)

## A Passionate Sisterhood

Talk by Kathleen Jones, Thursday 14 September 2017. Yew Tree Hall, High Lorton, 7.30pm. Guests £3 to include refreshments.

The Lake Poets, Wordsworth, Coleridge and Southey, have become a literary myth and we are used to looking at the Lake District landscape through its romantic prism. What is not always appreciated is how much their work was sustained by their sisters and wives, women who were educated, articulate, strong-minded and highly creative. The destructive cost of this support on their own lives, also visited on the lives of their daughters, is documented in Kathleen Jones' book "A Passionate Sisterhood".

Kathleen was born and brought up in the Lake District and is the author of seventeen books. Other biographies include Norman Nicholson, Katherine Mansfield and Christina Rossetti. She has also published two novels and three collections of poetry. She lives in the Eden Valley and is a Royal Literary Fund Fellow.

## Coffee Morning in aid of the MacMillan Cancer Nurses

Thursday 5 October - 1030 till 1200

at 1 Red How Loweswater ( on the Thackthwaite road just south of Thackthwaite )

## Vicar's Letter

By now, you will all know that I am retiring on October 7<sup>th</sup> – the date of the last wedding for the year. I shall miss meeting with couples to discuss their weddings and having all the fun and joy of the wedding days themselves. We have such beautiful churches and people love to be married here.

I wonder what else I shall miss as I move to Birkenhead?

Mountains, big puddles in the lanes, local people and farmers, my beautiful churches and the vicarage, the rabbits in the garden, Ollie the tawny owl, the red squirrels, the love of new friends made here, the spectacular wild flowers, the lichens, the ferns, the sheep and cattle, the foxes, badgers and everyone's dogs, the deep faiths of many here, the WI, the school assembly, the Spirituality Club, the Art Natter, the Book Club, the Youth Café members, the many community events and the quiet.

Where I am heading is potentially very busy and noisy but I can look forward to the theatres, the Philharmonic Hall, the family, old friends who kept in touch, previous church congregations and a new neighbourhood to live in. Where will I find the quiet I have so enjoyed here? Well, Birkenhead is on the Wirral Peninsula with rivers and sea on three sides, with pretty villages and a close proximity to North Wales – another love of mine. In the middle of Birkenhead is a beautiful green space, Bidston Hill, with a real wind mill at the top and a former lighthouse and world-renowned tidal observatory. There is a red sandstone plateau from which you can

clearly see the skyline of Liverpool. My children grew up there, bouncing off the trees, splashing in the puddles and collecting blackberries in the late summer. I will be reliving those days with my grandchildren.

So what will I do on my retirement?

Hang up the cassock, put on my gardening clothes, get out my paintbrushes, write a book (should have done that 3 years ago!), travel the world and enjoy visiting all our friends amassed over the last 45 years of moving with our jobs.

I have so much to be thankful for during my time here. I want to thank my friends here for looking after us so well, for their generosity and hospitality.

Thank you to the community for supporting the 3 churches especially when you are not a church member. How generous and kind you are!

Thank you for supporting the Youth Café – long may it prosper.

Thank you for having us – it's been fun. We look forward to keeping in touch and visiting in the future.

God bless always

Sheila & Martin Hughes

7 Pine Tree Avenue

Prenton

Merseyside CH43 9RX

Email: [revsheilahughes@hotmail.co.uk](mailto:revsheilahughes@hotmail.co.uk)

Please note that the parishes will retain

Tel.: 85237 and email:

[vicarlolobu@hotmail.com](mailto:vicarlolobu@hotmail.com)



## NOTES FROM ST. BARTHOLOMEW'S

Sheila announced last month that she will be retiring from ministry and moving back to Birkenhead in October this year. She will be missed by the people of the valley, church and non-church goers alike. As some have said, 'She has been a breath of fresh air.' Her legacy will continue in the, spirituality group, book club and youth café, which she started in her time here. The plan at the moment is to advertise her post in the October edition of The Church Times. This hopefully will result in a replacement being in post by April/May next year. The clergy from Grasmoor Mission Community, Archdeacon, Richard Platt and our new Rural Dean, Charles Hope are meeting with the Churchwardens at the end of the month to plan the interregnum.

The issue of the damp walls in the church continues. Tony Worsley (Day Cummins Architects) has been recording the damp readings over the past year. He reports basically that there is no quick fix; his measurements are not precise as they vary according to the season. He suggests a compromise would be to remove the plaster down to the brickwork (stone) in the worst areas of damp, leave for a while, then treat with lime plaster and lime paint. He also suggested the expert in this field Countryside Consultants from Alston be consulted. This we are doing currently and had a meeting with Ian Wells, who will produce a report for us in due course.

Barbara Robinson

### **Loweswater Harvest Supper and Auction**

**Monday, 2nd October, 2017 in Loweswater Village Hall at 7pm**

#### **Proceeds to Local Charities**



**Please contact Churchwardens to book your place**  
**Barbara Robinson 01900 85234**  
**Eleanor Ella 01900 821180**

### ST CUTHBERT'S, LORTON - HARVEST ACTIVITIES

On Sunday 24<sup>th</sup> September St Cuthbert's Church, Lorton will hold its Harvest Festival Service at 1030a.m – all are welcome.



Then on Monday 25<sup>th</sup> September St Cuthbert's will hold the traditional Harvest Supper with Tattie Pots and Apple Pies. This will be in The Yew Tree Hall at 7p.m - £6.00 per head. As usual there will be an auction of produce following the supper. The money raised will be shared between the Great North Air Ambulance and Cockermouth Mountain Rescue.

Everyone is welcome, especially as this will also be our opportunity to wish Rev Sheila a fond farewell and a happy retirement.

### WELCOME

A belated welcome is wished to Emily and Matt Shepherd who moved into our Valley in July at Latterhead House with their family Stanley, Seth and dog "Edie". We hope they will all enjoy living in our Valley. Jan Collins-Webb

### Mockerkin Educational Foundation

Mockerkin Educational Foundation is a small charity set up many years ago, with the intention of helping young people advance in education. To buy specialised equipment or books which are not necessarily found in school. So, it is the time of year when the Trustees of the Mockerkin Educational Foundation ask for any potential recipients living in Mockerkin/ Loweswater catchment, seeking funding, to make themselves known. Please write to Kath Leck, Waterend Farm, Loweswater, Cockermouth, CA13 0SU. The Trustees will endeavour to make a small contribution to your needs. Kath

**REPORTS FROM THE PARISH COUNCILS**  
**Lorton Parish Council Meeting held on Wednesday 5th July 2017**

The Chair, Cllr. Chris Poate, welcomed everyone to the meeting.

A number of local residents were in attendance and they raised the following issues:

Road safety in Low Lorton: Concerns were expressed by a school pupil from Low Lorton about how unsafe she feels as she walks along the side of the B5289 from her home to the bus stop to catch the school bus each morning. In particular the section of the road without any footpaths is where she feels very vulnerable as cars come speeding along the road. She has experienced a number of close shaves and would like something done about the lay-out of the road to make her feel safer. It was agreed that the Clerk should raise these concerns with Cumbria Highways, following up on previous correspondence regarding highways concerns in Low Lorton, and that Cllr. Bowness (CCC) should be copied in to the email. Cllr. Bowness, who was in attendance, will raise the issue directly with Cumbria Highways officers.

The Special Planning Meeting: A number of local residents expressed their concerns regarding the outcome of the recently held Special Planning Meeting and their disappointment at the 'No Objections' decision made by the Parish Council. One resident stated that it felt like the Parish Council was not representing the views of the Community. He reminded Councillors that there had been nearly 70 objections to the planning application in question lodged with the LDNPA and yet the Council had seemed to ignore this fact. A second member of the public raised similar concerns about a different planning application, one that the Parish Council had 'Supported' and one that had over 30 objections from members of the public. The Councillors recognised the concerns expressed and the perceived 'disconnect' between themselves and many local residents on the subject of new build dwellings in the Parish. The Clerk reminded those present that the next elections to the Parish Council took place in May 2019 and that any vacancies on the Council before that date would be widely advertised.

The next meeting of Lorton Parish Council will take place on:

**Wednesday 6th September 2017 at 7.30pm in The Yew Tree Hall.**

**Loweswater Parish Council Meeting held on Thursday 6th July 2017**

The Chair, Cllr. Kathryn Mitchell, welcomed everyone to the meeting including Cllr. Rachel Thompson who had been seconded onto the Council at the May meeting.

The Clerk informed the meeting that the contractor working on the new notice-boards had stated that the new boards would be in place during the next month. Cllr. Annison (ABC), who was in attendance suggested that there might be an official unveiling ceremony for the new boards and that, in light of their generous donation, the leader of Allerdale Borough Council might be invited to the unveiling. This was agreed by the Councillors present.

Under the Highways Issues agenda item it was noted that a number of items previously reported were still outstanding and it was agreed that they should be reported again. These included:

Pothole has re-emerged at Thrushbank

The road from Kirkstile to Muncaster House needs attention and preferably re-surfacing  
Replacement grit bin required for Mockerkin entrance to Mockerkin from the Loweswater end  
'Do not follow your sat nav' sign for Mosser Road end.

Cutting road-side vegetation back along the length of Fangs Brow

The next meeting of Loweswater Parish Council is the Annual Parish Meeting and it will take place on:

**Thursday 7th September 2017 at 8.00pm in The Village Hall.**

To contact either Lorton or Loweswater Parish Council phone the Clerk, David Smith on 016973 23296 or email: [lortonparishclerk@gmail.com](mailto:lortonparishclerk@gmail.com) or [loweswaterparishclerk@gmail.com](mailto:loweswaterparishclerk@gmail.com)

## LORTON NOTES

Sheila took us all by surprise when on a Sunday morning early in July she told us she would be retiring to Birkenhead in the autumn and that her last service would be on the first Sunday in October. To me it seems she has not been with us very long, and I was surprised when I realised that her ministry has lasted almost three years. We are grateful for what she has contributed during this time, especially starting the Youth Cafe, and wish her and Martin a happy retirement. One of our immediate concerns on learning of her imminent departure was what would happen to the Youth Cafe. We were relieved when Sheila assured us it was in safe hands with Barbara Robinson and Jane Cruickshank taking responsibility, to both of whom we are much indebted.

September is always a busy month with Summer passing into Autumn and the first event is the Loweswater Show on the third. Some of you will be aware that Rosemary Riley has organised the production of various items bearing St. Cuthbert's Church logo and also a recipe book and we are hiring a stall at the show to put it all on sale for the first time. We think these are well worth buying and we hope you do too. We offer our thanks to Lois Sparling and Mike Suckling for their help in putting these things together.

St. Cuthbert's is running the coffee morning at the Yew Tree Hall on the ninth. Come along and enjoy the social occasion.

The proceeds will be given to the Bishop's Harvest Appeal.

The big social occasion of the Autumn is the Harvest Supper on 25 at the Yew Tree Hall starting at 7.00pm. This will be a good opportunity for many to say their farewells to Sheila. It will follow the usual pattern, with a meal of tatie pots and apple pie and cream, continuing with the entertainment in the form of the auction of the harvest gifts. All good value at £6 Proceeds are in aid of the Air Ambulance and Cockermouth Mountain Rescue. The gifts can be left at the church on Friday at 10.00am, or for the service the preceding day or taken to the hall before the meal. As there are other activities on Saturday, the church will be decorated on Friday 22 at 10.00am. As I have said before, this is an enjoyable social occasion with the bait of coffee at 11.00. We shall be glad to see you, especially if you can bring flowers or berries or greenery.

I have on many occasions made a plea for more names on the flower rota, but this is more necessary now as my wife, Ann, has stepped down from the post of overall responsibility for the flowers. We no longer have a long stop. Please put your name on the rota, or ideally offer to take over from Ann. Thank you.

Roger Peck.

**LORTON WOMEN'S INSTITUTE**  
**JULY 2017 Meeting & August outing**



President Ann welcomed 13 members and 4 guests to the meeting. Business included invitations to a Cookery Demonstration evening and a Pudding evening at other Institutes. Following last month's meeting, a collection box for Jigsaw will be available. Gill recommended a good read: Jambusters – the story of the enormous contribution the W.I. made during WW2. Meredyth Bell regaled us with an amusing and interesting talk about Women in Dentistry through the Ages. She told stories of pioneering women in the 19<sup>th</sup> and first half of the 20<sup>th</sup> Century who struggled to be allowed to train and practise. In the 60s, when Meredyth qualified, only 3% of Dentistry graduates were women. She told amusing stories of her patients' reactions to her as a mini-skirted young married woman. She reminded us that there was much poverty in the backstreets of Workington, when owning a toothbrush was rare and young people would have all of their teeth extracted, to be replaced by a free, shiny, white set "on the National". Meredyth told us of her struggle, as a woman in the 80s, to obtain a mortgage to convert an old house in Cockermouth to her surgery and family home. In the ensuing years she built a thriving practice, a large family and a menagerie of animals in her premises. She became an advocate for women in dentistry, receiving an MBE for her work with the General Dental Council, and instigated a committee to produce a workable complaints procedure.

In August, 11 members travelled up the West Coast to Mawbray, on a lovely sunny day, to be hosted by another formidable lady. We spent the afternoon at the home of Annette Gibbons, Television Cookery personality, Cookery Book writer and one time Cumbrian Woman of the Year. We were warmly welcomed, shown around her beautiful garden, overflowing with fruit and vegetables and chickens! We enjoyed coffee and cake sitting on a terrace overlooking the sparkling Solway. She then talked us through the delicious dishes she had prepared for our lunch, all containing at least one ingredient from her garden. We enjoyed our lunch, with a glass of Prosecco, in a charming room with a large picture window overlooking the estuary. Over coffee she told us stories of some of the events she had witnessed or heard about the shifting sands in front of us. The next meeting is on Tuesday 12<sup>th</sup> September at the Yew Tree Hall, at 7.15. Paul Cussack from Cockermouth Travel will be telling Travellers' Tales about his experiences in the travel industry. Come along and enjoy the talk, the cake and the craic. You will be very welcome.

## **Loweswater Ladies**

Once again this year we were treated to a glorious evening for our annual walk from Loweswater Village Hall. Nine of us set off on a very convivial stroll, admiring the colours, the surrounding fells and enjoying the warmth of the evening sun. We walked past the Kirkstile Inn and down to Park Beck where we stopped to look out from the rocky high ground on the way across the fields. The rock must be an ancient viewpoint because it has Bronze Age cup marks possibly dating back over 4,000 years. We ended up by walking along the gated road, cutting back across the fields and stiles to Gillerthwaite. After stopping for a final group photo by the red phone box we walked the short distance through the churchyard and back to the Hall.

There we were joined by another seven of our Ladies who had diligently laid out the supper food brought along by each of us this evening. What a delicious feast with a glass of wine and food in abundance! I think everyone agreed that it was a really lovely evening. The raffle prizes, two chrysanthemum plants provided on this occasion by myself, were won by Jenny and Lorna.

Our next meeting will be on Wednesday September 13<sup>th</sup> at 7.15 pm at the Loweswater Village Hall. We will be welcoming back Maurice Steele, who on this occasion will be presenting a slide show on Wales.

Madeleine Kerr will be providing the evening raffle and our supper hostesses will be Ros, Pauline, Lynette and Maud.

### **Johnny Vickers – An appreciation from Edna, Joan, Rita and families.**

We are greatly comforted in the loss of dear Johnny by so many thoughtful cards, flowers, messages of sympathy and kind donations received in his memory. The last few difficult months were made easier knowing we had such caring and helpful friends and neighbours to rely on and offer support.

A special thank you to Vicar Sheila and Michael Thompson for the service of celebration and for giving us all a laugh – Johnny would have loved that! And last, but not least, we are indebted to so many people, too numerous to mention by name, who attended his funeral and gave him such a wonderful and memorable final send off. Johnny would have been proud and honoured to know he had so many great friends and was held in such high esteem.

Thank you all again,  
Edna, Joan, Rita and families

## Buttermere Notes

Two years ago we gave an extract from the Visitors Book and here is an update. In the last 24 months there have been 1,639 entries from as far afield as Shetland, Guernsey, Isle of Man, Essex and all points in between. In addition there were visitors from countries including the USA, Germany, Canada, Sweden, Italy, Poland, Switzerland, Brazil, Shanghai, New Zealand, Belgium, Slovakia, Austria, Hungary, Australia, Republic of Ireland, Gibraltar, Guyana, Denmark, India, Papua New Guinea, S Africa, Holland, Singapore, France, Japan and Ecuador. Many of the entries are from couples and families and the majority of visitors do not make an entry – so how many visitors have we had in the last two years, 3,000, 5,000 or even more?

Whatever the footfall it is the messages that count. They express surprise and pleasure that the church is open, a feeling of peace and being close to God, the beauty of the area and closeness to dear ones with shared memories of St James. They are moving, humbling, funny and sometimes unexpected. If you want to read all of them, come and do so but here are a few.....

“Close to my soul are the hills where my Dad and Wainwright walked, my heart swells / Karen and John bring Christian Greetings from Elam Pentacostal Church / Thank you for welcoming us into your little church. It is the loveliest church we have seen in England (US visitor) / Wacky church / What beautiful kneelers, a joy

to look at. / My dad's friend Canon Whyte was Vicar here. Dad visited often and loved it. / A rest along the way, nine Christian walkers. / We visit this church every year. It is a very special place as I said 'YES' to hubby's proposal here. / Cool, man / The tranquillity is uplifting, thank you for keeping the door open / Can you help me please I've lost my mobile phone, pink case. / Back again for some of this good stuff!! / If you seek God just look around you, well wishes from Singapore / We were married here one wet summer's day and now there are four of us!! / Buttermere holds a strong attraction and a special place in my heart. My family ran Hasness for many years. Jan and Kevin Nail / I have just climbed my 214<sup>th</sup> and last Wainwright, and came here to say thanks. / Masie Copes (90) and Hazel Cushing (87); your little church is cosy, comforting and well kept. Hope you can carry on and with the help of God you will. / Fantastic talk to God of the Lakes / I love my niece and nephew. We are now going to the lake for a paddle and then we will have an ice cream, yum-yum.”

Buttermere's small congregation will probably only have a small role in the larger diocesan schemes such as Mission Communities but our contribution is to provide a welcoming place for people to feel peace, tranquillity and closeness to God.

Gwyn and Jan Evans

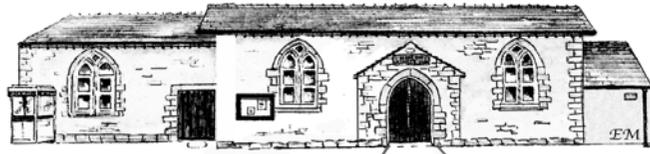
I recently spent a week camping in Leicestershire and day tripping into nearby counties. This allowed a visit to a few places of interest and one large disappointment. Burghley House is lovely and if you are feeling cash strapped you can just get away with driving into the grounds, parking and wandering off to have a picnic. Or you can do the house and gardens. I was confused by a sign I saw stating that children should be dressed or in bathing costumes at all times, until I went into The Garden of Surprises- full of fountains and lots of wet children.

The National Space Centre in Leicester (we have a Space Centre!) was very good and full of artefacts and interactive games for everyone. It was everything the Richard III Visitor Centre was not. If you have heard of Richard III, the Battle of Bosworth and/or the Princes in the Tower and you know he was recently discovered in a car park, you don't need to visit- you've got it covered. Downstairs they have chopped up a secondary school text book and stuck it to the wall. Upstairs they tell you all about digging him up. They even have the bucket from the digger for you to look at. And the facial reconstruction they did from his skull has drawn the conclusion that the artists who painted his portraits at the time, were fairly accurate. I think I'd have painted him accurately too. We are talking about the times when they'd probably have been bumped off for treason if it had been a bad portrait. The best was yet to come, a glass covered floor for you to look at where he had been laid to rest and dug up again. What I hadn't realised until this point was that King Dick 3 had been buried in a church- the

remains are there. He was already in consecrated ground so why didn't they just re-bury him there and put the monument over that place?

I also went to Bird Fair at Rutland. Yes, it is a three-day event about birds and wildlife and is very international. You could sign yourself up for a trip to most places in the world to watch their feathery friends. The only problem I had with it was, there weren't any birds. The only birds we saw were because the British Trust for Ornithology had a net up and were catching birds to ring them (on the leg, not their necks!). You could also have bought a very expensive pair of binoculars. The naturalist (think that's the one I mean) Simon King was talking and mentioned the small pair he keeps in the house for looking at hedgehogs down the end of the garden were £400! They ones he uses out and about are £2000. I'd want four wheels and an engine for that mate! They were not the most expensive either. It's ok though, the £50 pair I have were on sale there so they can't be too bad. Penny

## Ullock Village Hall



Friday 8 September at 7.30pm

### The Fit 'N' Active Company *Selfies 2*

This is in aid of:

Macmillan Cancer Support and West Cumbria Hospice at Home  
Tickets only £5

Please call 01946 862300 or 01946 861458

Email: [margaretperry@hotmail.com](mailto:margaretperry@hotmail.com)

Our first **Arts out West** performance of the Autumn season will be

Sunday 24 September 2017 at 7.30pm

### *Mervyn Stutter*

Mervyn is an accomplished singer and guitarist, but what makes his performance so very good is the intelligence and the fun. His sometimes wicked but always affectionate sense of humour brings warmth and joy to an audience that is happy to laugh both at his life and their own.

Ticket Prices

Adult £10

Under 18 £5 (please note suitable for 13+)

Family of 4 £22

Join [facebook.com/ullockvh](https://www.facebook.com/ullockvh)

## LOWESWATER IT GROUP

### AUTUMN 2017

### SEPTEMBER 28<sup>TH</sup> 2017

#### **DAMSON GHYLL**

We begin our 4<sup>th</sup> year. If you would like to come along and get help with IT or are unsure and would like more information, please contact me. Our sessions are informal and include refreshments and we look forward to welcoming newcomers.

**Please ring me to book and confirm attendance**

Jan Collins-Webb - 01900 85609.



**THE MOCKERKIN MOB**  
(founded by Alan Gane MBE in 1989)

### Walk 323



A Walk Sunday 10 <sup>th</sup> September 2017	B Walk Sunday 17 <sup>th</sup> September 2017
<p>Intended for experienced walkers <b>Meet:</b> 10am Stonethwaite Church (park in layby nr village) <b>GR:</b> 258140 <b>Route:</b> High Buck How, Bessyboot, Rosthwaite Fell, Glaramara, Thornythwaite Fell <b>Estimated Time:</b> 5½-6hrs (Strenuous) <b>Leader:</b> Richard Easton 01900 85708</p>	<p><b>Meet:</b> 10am Cinderdale Common <b>GR:</b>163193 <b>Route:</b> Rannerdale Valley, Buttermere, back along Crummock Water <b>Estimated Time:</b> 4hrs (Moderate) <b>Leader:</b> Joan Warren 01900 85637</p>

Walkers participate at their own risk. We welcome new walkers: if you are interested phone Joan, 01900 85637 or Judy, 01946 861555.



The first meeting of the new season will take place on Thursday October 5 at 7.30pm in Loweswater Village Hall. After a brief AGM we will hear a talk from Rob Lucas on his climb up Mount Everest. On 12 May 2016 Rob and Kenton Cool reached the top of the mountain. They were the first westerners to reach the summit following the terrible avalanches of 2014

and 2015 that shocked the world. Their achievement was hugely significant for Nepal in re-opening Everest and achieved widespread publicity.

At the meeting, annual subscriptions (£10) will be collected. This meeting is open to all, and those who do not wish to join the Club for the year are asked to pay £2.50.

John Hudson

**The Melbreak Communities**  
**an Action Plan for the four parishes of Buttermere,**  
**Loweswater, Blindbothel and Lorton**  
[www.melbreakcommunities.org.uk](http://www.melbreakcommunities.org.uk)



**Real Coffee & Home Made Cake**

**Hosted by The United Benefice**

**10.30am – 12.00pm on Saturday 9<sup>th</sup> September**  
**2017 At Yew Tree Hall**



**Autumn Season for Cine North in Lorton**

We have a very exciting programme of films at Yew Tree Hall this Autumn, featuring the multi-Oscar nominated La La Land, along with Hidden Figures and the plucky British drama Their Finest.

We start this September with Lion (cert PG), showing on Tuesday September 19th at 7.30 in Yew Tree Hall. Doors are at 7pm, entrance is £5 on the door and there will be a bar. Come early and have a drink before the film starts. For further information call 0190085035.

Lion is the true story of a five-year-old Indian boy, Saroo, who got lost on the streets of Calcutta, thousands of miles from home. He survives many challenges before being adopted by a couple in Australia. 25 years later, he set out to find his lost family. Starring Dev Patel (of Slum Dog Millionaire fame) as the adult Saroo and Nicole Kidman as his Australian adoptive mother (both Oscar-nominated), this is a “heartfelt film combining intelligent attention to detail with a necessary sense of their story’s simplicity and strength” (Peter Bradshaw, The Guardian).

**Walkers’ Way No. 185**

We are very fortunate in this country to have only one species of poisonous snake, that snake bites are rare, and that they are seldom fatal to humans. The one venomous snake we do have is the adder or viper (*Vipera berus*), the name “adder” being from the old English “naedre” or snake. However, it is worth bearing in mind that reportings of adder sightings have been more frequent of late in this area. They have few predators, but are taken by buzzards and hedgehogs and the considerable decline in the hedgehog population may thus be a contributory factor in the increase of snake numbers. The adder is a relatively stout snake, the adult measuring 50-80cms in length. Colour is very variable. Females are usually brown, sometimes a quite golden brown, while males are generally greyer. In addition, there are some which are black, or melanistic. Both sexes have a black zigzag marking along the back and a black “v” on top of the head, but obviously this can be indistinct in melanistic individuals. The patterning can result in a very high degree of camouflage, especially among dead bracken. Snakes are most likely to be seen basking in the sun on warm days. For safety’s sake, it is best to assume that any snake encountered may be an adder, and adopt the appropriate warning ‘do not touch’! Adders are widely distributed throughout the UK and beyond, but distribution is relatively thin and sightings are not all that common. They occur in a range of habitats, such as heaths, woods and sand-dunes, in fact almost anywhere that is sunny and undisturbed. Only last April there was a case of snake bite in West London, when a father had seen an adder near his son and had

brushed it away with his hand, only to be hospitalised for 24 hours as a result. The adder has a pair of fangs which are normally folded, point backwards, one on each side of the upper jaw. The mouth can be opened very wide, so wide in fact that it can bite a vertical surface; as it is opened, the fangs swing down and as they do so venom is released and passes down a central channel of the fang towards the tip and on biting it is thus injected into the deepest part of the wound. There are often 80-90 snake bite cases a year in this country, but fatalities are rare, the most susceptible being the very young, the very old or those who are debilitated. Nevertheless, such a bite is a painful shock, reaction may be quite severe and hospital treatment is called for as soon as possible. In the event of a bite, do NOT apply a tourniquet and do not attempt to suck the poison out. Such a bite may well be fatal to a dog. Adders are not aggressive and will normally only strike if disturbed or threatened, being far more likely to move quite swiftly into cover if approached. They are very sensitive to vibration and heavy footfalls are enough to alert them. When approach is necessary, for observation or photography, if it is gentle and slow, it is often possible to get quite close. The only other snakes which may be encountered in the Lake District are the common grass snake and the barred grass snake (newly identified as a separate species) and any example longer than 80cms is sure to be one of these, both of which are harmless. The former has a yellowish “collar” and is usually olive green, while the latter has no collar and is greyish in colour.  
Alan Gane.

**NSPCC**

There will be an NSPCC stall at the Loweswater Show. As in previous years, we will be having our usual goodies to sell – cakes, garden produce, jams and pickles etc. We hope you will support us and if you would like to bring us a cake or your surplus produce we will be very happy!

Looking forward to seeing you all on Sunday 3<sup>rd</sup> September.

Ann Hayton

# LORTON VALE GARDENING CLUB

Lots of exciting events between late June and August! First, there was the summer social at Mike and Lois Suckling's - the usual enjoyable affair with good company, tasty nibbles and a garden of roses. We also cunningly arranged for the rain to stop for the necessary few hours. Then we went to Sprint Mill, near Kendal, where Edward and Romola Acland have a 15 acre small holding, with sheep, goats, hens and ducks. Edward's two watchwords were "gardening" and "holisticulture", keeping the land in good heart, encouraging wildflowers and wildlife, and, slightly eccentrically, using only hand tools. Edward had a wonderful old chaff cutter that he uses to chop comfrey - he just had to evict a hen before he could demonstrate it. It was a fascinating lesson in alternative living! And the tea was superb! The next event was the coach trip on 6th July, to Threave and Broughton House. Again, the weather was kind and we were able to explore the 64 acres of Threave, with its wonderful trees, cornus flowering beautifully - even a few neconopsis still out. Broughton House was charming - the garden packed with unusual plants, but although we would have been delighted to own the garden, E A Hornell's strange, rather kitsch Japanese paintings weren't so desirable. On July 27th, we went to Grainne Jakobson's garden near Egremont, again on a day that turned bright and sunny for us. This is a beautiful garden, with a great variety of plants, all looking wonderfully thriving. Some unusual plants - campanula "pink octopus" for example, and a design of winding gravel paths between herbaceous borders. Grainne has dozens of varieties of clematis, nearly all in flower for our visit. Well, actually, probably for the National

Garden Scheme open day on the previous Sunday, when they had 100 visitors, and made £1000 for charity. We were very impressed! Unusually we had a visit scheduled for August this year - this was to Greenfield House Newbiggin. Once again we were lucky with the weather and we enjoyed a tour of this lovely garden. Created from a field, it has evolved over the years due to being exposed to the Helm Wind that blows down from the fells. This required protection to be provided in the form of hedges which has produced several "rooms" all planted with a glorious display of complimentary colours and interesting plants. We were then able to enjoy tea and cakes outside in the garden. The September outing is on Thursday 14th, to High Moss, Portinscale CA12 5TX, at 2,00pm. This is an Arts and Crafts house, with a fine garden of four and a half acres. We've been before, but it's well worth a second visit. Cost: £5 plus donation for tea for Hospice at Home. **Directions:** Enter the village off the A66, take the first turn to the right through white gates. The house is on the right after one third of a mile. If you would like to go, please contact either Fiona Lambrick 01900 85710 [fionalambrick@btinternet.com](mailto:fionalambrick@btinternet.com), or Nicola Laws 01768 776483 [lawses@btinternet.com](mailto:lawses@btinternet.com).



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January | Fletwith Pike seen from the Buttermere Path [www.lakelandscapes.co.uk](http://www.lakelandscapes.co.uk)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

**The tenth anniversary  
Loweswatercam 2018 Calendar is  
now on sale.**

Your chance to have your favourite web site pictures hanging on your wall all year round ... and to support a good cause.

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**£10 per calendar . . . same as last year.**

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Again £1 from each calendar sold will be shared between local Mountain Rescue charities and the Air Ambulance Service.

Phone: Roger or Ann Hiley on 01900 85040 or email ... [calendars@loweswatercam.co.uk](mailto:calendars@loweswatercam.co.uk)